

Helper T-Lymphocyte–Related Chemokines in Healthy Newborns

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ABSTRACT

Atopic disease is characterized by an imbalance in cytokines secreted from Th1 and Th2 lymphocytes. The association between atopy and serum levels of atopy-related chemokines in umbilical cord blood (UCB) has not been evaluated. This study formulates the reference ranges of thymus and activation-regulated chemokine (TARC), macrophage-derived chemokine (MDC), eotaxin (EOX), monocyte chemotactic protein 1 (MCP-1), and interferon- γ -inducible protein 10 (IP-10) in UCB of term neonates and investigates the relation between these chemokines and the development of atopy during infancy. The concentrations of total IgE and chemokines in UCB serum were measured by microparticle immunoassay and sandwich enzyme immunoassay, respectively. A total of 124 singleton healthy newborns were investigated. Fifty-three (43%) infants had family history of allergic diseases, and 26 (21%) had increased serum total IgE concentrations. The median (interquartile range) serum TARC, MDC, EOX, MCP-1, and IP-10 concentrations, in pg/mL, were 425 (300–639), 786 (561–1050), 36 (28–45), 156 (116–205), and 38 (29–49), respectively. Multiparity was associated with increased serum MDC ($p = 0.017$). Serum chemokine concentrations were not associated with total IgE levels or family history of allergies. The median (interquartile range) serum MDC concentrations in newborns who developed wheezing during infancy and those without wheezing were 1259 pg/mL (945–1523) and 782 pg/mL (551–992), respectively ($p = 0.010$). This study provides reference ranges of Th-specific chemokines in UCB serum of singleton term neonates. Increased serum MDC concentrations at birth are associated with the occurrence of wheezing during infancy. (*Pediatr Res* 55: 334–338, 2004)

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Abbreviations

BRD, bronchopulmonary dysplasia
EOX, eotaxin
IFN- γ , interferon- γ
IP-10, interferon- γ -inducible protein 10
IQR, interquartile range
MCP-1, monocyte chemotactic protein 1
MDC, macrophage-derived chemokine
TARC, thymus and activation-regulated chemokine
UCB, umbilical cord blood

Asthma and atopy are characterized by an overproduction of type-2 helper T (Th2) lymphocyte-related cytokines such as IL-4, IL-5, and IL-13 and a relative deficiency of Th1-related interferon- γ (IFN- γ), IL-2, and IL-12 (1). Chemokines are a family of cytokines involved in the trafficking of leukocytes to the site of inflammation (2). Chemokines have been classified into four groups—C, C-C, C-X-C and C-X₃-C—depending on the number and spacing of conserved cysteines. Recently, it was suggested that the expression of some chemokines could be preferentially associated with a Th1 or a Th2 immune response. The differential expression of chemokine receptors may dictate the actions of chemokines and their involvement in

mechanisms of polarized Th1- and Th2-mediated immune responses (3, 4). The expression of CC chemokines, such as eotaxin (EOX) (5, 6), thymus and activation-regulated chemokine (TARC) (7, 8), macrophage-derived chemokine (MDC) (9, 10), and monocyte chemotactic protein 1 (MCP-1) (11, 12), has been studied mainly in Th2-mediated allergic diseases. These molecules are chemotactic for eosinophils, lymphocytes, and monocytes (2, 13). In contrast, the C-X-C chemokine IFN- γ -inducible protein 10 (IP-10) is chemotactic for neutrophils and lymphocytes (14). The expression of IP-10 is up-regulated in many Th1-type inflammatory diseases (6). In view of the important roles that these mediators play in maintaining the Th1/Th2 balance, the serum concentrations of these atopy-related chemokines at birth may be associated with other possible “predictors” of atopy (*e.g.* serum total IgE) or family history of allergic diseases. The aim of this study was to describe the reference ranges of the above chemokines in umbilical cord blood (UCB) serum of healthy singleton term

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newborns and to investigate the association between family history of allergies and the development of atopic disorders during infancy in these newborns and concentrations of various chemokines in newborn infants.

METHODS

Study population. Singleton infants who were delivered between 37 and 42 wk of gestation at the Prince of Wales Hospital, Hong Kong, were eligible. Mothers were required to give informed consent for UCB collection during the intrapartum period. This study excluded pregnant women with gestational diabetes, preeclampsia, and intrauterine infection (rupture of membranes ≥ 24 h together with maternal fever $\geq 38^\circ\text{C}$, foul-smelling or meconium-stained amniotic fluid) and those who smoke. Newborns with major or lethal congenital malformation and those with suspected early-onset clinical sepsis were also excluded. The presence of a family history of physician-diagnosed asthma, allergic rhinitis, hay fever, or atopic dermatitis in the first-degree relatives of recruited subjects was also recorded. A telephone interview was conducted with caregivers to document the development of atopic disorders in recruited newborns when they were 12 to 15 mo of age. The questionnaire for this follow-up assessment, modified from that published by the Tucson group (15), is provided in Appendix 1. The Clinical Research Ethics Committee of our university approved this study.

Serum total IgE and IgA concentrations. Clotted blood was collected under aseptic technique from umbilical vein before placental separation, and the blood samples were centrifuged at 4°C and $1800 \times g$ for 10 min. Serum was extracted and stored at -70°C until analysis. Serum IgA concentration was measured by rate turbidimetry using the Hitachi 917 analyzer (Roche Diagnostics GmbH, Mannheim, Germany) and was used as marker for maternal blood contamination (16). The sensitivity of this assay is 0.05 g/L with a precision of 3.2%. Serum total IgE concentrations were measured by micropar-

ticle immunoassay (IMx analyzer; Abbott Laboratories, Abbott Park, IL, U.S.A.). The sensitivity of this method in detecting serum IgE was 0.048 kIU/L.

Serum chemokine concentrations. Serum samples stored at -70°C were analyzed for chemokine concentrations in batches. We used 96-well polystyrene microplates coated separately with murine MAb against human chemokines. The serum levels of EOX (Biosource International, Camarillo, CA, U.S.A.) as well as TARC, MDC, MCP-1, and IP-10 (Quantikine ELISA; R & D Systems, Minneapolis, MN, U.S.A.) were measured in duplicate by sandwich enzyme immunoassay according to manufacturers' instructions, and mean values were recorded. The sensitivities of this method in measuring these chemokines were 2.2, 7.0, 62.5, 5.0, and 1.67 pg/mL, respectively.

Statistical analysis. Results are presented as median and interquartile range (IQR). The relation between demographic data and serum total IgE and chemokine levels in different groups was analyzed using Mann-Whitney *U* test or Kruskal-Wallis test where appropriate. Pearson and Spearman coefficients were used to analyze the correlation for parametric and nonparametric data, respectively. Serum IgE levels were presented after logarithmic transformation (IgE_{\log}), and the analysis of this variable was carried out with UCB IgE concentration dichotomized at a cut-off value of 0.5 kIU/L (17). The proportion of newborns with increased (≥ 0.5 kIU/L) and normal (< 0.5 kIU/L) IgE for each of the allergic family history and presence of atopic disorders at telephone follow-up was compared using χ^2 test or Fisher exact test where appropriate. The differences in serum total IgE and chemokine levels in infants with and without atopic disorders at 12 to 15 mo of age were compared using Mann-Whitney *U* test. All comparisons were made two-sided using SPSS 11.0 for Windows (Chicago, IL, U.S.A.). $P < 0.05$ was considered statistically significant. Last, the percentiles of serum chemokine concentrations in

Table 1. The demographic data and information on atopy in our 124 singleton newborns

Characteristics*	FH of allergic diseases ($n = 53$)	No FH of allergic diseases ($n = 71$)	<i>p</i> values
Demographics of newborns			
Gestational age (wk)	39.6 ± 1.2	39.9 ± 1.4	0.178
Sex (male:female)	24:29	39:32	0.288
Birth weight (kg)	3.20 ± 0.33	3.34 ± 0.43	0.043
Maternal age at delivery (y)	29.3 ± 4.9	28.7 ± 4.9	0.501
Parity (1:2:3 or more)	35:15:3	45:21:5	0.613
Mode of delivery			
SVD/AVD/CS [n (%)]	38 (72)/9 (17)/6 (11)	47 (66)/6 (8)/18 (25)	0.080
Family history of allergic diseases			
Father [n (%)]	27 (51)	0	NA
Mother [n (%)]	29 (55)	0	NA
Siblings [n (%)]†	9 (50)	0	NA
Serum IgE_{\log} (kIU/L)	-0.70 ± 0.48	-0.63 ± 0.50	0.433
Number of newborns with serum total IgE level ≥ 0.5 kIU/L [n (%)]	10 (19)	16 (23)	0.620

* Expressed as mean \pm SD unless otherwise stated.

† Eighteen newborns with and 26 newborns without allergic siblings among a total of 44 neonates with one or more siblings.

AVD, assisted vaginal delivery (forceps or vacuum extraction); CS, caesarean section; FH, family history; NA, not applicable; SVD, spontaneous vaginal delivery.

Table 2. The reference ranges of UCB serum chemokine concentrations in singleton term newborns

Data range	Serum concentrations (pg/mL)				
	TARC	MDC	EOX	MCP-1	IP-10
5th percentile	164	409	22	86	16
10th percentile	212	445	23	95	22
25th percentile	300	561	28	116	29
50th percentile	425	786	36	156	38
75th percentile	639	1050	45	205	49
90th percentile	806	1329	56	247	63
95th percentile	937	1512	61	269	81

UCB were derived by mean \pm SD following logarithmic transformation of these markers to achieve normal distribution.

RESULTS

Demographic data of subjects. The clinical characteristics of recruited subjects are summarized in Table 1. Fifty-three (43%) newborns had at least one first-degree relative who had allergic diseases. Serum IgA concentrations were <0.05 g/L for all samples. IgE_{log} did not differ in subjects with or without the allergic family history. However, the median IgE_{log} was higher in newborns with atopic siblings (-0.96 kIU/L versus -0.62 kIU/L; $p = 0.02$). The proportion of newborns who had allergic family members also did not differ between those with increased or normal and undetectable IgE levels in UCB serum (results not shown).

Serum chemokine concentrations in neonates. Table 2 shows the percentile values of serum TARC, MDC, EOX, MCP-1, and IP-10 concentrations at birth. Serum MDC levels increased significantly with maternal multiparity, the median (IQR) being 1233 pg/mL (902–1465) for parity ≥ 3 and 781 pg/mL (555–1016) for parity ≤ 2 ($p = 0.017$). The median serum IP-10 concentrations were also significantly higher in those who were born by spontaneous vaginal delivery (42 pg/mL) compared with assisted vaginal delivery (30 pg/mL) or caesarean section (36 pg/mL; $p = 0.018$). The other demographic factors were not significantly associated with serum chemokine levels. Significant correlation was found between serum concentrations of TARC and MDC ($r = 0.506$, $p < 0.0001$), TARC and EOX ($r = 0.339$, $p = 0.0001$), MDC and MCP-1 ($r = -0.214$, $p = 0.017$), and EOX and MCP-1 ($r = 0.287$, $p = 0.001$). No significant correlation was found between serum IgE_{log} and levels of serum chemokines.

Atopy and chemokine levels in UCB. Serum EOX concentration was significantly lower in subjects whose father had allergic diseases [median (IQR): 29 pg/mL (26–38) versus 37 pg/mL (29–46); $p = 0.047$]. Serum chemokine concentrations were otherwise not associated with the presence of allergies in mothers or siblings of the newborns or whether they had increased serum IgE concentrations.

UCB chemokines in relation to atopy development. Ninety-six (77%; from 49 boys and 47 girls) caregivers of the infants could be contacted for the telephone interview. Table 3 summarizes the development of atopic disorders in infants with increased or normal serum total IgE. When total IgE and chemokines were analyzed between infants with and without atopic phenotypes on follow-up, we found that serum MDC

concentrations in UCB were significantly higher in infants with “wheeze ever” compared with those without [median (IQR): 1259 pg/mL (945–1523) versus 782 pg/mL (551–992); $p = 0.010$]. Conversely, IgE_{log} in UCB was lower in those with “MD allergic rhinitis” [median (IQR): -1.05 kIU/L (-1.19 to -0.95) versus -0.74 kIU/L (-1.01 to -0.44); $p = 0.019$].

DISCUSSION

This study provides reference ranges of serum TARC, MDC, EOX, MCP-1, and IP-10 concentrations in UCB from healthy singleton term newborns. A number of demographic factors affect serum chemokine levels. These markers are in general not related to the presence of allergic diseases in the family members of our subjects with the exception of paternal atopy. In this study of Chinese newborns, serum total IgE levels did not differ between those with and without family history of allergies and also are not associated with serum chemokine concentrations. Increased serum MDC concentrations in UCB are found in newborns who had wheezing during infancy, whereas lower serum total IgE concentrations are present in UCB from infants being labeled as having “allergic rhinitis” at 12 to 15 mo of age.

Sullivan *et al.* (18) recently published the first report on the concentrations of circulating chemokines in neonates. The authors found that serum levels of neutrophil-specific α -chemokines and eosinophil-, basophil-, and monocyte-specific β -chemokines from 50 preterm infants were either similar to or

Table 3. The spectrum of atopic disorders that developed in the 96 infants whose caregivers participated in the follow-up interview

Phenotypes*†	Serum total	Serum total	<i>p</i> values‡
	IgE ≥ 0.5 kIU/L (<i>n</i> = 17)	IgE < 0.5 kIU/L (<i>n</i> = 79)	
Wheeze ever	0	7 (9)	0.346
Cough apart from cold	3 (18)	13 (16)	1.000
MD asthma	2 (12)	12 (15)	1.000
Nasal symptoms apart from cold	7 (41)	37 (47)	0.671
MD allergic rhinitis	0	6 (8)	0.587
Itchy flexural rash	2 (12)	7 (9)	0.658
MD atopic dermatitis	2 (12)	10 (13)	1.000
MD asthma, allergic rhinitis, or atopic dermatitis	3 (18)	22 (28)	0.546

* Expressed as number (%) unless otherwise stated.

† Refer to Appendix 1 for meanings of the abbreviations.

‡ Analyzed by χ^2 or Fisher exact test.

higher than those measured in 50 term neonates, suggesting that newborn infants can elicit effective inflammatory responses *via* the chemokine network. Among the chemokines studied, the mean serum EOX concentration was found to be 80 pg/mL and was higher than our result (median, 36 pg/mL). One possible explanation is that we have excluded neonates who were born to mothers with stressful medical diseases such as preeclampsia, which might induce the activation of leukocytes and chemokine cascades in the fetal circulation (19). Our study also excluded neonates with clinical sepsis, which could also increase serum chemokine levels (20–22).

TARC acts on the chemokine receptor CCR4 (7), and *in vitro* studies showed that TARC could induce selective migration of Th2 lymphocytes (3, 7, 13). The expression of CCR4 on Th2 lymphocytes and CCR4-specific ligand TARC was up-regulated on airway epithelial cells from patients with asthma after allergen challenge (8). TARC has also been implicated in the pathogenesis of allergic rhinitis and atopic dermatitis (23–25). Our study group recently found that plasma TARC levels were elevated in children with chronic stable asthma, which could be lowered by the use of inhaled corticosteroids. This inflammatory marker also correlated with spirometric indices in children with asthma (26). TARC, as well as MDC and EOX, also correlated significantly with the severity of atopic dermatitis in young Chinese children (27). The present study found the median (IQR) serum TARC concentration in UCB to be 425 pg/mL (300–639), which was higher than the corresponding values that we have found for 12 adult control subjects (median: 253 pg/mL; IQR: 176–319 pg/mL; unpublished data). Our study support that TARC-mediated chemotaxis of Th2 cells to sites of allergic inflammation is operational even in term newborns. Further studies with serial measurements are necessary to characterize the maturational changes of serum chemokine levels during infancy and childhood.

All five atopy-related chemokines studied could be detected in appreciable quantities in UCB from healthy term neonates. This finding supports that newborn infants theoretically are capable of mounting adequate chemotactic responses for leukocytes in acute and chronic inflammatory conditions. The present study has tried to establish the relation between serum chemokines at birth and the development of atopic disorders during infancy. Newborns who developed “wheeze ever” during infancy had higher serum MDC concentrations at birth. The other atopy-related chemokines were not associated with the occurrence of any atopy phenotype during infancy. The main drawback, however, was that our research team could not contact the caregivers of 23% of our recruited newborns for telephone follow-up because many families moved back to the Chinese Mainland after birth of the infants. Complete follow-up of a larger birth cohort is necessary to assess accurately whether chemokines in UCB could be used to predict the development of atopic disorders during infancy.

Chemokines may be involved in the pathogenesis of other neonatal diseases in addition to allergies. Both MCP-1 and IP-10 were increased in the early phase in the lungs of newborn mice during acute hyperoxia or after inhalation of endotoxin (28, 29). Eosinophil infiltration could be found in lung tissues

obtained from premature infants who developed bronchopulmonary dysplasia (BPD), and eosinophil cationic protein was also detected in tracheal aspirates from these patients (30, 31). These observations are similar to those seen in patients with asthma. A significant proportion of preterm infants with BPD developed asthma-like bronchoconstriction when they grew older (32, 33). In view of the linkage between asthma and TARC and MDC (8–10, 26), it is possible that these Th2-specific chemokines are also involved in the development of BPD. However, there has not been any evidence on the pathogenic roles of chemokines in neonatal respiratory diseases. Our results on UCB chemokine concentrations in healthy newborns may serve as a reference to compare changes in serum chemokine levels associated with inflammatory diseases in neonates. Further studies are needed to establish the reference ranges of chemokines in preterm neonates and also to investigate whether serum chemokine levels in newborns are useful in predicting the outcomes of potentially serious diseases such as BPD and sepsis.

CONCLUSION

In conclusion, this study describes the reference ranges of serum concentrations of Th-specific chemokines in UCB of term neonates. In newborn infants, serum concentrations of our five atopy-related chemokines are in general not related to family history of allergic diseases. Newborns who experienced wheezing during infancy had increased serum MDC concentrations at birth.

APPENDIX 1: DETAILS OF THE QUESTIONNAIRE USED FOR TELEPHONE INTERVIEW

1. Has your child ever had attacks of wheezing? (Wheeze ever)
2. Does your child usually have a cough *apart from* colds? (Cough apart from cold)
3. Has any doctor told you that your child has asthma or bronchitis? (MD asthma)
4. Does your child have nasal discharge or sneezing *apart from* cold since birth? (Nasal symptoms apart from cold)
5. Has any doctor told you that your child has allergic rhinitis? (MD allergic rhinitis)
6. Has your child ever had persistent (>4 wk) itchy flexural rash? (Itchy flexural rash)
7. Has any doctor told you that your child has atopic dermatitis? (MD atopic dermatitis)

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