

Effect of Variations in Dietary Calcium on Renal and Intestinal Calcium-Binding Proteins

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ABSTRACT. This study was designed to determine if protein-induced calciuria was related to alterations in the intestinal and renal calcium-binding proteins (CaBP). Weanling Sprague-Dawley rats were fed diets containing low, normal, or high Ca and protein diets for 2 wk. Twenty-four-h urine and fecal samples were collected before the termination of the study. Plasma, kidney, duodenum, ileum, and femur samples were obtained for selected mineral and CaBP analyses. Growth was significantly depressed on the low protein diets and this was independent of Ca levels. Hypercalcemia, hypercalciuria, and increased renal CaBP were associated with the high Ca intakes but not with the high protein diets. It is suggested that in conditions where Ca intakes are high, the renal CaBP has a role in Ca excretion and responds to changes in Ca concentrations occurring in the distal tubule. No loss of femur Ca was seen in rats on the high protein diets. (*Pediatr Res* 22: 518-523, 1987)

Abbreviations

CaBP, calcium-binding protein
Ca, calcium
P, phosphate
Na, sodium
K, potassium
Cl, chloride
Zn, zinc
Mg, magnesium
PTH, parathyroid hormone
1,25(OH)₂D₃, 1,25-dihydroxyvitamin D₃
TIU, trypsin inhibitor units

Recent experiments have indicated that hypercalciuria frequently follows increased protein intake (1-5), which has been correlated with elevated net acid excretion. It is not resolved whether the hypercalciuria associated with a high protein intake is solely a response due to bone buffering of the endogenous acid production. It is also unclear whether the hypercalciuria is mediated via increased activities of the renal and intestinal calcium-binding proteins. These mechanisms will be carefully evaluated in our study.

The effects of high and low calcium intakes will be explored to determine whether changes in urinary calcium are related to alterations in the calcium-binding proteins of the kidneys and

intestine as well as the mineral and net acid excretions. In an attempt to clarify further the effects of protein and calcium intakes, this study was designed to investigate the rates of growth and the metabolic adaptations that accompany variations in protein and calcium intakes. The weanling rats are chosen because the effects of dietary intakes on such metabolic changes can be expected to occur at a more rapid rate at this age.

The immature young rat grows very rapidly after birth and it doubles in body weight in approximately 5 days. It is weaned after 3 wk and achieves sexual maturity in 6 to 9 wk. This rapid rate of growth and maturation is associated with increased needs for all essential nutrients making the weanling rat more susceptible to nutrient deficiencies (6-8). Therefore the weanling rat was chosen since alterations in dietary calcium and protein at this age would produce metabolic changes at a more rapid rate than at any other age.

MATERIALS AND METHODS

Thirty-three male, weanling, Sprague-Dawley (Charles River) rats weighing 56 ± 1 g were housed individually in metabolic cages with free access to deionized water. The room was maintained on an alternating 12-h light-dark cycle and at an ambient temperature of $22 \pm 2^\circ$ C. Three animals were killed on the 1st day of the experiment to obtain baseline (pretreatment) values. The remaining animals were randomly assigned to eight dietary treatments including an *ad libitum* and a pair-fed control group. Group IA, the control group, received a diet of normal protein, 20 g/100 g diet and normal calcium, 5.89 mg/g diet and was fed *ad libitum*. Group IB, the control group, received a diet of normal protein 20 g/100 g diet and normal calcium of 5.89 mg/g diet and was pair-fed to group VII. Group II, the low protein/low calcium group, received a diet containing 10 g protein/100 g diet and 0.3245 mg calcium/g diet. Group III, the low protein/high calcium group, received a diet of 10 g protein/100 g diet and 19.64 mg calcium/g diet. Group IV, the normal protein/low calcium group, received a diet of 20 g protein/100 g diet and 0.3645 mg calcium/g diet. Group V, the normal protein/high calcium group, received a diet of 20 g protein/100 g diet and 23.12 mg calcium/g diet. Group VI, the high protein/low calcium group, received a diet of 60 g protein/100 g diet and 0.3924 mg calcium/g diet. Group VII, the high protein/high calcium group, received a diet of 60 g protein/100 g diet and 22.02 mg calcium/g diet.

The three casein levels (10, 20, and 60%) were obtained by adjusting the dextrose. Calcium carbonate was added to adjust the Ca concentrations in the various diets. Monobasic potassium phosphate was used to equalize the phosphate content in all the diets. Standard salt and vitamin mixtures formulated to meet the requirements of growing rats were incorporated in the seven diets (7). All the diets provided 2.5 μ g vitamin D₃ per 100 g of the diet.

Body weights and food intakes were measured daily. During

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the 2nd wk of the study, the animals were transferred to Nalgene metabolic cages and after equilibration, two separate 24-h urine and feces samples were collected. The samples were stored at -70°C until analysis. At the end of the 2nd wk, the animals were anesthetized using Metofane and blood was obtained by cardiac puncture. The plasma was separated and stored at -70°C . The right kidneys and left femurs were taken for mineral determinations. Urine was analyzed for net acid excretion, *i.e.* titratable acidity and ammonium (9). Plasma and urine samples were measured for Na, Ca, and P. The dried kidneys and femurs were wet-ashed for Ca determination by atomic absorption spectrophotometry (10). Na and P were analyzed by standard methods (11, 12). Fecal samples were dried and wet-ashed for mineral analyses.

PREPARATION AND PROCESSING OF INTESTINAL AND KIDNEY CALCIUM-BINDING PROTEIN

The proximal duodenum (0–15 cm from the pyloric valve) and 10 cm of the ileum from the cecum were carefully measured, quickly excised, and rinsed with 6 ml saline containing the protease inhibitors aprotinin (0.14 TIU/ml) and phenylmethylsulfonylfluoride (0.5 $\mu\text{g}/\text{ml}$). The segments were blotted, immediately frozen in liquid N_2 , and stored individually at -70°C until processed. Each frozen segment was thawed in 3 ml 4°C buffer (10 mM Tris-HCl, pH 7.2, 1 mM 2-mercaptoethanol, 5 mM benzamidine, and protease inhibitors-2.0 mM phenylmethylsulfonylfluoride and 0.22 TIU aprotinin/ml) and homogenized using a Tissuemizer at 30,000 rpm for 12 s at 4°C . The homogenate was centrifuged at 40,000 rpm for 20 min, and the supernatant fraction was stored at -70°C . The amount of immunoreactive calcium-binding protein in the $40,000 \times g$ supernatant fraction was measured by radial immunodiffusion using antiserum generated in rabbits to a purified preparation of rat intestinal calcium-binding protein (13). The calcium-binding protein antigen and standards used in these assays were prepared as described previously (13) and further purified by a second preparative slab gel electrophoresis. In this step, 0.1 mM EDTA was incorporated in the electrode buffer to change the R_f of the protein from 0.25 to 0.75. The soluble protein in the supernatant fraction was determined by the Lowry procedure (14).

The left kidneys were carefully and quickly excised, decapsulated and immediately frozen in liquid N_2 and stored at -70°C for the determination of renal calcium-binding protein. Antiserum against rat renal CaBP was obtained from New Zealand White rabbits injected with the purified renal CaBP (15). The radioimmunoassay method used to quantitate rat renal CaBP has been described in detail previously (15, 16).

Statistical analysis. Data are presented as the mean \pm 1 SD, the mean \pm SEM, or the mean and the range. Mean differences between the study groups were assessed using one-way analysis of variance (17). Tukey's studentized range test and the Student's *t* test were performed to detect differences among means which were shown to be significant by the *F* test (18). Correlation coefficients between plasma Ca, urine Na and Ca, and renal CaBP were determined (18).

RESULTS

Figure 1 shows the gain in body weights of the eight groups of rats during the 14-day experimental period. The means on day 13 for all groups were compared. Animals on the low protein diets gained significantly ($p \leq 0.01$) less weight than either the normal or high protein fed groups. The different Ca levels in the diets apparently did not affect the weight gains.

Tables 1–3 show the mean plasma, urine, and feces mineral concentrations of the 8 groups. Rats on the high Ca diets had increased plasma Ca and decreased levels of P, as compared to their respective low Ca controls (Table 1). Based on Tukey's test,

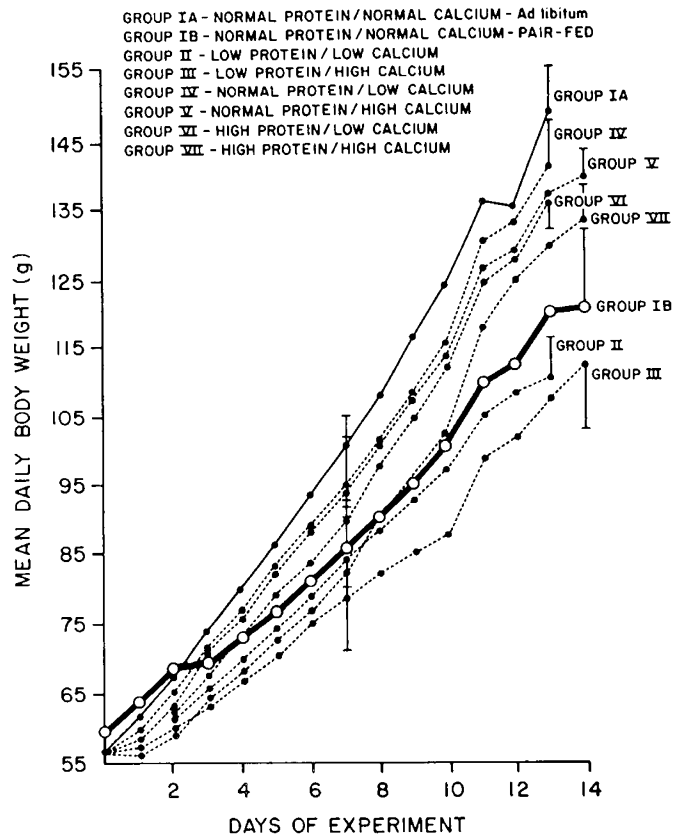


Fig. 1. Effect of varying dietary calcium and protein on growth of rats. Mean \pm SEM, vertical bars represent SEM.

Table 1. Effect of dietary calcium and protein on selected plasma minerals (mean \pm SD)

Treatment	n	Mean		
		Na (mm/liter)	Ca (mg/dl)	iP (mg/dl)
IA normal protein/ normal Ca (<i>ad libitum</i>)	3	118.20 ± 17.26	10.60 ± 0.63	9.88 ± 1.82
IB normal protein/ normal Ca (pair-fed)	3	130.40 ± 4.43	9.70 ± 0.45	8.46 ± 1.27
II low protein/ low Ca	4	137.00 ± 8.30	7.70 ± 0.51	10.85 ± 1.75
III low protein/ high Ca	4	130.60 ± 2.04	11.55* ± 0.70	6.73† ± 0.60
IV normal protein/ low Ca	4	136.50 ± 3.12	6.93 ± 0.77	9.87 ± 1.21
V normal protein/ high Ca	4	133.70 ± 2.66	12.95* ± 0.86	6.37† ± 0.64
VI high protein/ low Ca	4	141.00 ± 9.15	7.38 ± 0.36	9.81 ± 1.21
VII high protein/ high Ca	4	137.30 ± 1.61	10.40† ± 1.59	6.34† ± 0.10

* $p < 0.001$, significantly different from the low Ca controls.

† $p < 0.01$, significantly different from the low Ca controls.

no differences were seen when groups III and VII were compared with group IB.

Urinary Ca was elevated on the high Ca diets and P, were significantly ($p \leq 0.001$) reduced as compared to the appropriate controls as well as to those fed normal Ca (Table 2).

Fecal Ca and P were significantly ($p \leq 0.01$) increased by the high Ca diets (Table 3).

Table 2. Effect of dietary calcium and protein on urine excretion of selected minerals (mean \pm SD)

Treatment	n	Na (mEq 24 h)	Mean		NAE μ Eq/min kg body wt
			Ca (mg/24 h)	iP	
IA normal protein/ normal Ca (<i>ad libitum</i>)	2	1.03 ± 0.47	0.41 ± 0.17	3.71 ± 4.78	2.70 ± 1.23
IB normal protein/ normal Ca (pair-fed)	3	0.85 ± 0.08	0.17 ± 0.05	9.70 ± 3.65	1.68 ± 1.33
II low protein/low Ca	4	1.66 ± 0.21	0.20 ± 0.09	27.08 ± 15.09	3.83 ± 0.73
III low protein/ high Ca	4	0.23* ± 0.15	9.97† ± 3.61	0.05* ± 0.01	4.94 ± 1.40
IV normal protein/ low Ca	4	1.04 ± 0.14	0.07 ± 0.03	23.10 ± 3.48	2.08 ± 1.30
V normal protein/ high Ca	4	0.47† ± 0.21	13.19* ± 4.19	0.05* ± 0.01	1.95 ± 1.16
VI high protein/ low Ca	4	0.85 ± 0.07	0.11 ± 0.05	31.48 ± 4.91	16.50 ± 2.92
VII high protein/ high Ca	4	0.45* ± 0.09	14.60* ± 4.70	0.08* ± 0.03	3.00 ± 0.56

* $p \leq 0.001$, significantly different from the low Ca controls.

† $p \leq 0.01$, significantly different from the low Ca controls.

Table 3. Effect of dietary calcium and protein on selected fecal mineral excretion (mean \pm SD)

Treatment	n	Mean	
		Ca (mg/24 h)	iP
IA normal protein/ normal Ca (<i>ad libitum</i>)	3	34.56 ± 12.36	10.00 ± 2.73
IB normal protein/ normal Ca (pair fed)	3	37.19 ± 26.29	13.59 ± 4.74
II low protein/low Ca	4	4.49 ± 1.31	6.70 ± 2.42
III low protein/high Ca	4	145.11* ± 27.67	15.67 ± 13.02
IV normal protein/ low Ca	4	5.35 ± 2.03	3.24 ± 0.69
V normal protein/ high Ca	4	219.10† ± 15.66	18.78* ± 5.68
VI high protein/low Ca	4	3.01 ± 0.84	1.71 ± 0.28
VII high protein/high Ca	4	135.85* ± 25.84	24.36† ± 5.03

* $p < 0.01$, significantly different from the low Ca controls.

† $p < 0.001$, significantly different from the low Ca controls.

Table 4 presents the mean dry weights and mineral content of the right kidneys of rats on the various dietary treatments. High Ca diets significantly ($p \leq 0.01$) increased the Ca content of the kidneys. There was an increase in the dry weight of the kidneys associated with the elevated level of dietary protein. This difference was still evident in the high protein-fed groups when the data were expressed on a body weight basis.

The mean femur mineral concentrations of all the groups are shown in Table 5. The femur dry weights of the low Ca fed animals were significantly ($p \leq 0.01$) less than those obtained from the high Ca controls. The bone weights were unaffected by

Table 4. Effect of dietary calcium and protein on dry wt and mineral content of right kidneys (mean \pm SD)

Treatment	n	Dry wt (g)	Mean	
			Ca (mg/g dry wt)	iP
IA normal protein/ normal Ca (<i>ad libitum</i>)	3	0.152 ± 0.019	420.36 ± 33.63	8.95 ± 1.02
IB normal protein/ normal Ca (pair-fed)	3	0.141 ± 0.026	394.00 ± 10.91	7.62 ± 2.82
II low protein/low Ca	4	0.116 ± 0.015	377.90 ± 21.35	7.41 ± 2.65
III low protein/ high Ca	4	0.103 ± 0.018	585.80* ± 29.54	9.20 ± 1.20
IV normal protein/ low Ca	4	0.153 ± 0.028	326.20 ± 16.25	6.85 ± 1.87
V normal protein/ high Ca	4	0.142 ± 0.015	628.60† ± 143.39	8.92 ± 1.81
VI high protein/ low Ca	4	0.187 ± 0.018	312.20 ± 9.80	11.19 ± 2.02
VII high protein/ high Ca	4	0.177 ± 0.015	470.00† ± 61.56	8.14 ± 1.93

* $p < 0.001$, significantly different from the low Ca controls.

† $p < 0.01$, significantly different from the low Ca controls.

Table 5. Effect of dietary calcium and protein on dry wt and mineral content of left femurs (mean \pm SD)

Treatment	n	Dry wt (g)	Mean	
			Ca (mg/g dry wt)	iP
IA normal protein/ normal Ca (<i>ad libitum</i>)	3	0.151 ± 0.009	205.70 ± 6.65	68.20 ± 15.64
IB normal protein/ normal Ca (pair fed)	3	0.139 ± 0.018	211.97 ± 2.65	90.50 ± 6.28
II low protein/low Ca	4	0.087 ± 0.021	203.25 ± 35.30	71.20 ± 4.48
III low protein/ high Ca	4	0.132* ± 0.030	220.32 ± 22.38	78.30 ± 8.09
IV normal protein/ low Ca	4	0.083 ± 0.015	198.54 ± 9.01	76.80 ± 11.69
V normal protein/ high Ca	4	0.140† ± 0.014	215.94 ± 13.97	75.80 ± 10.00
VI high protein/ low Ca	4	0.090 ± 0.013	197.54 ± 9.25	79.80 ± 7.18
VII high protein/ high Ca	4	0.139† ± 0.018	230.73* ± 19.86	103.80 ± 11.11

* $p < 0.05$, significantly different from the low Ca controls.

† $p < 0.01$, significantly different from the low Ca controls.

the protein levels. The femur Ca content tended to be higher for all the animals on the high Ca diets though the differences were not statistically significant.

The mean CaBPs from the duodenum, ileum and kidney are summarized in Table 6. Duodenal and ileal CaBPs were reduced in rats fed the high Ca diets compared to the appropriate low Ca controls. However, the renal CaBP was significantly ($p \leq 0.05$) increased in animals on the high Ca diets containing low or normal protein as compared to the low Ca fed controls. No

Table 6. Effect of dietary calcium and protein on duodenal, ileal, and renal CaBP (mean \pm SD)

Treatment	n	Duodenal CaBP (μ g/mg protein)	n	Ileal CaBP (μ g/mg protein)	n	Renal CaBP (μ g/mg protein)
Pretreatment-baseline	3	10.8 \pm 1.53	3	Not detectable	3	13.3 \pm 3.40
IA control-normal protein/ normal Ca (<i>ad libitum</i>)	3	14.1 \pm 1.51	3	1.40 \pm 0.00	3	13.9 \pm 1.81
IB control-normal protein/ normal Ca (pair fed)	3	13.8 \pm 2.61	2	1.35 \pm 0.49	3	11.2* \pm 0.58
II low protein/low Ca	4	19.2 \pm 1.10	3	2.00 \pm 0.32	4	8.5 \pm 1.20
III low protein/high Ca	4	14.9 \pm 4.16	3	1.10 \pm 0.06	4	13.2* \pm 2.60
IV normal protein/low Ca	4	19.9 \pm 2.39	3	1.50 \pm 0.26	4	8.9 \pm 3.30
V normal protein/high Ca	4	18.9 \pm 3.11	4	1.40 \pm 0.32	4	16.5† \pm 1.70
VI high protein/low Ca	3	17.6 \pm 1.64	3	1.90 \pm 0.60	4	9.3 \pm 2.30
VII high protein/high Ca	4	12.4† \pm 1.13	4	Not detectable	4	11.6 \pm 1.70

* $p \leq 0.05$, significantly different from the low Ca controls.

† $p \leq 0.01$, significantly different from the low Ca controls.

differences were detected between the high Ca groups containing either the low or high protein and the normal protein-normal Ca groups. Plasma and urine Ca concentrations were positively correlated ($r = 0.75, 0.56$) with renal CaBP ($p \leq 0.001$) (Figs. 2 and 3). In contrast, negative correlations were observed between urine Na and the renal CaBP ($r = -0.56, p \leq 0.002$) (Fig. 4) and urinary Na and urine Ca ($r = -0.69, p \leq 0.0001$) (Fig. 5). The alterations in the duodenal, ileal, and renal CaBPs were apparently not influenced by the protein intakes.

DISCUSSION

The results of this study show that growth is dependent on protein intake. The slower weight gain in rats fed the 10% protein diets indicated that these diets were inadequate to support optimum growth in the weanling rats. Plasma, urine, feces, kidney, and femur Ca were directly related to dietary Ca and were not affected by the protein levels in the diet. It has been documented that increasing the protein intake produces a rise in urinary Ca excretion in several species (1-5, 19-23). In this study, the dietary P concentration was held constant at 0.48%. However, with the alterations in Ca levels, the Ca:P ratios were 0.07, 1.2, and 4.4 for the low, normal, and high Ca diets, respectively. High dietary Ca resulted in increasing fecal P and decreasing urinary P excretions. The expected protein-associated hypercalciuria was not observed nor was there any decrease in bone Ca possible because the dietary Ca and P concentrations were adequate to meet the needs of the growing rat. Bell *et al.* (22) reported that although calciuria was seen in high protein fed adult rats, there was no change in overall Ca balance or bone resorption. In the young, fast growing rat, Howe and Beecher (24) showed that increasing the dietary protein did not result in hypercalciuria.

The changes in P excretion and plasma P concentrations may be attributed to the well-established parathyroid hormone effect. The hypercalcemia occurring in response to feeding the high Ca diets presumably depressed endogenous PTH activity thereby increasing tubular P reabsorption. Conversely, the low Ca diet would stimulate PTH secretion which inhibited P reabsorption. Anderson and Draper (25) demonstrated a phosphaturia in rats fed a low Ca:P ratio diet.

It was of interest that although the Na contents in all the diets were very similar, an inverse relationship was observed between urinary Na and Ca excretion. It is well known that the renal handling of Ca and Na are interdependent (26). Micropuncture

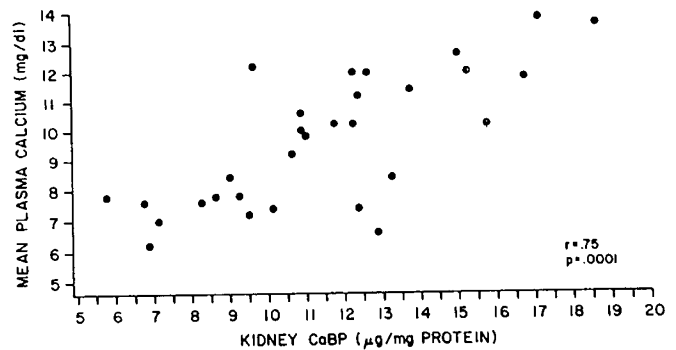


Fig. 2. Relationship between mean plasma calcium and kidney CaBP.

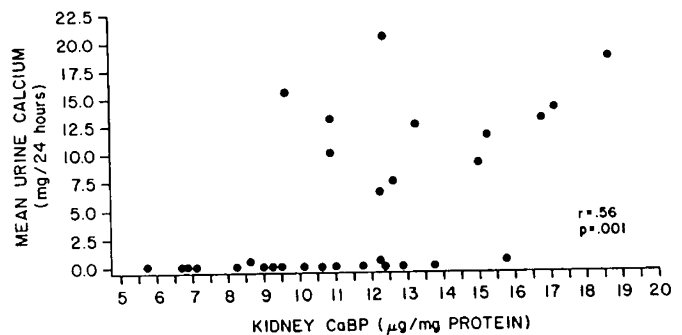


Fig. 3. Relationship between mean urine calcium and kidney CaBP.

studies have illustrated this interdependence of Ca and Na reabsorption primarily in the proximal tubule. In contrast, it has been suggested that Ca reabsorption is dissociated from Na in the distal tubule which is believed to be the site where urinary Ca excretion is finely controlled (27). Breslau *et al.* (28) reported a hypercalciuric response in normal human subjects given a 10-day oral load of Na. This Na loading was associated with both an increase in renal synthesis of $1,25(\text{OH})_2\text{D}_3$ and intestinal absorption of Ca. Also PTH has been shown to lower Ca excretion by enhancing distal Ca reabsorption disproportionately to that of Na (29). Since Ca transport by kidney cells is regulated

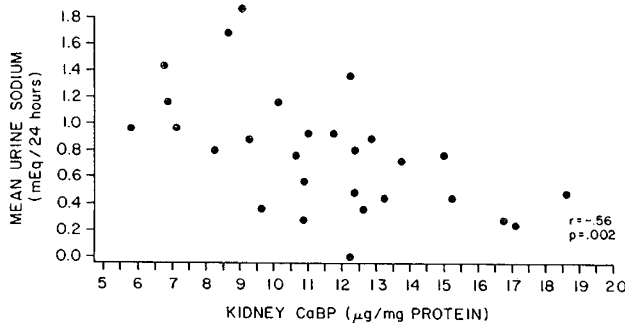


Fig. 4. Relationship between mean urine sodium and kidney CaBP.

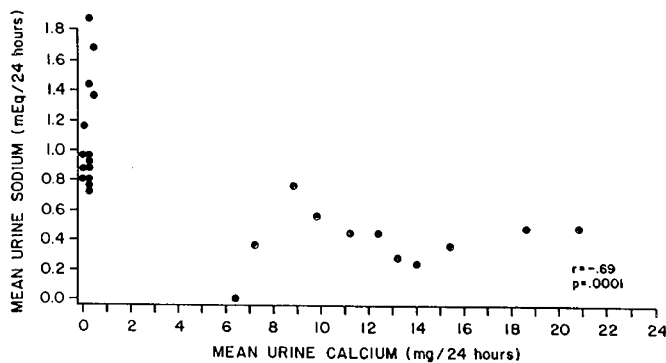


Fig. 5. Relationship between mean urine sodium and urine calcium.

by ionic and endocrine factors, it is possible that any perturbation in the Ca:Na ratios in the tubular fluid could affect reabsorption and excretion along the tubular sites.

It has been shown that renal CaBP is present in distal convoluted tubule cells (15, 30–33). There is evidence that this CaBP may be influenced either by $1,25(\text{OH})_2\text{D}_3$ or Ca or Na (32, 34, 35). In the present study, a direct correlation was observed between renal CaBP and the high Ca intakes which resulted in hypercalcemia as well as distinct hypercalciuria. The rats ingesting excessively high dietary Ca exhibited significantly reduced urinary Na excretion and high renal CaBP. This is unlike previous findings (35) in which there was a 50% decrease in renal CaBP in the Na-deficient rats as compared with the control animals. The previous dietary Na and Ca contents were 0.02 and 0.53%, respectively as compared with the 0.1% Na and 2% Ca used in the present study. The previous study (35) suggested that under conditions of severe sodium deprivation, renal CaBP is indeed markedly reduced. In the present study, rats received moderate amounts of dietary sodium. Thus, these variations in dietary Na and Ca components most probably contributed to the different results obtained. Also, it is likely that the high dietary Ca concentration in the present study may have been the predominant factor regulating the synthesis of the renal CaBP which was independent of dietary Na concentrations. In agreement with the findings of Thomasset et al (32), the $1,25(\text{OH})_2\text{D}_3$ -dependent duodenal CaBP in the current investigation increased in response to the feeding of low Ca diets while it decreased on the high Ca diets.

In summary, the evidence suggests that the increase in renal CaBP is a response to the hypercalcemia induced by the high Ca diets and that CaBP is involved in Ca excretion. Since independent transport processes for Ca and Na have been suggested in the distal nephron, it is possible that several physiological adjustments were made in Ca excretion at this site including regulation by renal CaBP. As the final concentration of Ca in the urine is determined by what occurs at the distal site, any alterations in Ca and Na will affect the outcome. In the case of the high Ca diets, the quantity of Ca delivered to the distal tubule was

proportionately high relative to Na and it is possible that the normalization of this Ca concentration was attempted by increasing excretion.

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Announcements

11TH INTERNATIONAL CONVOCATION ON IMMUNOLOGY

Buffalo, NY, June 12-16, 1988

Immunology and Immunopathology of the Alimentary Canal

The Ernest Witebsky Center for Immunology will present this symposium in its regular biennial series at the Hyatt Regency Buffalo Hotel. Closed plenary sessions will focus on the topics: Basic Immunologic Considerations, Immunologically Responsive Tissue Cells, Immunopathologic Conditions (dental caries, periodontal disease, inflammatory bowel disease, celiac disease, gastrointestinal infections and infestations), Immune Response in Oral and Gastrointestinal Neoplasms, Nutritional Effects on the Immune Response, and Development of Vaccines. Open poster sessions for free contributions on the theme will be offered.

For further information contact: Dr. James F. Mohn, Director, Ernest Witebsky Center for Immunology, 240 Sherman Hall, State University of New York at Buffalo, Buffalo, New York 14214 (Telephone: 716-831-2848).

1988 ANNUAL MEETING ABSTRACT DEADLINE

The American Pediatric Society and the Society for Pediatric Research announce the abstract deadline for the 1988 Annual Meeting (May 2-6, Washington Sheraton Hotel, Washington D.C.) has been set as *December 10, 1987*. For further information contact: **SPR**—Debbie L. Wogenrich, The Society for Pediatric Research, 2350 Alamo S.E., Suite 106, Albuquerque, NM 87106, (505) 764-9099. **APS**—Dr. Audrey K. Brown, Secretary-Treasurer, Department of Pediatrics, Box 49, SUNY, Health Sciences Center at Brooklyn, 450 Clarkson Avenue, Brooklyn, NY 11203 (718) 270-1692.