

Molecular Assessment of Thymus Capabilities in the Evaluation of T-Cell Immunodeficiency

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ABSTRACT: T-cell immunodeficiency may pose a diagnostic challenge to clinicians, especially when the basic T-cell immune workup is not sufficiently informative. An intensive assessment of thymus capabilities that involves either measuring the recent thymic emigrant cells or analyzing the T-cell receptor (TCR) repertoire is often required to estimate the severity and nature of the immune disorder. A comprehensive T-cell immune workup, including TCR excision circles (TRECs) and TCR repertoire analyses, was performed in three patients with various degrees of severity of T-cell immunodeficiency. All three patients had normal peripheral CD3+ T lymphocytes. TCR repertoire analysis revealed oligoclonal (patient 1), restricted (patient 2), and near-normal (patient 3) patterns. TREC quantification was significantly reduced in patients 1 and 2 but normal in patient 3. Based on clinical features at presentation and at follow-up, and supported by the results of immunologic studies, patients 1 and 2 were diagnosed as having significant T-cell immunodeficiency and patient 3 as having T-cell immunocompetence. Assessment of thymus capabilities by TRECs and TCR repertoire analyses is helpful in diagnosing patients with T-cell immunodeficiency and should be part of the evaluation of every patient suspected of having that condition. (*Pediatr Res* 67: 211–216, 2010)

Primary immunodeficiencies represent a heterogeneous group of inherited diseases characterized by a defect in one of the components that compose the immune system. T-cell immunodeficiency is probably the most severe form, with most affected individuals being especially vulnerable to serious viral, fungal, and opportunistic infections within the first few months of life (1). The spectrum of T-cell immunodeficiency varies from severe combined immunodeficiency (SCID), which requires restoration of the immune system by allogeneic hematopoietic stem cell transplantation, to milder types that are characterized by having a favorable outcome, even without treatment (2). Patients are often diagnosed by clinical features at presentation and family history, supplemented by immunologic evaluation. Reduced numbers of lymphocyte subsets, including T, B, and natural killer cells in the peripheral blood and a depressed response of T cells to mitogen or antigen stimulation are typically seen in the severe types of the condition. These tests are not informative enough

to lead to the correct diagnosis in some patients, particularly those with a milder phenotype. Therefore, an intensive workup of the thymus, which is the main organ for T-cell development and maturation, is often required (3). T-cell maturation in the thymus goes through distinct stages defined phenotypically by the expression of CD4 and CD8 coreceptors and rearrangement of DNA segments [Variable, Diversity, and Joining (V-D-J)] to form a functional T-cell receptor (TCR). Accurate equipment involving recombination, activation, DNA damage recognition, and subsequent gene repair is critical for the development of the different TCRs (4,5). Analyzing the products of this process, including the expression of the TCR repertoire and the quantification of excised DNA circles [TCR excision circles (TRECs)] is indicative of robust T-cell immunity (6,7). Indeed, performing analyses to demonstrate the expression of the TCR repertoire is highly important, particularly when exaggerated expansion of a few T-cell clones results in misleading numbers of T cells (8). The presence of TRECs, which are not replicated during peripheral T-cell division, serves to identify new thymus-derived T cells (9). In this study, we show the utility of these tests in the evaluation of three patients with different degrees of severity of T-cell immunodeficiency. Importantly, the findings of these tests were closely correlated with disease severity and outcome.

METHODS

Patients. Patients suspected of having T-cell immunodeficiency based on clinical findings, family history, and immune evaluations according to criteria of the World Health Organization (10) were eligible for this study. HIV was excluded by PCR. All entrants gave their signed informed consent to participate in this study that was approved by the Institutional Review Board (Sheba Medical Center, Tel Hashomer).

Immune function. Cell surface markers of peripheral blood mononuclear cells (PBMCs), using immunofluorescent staining and flow cytometry (Epics V; Coulter Electronics, Hialeah, FL) with antibodies purchased from Coulter Diagnostics, and lymphocyte proliferation in response to phytohemagglutinin and anti-CD3, using tritiated thymidine incorporation were determined as previously described (11). Age-adjusted normal values for the cell surface markers are given in Table 2. For lymphocyte proliferation studies, the cells were harvested 3 d after collection, and samples were counted in a liquid scintillation counter. All assays were performed in triplicates, and a stimulation index was calculated as the ratio between stimulated and unstimulated

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Abbreviations: PBMCs, peripheral blood mononuclear cells; SCID, severe combined immunodeficiency; TCR, T-cell receptor; TRECs, T-cell receptor excision circles

lymphocyte responses. The resultant stimulation index was compared with the stimulation index obtained from normal controls. Serum concentration of immunoglobulins was measured by nephelometry.

Quantitation of TCR genes. Representatives of specific TCR V β families were detected and quantified using flow cytometry (Becton-Dickinson, Calibur) and referred to the Quick Reference Card according to manufacturer's (Beckman Coulter) instructions. Based on our long-term experience with this assay, we defined an oligoclonal pattern when at least one V β -chain was responsible for >20% of all T cells in the absence of other V β chains, a restricted pattern when fewer than 10 V β chains were expressed, and a normal pattern when most of the V β chains were normally expressed.

TCR- γ rearrangements were amplified by PCR according to the standardized Biomed 2 protocol using four primers designed to cover the possible sequences of different variable region genes and their consensus sequences (V γ 9/2, V γ 11, V γ f1, and V γ 10/2). The reverse primer for these reactions is common to all four forward primers and is a consensus primer for the joining region (12). For GeneScan analyses, the four V γ primers were fluorescently labeled (FAM or HEX fluorochrome) and used in PCRs as described in the Biomed 2 protocol (12). Fluorescence-labeled PCR amplificate (1 μ L of each) was added to a mixture of 8.5 μ L deionized formamide and 0.5 μ L GeneScan 500TM Rox internal standard (PE Applied Biosystem, Weiterstadt, Germany). Figure 2 (panel A) displays representative examples of TCR- γ spectratyping to illustrate each of the three possible assay interpretations, *i.e.* oligoclonal, restricted, and normal (Gaussian) distribution.

Analysis of TRECs. This analysis was performed by using DNA extracted from the study patients' PBMCs. The amount of signal joint (sj) TREC copies per DNA content was determined by real-time quantitative PCR as previously described (11,13). In brief, genomic DNA was isolated from PBMCs after Ficoll-Hypaque gradient centrifugation and extracted with a Promega Wizard genomic purification kit (Promega, Madison, WI) according to the manufacturer's instructions. The following primers and probe were used for TREC PCR: sj-5' forward: cacatcccttcaacctgct (900 nM); sj-3' reverse: gccagctg-caggggttagg (900 nM), and the oligo 5' FAM-acacctctggtttttaaagtgcccaact-TAMRA p-3' (250 nM) as a detection probe. Amplification reactions (25 μ L) contained 0.5 μ g of genomic DNA, 12.5 μ L of TaqMan universal PCR master mix (Perkin Elmer Applied Biosystem, Foster City, CA, USA), and the appropriate primers and probes. PCR (2 min at 50°C followed by 95°C for 10 min, then 40 cycles at 95°C for 15 s and 60°C for 1 min) was carried out in the ABI PRISM 7900 Sequence Detector TaqMan system (Applied Biosystems, Rotkreuz, Switzerland). The number of TRECs in a given sample was estimated by comparing the cycle threshold value obtained with a standard curve obtained from PCRs performed with 10-fold serial dilutions of an internal standard kindly provided by Dr. Daniel Douek (Vaccine Research Center, National Institute of Allergy and Infectious Diseases, Bethesda, MD). The dilutions contained between 10⁶ and 10³ copies of sjTRECs, and three reactions were run with each dilution. Amplification of β -actin was used to verify the presence of genomic DNA. PCR for β -actin used identical cycles with 1 μ L of DNA, 375 nmol/L primers (F, 5'-tcaccacactgtgccctctacagag; R, 5'-cagcgaccgctctattgcatgg), and 250 nmol/L probe (FAM-5'-atgccctcccct-gccatcctcgct-TAMRA). Fifty age-matched normal individuals for whom the diagnosis of primary immunodeficiency was excluded were used as controls.

RESULTS

Clinical features. There was a history of parental consanguinity for all three patients. Patient 1's growth and development was normal and she exhibited no symptoms suggestive of immunodeficiency until the age of 7 mo, when she developed progressive respiratory symptoms. Failure to thrive was noticed either at the time of diagnosis or shortly thereafter. Physical examination revealed reduced-sized tonsils and cervical lymph nodes (Table 1). She was diagnosed with interstitial *Pneumocystis carinii* pneumonia and cytomegalovirus (CMV) and later developed chronic Rota virus infection. She received mismatched related bone marrow transplantation when she was 10 mo of age, and currently, she is alive and well.

Patient 2 started to suffer from recurrent chest infections complicated with bronchiectasis development around 1 y of age. She later had oral thrush, recurrent skin infections, and life-threatening viral infections. Physical examination revealed reduced-sized tonsils and cervical lymph nodes. She underwent

Table 1. Clinical presentation and management

	Patient 1	Patient 2	Patient 3
Clinical features			
Age of presentation	7 mo	4 y	6 mo
Lymph nodes	Reduced	Reduced	Reduced
Tonsils	Reduced	Reduced	Normal
Thymus imaging	Small	Small	Normal
Infections			
Chest complications	PCP, CMV	Bronchiectasis	CMV
Diarrhea	Rota virus	No	No
FTT	Yes	No	Yes
Oral thrush	Yes	Yes	No
Other	No	Severe varicella	No
Management			
Bone marrow transplantation	Haplo identical	Related identical	No

related identical donor bone marrow transplantation when she was 4.3 y of age, and currently, she is alive and well.

Patient 3 presented with failure to thrive and respiratory symptoms at the age of 6 mo. Physical examination revealed normal-sized tonsils and cervical lymph nodes. CMV was isolated from her blood by PCR detection, and IgG serology was positive later on. She underwent a lung biopsy that failed to detect inclusion bodies. She recovered from CMV infection without receiving any specific treatment and currently, at 15 mo of age, is in apparent good health, gaining weight, and shows no further symptoms suggestive of immunodeficiency.

Immunologic studies. All three patients had normal peripheral CD3+ T lymphocytes (Table 2). Subsets of CD4+ T lymphocytes and CD19+ B lymphocytes were slightly reduced in patients 1 and 2. These patients also had evidence of humoral immunodeficiency as evidenced by the lack of immunoglobulins. *In vitro* T lymphocyte responses to phytohemagglutinin was significantly reduced in patient 1, moderately reduced in patient 2, and slightly reduced in patient 3. Patients 1 and 2 also had reduced responses to CD3 antibody, whereas patient 3 had a normal response.

Thymus capabilities. The TCR-V β region in the CD3+ cells the three patients was examined by FACS (Fig. 1). Patient 1 had an oligoclonal profile with dominant V β 11, 13.1, 13.2, 13.6 clones and lack of the 17 other V β s that were tested. Patient 2 had restriction representation with 11 different reduced TCR-V β s (1, 5.1, 5.2, 5.3, 7.2, 9, 12, 16, 20, 21.3, 22) but no clear dominant clones. Patient 3 had a polyclonal TCR profile with representation of all V β s tested, but there was expansion of the V β 3 receptor. To better define the lymphoid clonality of these patients, we also performed PCR analysis of the TCR- γ gene rearrangement (Fig. 2), which represents the "prototype" of restricted repertoire targets (14). Similar to the pattern obtained from analysis of their TCR-V β , patient 1 had a clonal repertoire of the TCR- γ gene (Fig. 2 panel B), whereas patient 2 had a more restricted repertoire without dominant clones (Fig. 2 panel C). Patient 3 had a few dominant clones with slight restriction of other TCR- γ gene rearrangements (Fig. 2 panel D). For example, although healthy controls TCR- γ 9/2 gives a normal distribution (Fig. 2 panel E), patients 1 and 2 showed only one peak, and patient 3 has several peaks in their TCR- γ 9/2 gene rearrangements.

Table 2. Studies of humoral and cellular immunity

	Patient 1	Patient 2	Patient 3	Normal range
Serum immunoglobulins				
IgG (g/L)	UD	8.78*	7.71	6.7–17.3
IgM (g/L)	UD	UD	1.56	0.5–3.1
IgA (g/L)	UD	UD	0.25	0.4–3.7
Lymphocyte markers (cells/ μ L) [†]				
CD3	3668 (1900–5900)	2795 (1400–3700)	2664 (2500–5600)	
CD4	1074 (1400–4300)	503 (700–2200)	1455 (1800–4000)	
CD8	2594 (500–1700)	1425 (490–1300)	1040 (590–1600)	
CD19	45 (610–2600)	391 (390–1400)	582 (430–3000)	
CD56	447 (160–950)	223 (130–720)	748 (170–830)	
Mitogenic responses [‡]				
Anti CD3	7%	64%	142%	
PHA (6 μ g)	0.5%	40%	67%	
PHA (25 μ g)	0.5%	38%	80%	
TRECs copies [§]	UD	50	480	>400 [§]

* On IVIG.

[†] Normal values for age are given in parentheses.

[‡] Expressed as percentage of CPM ratio, patient/control.

[§] Per 0.5 μ g DNA, normal range is based on 50 healthy age-matched controls.

PHA, phytohemagglutinin; UD, undetectable.

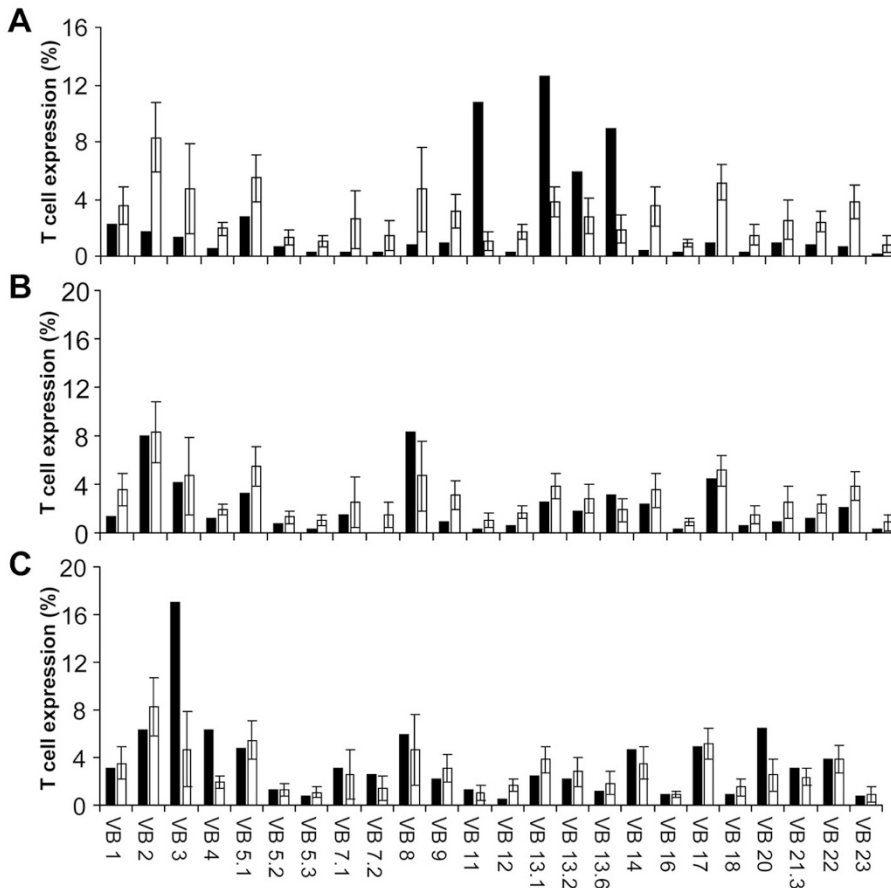


Figure 1. TCR-V β repertoire. Relative expression of the various V β families in our three patients' CD3+ cells (black bar) compared with normal control data obtained from the IOTest beta Mark PN IM3497—Quick Reference Card. The minimum, maximum, and SD values are given for each V β . Panel A represents patient 1's oligoclonal profile with a dominant V β 11, 13.1, 13.2, 13.6 clones, panel B represents patient 2's restriction representation with absence of 12 different TCR-V β but with no clearly dominant clones, and panel C represents patient 3's profile with expansion of a V β 3.

The amount of recent thymic emigrant cells as determined by real-time PCR analysis of TREC copies per 0.5 μ g of DNA obtained from the three patients' PBMCs was significantly reduced in patients 1 (undetectable copies) and 2 (50 copies), compared with 50 healthy age-matched controls. The undetectable level of TRECs seen in patient 1 was similar to what has been reported in patients with SCID (13). In contrast, patient

3 had 480 copies of TRECs per 0.5 μ g of DNA, a result similar to that of normal age-matched controls (Table 2).

DISCUSSION

T-cell immunodeficiencies have a wide spectrum. Because treatment differs considerably according to the severity of the

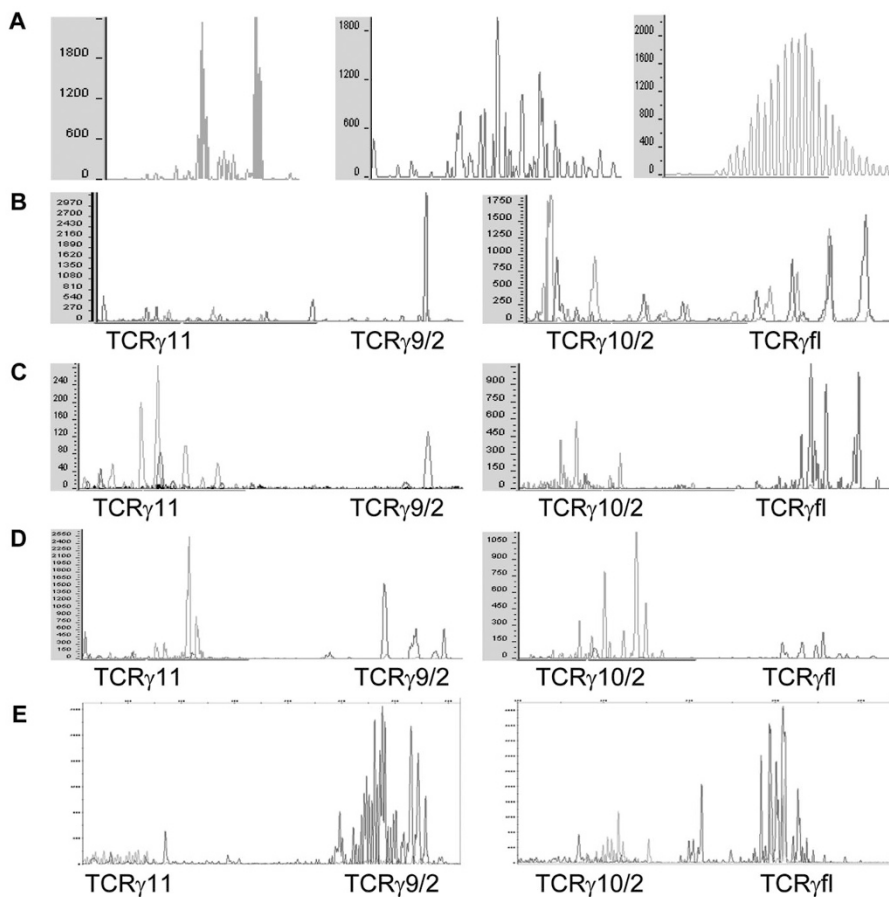


Figure 2. TCR- γ spectratyping. A, representative examples of TCR- γ spectratyping (Genescan) of fluorescence-labeled PCR to illustrate each of the three possible assay interpretations: oligoclonal (*left panel*), restricted distribution (*middle panel*), and normal (Gaussian) distribution (*right panel*). B–E, TCR- γ spectratyping using four consensus V γ primers (V γ 9/2, V γ 11, V γ f1, and V γ 10/2) for the characterization of the TCR- γ in the three patients' PBMC (B–D) and healthy control (E). Panel B represents patient 1's clonal profile with a dominant V γ 9/2 clone, panel C, represents patient 2's oligoclonal profile without clearly dominant clones, and panel D represents patient 3's profile with expansion of a V γ 11 clone.

disease, establishing the correct diagnosis supported by a thorough evaluation of the T-cell immunity is vitally important (15). The diagnosis of T-cell immunodeficiency is usually straightforward and should be confirmed by molecular genetic analysis when a patient is clinically immunodeficient and lab tests reveal an absence of T lymphocytes (16). Significant T-cell immunodeficiency should, however, be considered in clinically immunodeficient patients who present with an atypical immunologic phenotype as a result of residual autologous T cells (17,18), maternal T-cell engraftment (19), a leaky thymus with release of some T-cell clones (11), or of being part of combined immunodeficiency syndrome. In cases such as these, elaborate and intensive studies of the thymus, including assessment of recent thymic emigrant cells or analysis of the TCR repertoire, are required to estimate the severity and nature of the immune disorder (20). Indeed, in the three cases presented herein, these assays were able to distinguish between patients with normal and abnormal T-cell immunity regardless of the normal numbers of lymphocytes/T cells that were found in each of them. Patients 1 and 2 had clear-cut evidence of humoral immunodeficiency, including the lack of immunoglobulins (both patients), reduced B lymphocytes (patient 1), and bronchiectasis (patient 2), and were therefore diagnosed as having combined immunodeficiency. In patient 1, maternal T-cell engraftment and Omenn syndrome features were excluded, and so we assumed that her T cells originated from residual autologous ones with the release of some T-cell clones. The older age at presentation of patient 2 is probably

enough to exclude the possibility of SCID, however, the findings of her clinical history and immune workup, including abnormal thymus capabilities, are indicative of combined immunodeficiency. A restricted pattern of TCR repertoire and reduced TRECs has, to our knowledge, never been described in such patients, and it emphasizes the utility of these tests in diagnosing "older" patients suspected of having combined immunodeficiency. In contrast, patient 3, who had normal TRECs and a nonclonal TCR repertoire, was diagnosed as having normal T-cell immunity, despite initial clinical evidence of T-cell immunodeficiency and slightly reduced T-cell response to phytohemagglutinin mitogenic stimulation. In addition, she had normal immunoglobulin levels and positive specific antibody response to antigen (CMV). Indeed, her outcome turned out to be favorable even without specific treatment. Because the follow-up of this patient is short, further studies to determine thymus capabilities will be required to exclude the later development of significant T-cell immunodeficiency.

The level of T-cell rearrangement excision circles in peripheral blood T cells is measured to quantify recent thymic emigrant cells (6). These are nonreplicating episomal DNA byproducts of the final step of TCR rearrangement that are present in newly emigrated thymic CD4 and CD8 T cells. Because TRECs are exclusively derived from T cells, patients with dysplastic thymus and profound T-cell immunodeficiency will obviously have low copies of TRECs. However, we now demonstrate that this test is also valuable in patients

with residual T cell numbers (patients 1 and 2) and even in those with some T-cell function (patient 2). In the past, TRECs were suggested as a stable analyte that can identify T-cell lymphopenia in dried blood spots obtained from newborn screening (21). It is considered to be an accurate way to assess immune reconstitution after hematopoietic stem cell transplantation and to correlate with outcome (12,22). In addition, it may detect thymic dysfunction in patients with CVID (23) or be used to evaluate HIV patients and their response to antiretroviral therapy (24). Assessing the numbers of T cells expressing CD4⁺CD45RA⁺ is another tool to follow naïve T cells, however this measurement is not as accurate as TRECs quantification, because CD4⁺CD45RA⁺ may remain quiescent for an extended period in the periphery, they may proliferate in an antigen-independent manner, and they may rapidly convert to CD45RO⁺ memory/effector T cells.

Analysis of the TCR is valuable in the diagnosis of certain T-cell deficiencies, particularly those in which there is expansion of certain T-cell clones evoked by malignancy or repeated exposure to a specific antigen or super antigen. The result of this process is expansion of T cells of one or more variable segments and a skewed repertoire, such as that seen in patients with Omenn syndrome (25). We used two different modalities to assess the TCR repertoire in our patients. Both modalities are usually performed in specialized research laboratories, and the results are interpreted by a molecular immunologist. Although the TCR-V β assay also includes referred normal control values in the manufacturer's kit, the TCR-V γ assay usually requires an experienced interpreter. The TCR-V β assay measures the relative expression of the functional variable segment of the variable β chain on CD3⁺ cells. This flow cytometry assay is performed more frequently in clinical practice, has well-established controls, and can easily be interpreted. It does, however, require a fresh blood sample, a feature that limits its use. The γ -chain gene spectratyping assay examines the clonality of the TCR-V γ by fluorochrome-labeled PCR. Although it is typically not expressed on the cell surface, TCR-V γ remains rearranged in the T-cell genome and provides a conventional marker of clonality due to its presence in both TCR $\alpha\beta$ and TCR $\gamma\delta$ T cells (26,27). In this assay, four consensus V γ primers are used to allow for a rapid and reagent-efficient assessment of clonality. The results derived from this assay are not as clear as those of the TCR β assay, although qualified labs can perform this analysis very accurately and sometimes do so in conjunction with the TCR-V β assay. Our results showed that similar interpretations were obtained by analyzing both the expression of the TCR-V β and the DNA analysis of the γ -chain gene, indicating their value in diagnosing T-cell immunodeficiency. Importantly, we found that diminished use of certain segments might lead to a skewed TCR distribution, even in patients with immunologic immaturity. In patient 3, we assume that the clonal expansion of the TCR may reflect recent exposure to a pathogen(s) or skewing toward self antigens. The latter is less likely because the patient did not show any evidence of autoimmunity.

Taken together, we believe that assessment of thymus capabilities by TRECs and the TCR repertoire is important

in patients with T-cell immunodeficiency and that it should be added to the measurement of lymphocyte subsets and response to mitogenic or antigenic stimulation in the evaluation of every patient undergoing a workup for T-cell immunodeficiency.

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