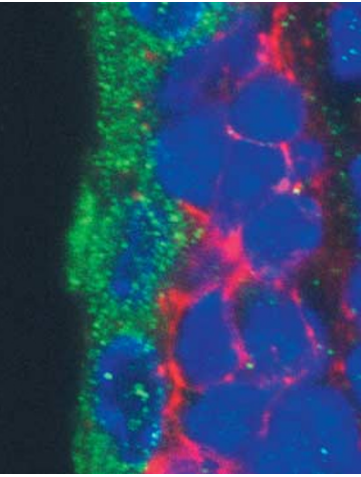


NEUROGENESIS

Reverse to proliferation



The lateral ventricle wall of the adult mouse brain, labelled with EphA7 (green), ephrin-A2 (red) and a nuclear stain (blue). Image courtesy of J. Frisén, Karolinska Institute, Sweden.

The number of cells in an organ is mainly controlled at the level of proliferation and apoptosis by mitogens and trophic factors. Now, Holmberg and colleagues have identified a novel mechanism whereby the number of neurons in the adult brain is negatively regulated by EphA7-induced ephrin-A2 reverse signalling in neural progenitors.

Ephrins and their Eph tyrosine kinase receptors are important regulators of developmental processes such as axon guidance, cell migration and synapse formation, but their roles in the adult organism are not clear. In the adult mouse brain, ephrin-A2 and EphA7 are expressed in a complementary and mutually exclusive pattern in the lateral wall

of the lateral ventricles — one of the neural stem cell niches in the adult brain that can give rise to neurons.

Perturbation of ephrin-A2–EphA7 signalling by infusion of the soluble form of either protein increases the number of proliferating cells in the lateral ventricular wall. In mice that lack ephrin-A2 or *EphA7*, cells in the neural stem cell niche proliferate more and have a shorter cell cycle, which indicates that ephrin-A2 and EphA7 are negative regulators of proliferation.

Ephrins and Ephs can mediate bi-directional signalling — either through Eph receptors (forward signalling) or through membrane-bound ephrin ligands (reverse signalling). But which signalling

pathway is important for neurogenesis? In ephrin-2A-knockout mice, EphA7-expressing cells in the lateral ventricular wall remain quiescent; whereas cells that express progenitor markers — which would normally be co-expressed with ephrin-A2 in wild-type animals — show increased proliferative activity. In addition, overexpression of a truncated EphA7 receptor in wild-type neurospheres leads to a significant decrease in proliferation — an effect that is not seen in the absence of ephrin-A2. Holmberg *et al.* conclude that the negative regulation of proliferation by EphA7 and ephrin-A2 is mediated by reverse signalling.

The majority of the neurons that are born in the lateral ventricle wall migrate to the olfactory bulb. In ephrin-A2-knockout mice, there is an increased number of newborn cells in the adult olfactory bulb, which indicates that the proliferative

NEUROENDOCRINOLOGY

Seasons of desire

Melatonin is a key hormone that regulates the sleep–wake cycle. Its expression cycles through the day, with changes in the availability of light, and through the year, with changes in the length of the day. It is thought that melatonin is important in the consolidation of sleep, but its action in the brain is not clear. Now, a new study reports the surprising finding that melatonin directly induces the expression of gonadotropin-inhibitory hormones (GnIH) in the avian brain.

GnIH, which is present in both birds and mammals, including humans, is the only neuropeptide identified so far that antagonizes the effect of gonadotropin-releasing hormone on the production of sex steroids such as oestrogen, progesterone and testosterone. According to the current dogma, seasonal changes in melatonin are not involved in the timing of reproduction in birds. However, Ubuka and colleagues thought this might not be the whole story, as several studies have shown that melatonin can reduce gonadal activity and gonadotropin secretion.

To investigate whether melatonin has an effect on reproduction, they surgically removed the main sources of melatonin — the pineal gland and eyes — from the Japanese quail, and measured GnIH expression in the diencephalon. In the absence of melatonin, the levels of GnIH mRNA and peptide drop markedly in neurons in the paraventricular nucleus (PVN) and their terminals in the median eminence. This effect can be reversed by restoring melatonin in these birds, which indicates that the hormone is involved in regulating the synthesis of GnIH.

Melatonin is only expressed at night, and the level of expression depends on the length of the dark phase of the light–dark cycle. To analyse the effect of endogenous melatonin on reproduction, the authors raised male quails under different lighting conditions. Quails that are raised with simulated short days show higher levels of melatonin and GnIH expression than those that are raised with longer periods of light. In addition, the testicular weight of birds raised in short-day conditions is significantly decreased.

So, how does melatonin regulate GnIH synthesis in the PVN? Ubuka *et al.* found that a melatonin receptor subtype, Mel_{1c}, is expressed in GnIH-expressing neurons in the PVN, and that melatonin binding is significantly higher in the PVN than in surrounding areas. This indicates that melatonin might directly stimulate the production of GnIH in PVN neurons by binding to their receptors.

Interestingly, in Siberian hamsters the expression of the mammalian homologue of GnIH in the brain is also regulated by melatonin. Therefore, GnIH might be an important mediator that translates photoperiodic information, in terms of the melatonin expression level, into an effect on reproduction in both birds and mammals.

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 **References and links**

ORIGINAL RESEARCH PAPER Ubuka, T. *et al.* Melatonin induces the expression of gonadotropin-inhibitory hormone in the avian brain. *Proc. Natl Acad. Sci. USA* 11 February 2005 (doi:10.1073/pnas.0403840102)