anti-DNA antibodies autoimmune diseases Clq binding activity cryoglobulins hypocomplementemia immune complexes systemic lupus erythematosus

A Micromethod for the Analysis of Cryoglobulins Via Laser Nephelometry: Evaluation and Comparison to C1q Binding Activity in Autoimmune Diseases in Pediatrics

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Summary

Ouantitative determinations of cryoglobulins (IgG, IgA, IgM, and C3) were performed by a laser nephelometry microtechnique on 250 serum samples from a group of pediatric patients suspected of having immune complex-mediated disorders. Approximately 50% of these samples were cryoglobulin positive. Patients with cryoglobulins were examined as three separate groups: systemic lupus erythematosus, presumptive autoimmune disorders, and chronic bacterial or viral infections. Nearly all of these patients have mixed cryoglobulins. The relation of cryoglobulinemia with serum hypocomplementemia and renal involvement was examined in a group of systemic lupus erythematosus patients. High levels of cryoglobulins were found in patients with hypocomplementemia and anti-DNA antibodies without clinical evidence of nephritis. Highly significant correlations were observed between C1q binding activity, presence of cryoglobulins, and serum hypocomplementemia in systemic lupus erythematosus patients. Only 60% of the cryoglobulin positive samples had immune complex demonstrable by C1q binding. Cryoglobulin analysis using the laser nephelometry microtechnique permits screening of pediatric patients for the presence of immune complex, permits detection of low levels of cryoglobulins, allows quantitative determination of the specific immunoglobulin classes in the precipitate, and requires only a very small amount of blood suitable for the pediatric population.

Speculation

Cryoglobulins may represent circulating immune complex (IC) in diseases where IC-mediated pathogenesis is implicated. In systemic lupus erythematosus, presence of anti-DNA antibodies, C1q binding activity and hypocomplementemia was accompanied by elevated cryoglobulins. It is possible that in these patients, the presence of IC detected by C1q binding activity is reflected by elevated cryoglobulins. When considering autoimmune diseases in general, cryoglobulin analysis via laser nephelometry may be more sensitive than C1q binding in detecting IC, some of which may not bind complement. This technique could easily be utilized as a screening, diagnostic, and perhaps prognostic tool for children with autoimmune diseases.

Cryoglobulins were first described by Lerner and Watson (13) as proteins which undergo reversible precipitation in the cold. Most of these cold, insoluble proteins are immunoglobulin (Ig) and complement components (9, 14) which may represent constituents of antigen-antibody complexes. They have been implicated in the pathogenesis of vasculitis, glomerulonephritis, and collagen-

vascular diseases (21, 25, 29, 31). In some cases, rheumatoid factor (15), doubled-stranded DNA (30), renal tubular epithelial antigens (27), and hepatitis antigen (18) have been identified as components of the cryoglobulin complexes. However, the detection of cryoglobulins in the serum of some patients with presumed immune complex (IC) diseases (*e.g.*, based upon other criteria such as immunofluorescence and electron microscopy of biopsy specimens) has been unsuccessful.

Circulating soluble IC have been found in patients with such diverse diseases as bacterial infections, malignancies, inflammatory bowel diseases, and autoimmune connective tissue disorders (16, 19). Inasmuch as many IC's bind complement through activation of the classical pathway (20), several IC assays have been developed based upon C1q binding to the IgG or IgM antibody in the complex and have been used to study patients with rheumatoid arthritis, Sjögren's syndrome, systemic lupus erythematosus (SLE), chronic persistent hepatitis, and various forms of glomerulonephritis (22).

Due to the importance of cryoglobulins reflecting the presence of circulating IC in a number of diseases sited above in adults, we evaluated the significance of cryoglobulins in a group of pediatric patients. Traditionally, cryoglobulins are quantitated by radial immunodiffusion requiring 20 to 50 ml of whole blood. The large volume of blood required for this analysis is prohibitive in children, which led us to develop a microtechnique suitable for the pediatric population. Serum specimens from patients suspected of having IC-mediated disorders were analyzed for the presence of cryoproteins by the laser nephelometer. Review of the diagnosis of patients with positive cryoglobulins revealed SLE, assorted presumptive autoimmune diseases characterized by chronic inflammatory pathogenesis (*e.g.*, Sjögren's syndrome, Raynaud's syndrome, etc.), and chronic bacterial and viral infections.

To determine whether cryoglobulin-positive samples reflected circulating IC detectable by the C1q binding assay, aliquots of the same serum specimen were analyzed by both assays in a group of SLE patients. Measurement of cryoglobulins and circulating IC were correlated with other parameters of disease activity including serum complement, Ig, antinuclear antibodies, anti-DNA antibodies, and clinical evidence of nephritis. Results indicate that the presence of cryoglobulins correlates well with other parameters of disease activity in SLE.

MATERIALS AND METHODS

Two hundred fifty serum samples from patients with clinical symptoms suggestive of IC-mediated disorders were analyzed for the presence of cryoglobulins. Of the cryoglobulin-positive patients, 28 sera were from patients with SLE (group 1), 67 were from patients with presumptive autoimmune diseases (group 2), and 16 were from patients with chronic bacterial or viral infections (group 3). Presumptive autoimmune disease patients include chronic panniculitis, progressive systemic sclerosis, Kartagener's syndrome, recurrent stomatitis, juvenile rheumatoid arthritis, Steven's-Johnson syndrome, idiopathic thrombocytopenia, Behcet's syndrome, acute glomerulonephritis, Raynaud's syndrome, nonmalignant pancytopenia, and Sjögren's syndrome. These patients have pathologic changes in target organs including lymphocytic infiltration, tissue autoantibodies, and deposition of IC as judged by immunofluorescence microscopy. The "chronic infections" group includes patients with subacute bacterial endocarditis and viral and bacterial meningitis where the infectious agent was isolated. We studied 13 otherwise healthy children undergoing elective tonsilectomy to determine if elevated cryoglobulins were found in "sick" patients without autoimmune or chronic infections (e.g., disease controls). Thirteen normal hospital personnel were used to establish levels of cryoglobulins in healthy controls. In 18 of 28 of the SLE patients, simultaneous measurements of C1q binding, serum Ig, C3 complement, and total hemolytic complement were performed.

ISOLATION OF CRYOGLOBULINS

Serum for cryoglobulin analysis was separated from 2 to 5 ml of whole blood drawn into prewarmed test tubes and clotted for 1 hr at 37°C. Serum was isolated by centrifuging twice to remove red blood cells at 37°C. Serum volume was recorded, and specimen was refrigerated at 4°C for 4 to 6 days. Cryoprecipitates were washed eight times in cold phosphate-buffered saline by centrifuging at 4°C, 1200 $\times g$ for 10 min. The final precipitates were solubilized in 0.2 ml of phosphate-buffered saline and kept at 37°C for at least 30 min prior to quantitations. Insolubilized material was detected in the sample blank and subtracted from the test specimen. In most instances, the sample blank demonstrates insignificant light scattering (*e.g.*, insignificant insolubilized material).

QUANTITATIONS OF Ig AND COMPLEMENT COMPONENTS

All quantitations of IgG, IgA, IgM, and C3 were made with the Hyland Laser Nephelometer PDQ LAS-R (Hyland Laboratories, Costa Mesa, CA) by methods previously described (6). Monospecific antiserum reagents and reference standards for LAS-R were obtained from Hyland Laboratories. In all the test samples, a solution of polyethylene glycol/saline (40 and 9 g/liter) was used to enhance precipitation. Ten serial dilution reference points instead of the conventional six points were used to establish the standard curve. For serum specimens, 1- μ l aliquots were added to 1 ml of appropriate antiserum preparations. An additional 1 μ l was used for blanks to correct for background light scattering along with saline and antibody blanks. IgG samples were read after 20 min incubation at room temperature. IgA, IgM, and C3 were read within 3 to 4 hr.

For cryoglobulin analysis, 25- μ l aliquots of solubilized cryoproteins in PBS were used. To increase sensitivity, a low-level reference curve was constructed by expanding the last seven reference points to full scale of 190 relative light-scattering units. The sensitivity of the low reference curve for IgG = 0.16 mg/dl, IgA = 0.03 mg/dl, and IgM = 0.02 mg/dl based on 1 μ l of serum. Concentration of cryoglobulins were read directly from the lowlevel standard curve and expressed as mg/dl of original serum.

DETECTION OF IMMUNE COMPLEXES BY C1q BINDING

Aliquots of serum samples obtained for cryoglobulin analysis were spun down immediately and kept at -76° C until use. All samples were freeze-thawed only once. C1q binding assays were performed according to modification of method by Zubler *et al.* (34). Normalized C1q binding activity was calculated by subtracting values for the normal control ($\bar{x} \pm 2$ S.D.) from patient's sera.

DNA BINDING ACTIVITY

Serum DNA binding activity are measured by a modified Farr technique using Millipore filters (28). [¹⁴C]KB-cell DNA (0.1 uCi/ ug, 10 μ g, lot 2924) was obtained from Virgo Reagents, Electronucleonics Laboratories, Inc., Bethesda, MD 20014. The Millipore filters were dried and processed for counting in a Packard Tri-Carb Scintillation Spectrometer.

RESULTS

Table 1 shows the mean, standard deviations, and ranges of cryoglobulin components concentration for the various groups of patients. Nearly all patients in Groups 1, 2, and 3 have mixed cryoglobulins (96, 90, and 94%, respectively). Assay for rheumatoid factor was examined in 70% of all these patients, and all were negative. Patients undergoing elective tonsillectomy showed no IgG and trace amounts of IgA and IgM (<0.60 mg/dl). Normal adults showed undetectable IgA and low levels of IgG, IgM, and C3.

COMPARISONS OF SLE RENAL INVOLVEMENT, DISEASE ACTIVITY, AND CRYOGLOBULIN LEVELS

Antibodies to native ds DNA (DNA-binding activity) are frequently found in patients with active SLE and often correlated with active nephritis (11). Presence of DNA-binding activity and hypocomplementemia are used in monitoring the clinical course and determining therapeutic efficacy in SLE patients. We examined the relationship between serum DNA binding activities, complement levels, cryoglobulin levels, and clinical nephritis (Fig. 1). SLE patients were divided into four serologic subgroups and further classified by the presence or absence of nephritis as follows:

- (1) HC+ (hypocomplementemia) and DNA+ (antibodies to ds DNA)
- (2) HC+ and DNA-
- (3) HC- and DNA+
- (4) HC- and DNA-

Cryoglobulins were most frequently elevated in HC+, DNA+ patients, especially those without nephritis. All patients had normal serum Ig except for one with elevated serum IgM where cryoglobulin IgM was also positive. Six SLE samples with negative cryoglobulins were from patients receiving steroid therapy.

COMPARISON OF SERUM AND CRYOGLOBULIN COMPONENTS TO C1q BINDING ACTIVITY

Quantitative IgG, IgA, IgM, and C3 in cryoproteins were compared with the quantitative serum Ig and normalized percentage of C1q binding activity in Table 2 and Figure 2. In our laboratory, C1q binding activity for normal control sera varied from 7.1 \pm 1.5% to 11.8 \pm 5.6% for different [¹²⁵I]Clq preparations. Normalized C1q binding activity of less than 2% is considered insignificant. A total of 35 samples from patients with autoimmune diseases was analyzed. Eighty percent (28 of 35) of the samples were cryoglobulin positive, only 17 of 28 had elevated C1q binding activity, the other 11 of 28 had elevated cryoglobulins but negative C1q binding activity. The remaining 7 patients had negative cryoglobulins and negative C1q binding activity. For all patients, the probability for departure from independence calculated by the χ -square test was P = 0.075. However, when SLE patients were analyzed separately as a group, a much closer correlation was observed (P = 0.0002).

Serum hypocomplementemia and the presence of complement components in IC have been implicated in the pathogenesis and disease activity in SLE patients (1, 5, 26). Six samples (Table 2, *asterisk*) had decreased serum C3 levels below 70 mg/dl and elevated cryoglobulin C3 as seen in Figure 3. Only three of six samples had markedly elevated levels of cryoglobulins. Samples

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Group		IgG (mg/dl)	IgA (mg/dl)	IgM (mg/dl)	C3 (mg/dl)			
1	SLE							
	Range	0.10-164.00	0-94.50	0-464.00	0-25.60			
	$Mean \pm S.D.$ n = 28	23.50 ± 44.30	6.01 ± 18.68	39.70 ± 99.40	2.03 ± 4.96			
2	Autoimmune diseases							
	Range	0-748.00	0-33.30	0-65.50	0-14.70			
	$\begin{array}{l} \text{Mean } \pm \text{ S.D.} \\ n = 65 \end{array}$	22.00 ± 99.30	2.62 ± 6.56	9.56 ± 15.79	4.75 ± 13.57			
3	Chronic infections							
	Range	0-37.71	0-10.98	0.76-97.80	0-4.05			
	$Mean \pm S.D.$ n = 15	3.11 ± 20.50	0.96 ± 2.69	9.12 ± 23.79	0.49 ± 0.99			
4	Tonsillectomy							
	Range	0	0-0.60	0-0.59	0-0.44			
	$Mean \pm S.D.$ n = 13	0	0.28 ± 0.60	0.20 ± 0.22	0.04 ± 0.12			
5	Normal adults							
	Range	0-0.14	0	0-0.21	0-0.31			
	Mean \pm S.D. n = 13	0.04 ± 0.04	0	0.06 ± 0.07	0.08 ± 0.10			

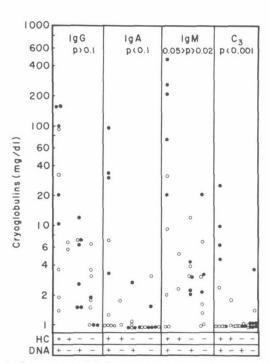


Fig. 1. Comparison of SLE renal involvement, disease activity, and cryoglobulin levels. •, patients without renal disease; \bigcirc , patients with renal disease. Student *t* test between patients with and without nephritis gives: IgG, P > 0.1; IgA, P < 0.1; IgM, 0.05 > P < 0.02; C₃, P < 0.001.

with normal or elevated serum C3 had only low levels of cryoglobulin C3.

DISCUSSION

Cryoglobulins are thought to consist mainly of Ig representing antigen-antibody complexes. Due to the recent rise of interest in measuring IC in various diseases, cryoglobulin detection has become a potentially important diagnostic and prognostic tool. In our laboratory, cryoglobulin analysis was performed by a sensitive laser nephelometric technique (4, 6, 12). The low level limits for IgG by radial immunodiffusion is 7 mg/dl obtained by filling the wells twice, whereas laser nephelometry detects 0.16 mg/dl, approximately a 50-fold increase in sensitivity. With this improved sensitivity, we found that low levels of cryoproteins are present even in normal subjects.

The association of cryoprecipitates with hypocomplementemia and tissue injury in SLE has been well documented (1, 5, 17, 26). McIntosh et al (17) observed that patients with nephritis had evidence of elevated levels of cryoprecipitates associated with progression of the disease and disappearance with resolution or progression to end stage renal failure. Those authors concluded that detection of cryoglobulins was a better indication of the severity of renal disease than complement. Surprisingly, in our study, SLE patients without nephritis who were anti-DNA antibody positive and hypocomplementemia had a higher incidence of elevated cryoglobulins than those with nephritis. Therefore, elevated cryoglobulins, including complement C3, may not always reflect the presence of nephritogenic IC.

Cryoglobulins occur in a wide variety of autoimmune diseases other than SLE such as glomerulonephritis (17), chronic active hepatitis (16), Sjögren's syndrome (32), and Raynaud's syndrome (3). Our patients with a variety of presumed autoimmune diseases showed mixed cryoglobulins consistent with the finding of others (3). Clinical remission has been associated with a decrease in cryoglobulin levels in some of our patients (24).

In the rabbit model of acute serum sickness, demonstration of antigen-antibody activity in cryoprecipitates and the association of these insoluble proteins with IC diseases imply an analogy between cryoglobulins and IC (10, 18, 19, 30). In our study, simultaneous measurements of cryoprecipitates and C1q binding indicate that these two assays are indeed related. The SLE group of patients had a much higher correlation than the other "presumed autoimmune disease" group. However, the presence of cryoglobulins does not correlate as closely to C1q binding activity

CRYOGLOBULINS AND Clq BINDING

Table 2. Quantitation of cryoglobulins and C1q binding activity

Point	Diagnosis	Cryoglobulins (mg/dl)			Serum (mg/dl)					
		IgG	IgA	IgM	C3	IgG	IgA	IgM	C3	C1q binding ¹
1	SLE	20.86	1.00	64.80	0.81	2172	290	295	11.1^{2}	55.5
2	SLE	7.86	1.08	12.86	1.02	2169	481	170	90	8.5
3	SLE	5.72	0.52	2.60	0.49	960	129	220	99	1.5
4	SLE	33.00	1.29	9.14	0.39	740	132	60	67^{2}	14.5
5	SLE	1.43	0.29	0.68	0	2400	310	90	83	13.5
6	SLE	2.58	0.17	2.43	0.21	1761	355	222	184	12.5
7	SLE	3.20	0.28	3.12	0	947	112	238	138	1.5
8	SLE	6.44	2.72	2.08	0	1130	124	76	102	11.5
9	SLE	1.96	0.05	2.16	0.63	1431	333	158	23 ²	45.5
10	SLE	12.67	2.67	4.34	0	ND^3	ND	ND	115	3.5
11	SLE	156.50	34.50	255.00	9.80	1782	534	230	31 ²	53.4
12	SLE	164.00	94.50	464.00	25.60	ND	ND	ND	45^{2}	49.4
13	SLE	10.24	3.36	21.52	6.40	2089	202	151	68^{2}	29.4
14	SLE	5.28	2.56	7.84	2.56	ND	ND	ND	95	0.4
15	SLE	0.81	0.18	0.53	0.02	2367	234	176	141	7.0
16	SLE	1.89	1.54	21.40	0.08	1814	507	510 ¹	183	3.0
17	SLE	1.81	0.59	3.26	0	1756	278	386	75	7.0
18	SLE	7.08	1.10	3.93	0.10	1391	433	102	111	5.0
19	AGN	15.80	1.10	3.00	0.63	923	205	161	178	0
, 20	AO	0.37	0.26	1.26	0.31	693	174	105	280	0
21	SLE	0	0.28	5.75	2.33	1522	232	174	190	0.5
22	RS	0	0.69	1.21	0.96	1200	250	109.2	270	1.5
23	JRA	2.50	0.34	0.18	0.26	ND	ND	ND	226	0
24	LIP	0.40	0.20	0.32	0.74	978	4.9	183	167	0.5
25	SLE	0.53	0	12.70	0.32	1193	1.90	217	158	0
26	SS	0	2.60	0.04	1.08	1254	95	86	152	0.5
27	BMT	1	0	5.29	0	387	37	53		2.5
28	ITP	0	4.48	0	0	1545	61	264	181	0

¹ Normalized C1q binding activity calculated by subtracting negative controls ($\bar{x} \pm S.D.$) from the patient's data for each experiment. ² Hypocomplementemic samples.

³ ND, not done, AGN, acute glomerulonephritis; AO, aseptic osteomyelitis; RS, recurrent stomatitis; JRA, juvenile rheumatoid arthritis; LIP, ymphocytic interstitial pneumonitis; SS, Sjögren's syndrome; BMT, bone marrow transplant; ITP, idiopathic thrombocytopenia purpura.

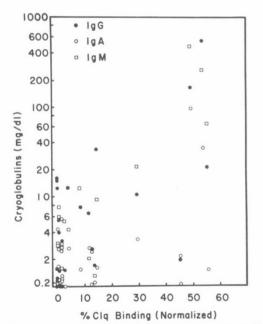


Fig. 2. Comparison of cryoglobulin components to normalized Clq binding activity.

as one might expect if these two assay systems indeed measure the same type of IC. In our study, the cryoglobulins were positive 40% more frequent than Clq binding activity.

The association of hypocomplementemia with elevated C1q binding activity and C3 cryoglobulin component were observed

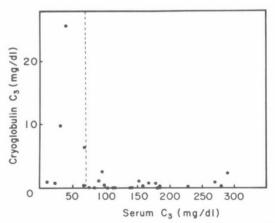


Fig. 3. Comparison of serum and cryoglobulin C3 levels in SLE patients.

in 50% of the SLE patients. Whether the C3 is being consumed in part due to the formation of precipitable C3 IC and thus plays a pathologic role in tissue damage remains to be investigated.

There are several possible explanations for the poor correlation between C1q binding activity and the presence of cryoglobulins in autoimmune diseases other than SLE. First, these results may reflect the greater sensitivity of the nephelometric technique. A second possibility is that these two assays detect different types of IC. Another possibility may be the experimental conditions themselves. Due to the heat lability of C1q, the binding activity assay is performed at 4°C which may render some soluble IC insoluble. The formation of larger lattices of complex may reduce the number of receptors available for C1q binding. C1q may also bind to aggregates of IgG formed during freeze thawing of the specimens. Finally, not all IC necessarily bind C1q. In both assays, demonstration of the antigen(s) in question would be of tremendous value. Unfortunately, the unavailability of sensitive assays plus the lack of knowledge of which antigen(s) may be involved make the demonstration of antigen(s) in such complexes very difficult.

Cryoglobulin determination by light scattering may be affected by the nature of the antigen as well as the size of the complexes because larger particles involve greater light scattering. The effect of the sizes and nature of IC upon the sensitivity of this assay is currently being studied; however, this potential variable does not detract from the fact that this assay is able to sensitively detect Ig and complement components present in cryoproteins.

The presence of cryoglobulins can be easily detected in patients with presumed autoimmune or IC-mediated disorders by this microtechnique using laser nephelometry. The presence of cryoglobulins correlates well with IC detected by C1q binding activity in patients with SLE. A strong correlation between presence of cryoglobulins, hypocomplementemia, and anti-DNA antibodies was seen in SLE patients without nephritis. Cryoglobulin determinations may serve as an effective screening technique for the presence of IC in autoimmune diseases in children. The small quantity of serum required in this assay is important in following pediatric populations which cryoproteins may serve as a valuable diagnostic and perhaps prognostic tool.

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- 35. The authors thank Dr. Charles C. August for critically reviewing the manuscript, Arlene Taylor and Karen Greenfeld for technical assistances, and Carol Sosin for preparation of the manuscript.
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- 37. This research was supported in part by the Delaware Valley Lupus Foundation.
- 38. Received for publication April 9, 1979.
- 39. Accepted for publication October 22, 1979.

Printed in U.S.A.