

# Hypokalemia, a Factor Influencing Renal Bicarbonate Reabsorption: Continued Studies on the Regulatory Mechanisms Governing Renal Handling of Acid-Base in Children

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## *Extract*

In a program concerned with regulatory mechanisms influencing the renal contribution to acid-base balance in pediatric-aged subjects, two patients with hypokalemic alkalosis were studied. The relation of serum potassium level to proximal tubular bicarbonate reabsorption was assessed at different potassium levels during states of equal plasma volumes or equal extracellular fluid (ECF) volumes. Renal bicarbonate threshold was either determined by means of bicarbonate titration studies or estimated from urinary pH and simultaneous plasma bicarbonate concentration. Estimation of threshold was judged to be acceptable if pH values in urine were close to 6.2, thereby indicating little or no spilling of bicarbonate into the urine. Simultaneous plasma bicarbonate concentrations indicated renal bicarbonate threshold.

*Patient NM* exhibited a renal bicarbonate threshold of 25 mmoles/liter at a serum potassium level of 1.7 mval/liter and 20.5 mmoles/liter at a potassium level of 2.7 mval/liter. Plasma volume was 54.7 and 52.9 ml/kg body weight, respectively.

*Patient BE* showed a renal bicarbonate threshold of 24.3 mmoles/liter with an ECF volume of 474 ml/kg body weight and a serum potassium level of 1.7 mval/liter; however, this patient exhibited a renal bicarbonate threshold of less than 21 mmoles/liter with an ECF volume of 454 ml/kg body weight and a potassium level of 3.2 mval/liter.

In both patients, renal bicarbonate threshold decreased when serum potassium levels increased. Moreover, plasma volume in one patient and ECF volume in the other either had decreased slightly or had remained essentially unchanged. Hence, an indirect relation was found between serum potassium level and renal bicarbonate threshold. Plasma volume, known to influence renal bicarbonate threshold, was without effect on this relation.

## *Speculation*

In hypokalemic alkalosis the level of serum potassium itself or the levels of serum potassium as indicators of whole body potassium might be among the factors influencing renal bicarbonate reabsorption.

### Introduction

Contraction of extracellular fluid volume (ECF) by diuretics leads to alkalosis [4]. Experimental evidence had been advanced that the alkalosis is due to an increased proximal tubular bicarbonate reabsorption [11]. In earlier studies in two patients with Lowe's syndrome, a relative volume contraction was found to influence acid-base equilibrium [14]; in man, plasma volume was shown to be inversely related to renal bicarbonate threshold. In patients with hypokalemic alkalosis, ECF volume may play a major role in the genesis of the disorder, as it probably did in the patients treated with massive doses of sodium penicillin by Brunner and Frick [3]. The observation by Houston *et al.* [9], in a patient with the Fanconi syndrome, that metabolic alkalosis was not completely correctable by sodium supplements (correction of volume) alone points to the role of potassium as a factor influencing renal handling of hydrogen ion. In a carefully designed micropuncture study [11] using potassium-depleted rats, the effect of potassium depletion was clearly dissociated from that of ECF volume contraction. It should be emphasized, however, that species differences might have to be considered in evaluating the effects of hypokalemia on renal function [1].

As an extension of studies concerned with mechanisms influencing renal handling of acid-base in man, a protocol has been designed to demonstrate the relation of potassium with bicarbonate reabsorption by means of clearance techniques. Much care was given to maintain extracellular fluid volume at unchanged levels [18].

### Case Histories

*Patient NM* appeared to have normal postnatal development until the age of 15 months. At this time, however, his mother reported that the patient lost his appetite and did not thrive well. After a viral infection, at 17 months of age, body weight had decreased by 2000 g. At 20 months of age another infection occurred with fever and vomiting. The patient was severely dehydrated in the course of a few days and was hospitalized for treatment and work-up. Together with clinical signs of severe dehydration a hyponatremia of 111 mval/liter was found, a hypokalemia of 1.7 mval/liter and almost normal acid-base equilibrium: blood pH was 7.463, base-excess was  $-1$  mval/liter, and  $p\text{CO}_2$  was 30.5 mm Hg. In the emergency ward a frank alkalosis became apparent after rehydration and correction of

hyponatremia by infusion of plasma. Blood pH after infusion was now 7.423, base-excess was  $+5.2$  mval/liter, actual bicarbonate was 29.1 mmoles/liter, and  $p\text{CO}_2$  was 47 mm Hg. The patient was transferred to the metabolic ward and work-up revealed a proximal tubular syndrome (Fanconi's). Clinical data revealed a generalized hyperaminoaciduria (excretion rate of  $\alpha\text{-NH}_2\text{-N}$ : 102 mg/24 hr, normal: 10–50 mg/24 hr), no glucosuria, as judged by thin-layer chromatography of the urines, hyperphosphaturia (serum phosphate: 2.02 mg/100 ml, fraction of filtered phosphate reabsorbed: 30–50%), serum calcium: 9.3 mg/100 ml, calciuria less than 4 mg/24 hr. During a 1-week period of severe sodium and potassium restriction, sodium and potassium excretion rates were in equilibrium with intake at the beginning of the regimen and sodium excretion in the urine exceeded intake toward the end of the period. Sodium wastage was therefore established. During the period of hypokalemia the patient had significant electrocardiographic changes. No hyperaldosteronism was present as judged by an aldosterone excretion rate of 9.8  $\mu\text{g}/24$  hr, but determination of plasma renin revealed a value of 128  $\text{m}\mu\text{g}/\text{liter}/\text{min}$  (normal for age:  $21 \pm 15$   $\text{m}\mu\text{g}/\text{liter}/\text{min}$ ). Later, when electrolyte equilibrium was reached, the patient still exhibited adequate aldosterone excretion rates and normal plasma renin levels.

In this patient, determinations of serum sodium and potassium and character of renal handling of bicarbonate were obtained together with plasma volume measurements at different states of kalemia, hydration, and acid-base equilibrium. The lowest spontaneous urinary pH was 5.65 when acid-base equilibrium in the patient was well balanced.

*Patient BE* is a 1-year-old, second son of parents who are first cousins. His brother died at 14 months of age reportedly with severe growth retardation (5700 g) and a chronic hypopotassemia. Poorly described seizures had been noted throughout his life.

The development of the patient was normal until 4 months of age. At that time crises of very short duration which might have been seizure equivalents had been observed. In early infancy increasing anorexia was noted, and a polyuria developed with a tendency toward dehydration. Many diagnoses were considered such as hypovitaminosis D, hypovitaminosis B, hypoparathyroidism, but none of the consecutive therapeutic trials was successful. Thus, the patient was hospitalized at the University Children's Hospital, Berne, for work-up. On admission at 9 months of age the child

was severely dystrophic. The patient presented with very distinct muscular weakness, but blood pressure, ophthalmologic responses, head circumference, skull x-rays, and electroencephalograms were normal. Chemical data showed a serum potassium level of 2.1 mval/liter, pH was 7.470,  $p\text{CO}_2$  was 25.5 mm Hg, base-excess was +1.2 mval/liter, serum sodium level was 122 mval/liter, calcium levels repeatedly were within normal limits, serum phosphorus level was 4.63 mg/100 ml, chloride level was 95 mval, magnesium level was 2.4 mg/100 ml (normal: 1.9–2.5 mg/100 ml), serum copper level was 167  $\mu\text{g}/100$  ml (normal: 80–140  $\mu\text{g}/100$  ml), serum cholesterol level was 185 mg/100 ml (uppermost limit of normal), and urinary concentrating ability was normal. Despite a slight hyponatremia of 130 mval/liter urinary output of sodium slightly exceeded intake when the patient was fed a normal sodium and potassium diet. These findings are consistent with the assumption of an inability to conserve sodium sufficiently. Electrocardiographic changes correlating with severe hypokalemia persisted until correction of the potassium deficit. Plasma renin level was 83  $\text{m}\mu\text{g}/\text{liter}/\text{min}$  (normal for age:  $21 \pm 15$   $\text{m}\mu\text{g}/\text{liter}/\text{min}$ ). Aldosterone excretion was not determined. There was a nonspecific hyperaminoaciduria of 63–92.1 mg of  $\alpha\text{-NH}_2\text{-N}/24$  hr (normal: 7–35 mg/24 hr), and no glucosuria as judged by thin-layer chromatography of the urines. The BUN, serum proteins, and protein fractions were normal. A renal biopsy showed no glomerular or tubular abnormalities and no hyperplasia of the juxtaglomerular apparatus. In summary, a syndrome of renal sodium and potassium loss was found, which was unlike Bartter's syndrome despite some clinical and biochemical resemblance. In this patient correlation between renal bicarbonate reabsorption and kalemia was studied. Renal handling of bicarbonate will be reported at different levels of serum potassium together with corresponding ECF volume.

The common feature of hypokalemic alkalosis in both patients justifies describing them together in a study on the influence of kalemia on renal bicarbonate reabsorption.

#### *Design of Study*

During work-up and treatment, when renal handling of bicarbonate was examined, conditions changed with respect to kalemia and to plasma volume or ECF volume. Only two conditions, however, were of value to resolve the question of whether kalemia itself can be related to renal handling of bicarbonate. These are

low and high concentrations of potassium in serum with unchanged volumes of ECF or plasma.

To compare renal handling of bicarbonate, it is necessary to use a well defined situation of acid-base equilibrium [15]. This state is best achieved by determination of renal bicarbonate threshold, which arbitrarily describes the plasma level of  $\text{HCO}_3^-$  in millimoles per liter at which a urinary excretion rate of 0.02 mmoles  $\text{HCO}_3/100$  ml GFR occurs. It can be determined in bicarbonate titration studies [14]. When it was not possible to perform bicarbonate titration studies, a simplified method of estimating renal bicarbonate threshold was used instead.

#### *Methods*

##### *Bicarbonate Titration Studies*

To produce a slight relative acidosis at the beginning of the examination, 75  $\text{mEq}/\text{m}^2$  of  $\text{NH}_4\text{Cl}$  were given orally as a 10% aqueous solution during the 4th hr preceding the bicarbonate titration. During the titration study urine was collected through an indwelling urethral catheter, and venous blood samples were obtained from an indwelling needle that was flushed with a slightly heparinized isotonic saline solution after each sampling. Saline solution (0.85% NaCl) was administered into another vein at a rate of 1  $\text{ml}/\text{m}^2/\text{min}$ . The infusion following a priming injection of 1  $\text{ml}/\text{kg}$  inulin 10% contained inulin calculated to maintain a blood level of 50 mg/100 ml. Control clearance periods were taken, after which time bicarbonate was added to the infusion to increase the serum bicarbonate level about 2 mmoles/liter/hr. When the bicarbonate threshold was passed, as judged by an increase of urinary pH to 6.5, a few more clearance periods were completed and the study terminated.

##### *Estimation of Bicarbonate Threshold*

It is well known that very little bicarbonate is detected in a urine of a pH of 6.5, at least in patients with normal or moderately reduced GFR. At renal bicarbonate threshold urinary pH is usually found to be higher than 6.2 [13]. Therefore, in some conditions timed spontaneous urine specimens were collected and at the same time blood pH,  $p\text{CO}_2$ , and plasma bicarbonate concentrations were determined. If urinary pH was between 6.5 and 6.2, the corresponding plasma bicarbonate level was cautiously assumed to represent renal bicarbonate threshold, since urinary bicarbonate excretion would not markedly exceed 0.02 mmole  $\text{HCO}_3/100$

Table I. Estimation of renal bicarbonate threshold in *patient NM* (19.5 months)

Date	Blood			Urine, pH	Kalemia, mEq/liter	Plasma volume, ml/kg body wt	Estimated renal bicarbonate threshold, mmoles/liter serum
	pH	pCO <sub>2</sub> , mm Hg	HCO <sub>3</sub> <sup>-</sup> , mmoles/liter plasma				
7/15/70	7.390	42	25.3	6.50	1.70		25
7/16/70	7.440	39	28.5	6.85	1.69	54.7	

ml GFR. If urinary pH was above 6.5, the corresponding plasma bicarbonate concentration was noted to be higher than renal bicarbonate threshold. A plasma bicarbonate concentration corresponding to a urinary pH of less than 6.2 was interpreted to be lower than renal bicarbonate threshold.

#### Plasma and ECF volume

Plasma volume was measured using the radioisotope dilution technique with <sup>131</sup>I-labeled human albumin [16]. The ECF volume was determined according to Veall and Vetter [17], by measuring the corrected bromine space with <sup>82</sup>Br 1 day before the corresponding examination, since equilibration of the substance affords 24 hr.

Table II. Bicarbonate titration study in *patient NM* (20 months)

Time, min	Blood			Urine		C <sub>In</sub> , ml/min/1.73 m <sup>2</sup>	Bicarbonate			Kalemia, mEq/liter	Plasma volume, ml/kg body wt
	pH	pCO <sub>2</sub> , mm Hg	HCO <sub>3</sub> <sup>-</sup> , mmoles/liter plasma	V <sub>u</sub> , ml/min/1.73 m <sup>2</sup>	pH		mmoles/100 ml GFR				
							Filtered	Excreted	Reabsorbed		
-300											
-240	NH <sub>3</sub> Cl <sup>1</sup>										
-140	7.37	34.0	19.0								
0	Priming dose of inulin <sup>2</sup>										
2	Start infusion <sup>3</sup>										
33-56	7.37	30.5	17.0	6.85	6.52	37.2	1.700	0.018	1.682	2.48	
57-78	7.37	31.7	17.6	6.05	6.30	32.0	1.760	0.013	1.747	2.39	
79-100	7.38	32.0	18.4	4.24	6.30	26.3	1.840	<sup>4</sup>		2.27	
	Infusion as above with addition <sup>5</sup>										
101-138	7.39	32.8	19.6	4.44	6.22	33.0	1.960	0.003	1.957	2.39	
139-158	7.44	32.6	21.7	6.66	6.68	44.3	2.170	0.045	2.125	2.37	
180	Plasma volume										52.9
159-183	7.45	33.8	23.4	5.59	6.86	29.3	2.340	0.082	2.258	2.33	
184-209	7.48	32.1	23.6	6.29	6.93	40.1	2.360	0.088	2.272	2.35	

<sup>1</sup> 1 g given by mouth as 10% watery solution.

<sup>2</sup> 0.75 g.

<sup>3</sup> NaCl and glucose solution delivering 7 mg inulin/min.

<sup>4</sup> Not determined owing to technical accident.

<sup>5</sup> Delivering 14 μEq HCO<sub>3</sub><sup>-</sup>/min.

#### Laboratory Methods

Blood pH status, urine CO<sub>2</sub> content and bicarbonate, serum electrolytes, and inulin levels were determined as described earlier [14].

#### Results

##### Patient NM

Data of simplified studies for estimation of renal bicarbonate threshold appear in Table I, revealing plasma bicarbonate levels of 25.3 and 28.5 mmoles/liter that correspond to urinary pH of 6.5 and 6.85, respectively. From these data renal bicarbonate threshold is cautiously estimated to be 25 mmoles/liter (see design of study). Serum potassium was simultaneously 1.7 mEq/liter; plasma volume was 54.7 ml/kg body weight. These values were obtained after a dietary regimen of 1 week's duration offering 5 mval Na/24 hr and 6 mval K/24 hr. No hyperaldosteronism was present (see description of patient). Thereafter the diet of the patient contained 75 mval Na/24 hr and 30 mval K/24 hr. Table II shows the bicarbonate titration study in *patient NM* after 1 week of such a regimen. At a plasma bicarbonate of 21.7 mmoles/liter and a urinary pH of 6.68, renal bicarbonate excretion was 0.045 mmole/100 ml GFR. This value exceeded the excre-

tion rate of 0.020 mmole/100 ml GFR. In plotting bicarbonate excretion rates against plasma bicarbonate concentration (Fig. 1), a titration curve was drawn by inspection. The curve intercepted with the excretion rate of 0.020 mmole  $\text{HCO}_3^-$ /100 ml GFR at a plasma  $\text{HCO}_3^-$  of 20.5 mmole/liter, thereby estimating the renal bicarbonate threshold. Serum potassium concentration was 2.37 mEq/liter, plasma volume was 52.9 ml/kg body weight. The GFR was decreased to 40

ml/min/1.73  $\text{m}^2$  and was unchanged 1 week later, but had increased to 60 ml/min/1.73  $\text{m}^2$  1.5 months later.

Thus, a renal bicarbonate threshold of nearly 25 mmole bicarbonate/liter plasma was found together with a serum potassium of 1.7 mEq/liter. A renal bicarbonate threshold of nearly 20.5 mmole bicarbonate/liter plasma was observed at a serum potassium concentration of 2.4 mEq/liter. Plasma volume was 54.7 and 52.9 ml/kg body weight, respectively. Aldosterone excretion levels were low in both conditions.

DETERMINATION OF RENAL  $\text{HCO}_3^-$  THRESHOLD

(N.M. 20 mo)

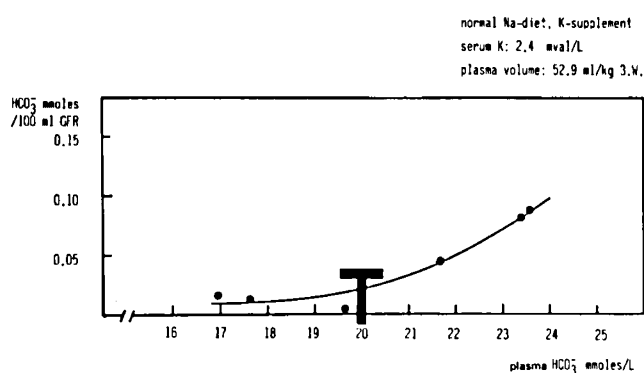


Fig. 1. Estimation of renal bicarbonate threshold by means of a titration curve in *patient NM*, 20 months. Plotting of  $\text{HCO}_3^-$  excretion/100 ml GFR against plasma  $\text{HCO}_3^-$ . The points represent the actual measurements. The line has been drawn by inspection. T marks the intercept of this line with a  $\text{HCO}_3^-$  excretion of 0.02 mmole/100 ml GFR. The corresponding plasma bicarbonate concentration indicates the level of renal bicarbonate threshold.

*Patient BE*

Table III shows the results of a bicarbonate titration study in *patient BE*. These results were obtained after daily intake of 60 mEq Na and 20 mEq K, respectively, for 1 week. At a plasma bicarbonate of 24.2 mmole/liter just a significant amount of bicarbonate (0.028 mmole/100 ml GFR) appeared in the urine. From the graph (Fig. 2) of this study renal bicarbonate threshold was estimated at 24.0 mmole/liter plasma. Serum potassium levels were between 1.84 and 1.61 mEq/liter; ECF volume was 474 ml/kg body weight. Although ECF volume had to be determined 24 hr prior to the study, it is probably a representative value, since body weight had not changed. Normal GFR was observed throughout the study. After 1 week of unchanged sodium intake, but of intravenous infusion of 60–90 mval K daily, kalemia and electrocardiographic findings had improved. A new estimation of renal bicarbonate threshold was obtained.

Table III. Bicarbonate titration study in *patient BE* (10 months), ECF volume = 474 ml/kg body weight

Time	Blood			Urine		$C_{In}$ , ml/min/ 1.73 $\text{m}^2$	Bicarbonate			Kalemia, mEq/liter
	pH	p $\text{CO}_2$ , mm Hg	$\text{HCO}_3^-$ , mmole/liter plasma	$V_u$ , ml/min/ 1.73 $\text{m}^2$	pH		mmole/100 ml GFR			
							Filtered	Excreted	Reabsorbed	
-325										
-265	$\text{NH}_4\text{Cl}^1$									
-45	7.43	30.5	20.4							
46	Priming dose of inulin <sup>2</sup>									
47	Start infusion <sup>3</sup>									
94-122	7.43	30.9	20.0	2.06	6.10	94.4	2.000		2.000	1.42
123-149	7.45	31.7	21.4	2.99	6.48	115.6	2.140		2.140	1.64
159	Infusion as above with addition <sup>4</sup>									
268-284	7.53	30.3	24.7	2.89	6.71	117.2	2.470	0.009	2.461	1.84
285-305	7.54	29.0	24.2	4.40	6.99	137.4	2.420	0.028	2.392	1.61
306-326	7.54	31.0	26.4	4.68	7.20	119.3	2.640	0.077	2.563	1.57
327-348	7.56	31.6	28.3	6.82	7.41	126.9	2.830	0.147	2.683	1.53
349-372	7.59	32.3	30.6	4.81	7.58	123.7	3.060	0.162	2.898	1.50

<sup>1</sup> 1 g given by mouth as 10% watery solution.

<sup>2</sup> 0.55 g.

<sup>3</sup> NaCl and glucose solution delivering 8 mg inulin/min.

<sup>4</sup> 11  $\mu\text{Eq}$   $\text{HCO}_3^-$ /min.

Measurements of two timed urine specimens are given in Table IV together with a simultaneous blood pH status. At a plasma bicarbonate of 21.4 mmoles/liter the urinary pH was 7.45 and 7.55, respectively. In addition, inulin clearances have been measured continuously during this period of time. Rates of bicarbonate excretion were therefore measured and the excretion is given in mmoles/100 ml of GFR. It is evident that the bicarbonate threshold was far exceeded at a plasma bicarbonate of 21.4 mmoles/liter since bicarbonate excretion rate of 0.077 and 0.065 mmoles/100 ml of GFR had been noted. The serum level of potassium was 3.2 mEq/liter, ECF volume was 454 ml/kg body weight.

Whereas ECF volume during the two studies had decreased slightly, serum potassium levels had increased from 1.7 to 3.2 mEq/liter. Simultaneously the bicarbonate threshold had decreased from at least 24 mmoles/liter to less than 21 mmoles/liter.

### Discussion

Both patients, presenting in the initial phase of their disease with hypokalemic alkalosis, appeared to be nat-

ural models to study the relation of kalemia to the corresponding renal bicarbonate threshold.

Since plasma volume or ECF volume has been shown to be indirectly related to renal bicarbonate threshold [11, 14], it was crucial for the present studies to relate only kalemia to renal bicarbonate threshold, when plasma or ECF volumes were identical or were slightly changed to have an opposite effect than kalemia might have had. The reported situations fulfill these criteria. Plasma volume or ECF volume was equal or slightly higher during potassium depletion than in a repleted state. Nevertheless, the increase of kalemia, *i.e.*, potassium repletion, was associated with a distinct decrease of renal bicarbonate threshold. Thus, an effect of ECF volume was dissociated from the possible effect of potassium depletion.

It is conceivable that in potassium-depleted subjects tubular avidity for sodium could be increased because of hyperaldosteronism, thereby raising renal bicarbonate threshold. In *patient NM* the first study was undertaken after a period of low sodium intake. Aldosterone excretion rate, measured at the time of the first study, however, was low. In *patient BE* aldosteronism, although not measured, was assumed not to have changed from one study to the other, since sodium intake was the same. It seems rather unlikely that tubular avidity for sodium was increased because of hyperaldosteronism which could have resulted in an increased renal bicarbonate threshold.

The increase of kalemia from 1.70 to 2.35 in *patient NM* and from 1.6 to 3.2 in *patient BE* was clearly beyond technical error. Thus, in the two patients kalemia is indirectly related to renal bicarbonate threshold. The findings might be interpreted to demonstrate an influence of potassium depletion on renal bicarbonate reabsorption in man. The observations are in agreement with the animal experiments of Kunau *et al.* [11], who equally dissociated the effect of extracellular fluid volume and potassium depletion on renal bicarbonate reabsorption.

Alkalosis in potassium-depleted normal volunteers can be corrected despite continuing massive potassium deficits [10] by administration of sodium chloride

DETERMINATION OF RENAL  $\text{HCO}_3^-$  THRESHOLD (B.E., 10 mo)

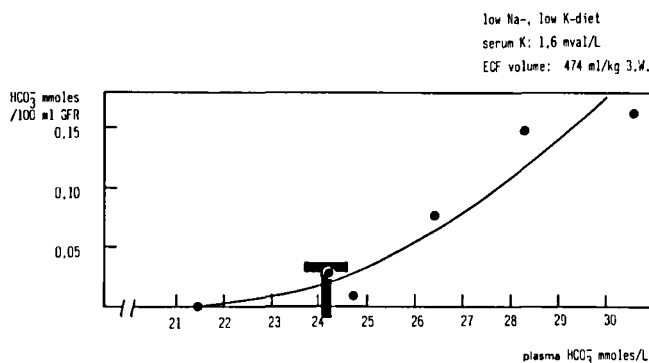


Fig. 2. Estimation of renal bicarbonate threshold by means of a titration curve in *patient BE*, 10 months. Plotting of  $\text{HCO}_3^-$  excretion/100 ml GFR against plasma  $\text{HCO}_3^-$ . The points represent the actual measurements. The line has been drawn by inspection. T marks the intercept of this line with a  $\text{HCO}_3^-$  excretion of 0.02 mmoles/100 ml GFR. The corresponding plasma bicarbonate concentration indicates the level of renal bicarbonate threshold.

Table IV. Estimation of renal  $\text{HCO}_3^-$  threshold in *patient BE* (13 months), ECF volume = 454 ml/kg body weight

Date	Blood			Urine		$C_{\text{In}_2}$ ml/min/ 1.73 m <sup>2</sup>	Bicarbonate			Kalemia, mEq/liter	Indicated renal bicarbonate threshold, mmoles/liter serum
	pH	pCO <sub>2</sub> , mm Hg	HCO <sub>3</sub> <sup>-</sup> , mmoles/liter plasma	V <sub>e</sub> , ml/min/ 1.73 m <sup>2</sup>	pH		mmoles/100 ml GFR				
							Filtered	Excreted	Reabsorbed		
2/4/70	7.45	31.0	21.4	4.62 2.77	7.45 7.55	158.9 129.6	2.14	0.077 0.065	2.063 2.075	3.30 3.10	<21.4

alone. In the patient of Houston *et al.* [9], however, the alkalosis was not completely correctable by sodium supplements. Sodium repletion might have changed ECF volume to a different extent and therefore might have led to a different effect. On the other hand, correction of alkalosis is retarded by correction of potassium deficiency alone without correction of a sodium and chloride deficit [2]. If potassium deficiency is corrected together with a poorly reabsorbable anion, the anion is excreted at the cost of losing hydrogen ion rather than sodium, and therefore alkalosis may persist. Such mechanisms are not involved in the present studies since sodium and potassium were corrected simultaneously and together with chloride.

It was of interest to observe that the relative change of renal handling of bicarbonate was related to a distinct, but rather moderate increase of kalemia in both patients. Although serum potassium concentration had only moderately improved, it is conceivable that intracellular potassium content had increased to a much greater extent. This possibility has been considered by Lennon and Lemann [12] as an increased intrinsic sodium reabsorptive capacity in potassium-depleted subjects. The same mechanisms might operate on hydrogen ion excretion. It has been shown by Grantham *et al.* [7] that in the absence of extracellular pH alterations plasma potassium concentration has a constant relation to intracellular potassium concentration, but that the relation is imprecisely defined when alterations of extracellular pH occur. Since marked alkalosis accompanied the hypokalemic states in the present study, and conversely both patients presented with a slight acidosis after dietary potassium supplements, the remarkable change of renal bicarbonate threshold despite a moderate increase of extracellular potassium concentration might therefore be explained on the basis of the observations of Grantham *et al.*

In contrast to our studies in hypokalemic states, hyperkalemia has been shown experimentally to cause renal tubular acidosis as a result of a bicarbonate wasting syndrome [6]. Hyperkalemia following human renal transplantation induces acidosis [8]. Edelmann [5] has observed a patient with hyperkalemia and renal tubular acidosis. Whereas we have demonstrated high bicarbonate threshold associated with hypokalemia, the observations of others indicate that conversely hyperkalemia is associated with low bicarbonate threshold.

#### Summary

Two patients with hypokalemia have been studied with respect to the correlation of serum potassium con-

centration and renal bicarbonate threshold. Each patient was studied under two conditions: first with low levels of serum potassium, 1.7 and 1.6 mval/liter, respectively, and second with higher levels of serum potassium, 2.4 and 3.2 mval/liter, respectively. Plasma volume and ECF volume were not significantly different in the two conditions, and therefore an effect of plasma volume on renal bicarbonate threshold was excluded. In both patients an indirect relation of serum potassium level and renal bicarbonate threshold was observed.

These studies have shown bicarbonate retention in hypokalemia. They supplement the observations found in the literature that hyperkalemia is associated with renal bicarbonate wasting. It seems possible now to assume an indirect relation between the state of potassium repletion and renal bicarbonate threshold.

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