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MRI FOLLOWING SEVERE PERINATAL ASPHYXIA
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In 42 children suffering from severe perinatal asphyxia we attempted to find early prognostic signs of severe hypoxic-ischemic brain injury with MRI. We performed 14 early (first week), 24 intermediate (second to fourth week) and 55 late MRI (after one month) procedures on a 2.35 MR-system. Severe cerebral necrosis could be suspected by T2 hyperintensity of the white matter, with blurred limits to the cortex in early MRI, and was confirmed by T1 hyperintensity of the cortex in intermediate MRI. Severe cerebral necrosis was established at 3 months. 9 of 10 children with this pattern showed severe cerebral palsy on follow-up. 24 children had normal late MRI or findings of uncertain pathological value. 9 children had a normal late MRI. In 8 children we could detect irregular myelination (patchy hyperintensities), which in some cases proved to be transient. In 5 children liquor spaces were enlarged, suggesting minimal atrophy. In two children late MRI were refused. Of these 24 children none developed severe cerebral palsy or marked mental retardation. Two children showed focal ischemic lesions, six had intracranial hemorrhages. The children did not differ in the severity of their perinatal history and findings, suggesting that MRI in the first 3 months is of significant prognostic value. Supported by Swiss National Foundation 32-954388, and 3824-0.87

WHAT INFLUENCES A MOTHER'S PERCEPTION OF HER BABY?

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Adverse experiences during and after pregnancy, together with information given by doctors, may lead mothers to perceive their premature babies as "difficult". 32 mothers were told that their infants were likely to develop cerebral palsy (CP), and half were randomly assigned to physiotherapy before developing motor abnormalities. Mothers of 41 matched infants without brain abnormality were told that their children's outcome was likely to be normal. At 6 weeks post-term a mother's feelings about her pregnancy and perinatal period were assessed. A standard Malaise Inventory and Bates's Infant Temperament Questionnaire were also completed.

8 mothers from each group regarded their babies as "difficult". This was not associated with obstetric complications, the birth, postnatal events or the infant's prognosis but was associated with the mother's current mental health ($p < 0.05$). Early introduction of physiotherapy for infants at high risk of CP was associated with the infant being perceived to be easier than average (8/16 v 1/16, $p = 0.008$).

A mother's perception of her child was adversely affected by depression, but improved by the early involvement of a supportive professional.

HIGH-DOSE PHENOBARBITAL TREATMENT TO PREVENT POSTASPHYXIAL BRAIN DAMAGE: A 6-YEAR FOLLOW-UP

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Aim: To evaluate in a randomized controlled trial if high-dose phenobarbital (PB) improves outcome after severe asphyxia.

Patients: Newborn infants with a 5-min Apgar score 0-3 or need for ventilatory assistance >30 min after birth were allocated to the treatment (PB+, n=21, mean gestational age 38.6; SEM 0.6 wk) or control group (PB-, n=17, 38.7; 0.6 wk).

Intervention: PB 30 mg/kg was given iv before the age of 4h, a second dose 15 mg/kg iv 4h later to reach a serum level of 200-300 $\mu\text{mol/l}$, thereafter 5 mg/kg/d for 5 days.

Follow-up results: Of the 21 PB+ infants, there were 4 neonatal deaths, 4 CP (1 late death), and of the 17 PB- infants, 3 deaths, 2 CP (NS). At 6 yrs of age, the mean IQ (WISC-r) was 108 (95%CI: 99-117) in PB+ and 111 (97-125, NS) in PB- testable infants. The groups performed similarly in the neuropsychological tests: copying design (VMI), attention and confrontation naming (NEPSY). Including all outcome criteria on a quality-of-life scale ranging from 0 (dead) to 1 (perfect health), the mean score in PB+ infants (0.500; 95%CI: 0.328-0.672) did not differ from PB- (0.559; 0.368-0.750) infants.

Conclusion: PB does not prevent postasphyxial brain damage.

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ATRIAL NATRIURETIC PEPTIDE (ANP) IN PRETERM INFANTS WITH RESPIRATORY DISTRESS SYNDROME (RDS) TREATED WITH SURFACTANT.

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Dramatic but transient improvements in oxygenation may be seen before surfactant therapy. An increase in patent ductus arteriosus (PDA) may be a complication of this treatment. To see if surfactant (curosurf, CSRF) increases left to right PDA shunting, plasma ANP levels were taken before and within 1 hour of CSRF. 12 infants, birthweights 0.27-3.10kg, gestational age 25-36 weeks, received 1-5 doses of CSRF each at 12 hour intervals. The median ANP level rose progressively for doses 1, 2 and 3 being 492, 955 and 2161pg/ml respectively. In infants without a PDA, the ANP did not change significantly with CSRF (median before 605, 825pg/ml after). But in those with a PDA, ANP rose significantly (median before 1672, 2716pg/ml after) ($p < 0.01$, Wilcoxon ranked sum test).

The progressively rising ANP levels during treatment to the range previously reported for infants with a PDA (1) suggest increasing left atrial distension which may be the result of left to right shunting through a PDA. The rise in ANP levels after CSRF may be the result of increased PDA shunting due to a fall in pulmonary artery pressure. CSRF treatment appears to have significant effects on haemodynamics in preterm infants.

(1) Weir et al. *Pediatr Res* 1990;28:292

ENERGY, METABOLISM/NUTRITION

A CHANGE IN DIETARY FAT COMPOSITION IMPROVES SERUM CHOLESTEROL VALUES IN 7 TO 13 MONTH OLD INFANTS

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We studied how a small change in dietary fat composition influences serum total and HDL cholesterol (CHL) in healthy infants between 7 and 13 mo of age in voluntary families (intervention group, N=21; controls, N=22). Families in the intervention group received intensive health education and individualized dietary advice at 1 to 3 mo intervals. The child's diet contained 37 E% fat, with saturated, mono- and polyunsaturated fats at 1:1:1 (controls 40 E% fat; 1.5:0.5:0.5). Serum CHL decreased in the intervention group from 4.3 ± 0.4 at 7 mo to 3.9 ± 0.5 mmol/l at 13 mo ($P < 0.05$), but remained unchanged in the controls (4.2 ± 0.6 at 7 mo, 4.1 ± 0.6 at 13 mo). Serum HDL CHL was stable in both groups. Apolipoprotein B decreased in the intervention group from 0.71 ± 0.2 at 7 mo to 0.60 ± 0.1 at 13 mo (n.s.). All children grew well. We conclude that a minor modification of dietary fat composition decreases cholesterolemia in infants without obvious side effects.

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OXIDATIVELY MODIFIED HUMAN LOW DENSITY LIPOPROTEINS (LDL_{ox}) INDUCE LEUKOCYTE ADHESION TO VASCULAR ENDOTHELIUM OF HAMSTERS IN VIVO. FISH OIL DIET INHIBITS THIS EFFECT.

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Adhesion of leukocytes to the microvascular endothelium is a common feature in disorders such as ischemia-reperfusion injury and complications of bone marrow transplantation. Using intravital fluorescence microscopy in a skinfold chamber model in hamsters, we found that injection of human LDL_{ox} initiated leukocyte adhesion to microvascular endothelium while native LDL did not ($p < 0.01$). After a fish oil diet, arachidonic acid (AA) was largely replaced by eicosapentaenoic acid (EPA) in leukocytes, and the adhesion effect of LDL_{ox} was inhibited ($p < 0.01$). Leukotriene (LT) B₄, the lipoxygenase product of AA, is a potent chemotactic mediator, whereas LTB₅, the EPA product, is weakly chemotactic. We suggest that LDL_{ox} initiate adhesion of leukocytes to microvascular endothelium by promoting LTB₄ synthesis and that fish oil diet inhibits this LDL_{ox} effect.