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Collagen lysine  
fibroblasts osteogenesis imperfecta  
hydroxyproline proline

# Dominantly Inherited Osteogenesis Imperfecta in Man: An Examination of Collagen Biosynthesis

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## Extract

We have examined control subjects and patients in an effort to discover a metabolic basis for dominantly inherited osteogenesis imperfecta (OI). Studies were carried out *in vitro* with cultured skin fibroblasts obtained from OI patients, and *in vivo* on peptide-bound hydroxyproline excretion in urine. Urinary hydroxyproline excretion (milligrams/24 hr) adjusted for age is essentially normal in OI patients, although the mean excretion rate is below average. The latter finding is presumably a reflection of the smaller body mass of OI patients.

The OI skin fibroblasts, matched for age of donor, site of biopsy, phase of growth, and generation number in culture, incorporate L-proline into hot trichloroacetic acid (TCA)-soluble protein (collagen) at normal rates. The rate of conversion of proline to hydroxyproline in the nascent polypeptide is also normal in OI. Incorporation of L-lysine was also normal in OI. These findings indicate that peptide synthesis of collagen is not impaired in OI.

Rates of galactose incorporation into collagen and the extractability of collagen into normal saline or 0.2 M citric acid were all normal both in OI cells and in the culture medium recovered from the monolayer. These findings, in combination with the urinary data on hydroxyproline excretion *in vivo* reveal that cross-linking and export of collagen in OI is essentially normal.

The elution profile after ion exchange chromatography of fibroblast collagen on carboxymethyl (CM)-Sephadex was also examined. The normal 2/1 ratio of *peak 1* (largely  $\alpha 1(I)$  chains) to *peak 2* (largely  $\alpha 2$  chains) was found in OI fibroblast extracts, which implies that synthesis and initial aggregation of the two types of polypeptide to yield  $[\alpha 1(I)]_2\alpha 2$  collagen composition is not abnormal in OI.

Despite the negative biochemical findings, a consistent

defect in the morphology of OI cells was identified in the log phase and the confluent phase of monolayer cultures. The finding is characterized by irregular packing of the aggregated cells and by an irregular tessellated appearance of the individual OI fibroblast. This observation reassures us that the inherited defect is expressed *in vitro*.

## Speculation

An abnormality in the primary sequence of polypeptide chain in collagen would be compatible with all of our findings and with the genetics of OI. The mutant allele would affect only about half the products, under the control of only one of the loci determining the polypeptide sequences in collagen chains. Because the OI allele is not expressed in cartilage, a tissue without  $\alpha 2$  collagen chains, the defect in OI would perhaps be found in the  $\alpha 2$  polypeptide. However, since the  $\alpha 1(II)$  chain of cartilage differs in amino acid composition and in hydroxylysine-linked carbohydrate from the  $\alpha 1(I)$  chains of noncartilagenous structures, a defect in  $\alpha 1(I)$  chains at the nonhomologous residues will also require investigation.

Osteogenesis imperfecta is a disease characterized by osteoporosis, multiple fractures, and dental involvement (7, 15). Blue sclerae, deafness, and slow healing of wounds are also present to variable extent. Cartilage involvement appears to be minimal or absent. The disease is most commonly inherited as an autosomal dominant with variable expression of phenotype, ranging from the severe congenita form, which is evident *in utero* and has been diagnosed antenatally (8), to the mild tarda form which generally improves with the onset of puberty.

The dominant mode of inheritance suggests that a structural protein is probably involved in the disease (16). Collagen

which is present to a very large extent in the affected tissues, *i.e.*, bone, teeth, and skin, is a likely candidate for the defect. Furthermore, a number of recent histologic studies, notably those of Eichholtz and Muller (4), Blumcke and Niedorf (1), and the work of Falvo and Bullough (5) all point to a defect in this species of protein.

The studies reported here describe normal biosynthesis, maturation, and excretion of collagen in cultured OI fibroblasts. We also measured the quantity of peptide-bound hydroxyproline excreted in the urine and found evidence of normal collagen turnover *in vivo* in OI. The morphology of normal and OI fibroblasts in monolayer was also examined and a consistent abnormality of OI cells was discovered.

#### PATIENTS

Eleven subjects with osteogenesis imperfecta were examined. Their ages varied between 1 and 50 years. Clear evidence of autosomal dominant inheritance was apparent in 8 of these subjects; the remaining 3 were assumed to be new mutations. All had a history of multiple fractures; the clinical phenotypes conformed with the tarda type in all cases but one, coded *patient OI* in the tables. The latter died from multiple fractures in early infancy; and resembled the congenita phenotype. Blue sclera were present in all subjects.

#### METHODS

Human fibroblast cell cultures were established from punch skin biopsies of age-matched normal control subjects and patients with osteogenesis imperfecta. The site of biopsy was usually the deltoid region although some of the control cultures were from foreskin. The explants were serially propagated, using the techniques of Hayflick (9), and grown in a medium containing Eagle's minimal essential medium (25) supplemented with sodium bicarbonate (2.2 g/liter), sodium pyruvate solution (10 ml/liter) (26), Eagle's antibiotic preparation (10 ml/liter), 6% newborn calf serum (27). The cell cultures were periodically examined by several methods for the presence of mycoplasma; no infection occurred in the course of our investigation. All explants were harvested with Versene-trypsin solution and subcultured at matched generation time into Falcon disposable flasks or petri dishes.

Cell cultures were inoculated with 2.5  $\mu$ Ci isotopically-labeled substrate using a 20- $\mu$ l Eppendorf syringe with disposable plastic tips.

Collagen was extracted from fibroblasts by the method of Fitch *et al.* (6). In this method, noncollagenous proteins are precipitated by heating the sample with 5% TCA for 1 hr at 90°. The medium is dialyzed for 24 hr against water before extraction, thus removing small peptides and any isotope which has not been incorporated.

DNA was determined as deoxyribose using the method of Burton (3) as modified by Tedesco and Mellman (23). The DNA is denatured by heating with perchloric acid and the deoxyribose thus liberated is coupled with diphenylamine; the resulting colored complex is read photometrically at 600 nm.

Radioactively-labeled hydroxyproline in collagen was determined by the method of Juva and Prockop (10); an internal standard was added to calculate recovery. The recoveries in our study (35–45%) are in the range reported by the original authors (35–49%).

Most samples were flash-evaporated before counting and the radioactivity counted in a Unilux II liquid scintillation counter (28) using Aquasol as the scintillator.

Serial extraction of collagen from fibroblasts was performed as follows: cells were incubated with  $^{14}$ C-labeled substrate for periods of 24, 48, 72, or 96 hr. They were then harvested. Their growth medium was dialyzed overnight and then extracted with hot TCA. The cells were sonicated in normal saline, centrifuged, and the supernatant was extracted with hot

TCA. The counts found in the supernatant medium and in the cell pellet were combined and called "salt-soluble collagen." The pellet from the sonicated cells was extracted for 48 hr at 4° with 0.2 M citric acid and then centrifuged. The supernatant of this fraction is referred to as "acid-soluble collagen." The final pellet is referred to as "insoluble collagen."

Ion exchange chromatography was performed on the medium in which labeled cells had been grown by a modification of the method of Piez *et al.* (17). Collagen is denatured by holding the medium at 40° for 15 min and then fractionating on CM-Sephadex which has been equilibrated with 0.06 M acetate buffer. After a wash with the starting buffer, the bound material is eluted with NaCl (0.4 M) in the same buffer. Fractions are collected, extracted with hot TCA, and counted.

Morphologic studies on cultured fibroblasts were performed on paired cultures of OI and normal fibroblasts grown in plastic containers. A Nikon-contrast microscope unit was used at a magnification of 100 times to obtain photomicrographs.

Determinations of total hydroxyproline in urine were performed on aliquots of 24-hr urine collections after prior hydrolysis for 24 hr at 110° by the method of Kivirikko *et al.* (11). This method converts hydroxyproline to pyrrole by oxidation and alkaline decarboxylation; the pyrrole is then extracted into toluene, coupled with Erlich's reagent, and the resulting complex is measured colorimetrically. No attempt was made to control diet during the urine collections, which were restricted to periods free of fractures.

All chemicals were reagent grade from Fisher Labs or Schwartz/Mann Chemical Corp. (29). Isotopically labeled material was obtained from New England Nuclear (30) with the following specific activities: L- $^{14}$ C]proline, 4 nmol/mCi; L- $^{14}$ C]lysine, 32 nmol/mCi; [2- $^{14}$ C]glycine, 4 nmol/mCi; [ $^{14}$ C]galactose, 160 nmol/mCi; and [ $^{14}$ C]glucose, 200 nmol/mCi.

#### RESULTS

##### TOTAL URINARY HYDROXYPROLINE IN OI

Peptide-bound hydroxyproline comprises the major fraction of total hydroxyproline in human urine at all ages (22, 24).

Free hydroxyproline excretion is not elevated in OI in our experience, and because total hydroxyproline excretion is within normal range (Fig. 1), we can assume that the peptide-bound fraction is not abnormal in OI. Multiple determinations on the same individual reveal intraindividual variation in hydroxyproline excretion, but this variation is again within normal limits. The age-adjusted reference data for normal subjects are those reported by Smiley and Ziff (21) and Zorab *et al.* (24). These values are indicated  $\pm 2$  SD on the graph, except during adolescence where  $-2$  SD is meaningless because of the exceptionally wide variation at this age. Numerous data in our laboratory on non-OI subjects conform with the range of normal values depicted in Figure 1.

It appears, therefore, that total hydroxyproline excretion per 24 hr, when corrected for age, is not increased in OI patients when viewed as a group; this finding conflicts with the previous reports by Langness and Bencke (13, 14), who found high excretion for the group. On the other hand, hydroxyproline excretion can be very low in some of our patients as reported by Riley *et al.* (20).

##### PROLINE INCORPORATION AND HYDROXYLATION

Incorporation into collagen of isotope from uniformly labeled L- $^{14}$ C]proline is not abnormal in OI cells when compared with control cells. This observation holds in either the log or the stationary phase of cell growth.

Hydroxylation of proline is also normal in OI cells under

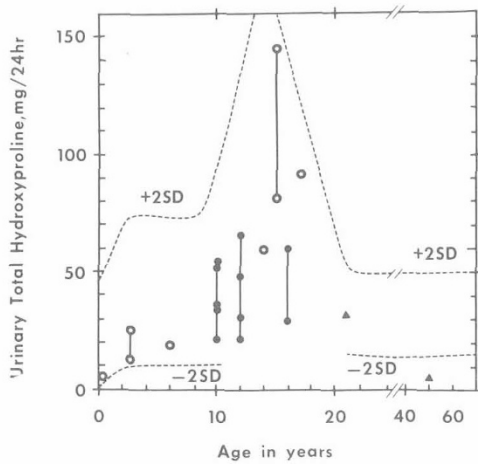


Fig. 1. Total (free and peptide bound) urinary hydroxyproline excretion in osteogenesis imperfecta (OI). Multiple determination on the same individual are joined by —. Unrelated subjects are represented by ○, ●. Three affected sibs; ▲: affected parent-child. The limits of 2 SD are indicated - - -.

her log or stationary growth conditions (Fig. 2). When cultures were supplemented with ascorbic acid (50  $\mu\text{g}/\text{ml}$ ), OI and normal cells responded comparably. Recovery experiments after labeling fibroblast collagen with [ $^{14}\text{C}$ ]proline reveal that 90% or more of the incorporated isotope is found in the proline and hydroxyproline residues.

Incorporation of uniformly labeled L-[ $^{14}\text{C}$ ]lysine into OI fibroblasts is normal and in this respect mimics the findings for proline.

#### INCORPORATION OF GALACTOSE AND GLUCOSE

Incorporation of L-[ $^{14}\text{C}$ ] galactose into hot TCA-extractable material is normal in OI (Table 1). By comparison with galactose very few counts are incorporated from glucose; again there was no difference between OI cells and normal fibroblasts.

#### EXTRACTABILITY OF COLLAGEN

The pattern of collagen extraction with salt and 0.2 M citric acid is normal in OI, when the cells are labeled with uniformly labeled [ $^{14}\text{C}$ ]proline (Table 2). Incubation in the presence of the label for 48 or 96 hr did not alter the extraction pattern. The strain from patient RF was the only line which consistently gave erratic results compared with those of other OI or normal cell strains. Because it alone showed a more tubular form of collagen on the average, this finding is considered as a trait typical of the cell line rather than a general chemical defect in OI.

#### ION EXCHANGE CHROMATOGRAPHY

After ion exchange chromatography on CM-Sephadex, comparable biphasic profiles were obtained from the medium labeled with [ $^{14}\text{C}$ ]lysine when OI fibroblasts and matching controls were analyzed (Fig. 3). The ratio between the first and second peak heights was approximately 2/1 in both cases. Peak 1 contains predominantly  $\alpha 1$  chains and its dimers and precursor material; peak 2 contains mainly  $\alpha 2$  chains and their precursors with a small amount of the dimer between  $\alpha 1$  and  $\alpha 2$  (17). The 2/1 ratio corresponds to the known composition of normal tropocollagen, which consists of  $(\alpha 1)_2\alpha 2$ . The appropriate ratio and elution pattern was obtained with three different control cell lines, and with cells from two different probands (from patients RF and OI). When [ $^{14}\text{C}$ ]glycine

was used as the label the results were similar in four additional control cell lines and three other OI strains.

#### CELL MORPHOLOGY

Fibroblasts in both log and stationary phases of growth show a morphologic abnormality which distinguishes OI cells from normal cells (Figs. 4 and 5). Normal cells in log phase have an elongated spindle shape, whereas OI cells at the same stage of growth in log phase are tessellated and irregular in shape. The difference between OI and normal cells is exaggerated in the stationary phase of culture. The shape of normal fibroblasts allows them to intercalate with each other in a regular or "smooth" pattern. On the other hand, the OI fibroblasts, because of their irregular shapes, present a "rough" appearance. It should be noted that OI cells require a longer time to achieve stationary phase than normal cells seeded at the same density. This difference in growth rate was taken into consideration in the foregoing observations.

We have now examined OI cultures from 11 different probands; each exhibits a similar "rough" appearance. Family members with OI also have the same pattern. Disease controls were studied in skin fibroblasts obtained from patients with Sandhoff's disease, Marotiaux-Lamy syndrome, type II mucopolidiosis, and cystic fibrosis; none exhibits the "rough" growth pattern.

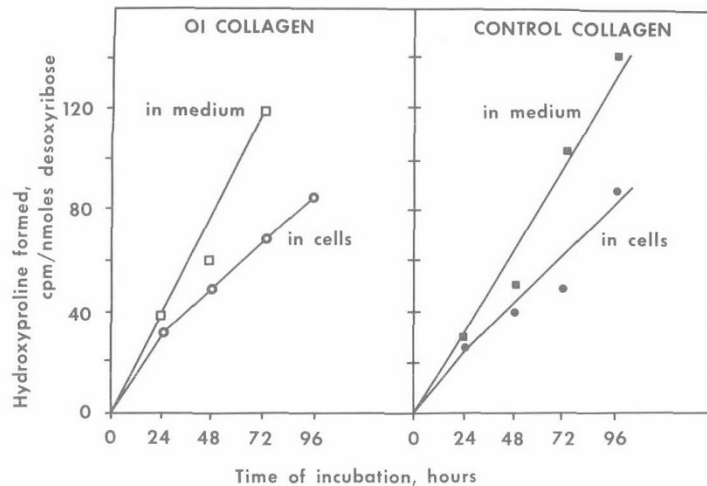


Fig. 2. Hydroxylation of proline in peptide linkage by cultured skin fibroblast from OI and normal subjects. Cells were incubated with 2.5  $\mu\text{Ci}$  of [ $^{14}\text{C}$ ]proline for varying time periods. The cells were harvested, the collagen hydrolyzed, and radioactive hydroxyproline determined by the method of Juva and Prockop (10). The OI data are the means of three unrelated tarda patients and one congenita patient. There were no differences between the two types of OI.

Table 1. Incorporation of galactose into fibroblast collagen<sup>1</sup>

Cell line	Galactose, cpm/nmole deoxyribose	
	In cells	In medium
Controls		
3 lines (n = 11)	628 $\pm$ 454	569 $\pm$ 428
OI cell lines		
Patient DC (n = 3)	693 $\pm$ 318 <sup>2</sup>	491 $\pm$ 278 <sup>2</sup>
Patient OI (n = 3)	727 $\pm$ 88 <sup>2</sup>	538 $\pm$ 153 <sup>2</sup>
Patient RF (n = ?)	610 $\pm$ 204 <sup>2</sup>	547 $\pm$ 262 <sup>2</sup>

<sup>1</sup> Cells were labeled with 2.5  $\mu\text{Ci}$  of [ $^{14}\text{C}$ ]galactose and incubated with the isotope for 7 days. Collagen was extracted as described in the text.

<sup>2</sup> Not significantly different from normal at the 0.05 level.

Table 2. Extractability of hot TCA-soluble collagen (percentage)<sup>1</sup>

Cell line	Salt-soluble (mean ± 1 SD)	Acid-soluble (mean ± 1 SD)	Insoluble (mean ± 1 SD)
Controls			
3 lines (n = 13)	79.7 ± 5.8	8.2 ± 3.5	12.1 ± 5.3
OI cell lines			
Patient DC (n = 4)	79.5 ± 4.4 <sup>2</sup>	8.0 ± 5.3 <sup>2</sup>	12.5 ± 3.9 <sup>2</sup>
Patient OI (n = 8)	79.5 ± 4.3 <sup>2</sup>	9.2 ± 3.7 <sup>2</sup>	11.6 ± 3.7 <sup>2</sup>
Patient RF (n = 6)	85.0 ± 12.6 <sup>2</sup>	5.8 ± 5.0 <sup>2</sup>	9.2 ± 9.6 <sup>2</sup>

<sup>1</sup> Details of extraction are outlined in the text. Values for 48–96 hr incubation have been pooled, since analysis of variance shows no significant difference in the extraction pattern at these two periods.

<sup>2</sup> Not significantly different from normal at the 0.05 level.

## DISCUSSION

The characteristic and unusual growth pattern in monolayer culture evinced by fibroblasts derived from OI patients demonstrates that the lesion underlying this disease is expressed *in vitro*. However, this lesion in itself does not reveal the nature of the underlying abnormality, although it does hold out realistic hopes that the biochemical defect can be identified in cultured fibroblasts. Conversely, the facets of collagen metabolism found to be normal in OI fibroblasts are unlikely to be reversions from an abnormal state *in vivo*.

Our experimental observations allow us to discard several potential errors of collagen metabolism as possible causes of a biochemical lesion in OI.

The fact that lysine and proline are incorporated at normal rates into OI collagen suggests that the rate of collagen synthesis *in vitro* is normal in this disease. Furthermore, normal hydroxylation of proline makes it unlikely that the disease is caused by an abnormality of proline hydroxylation in the nascent polypeptide chain. A disease of collagen, caused by a defect in lysine hydroxylation, has already been identified (12, 18), and it does not resemble OI. These observations indicate that enzymatic elaboration of collagen probably proceeds normally in OI, as would be expected in a dominantly inherited trait. The normal excretion of peptide-bound hydroxyproline into the medium *in vitro*, and into the urine *in vivo* indicates that cellular export of OI collagen is also not aberrant. Finally, the normal solubility of collagen derived from OI fibroblasts suggests that abnormal covalent cross-linking of collagen is not a constant feature of this disease, a deduction further supported by the normal urinary excretion rates of peptide-bound hydroxyproline.

The urinary data in our study were controlled for age and we were careful to avoid periods of fracture repair in our studies. Under these conditions we did not discover hyperexcretion of bound hydroxyproline as reported earlier (13), nor did we find hypoexcretion of a consistent nature as noted by Riley and Brown (19). Any further discrepancy between our findings *in vitro* and those reported by Brown (2) can probably be explained by differences in techniques of cell culture, of labeling collagen, and in the coefficients used to express synthesis rates in normal and OI cells.

The hypothesis that OI is caused by a collagen defect is an attractive one because of the histochemical evidence (1, 4, 5) and the clinical evidence that OI skin is underendowed with collagen (22). Furthermore, the morphologic evidence *in vitro* is consistent with the hypothesis of a collagen defect which results in imperfect adherence of the cells one to another.

There is one type of defect not ruled out by our findings: namely, a single amino acid substitution in the collagen chain. In particular, if a charged group were substituted for a neutral charge-bearing amino acid in collagen, the result is likely to be a regional uncoiling of its triple helix for electrostatic and possibly also for steric reasons. One can readily visualize various types of substitution, analogous with the hemoglobinopathies which would be an explanation for the phenotypic heterogeneity in OI such as the enhanced salt solubility of the fibroblast collagen in patient RF and the individual differences of hydroxyproline excretion reported by various observers.

Finally, the hypothesis of a defect in the primary sequence of a triple-strand structural protein such as collagen would account readily for the dominant pattern of inheritance in this disease. Assigning the mutation to the gene which controls the sequence of  $\alpha 2$  chains could explain most simply the localization of the OI phenotype to noncartilaginous tissues which synthesize  $[\alpha 1(I)]_2\alpha 2$  collagen; the collagen of cartilaginous structures has the chain composition  $[\alpha 1(II)]_3$ , where the  $\alpha 1(II)$  polypeptide differs from the  $\alpha 1(I)$  chain in the content of hydroxylysine-linked carbohydrate and amino acid composition.

## SUMMARY

Excretion of peptide-bound hydroxyproline in urine is within normal limits in patients with dominantly inherited OI. Cultured skin fibroblasts from OI patients exhibit abnormal morphology in monolayer, which suggests that the basic defect in OI is expressed *in vitro*. Collagen biosynthesis was therefore examined in cultured fibroblasts derived from OI patients and from controls matched as to age, site of biopsy, phase of growth, and generation number in culture. Normal incorporation and hydroxylation of proline and normal incorporation of lysine and galactose were found in OI cultures. The hot TCA-soluble collagen fraction in OI cells in their growth medium also exhibits normal extractability in salt and acid solutions. These findings suggest that dominantly inherited OI is not caused by an enzymatic defect responsible for hydroxylation, cross-linking, or export of collagen polypeptide chains. When we then examined [<sup>14</sup>C]lysine-labeled collagen

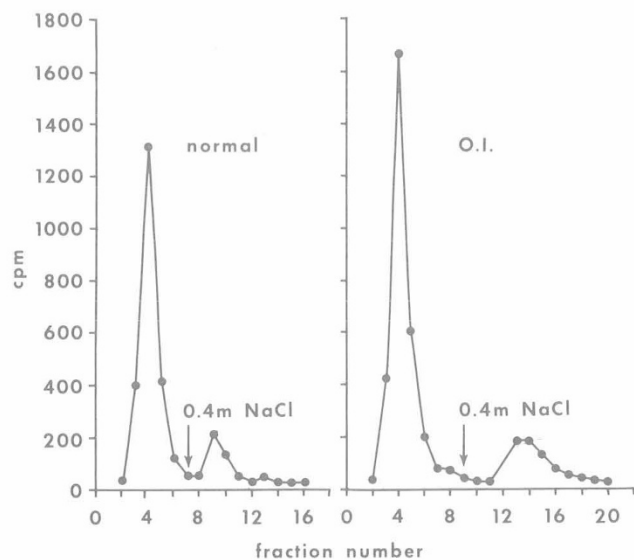


Fig. 3. Fractionation of salt-soluble collagen on carboxymethyl Sephadex C-25. The cells were incubated with 2.5  $\mu$ Ci [<sup>14</sup>C]lysine for 1 week. The medium was then dialyzed, denatured by heating at 40° for 15 min, and then fractionated on a column (30 by 1.5 cm) at 40°. The fractions were then extracted with hot trichloroacetic acid and an aliquot counted in Aquasol. O.I.: osteogenesis imperfecta.



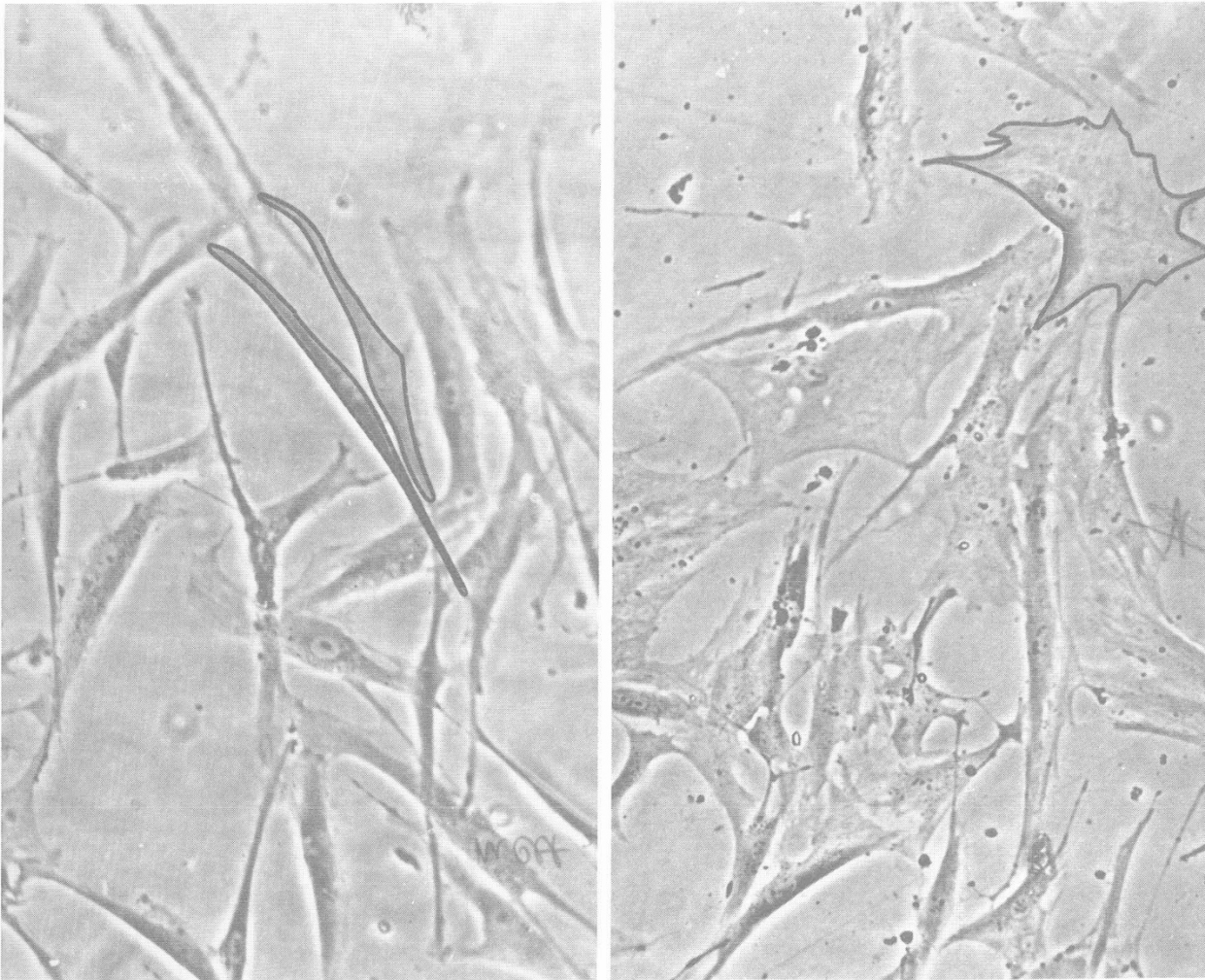


Fig. 4. Cell morphology of osteogenesis imperfecta (OI) in the log phase of growth. The left side shows the spindle-shaped cells characteristic of normal fibroblasts. The dotted outline emphasizes a typical cell. The right side shows a typical OI cell. The irregular appearance of OI cells is readily apparent. Photos were taken on a phase contrast microscope. Magnification,  $\times 100$ .

by ion exchange chromatography, we found a normal ratio of  $\alpha 1$  to  $\alpha 2$  polypeptide chains in OI cells. The combined evidence points to a defect in the primary sequence of one-half of the collagen chains under the control of a single gene locus as the most likely cause of the dominantly inherited abnormalities which characterize this type of OI.

#### ADDENDUM IN PROOF

A recent report (Francis, M. J. O., Smith, R., and Pauze, R. J.: Instability of polymeric skin collagen in osteogenesis imperfecta. *BMJ*, *i*: 421-424 (1974)) describes normal stability, with reduced total amount of whole skin polymeric collagen in "blue-eyed" OI. These findings extend the observations of Stevenson *et al.* on whole skin (22) and confirm our own on cultured skin fibroblasts from similar OI patients. In patients with the more severe "white-eyed" form of OI, Francis and coworkers observed lowered resistance to depolymerization of whole skin collagen.

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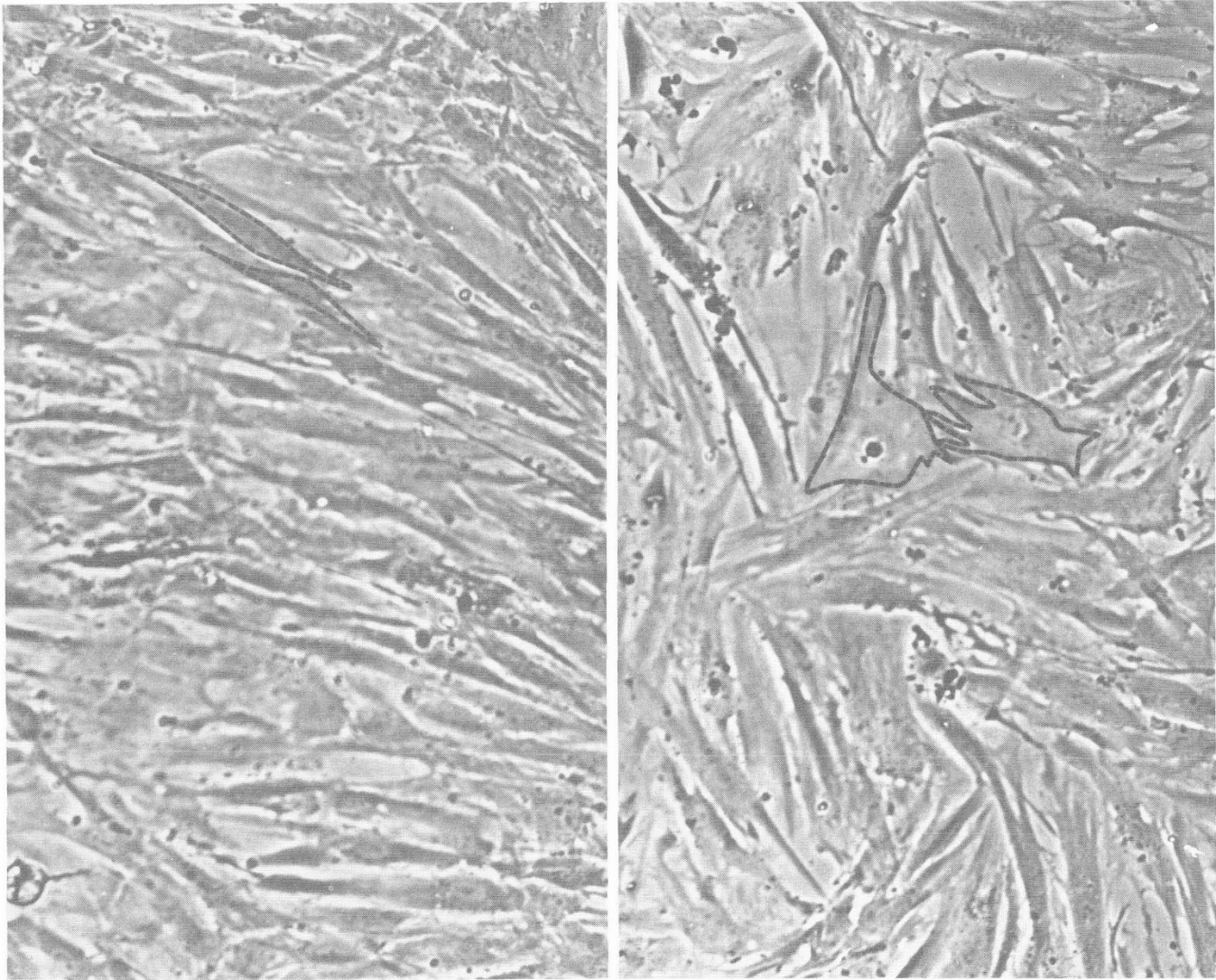


Fig. 5. Cell morphology of osteogenesis imperfecta (OI) and normal fibroblasts at stage of confluency. The left side shows the normal smooth pattern of intercalated fibroblasts. The right side shows the "rough" pattern exhibited by OI fibroblasts. The cell morphology is irregular and does not permit close packing. The dotted outline marks off typical cells. Photos were taken on a phase contrast microscope. Magnification,  $\times 100$ .

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29. Philadelphia, Penn. and Orangeburg, N.Y.
30. Boston, Mass.
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33. Informed consent was obtained for the biopsy material from parents or subjects when they were consenting adults. Patients were aware that the material was to be used for research purposes only.
34. This research was presented in part at the 25th Annual Meeting of the American Society of Human Genetics, Atlanta, 1973 (25).
35. Requests for reprints should be addressed to: G. Lancaster, Ph.D., McGill University-Montreal Children's Hospital Research Institute, 2300 Tupper St., Montreal H3H 1P3, Quebec, Canada.
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