Intravenous hydroxocobalamin and crystal nephropathy

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We read with great interest the excellent review by S. R. Mulay and H.-J. Anders on crystal nephropathies (Crystal nephropathies: mechanisms of crystal-induced kidney injury. *Nat. Rev. Nephrol.* **13**, 226–240; 2017)¹. The authors list vitamin C as a cause of oxalate nephropathy, but do not mention the potential role of vitamin B_{12} in this disease.

We recently reported cases of oxalate nephropathy after administration of the injectable form of vitamin B_{12} , hydroxo-cobalamin, in critically ill patients with burns and smoke inhalation injury². The FDA has approved hydroxocobalamin for the treatment of cyanide poisoning. This agent chelates cyanide to form cyanocobalamin, which is excreted by the kidney.

We found that hydroxocobalamin administration was associated with a significant risk of acute kidney injury (AKI; OR 5.8, 95% CI 1.6–20.7) in 99 critically ill patients with burns. In addition, evidence of oxalate nephropathy was present in kidney biopsy samples from two patients. We also observed oxaluria after hydroxocobalamin administration in patients who received this agent (n=6) compared to the control group (n=9). Interestingly, oxaluria was previously reported in healthy volunteers and animals that received hydroxocobalamin³.

The mechanism of AKI development in patients with burns might involve low tubular fluid flow owing to the severe dehydration that is observed in the initial phase after burn injury; this low flow might promote tubular deposits of oxalate crystals. The pathophysiology of oxalate nephropathy after vitamin B₁₂ administration remains unexplored but might involve the methylmalonyl coenzyme A. Vitamin B₁₂ acts as a cofactor of methylmalonyl-CoA mutase,

which converts methylmalonyl CoA into succinyl CoA, which has a role in the metabolism of oxalate. This hypothesis requires confirmation. In the meantime, physicians should be aware of the link between oxalate generation and vitamin B_{12} metabolism and the potential risk of oxalate nephropathy in patients receiving hydroxycobalamin.

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