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0031-3998/84/1812-1292\$02.00/0

PEDIATRIC RESEARCH

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Vol. 18; No. 12, 1984

Printed in U.S.A.

Apparent Absence of Cystic Fibrosis Sweat Factor on Ion-selective and Transport Properties of the Perfused Human Sweat Duct

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ABSTRACT. Several previous studies have reported that a substance in exocrine products from cystic fibrosis (CF) patients is inhibitory to the transport of NaCl in several biological preparations. We have recently developed techniques for studying a target CF tissue, the eccrine sweat duct, and determined that salt absorption in the CF sweat duct appears to be decreased due to an impermeability to Cl. To determine whether this property might be induced, we have examined the sweat from patients with CF for potential influences on the ion-reabsorptive and ion-selective properties of sweat ducts from normal subjects. Isolated segments of sweat ducts from healthy volunteers were microperfused *in vitro* with concentration-adjusted sweat collected after thermal stimulation from CF patients and from normal subjects. The eccrine sweat duct may be best considered as a tight epithelium through which the mucosal uptake of NaCl proceeds via separate Na⁺ and Cl⁻ pathways. As such, inhibitory actions of CF fluids should be exerted via an inhibition on one, or both, pathways, and should be expected to 1) inhibit the electrolyte transport activity and 2) alter the ion-selective properties of normal ductal tissue. We were unable to detect any effect of CF sweat on either property of the normal duct. (*Pediatr Res* 18:1292-1296, 1984)

Abbreviations

CF, cystic fibrosis
PD, potential difference

The inherited autosomal recessive disease, cystic fibrosis, is a generalized disorder of the exocrine glands. One of the most characteristic features of the disease is abnormally elevated NaCl in the sweat which is due to decreased electrolyte absorption in the ductal segment of the sweat gland. It has been postulated that the abnormal electrolyte transport in the CF sweat duct is due to a transport-inhibiting substance present in CF sweat (6, 11). It was further suggested that a similar inhibitory substance may be present in other exocrine secretions since saliva from CF patients was reported to inhibit electrolyte reabsorptive processes in other tissues as well (8, 22, 24).

Many of the types of tissues that apparently exhibit abnormal electrolyte transport in cystic fibrosis also retain several characteristics in common. That is, the sweat duct (13), the salivary duct (1, 4), the colon (24), and the respiratory mucosa (7) are all sensitive to the Na⁺ channel blocker, amiloride. All are capable of generating a lumen-negative transepithelial electrical potential. And in addition with the possible exception of respiratory epithelia, most, if not all, of the above tissues are characterized by hypertonic fluid transport, stimulated by aldosterone, and are reported to be inhibited by exocrine secretions from CF patients. To our knowledge, the respiratory mucosa has not been examined for these properties. These observations and characteristics have led to the suggestion that a CF inhibitory substance may act similarly to amiloride (21, 24). If the substance is a transport inhibitor, and particularly if it resembles amiloride, we should not only expect inhibition of ion transport, but also alterations in electrophysiological properties of the normal duct as well.

In addition, there are at least two other reasons for re-examining the possibility of a transport inhibitory substance in CF sweat. First, we have now developed methods for assaying ion transport activity and electrophysiological properties of the isolated sweat duct *in vitro* making it possible to test the response of a tissue that is known to be markedly affected in the disease. This feature, in addition to the ability to control conditions maximally, should make the preparation an optimal system for bioassay. Secondly, we recently found that the negative potential

Received January 2, 1984; accepted June 5, 1984.

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This work was supported by awards from the Getty Oil Co., the Gillette Co., and by National Institutes of Health Grant AM 26547.

in the lumen of CF duct is significantly hyperpolarized compared to the normal sweat duct and that this phenomenon appears to be due to a decrease in the Cl permeability of the CF ductal tissue (15, 17). Aside from the fact that this decrease in Cl permeability may also explain the decreased net uptake of salt in the CF duct (16), this finding provides a new parameter by which the effects of potentially inhibitory substances might be detected.

By microperfusing the isolated sweat duct with Ringer's solutions and concentration-adjusted human sweat, we tested CF sweat for the presence of substances which might affect electrolyte transport properties. If CF sweat could be shown to be inhibitory, we hoped to determine further whether the effect involves Na⁺ blocking amiloride-like properties or whether the effect is principally due to properties which block Cl movement and thereby might explain Cl impermeability in CF tissue. Central to these questions is the issue of whether the abnormal function of the CF sweat duct and other organs is induced by an extrinsic agent or is caused by an intrinsic defect in tissues specifically affected in the disease.

MATERIALS AND METHODS

The methods for measuring Na⁺ uptake in isolated perfused sweat ducts (13) as well as for measuring transepithelial potential differences (15) have been described previously. In brief, small skin biopsies (3-mm diameter) were taken from the back over the region of the scapula from healthy adult male volunteers giving informed consent. Using a dissecting microscope, the glands were dissected from the connective tissue. After uncoiling the gland tubule, a segment of the reabsorptive duct (2–4 mm) was cut free and mounted with modified micropipettes for perfusion (5). After mounting, the temperature was increased from 5–7 to 35–37° C.

Sweat was obtained from CF and healthy adult male volunteers. Gross sweat was collected by enclosing most of the torso in a plastic tube which was sealed carefully to the skin with surgical tape to prevent evaporation. Sweating was stimulated by exposure to increased ambient temperature in a warm room (37° C) for 30 to 60 min with intermittent voluntary exercise. Two 10-ml volumes of sweat were collected sequentially. Usually, only the second volume was used as a microperfusate. Since previous investigators (9, 10) have reported that inhibitory effects of CF secretions were lost if the secretions were exposed to glass or heated, all of our sweat collections were processed in plastic containers and maintained at 4° C until used experimentally. Since the microperfusion pipette is constructed of glass (Kimax), the sweat was unavoidably exposed to this glass during microperfusion. However, the perfusion pipette was always rinsed with more than 10 volumes of sweat perfusate before perfusion was initiated. Upon several occasions, pipettes were used which had been treated with Prosil 28 (PCR, Inc., Gainesville, Florida) to render the internal surface hydrophobic and presumably non-reactive. No differences in results were observed with these pipettes.

Since optimal solution composition is different for Na⁺ uptake measurements and for PD measurements, the composition of aliquots of collected sweat was adjusted accordingly. To optimize Na⁺ uptake, sweat was adjusted to approximate the composition of the primary secretion in the sweat gland (18, 19) by adding sufficient NaCl and NaHCO₃ to bring the final concentration of Na⁺ to 136 mM and of HCO₃⁻ to 24 mM (Table 1). To optimize PD measurements, the pH was adjusted to 6.5 to lower the HCO₃⁻ concentration and reduce any contribution from it to the net PD. Sufficient NaCl was added to bring the final concentration of Na⁺ to 150 mM (Table 2). This pH adjustment should not be detrimental to any inhibitory substances since CF sweat is generally secreted at a pH more than one unit lower than this adjustment (Tables 1 and 2). The concentration of K⁺ and Ca²⁺

Table 1. *Electrolyte composition and pH of sweat collected from control (C) and cystic fibrosis subjects before and after adjustment with NaCl and NaHCO₃**

	Na ⁺ (mM)	Cl ⁻ (mM)	K ⁺ (mM)	Ca ²⁺ (mM)	pH
Collected sweat (CF)	114.3† ±11.5	112.5† ±9.7	8.5‡ ±0.4	1.5 ±0.3	4.9† ±0.3
Collected sweat (C)	58.7	48.3 ±12.2	5.3 ±0.3	1.0 ±0.3	6.0 ±0.2
Adjusted sweat (CF)	136.3 ±3.9	111.5 ±3.7	8.2 ±0.5	1.5 ±0.3	7.5 ±0.1
Adjusted sweat (C)	136.3 ±0.9	107.3 ±2.7	5.3 ±0.3	1.0 ±0.3	7.5 ±0.1

* The mean age was 24 ± 5 and 26 ± 4 years in controls and CF subjects, respectively. The adjusted sweat was used in experiments measuring Na uptake (*n* = 4 in both populations).

† *p* < 0.01.

‡ *p* < 0.05.

Table 2. *Electrolyte composition and pH of sweat collected from control (C) and cystic fibrosis subjects before and after adjusting with NaCl**

	Na ⁺ (mM)	Cl ⁻ (mM)	K ⁺ (mM)	Ca ²⁺ (mM)	pH
Collected sweat (CF)	115.8† ±10.3	111.2† ±8.6	7.2‡ ±0.3	1.6 ±0.3	5.3 ±0.5
Collected sweat (C)	55.8	47.8 ±9.5	4.9 ±0.5	1.1 ±0.3	6.0 ±0.5
Adjusted sweat (CF)	149.6 ±2.5	141.4 ±3.2	7.2 ±0.3	1.6 ±0.3	6.5 ±0.3
Adjusted sweat (C)	150.2 ±2.0	142.4 ±4	5.1 ±0.3	1.1 ±0.3	6.5 ±0.3

* The mean age was 19 ± 1 and 21 ± 1 years in control and CF subjects, respectively. The adjusted sweat was used in experiments measuring intraluminal potential differences (*n* = 6 in both populations).

† *p* < 0.01.

‡ *p* < 0.05.

was somewhat higher in CF sweat (Tables 1 and 2), but the differences were so small that no attempts were made to adjust their concentration. Debris was removed from all sweat samples by centrifugation at 2600 × *g* at 4° C for 5 min.

Bath and perfusate Ringer's solutions for Na⁺ uptake studies contained the following components (mM): 110 NaCl, 24 NaHCO₃, 10 glucose, 5.0 KCl, 2.0 CaCl₂, 2.1 NaH₂PO₄, and 1.2 MgSO₄. Bovine serum albumin, Fraction IV, was added to the dissecting bath solution at a concentration of 1.0%. Solutions were equilibrated with 5% CO₂ and 95% O₂ gas to bring the pH to 7.4. The bath and perfusate Ringer's solutions for electrophysiological measurements contained the following constituents (mM): 150 NaCl, 10 glucose, 2.125 K₂HPO₄, 0.375 KH₂PO₄, 1.0 CaSO₄, and 1.0 MgSO₄. When necessary, NaCl was replaced with Na gluconate to provide an impermeant anion. The pH was adjusted to 7.4.

All data are given as mean values ± SE. Statistical significance was evaluated applying Student's *t* test for paired or unpaired samples as appropriate. During the Na⁺ uptake experiments, we controlled perfusion rates by varying the hydrostatic pressure on the perfusate. Several perfusion rates at regular intervals between 3 and 30 nl/min were obtained for each experimental condition. The Na⁺ uptake values were expressed as the change in Na⁺ concentration per duct length (mM Na⁺/mm duct) and plotted as function of the perfusion rate (nl/min). These plots were

linearized by assuming a dual logarithmic relationship between the two parameters. Regression values for the slope were $0.73 < r < 0.94$. For individual sweat ducts, a paired analysis F test of homogenate regression lines was applied for testing the difference between the Na^+ uptake from artificial sweat and adjusted sweat. For clarity, we have plotted the Na^+ values expressed in terms of flux ($\text{nEq/cm}^2/\text{s}$) at regular interpolated intervals of the perfusion rate (see Fig. 1, A and B).

RESULTS

Sodium uptake from sweat ducts perfused with adjusted sweat from healthy and CF individuals. In a set of four experiments, the isolated human sweat duct was first perfused with Ringer's solution at different rates to measure the net Na^+ uptake (Fig. 1A). Maximal and stable Na^+ uptake rates were found for perfusion rates >15 nl/min. The maximal Na^+ uptake rate was $8 \text{ nEq/cm}^2/\text{s}$ assuming a mean ductal luminal diameter of $15 \mu\text{m}$ as measured under perfused conditions. Subsequently, the ducts were perfused with adjusted sweat from healthy volunteers and again the net Na^+ uptake was measured at different perfusion rates (Fig. 1A). In four other ducts, the protocol was repeated replacing adjusted normal sweat with concentration-adjusted CF (Fig. 1B). As is shown in Figure 1, A and B, for both types of sweat the Na^+ reabsorption from sweat is reduced slightly, but not significantly, when compared to the uptake from control Ringer's, which may be due to the possibility that Na^+ uptake capacity of the tissue decreases with time. However, at any perfusion rate, paired analysis showed no statistical difference between the Na^+ uptake from NaCl-Ringer's and either adjusted type of adjusted sweat ($p > 0.10$).

Ion selectivity of the reabsorptive duct of the human sweat glands. The response of the PD in the normal sweat duct to several electrolytes is shown in Figure 2. After mounting the ducts, we perfused the tissue first with 150 mM Na-gluconate. The PD under this condition was $-90.0 \pm 9.2 \text{ mV}$ (lumen negative) which was depolarized to $-72.5 \pm 5.0 \text{ mV}$ when the Na-gluconate was replaced by 10 mM NaCl plus 140 mM Na-gluconate. The PD depolarized further to $-7.8 \pm 1.0 \text{ mV}$ when gluconate was completely replaced by Cl^- . The fact that the direction and magnitude of the change in the PD in response to

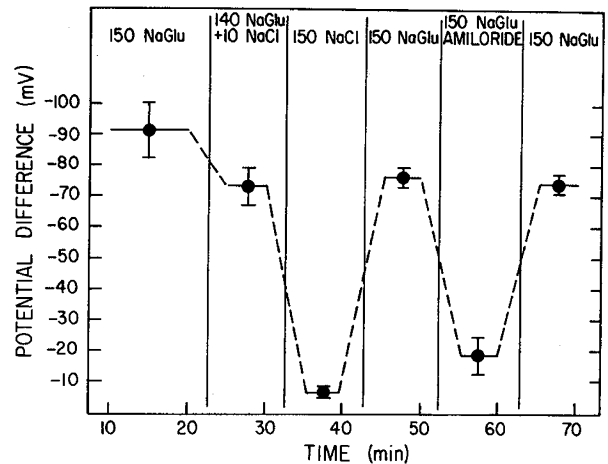


Fig. 2. Ion-selective properties of the normal human sweat duct. In time, the tissue was perfused with different solutions as indicated at the top (concentration in mM; Glu, gluconate). The large effects of substituting gluconate for Cl^- (Na^+ constant) on the PD indicate the presence of a highly conductive Cl^- transport pathway in the tissue. In the absence of Cl^- , the luminal Na^+ electrode characteristics of the cells are shown by perfusing $100 \mu\text{M}$ amiloride which caused a large (reversible) depolarization of the PD ($n = 4$).

changes in Cl^- concentration are approximated by the Nernst relation indicates the presence of a highly conductive transductal pathway for Cl^- . Reintroduction of gluconate in the lumen of the duct hyperpolarized the PD ($-76.6 \pm 3.3 \text{ mV}$) towards its original value (note that the PD did not return to its original value which may be due to a slight decrease in the active transport capacity of the tissue or its ability to maintain large electrochemical gradients over long periods). In the absence of Cl^- , the Na^+ electrode characteristics of the luminal membrane were tested by adding the sodium diuretic compound amiloride ($100 \mu\text{M}$) to the perfusate, causing a sharp depolarization of the PD ($-19.5 \pm 4.5 \text{ mV}$; Fig. 2). These experiments showed that the tissue maintained good ion-selective properties for more than 80 min.

Effects of perfused sweat on the PD. Prior to perfusing the sweat ducts with sweat, six freshly mounted ducts were first perfused with 150 mM Na-gluconate which resulted in the generation of a large PD ($-99.6 \pm 7.5 \text{ mV}$) across the epithelium (Fig. 3). Subsequently stable PDs were measured for both CF sweat and normal sweat, -7.5 ± 1.0 and $-7.0 \pm 1.2 \text{ mV}$, respectively ($p > 0.5$), perfused for 20-min periods. To test the general influence of sweat on the PD of the ducts, a 150 mM NaCl solution was perfused subsequently for 10 min. Under those conditions, the PD, $-6.6 \pm 1.1 \text{ mV}$, was not different from the PD measured with either type of sweat or when Ringer's solution was used as the preceding perfusate, $p > 0.1$. Neither were there any differences in PD when control sweat was used as the first perfusate (data not shown). Also, after about 70 min, the PD hyperpolarized when perfused with Na-gluconate to a value ($-67.3 \pm 10.3 \text{ mV}$) not significantly different from the value obtained for ducts perfused with other solutions after such periods ($-76.6 \pm 3.3 \text{ mV}$) as is shown in Figure 1 ($p > 0.5$).

DISCUSSION

In two previous studies, CF sweat was reported to inhibit net Na^+ uptake immediately after exposing the luminal surface of the normal sweat duct to CF sweat. In the first (6), sweat from normal subjects was normalized to CF sweat by the addition of NaCl. Both CF and normal sweat were retroinjected into the ducts of single sweat glands in normal subjects. Subsequent pharmacological stimulation and analysis of sweat indicated that Na^+ reabsorption was decreased in glands retroinjected with CF sweat. Although there was considerable overlap and spread in

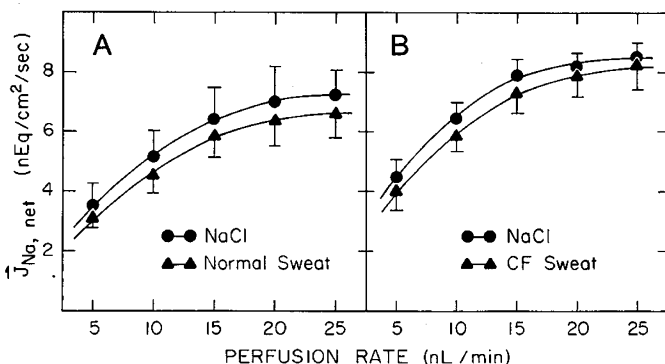


Fig. 1. A, influence of normal sweat on the Na^+ uptake ($\text{nEq/cm}^2/\text{s}$) from *in vitro* perfused sweat ducts of healthy volunteers at different perfusion velocities (nl/min). The ducts were first perfused with a NaCl solution at different rates and the protocol was repeated with a sweat solution obtained from healthy volunteers. The Na^+ concentrations of both solutions were identical (Table 1). At any perfusion rate, there was no significant difference (see "Materials and Methods") in the Na^+ uptake from the two solutions, although there is a tendency for the Na^+ reabsorption capacity of the tissue to decrease with time ($n = 4$). B, influence of CF sweat on the Na^+ uptake ($\text{nEq/cm}^2/\text{s}$) from *in vitro* perfused sweat ducts of healthy volunteers at different perfusion velocities (nl/min). No significant differences were found between the Na^+ uptake from a NaCl solution and adjusted CF sweat at any perfusion rate ($n = 4$).

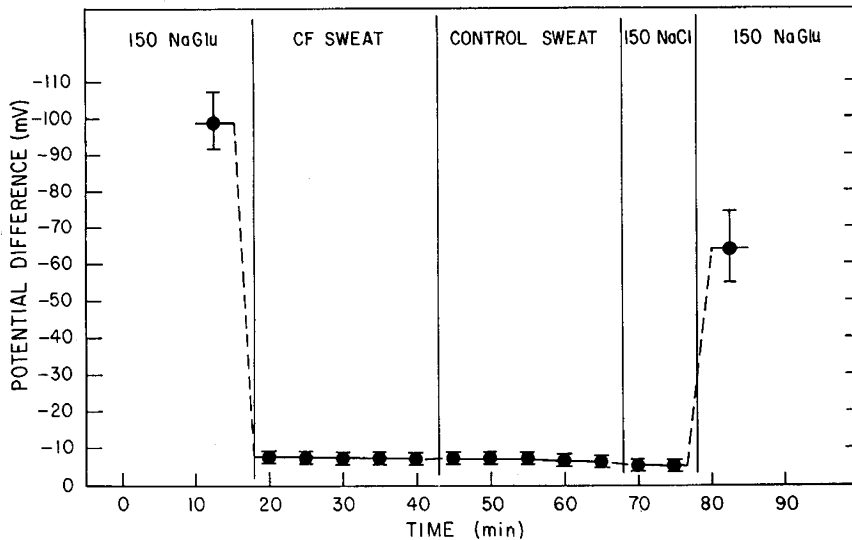


Fig. 3. Effects of perfused sweat on the electrical potential difference across sweat ducts of healthy volunteers. The ducts were first perfused with 150 mM Na-gluconate (*NaGlu*). CF sweat and sweat from healthy volunteers, both perfused for more than 20 min, gave the same PD which was not different from the PD measured when a 150 mM NaCl solution was perfused. (The Na^+ concentration in the sweat was adjusted close to 150 mM, Table 2.) At $t = 85$ min, the PD in the presence of Na-gluconate in the lumen was not different from the PD measured in ducts not exposed to sweat over such a period (*cf.* Fig. 1) ($n = 6$).

values, these results suggested the presence of a substance in CF sweat that was fast acting and relatively irreversible since an inhibitory effect was noted within a few minutes after retroinjection and was not washed away by subsequent secretions from the gland. In the second set of studies (11), the secretory coil was removed from single glands imbedded in skin biopsies from normal subjects. The remaining reabsorptive duct was then microperfused with sweat from cystic fibrosis or normal subjects-normalized with NaCl. Again, Na^+ absorption was reported to be reduced in ducts microperfused with CF sweat. An explanation for the discrepancies between these two earlier reports and the present results is not readily available. In our experiments on Na^+ uptake, we adjusted the sweat for HCO_3^- concentration to optimize transport conditions which was not done in the previous studies. We also used a more sensitive analytical method. But these differences do not offer a self-evident explanation of the consistent differences reported. In the *in vivo* study, the degree of retroinjection of the individual sweat glands apparently was subjective. Variations in the retrograde procedure may have introduced degrees of trauma which may have affected results. Unfortunately, details of the method of stimulation, injection, collection, and analysis of sweat are lacking so that further evaluation is difficult. In the previous *in vitro* microperfusion study, a number of factors were reported to affect the viability of the preparations so that 40% of the results were discarded (11). It was also reported that Na^+ reabsorption could be sustained *in vitro* only if normal sweat was used as perfusate. In our work, we have found no such requirement (Figs. 1A, 1B, and 3). It is possible that these early results were affected by the stain, methylene blue, used to identify single glands for dissection from the skin. Variation in the uptake of stain may have contributed to uncontrolled differences in reabsorptive capacities. No stains were used in the present study and the functional integrity of the sweat ducts seems to be relatively independent of such factors as protein in the medium or time after biopsy and the reported reabsorptive activity (11) appears to be less than about 25% of that found in the present study (Fig. 1, A and B). Furthermore, the earlier work reported that Na^+ reabsorption from CF ducts was not inhibited when adjusted normal sweat was used as the perfusate, suggesting that effects of an inhibitor CF substance is readily reversible. This report is in contrast to other descriptions in which the CF-related defect persists for extended periods (6, 8, 17, 22).

Related experiments have been performed using the rat parotid gland as a model assay system. Both saliva (8–10, 22) and sweat (8) retroinjected into the rat parotid gland were reported to inhibit Na^+ reabsorption in this tissue. An evaluation of these results is beyond the scope of this discussion, but it seems peculiar that these secretions should be effective in inhibiting Na^+ transport in the rat parotid gland when no significant abnormalities in electrolyte content in secretions from the same organ in CF subjects has been identified (12, 14), but it may not be the CF parotid gland that secretes an inhibitory substance (23). In contrast to many of the preparations used previously to assay for the presence of inhibitory factors, particularly those requiring retroinjection, the present microperfusion system seems more direct and perhaps better controlled. For example, due to the difficulty in controlling retroinjection procedures, reproducibility of earlier work required that data be accepted only when the volume of retroinjected fluid was closely matched to gland weight (22).

In another study, an inhibitory substance in CF saliva was suggested to be analogous to amiloride in its action since mixed sublingual-submaxillary saliva from both CF and normal subjects was observed to inhibit about 15% of the Na^+ absorption in the colon from Na^+ -starved rats (24). Although the results were statistically significant, the data showed CF saliva to be only 3% more inhibitory to net Na^+ transport than normal saliva. Amiloride inhibited 91% of the activity.

If sweat contained an amiloride-like substance, we should have detected some effect on both net Na^+ absorption and electrical properties of the sweat duct. Amiloride effectively blocks Na^+ absorption in the intact gland and microperfused duct (13) and dramatically reduces hyperpolarization in the normal duct perfused with Na-gluconate (Fig. 2). These results suggest that the apical membrane of the sweat duct cells possesses a Na^+ -selective pathway in parallel with a highly conductive anion (Cl^-) shunt, similar to the rabbit salivary duct (2, 4). An amiloride-like substance in CF sweat should have decreased the net uptake of Na^+ by blocking its entry into the duct cell through the apical membrane. Likewise, perfusion with CF sweat should have caused a depolarization of the luminal PD, and if the substance is not easily rinsed away, the hyperpolarization created by replacing Cl^- with the impermeant gluconate anion should have been reduced also. As is shown in Figs. 1A, 1B, and 3, there was virtually no difference between the effects of adjusted CF and

normal sweat perfusate on either net transport or Na^+ -selective pathway across the duct. Neither was there any significant difference between the effects of adjusted sweat and Ringer's solution perfusate.

Recent evidence (3) indicates that the Na^+ mechanism is as active in the CF duct as in the normal duct and that the decreased uptake of NaCl can probably be attributed largely, if not completely, to the impermeability of Cl^- . Thus, a transport inhibitory substance in CF sweat should act by blocking the Cl^- selective shunt, in which case net Na^+ transport should decrease and the luminal PD should hyperpolarize. That is, blocking the Cl^- permeability in the normal duct should mimic the effects of removing the anion shunt as can be accomplished by substituting the impermeable gluconate for the permeable Cl^- anion (Fig. 1). Again, however, there is no evidence that either CF or normal sweat had any detectable effect on net Na^+ transport (Fig. 1, A and B) or on the electrical properties of the duct (Fig. 2).

In view of the numerous reports that the inhibition of ion transport in CF exocrine glands may be due to an inhibitory factor (11, 21), it is perhaps disappointing that the present results show no inhibitory substance in CF sweat capable of altering ductal ion transport. We cannot prove that an inhibitory factor in our CF sweat samples has not been inactivated, but since we took great care to collect and handle the samples as previously described (8, 11) (J. A. Mangos, personal communication; B. Bowman, personal communication), we believe this possibility is unlikely. As a concluding consideration, we note that isolated CF ducts *in vitro* retain their low permeability to Cl^- for hours after resection and hours during microperfusion with completely defined media. This result in itself contradicts earlier reports that the effect is readily reversible (11, 24) and demonstrates that the defect is either inherent to the tissue or due to a relatively irreversible inhibitory substance which acts only after a long period of exposure to the tissue.

Acknowledgments. We deeply appreciate the excellent technical assistance of Ms. Diane Hannon. We thank Dr. Gokhale of the Department of Statistics, University of California, Riverside, for developing the statistics program.

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