Immunobiology of Ebola and Lassa virus infections

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Abstract | Two of the most important contemporary emerging viruses that affect human health in Africa are Ebola virus (EBOV) and Lassa virus (LASV). The 2013–2016 West African outbreak of EBOV was responsible for more than 11,000 deaths, primarily in Guinea, Sierra Leone and Liberia. LASV is constantly emerging in these and surrounding West African countries, with an estimate of more than 500,000 cases of Lassa fever, and approximately 5,000 deaths, annually. Both EBOV and LASV are zoonotic, and human infection often results in a severe haemorrhagic fever in both cases. However, the contribution of specific immune responses to disease differs between EBOV and LASV. This Review examines innate and adaptive immune responses to these viruses with the goal of delineating responses that are associated with protective versus pathogenic outcomes.

Haemorrhagic fever

A fever and bleeding disorder that can progress to shock and death in many cases.

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Ebola virus (EBOV; Zaire ebolavirus) and Lassa virus (LASV) belong to two separate virus families, the Filoviridae and Arenaviridae, respectively, but they share several biological characteristics. They are both emerging zoonotic viruses in central Africa that cause severe haemorrhagic fever in humans. Their threat to public health is in part due to their high virulence and their potential for human-to-human transmission. EBOV and LASV also have similarities in their pathogenesis in terms of their initial target cells being myeloid cells and in terms of the organs that are affected. However, the specific immune responses that are induced by infection and their roles in protection or pathogenesis are distinct. These differences may have important implications for understanding disease and therefore for the treatment of patients with haemorrhagic fever. This Review collates the current understanding of immunity to EBOV and LASV to illustrate differences between the two viral haemorrhagic syndromes. This information may also be relevant when considering the underlying pathogenesis of other severe haemorrhagic fevers caused by viruses, such as dengue virus or yellow fever virus (reviewed in REF. 1). A detailed knowledge of natural immunity to these emerging viruses may direct the development of therapies that augment protective immune responses.

EBOV is the aetiological agent of Ebola haemorrhagic fever, now known as Ebola virus disease (EVD) in humans^{2,3} (BOX 1). It was discovered in 1976 during an outbreak in northern Zaire (now Democratic Republic of the Congo (DRC)). Since then, multiple smaller outbreaks of EBOV have occurred in western Central African countries such as Gabon, DRC and Republic of the Congo³. More recently, EBOV emerged in West Africa, causing an unprecedented epidemic of approximately 30,000 cases, with effects on regional and global public health² (FIG. 1). In addition, other Ebolavirus species have emerged as human pathogens in eastern Central Africa (Sudan ebolavirus and Bundibugyo ebolavirus) and in West Africa (Tai Forest ebolavirus). A fifth species of Ebolavirus, which is probably apathogenic for humans, emerged in the Philippines (Reston ebolavirus)^{3,4}. Marburg virus, a closely related member of the Filoviridae, causes a disease in humans similar to that of EBOV, and is responsible for periodic outbreaks in sub-Saharan Africa. The animal reservoirs of Ebolavirus remain unidentified, but they are likely to be found among fruit bats. Person-to-person transmission of Ebolavirus, which is a feature of human outbreaks, occurs largely through interaction with infected individuals involving direct contact with infectious body fluids. Other animal species such as the great apes can also develop Ebola haemorrhagic fever and are a source for human infection. At the present time, Ebolavirus is a sporadic zoonosis in equatorial Africa and now, perhaps, in West Africa, but there is no convincing evidence that EBOV is endemic in any area.

LASV is the aetiological agent of Lassa fever, which was first documented in 1969 during an outbreak on the Jos plateau in Nigeria⁵ (BOX 1). It is now known that Lassa fever is an endemic zoonosis in parts of West Africa, specifically Nigeria, Liberia, Sierra Leone and Guinea. Recent studies have also shown the presence of LASV in surrounding countries including Mali, Ivory Coast, Benin and Ghana, which indicates that the geographic

Zoonosis

Any disease or infection that is naturally transmissible from vertebrate animals to humans.

Cytokine storm

A positive feedback loop involving the hypersecretion of cytokines with detrimental effects. region of the virus and potentially of human disease may be expanding^{6,7} (FIG. 1). Throughout West Africa, up to 500,000 people are infected annually with LASV, resulting in approximately 5,000 deaths⁸. In addition, a newly recognized Old World relative of LASV, called Lujo virus, was identified in 2008 as the causative agent of viral haemorrhagic fever in Zambia⁹. Most commonly, contact with infected rodent hosts (*Mastomys natalensis*; the common African rat) or ingestion and/or inhalation of virus-laden particles is the source of human LASV infection. However, person-to-person transmission can occur in hospital settings¹⁰.

Both EBOV and LASV cause haemorrhagic fever, albeit with differing pathophysiology. These viruses share several features, including their targeting of myeloid cells (macrophages and dendritic cells (DCs)), their ability to antagonize the innate immune system, and their ability to disrupt the functions of the adaptive immune response. Most of what is known regarding immune responses to infection with EBOV or LASV has been determined in animal models of infection and/or disease^{11,12}, or from the *in vitro* culture of human cells. Animal models for EBOV include laboratory mice (sometimes using immunocompromised mice), humanized mice, guinea pigs, hamsters, ferrets and non-human primates; however, the virus requires adaptation to cause disease in immunocompetent rodent models. Certain guinea pig strains and non-human primates are useful models for LASV. Although much work has been carried out studying EBOV in mice, mice are resistant to disease in the absence of virus adaption, infection of mice

Box 1 | Basic virology of EBOV and LASV

Ebola virus (EBOV) is the prototypical member of the *Filoviridae* family; it is taxonomically classified in the genus Ebolavirus, species Zaire ebolavirus⁴. Virions of EBOV are enveloped, having a diameter of approximately 80 nm but being variable in length and shape. The genome consists of non-segmented, negative-sense RNA of ~19 kb with the following gene order: 3' leader, nucleoprotein (NP), virion protein 35 (VP35), VP40, glycoprotein (GP), VP30, VP24, polymerase (L) and 5' trailer. Transcription and replication occur in the cytoplasm. Promoter and packaging signals are located in the conserved leader and trailer regions. Each gene is flanked by conserved transcriptional start and stop signals, and most genes are separated by intergenic regions. The minimal functional complex for transcription and replication consists of NP, VP35, VP30, L and genomic RNA. VP40 mediates particle formation and connects the nucleocapsid to the plasma membrane at sites where GP is inserted before virion budding. The GP gene also encodes two soluble glycoproteins (sGP and ssGP), of which sGP may function as an antibody decoy. VP35 and VP24 have strong interferon antagonistic properties and are important viral pathogenicity factors^{3.30,127,128}.

Lassa virus (LASV) is the prototypical member of the *Arenaviridae* family, genus Mammarenavirus²³. Enveloped virions of LASV are pleomorphic, with diameters ranging from 50 nm to 300 nm, and contain a single-stranded, bi-segmented, ambisense RNA genome of ~10.5 kb. Each genetic segment encodes two non-overlapping open reading frames of opposite polarity that are separated by a short hairpin region. The large segment encodes the viral polymerase (L) and zinc-binding matrix protein (Z); the small segment encodes NP and GPs, G1 and G2. The 5' and 3' ends of both segments contain conserved complementary nucleotides, resulting in the appearance of circular genomic segments. Viral transcription and replication take place in the cytoplasm. NP and L are transcribed from genomic RNA, whereas G1, G2 and Z are transcribed only from antisense transcripts of the genome. The intergenic stem–loop hairpins on both segments function as transcription terminators. Z-mediated budding occurs at the plasma membrane where G1 and G2 are inserted. LASV particles also contain host ribosomes, which gives the virus its characteristic grainy morphology.

rarely recapitulates the hallmarks of human disease, and immune responses can differ between rodents and primates¹³. Therefore, this Review focuses on information derived from studies with humans and non-human primates. We discuss immune responses in survivors of infection compared with in individuals who succumb to infection to highlight the features of a protective immune response. However, some aspects of immunity cannot be readily studied in humans or non-human primate models and, therefore, the information given is supplemented by observations from rodents where necessary.

Disease course and treatment

EVD. EBOV infections are severe in nature and associated with case fatality rates ranging from 45% to 90%. The incubation period is up to 21 days with abrupt onset of fever concurrent with malaise, fatigue, myalgia and headache. Subsequently, patients may develop nausea, vomiting, profuse watery diarrhoea, haemorrhages, meningoencephalitis, and hepatic and renal injury. Infection leads to systemic viral replication, target cell necrosis and the apoptosis of bystander lymphocytes, and it induces a cytokine storm that results in hypovolaemic shock and multi-organ failure^{3,14,15}. If the infection is survived, recovery generally occurs after 2-3 weeks, but convalescence is associated with sequelae, known as post-Ebola syndrome, that may include fatigue, uveitis, hearing loss, arthralgia and anxiety^{16,17}. EVD causes high rates of maternal and perinatal mortality, with most cases of infection during pregnancy ending in spontaneous miscarriage, stillbirth or neonatal death. EBOV crosses the placenta to infect the fetus and the amniotic fluid^{18,19}.

Lassa fever. The majority of LASV infections are asymptomatic or mild in nature²⁰⁻²². It is generally thought that approximately 20% of infections result in moderate to severe disease, which can be associated with haemorrhagic manifestations and multi-organ failure^{8,23}. The incubation period is up to 21 days with a gradual onset of fever, headache, myalgia and arthralgia, as well as pharyngitis with a non-productive cough. Vomiting, diarrhoea, increased levels of liver enzymes (such as aspartate transaminase (AST) and alanine transaminase (ALT)) in the blood and a raised haematocrit are often observed in severe cases of Lassa fever. Abdominal and retrosternal pain, oedema of the face and neck, enlarged lymph nodes and/or haemorrhage in the conjunctiva or mucosal surfaces are particularly indicative of a poor prognosis. Recovery generally takes 1-3 weeks and can be associated with hearing loss. LASV infection in pregnancy, especially during the third trimester, has particularly severe effects, with the maternal mortality rate estimated at 20% and the fetal mortality rate being near 100%. In children, infection is associated with a 'swollen baby' syndrome consisting of widespread oedema, abdominal distension and bleeding^{8,23}.

Therapies. The wide range of clinical presentations and the lack of distinguishing symptoms early in infection hamper the clinical diagnosis, even by experienced physicians, of EVD, Lassa fever and other tropical diseases,

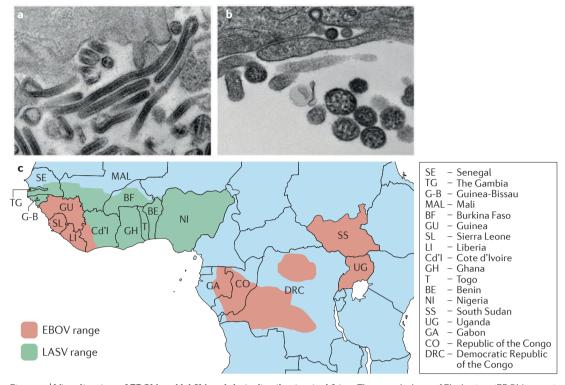


Figure 1 | **Visualization of EBOV and LASV and their distribution in Africa.** The morphology of Ebola virus (EBOV; part **a**) and Lassa virus (LASV; part **b**) particles is shown by transmission electron microscopy of Vero E6-infected cells. The filamentous morphology and hallmark shepherd's crook are visible for EBOV. The granular appearance resulting from host cell-derived ribosomes can be seen for LASV, which gives the viruses of the family *Arenaviridae* its name (*arena* is Latin for sand). The map shows the distribution of these two viruses in Africa, with LASV continuously emerging in West Africa, and EBOV sporadically emerging as a zoonotic infection in Central and recently also West Africa (part **c**). Images in part **a** and part **b** provided by Elizabeth Fischer, National Institute of Allergy and Infectious Diseases, National Institutes of Health, USA.

such as yellow fever, dengue fever, Crimean Congo haemorrhagic fever, malaria and leptospirosis. Currently, there are no licensed treatments specific for either EVD or Lassa fever. The broad-spectrum antiviral ribavirin seems to benefit patients with Lassa fever if the drug is administered early in the course of disease. Although patients with EVD may benefit from treatment with antibody cocktails²⁴ and with certain other drugs such as the antiviral favipiravir²⁵, the most beneficial current treatment for patients with EVD or Lassa fever is aggressive supportive care. Therefore, rapid and reliable diagnosis of EBOV and LASV infection is essential to reduce morbidity and mortality and to support public health measures, such as patient isolation and contact tracing. There are no licensed vaccines to prevent EBOV and LASV infections. However, experimental approaches have shown promising preclinical results, and ring vaccination under an investigational protocol using a vesicular stomatitis virus (VSV)-based EBOV vaccine has demonstrated efficacy against EBOV in the recent West African outbreak²⁶ (BOX 2).

Innate immunity to EBOV and LASV

Early events that shape the immune response. Both EBOV and LASV initially target myeloid cells, specifically myeloid DCs (mDCs), monocytes and macrophages, although the particular type of initial target cell may vary according to the specific route of infection.

Stromal DCs or Langerhans cells of the epithelium, or mucosal DCs or macrophages are most likely the first cells to be infected²⁷⁻²⁹. These cell types support high levels of viral replication, although additional cell types such as endothelial or parenchymal cells cannot be ruled out as early targets. Virus replication in DCs and macrophages is associated with disruption of cellular function in terms of antigen presentation and the induction of an adaptive immune response, thus initiating the immune dysregulation that is observed in patients.

For EBOV, at least in non-human primates, infected mDCs home to the draining lymph nodes, carrying the virus with them²⁷. Macrophages, but not DCs, are activated by infection and produce large amounts of inflammatory cytokines. The importance of early events in these cells in determining the outcome of infection may be best illustrated by comparing the replication of adapted and non-adapted viruses in non-permissive hosts. Infection of rodents (mice and hamsters) with EBOV does not cause disease unless the virus has been previously adapted to replication in mice³⁰⁻³². Comparing infection with EBOV and with mouse-adapted (MA)-EBOV in hamsters suggests that replication of the nonadapted virus is restricted to myeloid cells followed by virus clearance, whereas MA-EBOV progresses beyond myeloid cells in the liver to infect hepatocytes^{33,34}. Therefore, myeloid cells are an important barrier to viral

Ring vaccination

outbreak of a highly

transmissible disease

A vaccination strategy whereby the most likely contacts of an

infected person are vaccinated

in an attempt to control an

dissemination, and the ability of EBOV to manipulate this specific cellular environment is probably crucial in determining the control of virus replication and disease.

Similar to EBOV, the primary target cells of LASV are cells of the myeloid lineage, including macrophages and DCs35,36; however, in contrast to EBOV, replication of LASV fails to lead to the activation or maturation of either cell type. To evaluate the quality and extent of myeloid cell dysregulation in LASV infection, non-pathogenic arenaviruses have been directly compared with LASV for their ability to activate these cell types in vitro. Mopeia virus (MOPV) is vectored by M. natalensis as is LASV, and MOPV has high levels of amino acid similarity with LASV; however, MOPV is apathogenic in humans and non-human primates^{37,38}. Following infection with MOPV, DCs and macrophages support high levels of viral replication, which is similar to LASV; in contrast to LASV, DCs and macrophages are strongly activated by MOPV infection and increase their expression levels of CD80, CD86 and CD40, as well as the expression of type I interferons (IFNs), tumour necrosis factor and interleukin-6 (IL-6)³⁵. These data indicate that high levels of activation of myeloid cells by MOPV may be a feature of a protective immune response and that the failure of LASV to activate myeloid cells, or its ability to directly antagonize the activation of these cells, is a determinant of pathogenesis. Furthermore, the lack of immune activation in response to LASV, resulting from inhibited DC maturation, may be accompanied by immune tolerance to LASV, which can be induced by the presentation of viral antigens by immature DCs, leading to active immunosuppression³⁹.

Both EBOV and LASV arrest DCs in an immature, inactive state despite DC migration to the draining lymph nodes⁴⁰, whereas macrophages are activated by

EBOV⁴¹ but not by LASV. The more complete disruption of the function of antigen-presenting cells (APCs) by LASV compared with EBOV might correlate with the general lack of adaptive immune responses in fatal Lassa fever (see below), whereas the ability of at least macrophages to function as effective APCs early in the immune response to EBOV might enable the strong and early activation of the adaptive immune response seen in fatal EVD. It is important to note that almost all observations regarding interactions between these viruses and myeloid cells have been made using human cells isolated and derived in cell culture, which probably does not accurately reflect all features of infection and cell maturation in vivo. Nevertheless, several findings - such as those comparing virulent and attenuated arenaviruses or comparing non-adapted EBOV with MA-EBOV in vivo lend strong support to the idea that insufficient or inappropriate responses by DCs and macrophages are an important feature of infection with LASV or EBOV and resulting disease.

The interferon response. The rapid course of viral haemorrhagic fevers, particularly in non-human primates, indicates that intrinsic cellular responses of initial target cells are important determinants of disease. The three types of IFN — type I (IFN α and IFN β), type II (IFN γ) and type III (IFN λ) — coordinate a powerful barrier to virus infection through the upregulation of hundreds of IFN-stimulated genes (ISGs) that directly or indirectly suppress virus replication⁴². In the context of both EBOV and LASV, the importance of the type I IFN response in resistance to infection is demonstrated by the fact that mice deficient for the type I IFN receptor succumb to lethal infection⁴³⁻⁴⁶. Further support for the importance of type I IFN comes from the comparison of cytokine

Box 2 | Vaccine strategies for EBOV and LASV that induce protective immune responses

Whereas multiple vaccine candidates for Ebola virus (EBOV) are now in human phase I–III clinical trials^{129–131}, only a limited number of Lassa virus (LASV) vaccine approaches are under development¹³⁰ (Supplementary information S1 (table)). Here, we focus on the current most promising approaches.

For EBOV, two approaches are undergoing clinical trials in West Africa. The first approach is the recombinant chimpanzee adenovirus (rChAd/EBOV) in combination with modified vaccinia virus Ankara (MVA-BN-Filo), both expressing the EBOV glycoprotein (GP). Vaccination with rChAd/EBOV alone or followed by a booster immunization with MVA-BN-Filo protected 100% of macaques from lethal EBOV infection¹³². Vaccination with rChAd/EBOV elicited both cellular and humoral immune responses. In human clinical trials of this vaccine, both antibodies and CD4⁺ and CD8⁺ memory T cells specific for the EBOV antigens (immunogens) reached comparable levels to those observed in protected non-human primates^{133,134}. The second approach uses vesicular stomatitis virus expressing EBOV GP (VSV–EBOV). This vaccine is protective after administration of a single dose in as few as 7 days in non-human primates^{135,136}, and antibodies have been identified as being crucial for protection¹²³. Furthermore, this vaccine was effective within 10 days of administration in humans and it protected individuals in Guinea from EBOV infection using a ring vaccination protocol²⁶. The rapid protection provided by VSV–EBOV is likely due to strong stimulation of innate immune responses followed by the development of antigen-specific antibodies¹³⁶.

The VSV platform has also been used to develop a LASV vaccine. A single dose of VSV–Lassa-glycoprotein precursor (GPC) protects cynomolgus macaques from clinical disease. This vaccine elicited cellular and humoral immune responses, including neutralizing antibodies¹⁰⁵. In a follow-up study, it was shown that VSV–Lassa-GPC has the potential to protect against different genetic clades of LASV¹³⁷. Another promising vaccine approach is based on a reassortant virus between Mopeia virus (MOPV) and LASV, known as ML29 (REF. 138). This vaccine consists of the nucleoprotein (NP) and GPC of LASV and the polymerase (L) and zinc-binding matrix protein (Z) of MOPV. Cell-mediated immunity in response to ML29 was identified as being crucial for protection against LASV in guinea pigs and non-human primates¹³⁹. Furthermore, similarly to VSV–Lassa-GPC, ML29-vaccinated immunocompromised animals developed immune responses to a level previously associated with protection against LASV challenge¹⁴⁰.

responses between non-human primates that survive LASV infection and those that succumb to infection. IFN α expression was strongly upregulated within the first few days of infection in surviving animals, but was undetectable in the blood days later. By contrast, IFN α expression was only upregulated at late time points before death in non-survivors⁴⁷.

ISGs that directly suppress virus replication recognize components of the virus, resulting in viral destruction or impediment of function. For example, tetherin (also known as BST2) is an ISG that is reported to prevent the budding and egress of both EBOV and LASV from the cell^{48,49}. However, ISGs also orchestrate adaptive immune responses that are required for virus clearance. Here, initial sensing of virus infection and the production of IFNs are required for macrophages and DCs to upregulate expression of co-stimulatory molecules that are necessary for antigen presentation and for priming T cell responses. Following virus entry into target cells, EBOV is sensed by host pattern-recognition receptors, of which the retinoic acid-inducible gene-I (RIG-I)-like receptors (RLRs) - RIG-I and melanoma differentiation-associated protein 5 (MDA5) - seem to be particularly important⁵⁰. Activation of mitochondrial antiviral signalling protein (MAVS; also known as VISA, IPS1 and CARDIF) downstream of RLRs results in the formation of signalling platforms to activate the key kinases IkB kinase-E (IKKE) and TANK-binding kinase 1 (TBK1), which in turn activate nuclear factor-κB (NFκB) and IFN regulatory factor 3 (IRF3) and/or IRF7, respectively. These transcription factors are responsible for driving the expression of IFNs and pro-inflammatory cytokines⁵¹. Secreted IFNs then signal to cells via the Janus kinase-signal transducer and activator of transcription (JAK-STAT) pathway to amplify ISG expression and to upregulate the expression of co-stimulatory molecules by DCs52.

Viral antagonism. The importance of these innate immune pathways in viral control is supported by the multiple mechanisms that are encoded by vertebrate viruses to evade these responses⁵³. Specifically, EBOV uses the viral protein VP35 (REF. 54) to block MAVS-dependent signalling through several mechanisms⁵⁰, including: binding of viral double-stranded RNA (dsRNA) to prevent its recognition by RIG-I and MDA5 (REFS 55-57); binding of a positive regulator of RIG-I known as PACT⁵⁸; functioning as a decoy substrate for IKKE and TBK1 to prevent IRF3 activation⁵⁹; and promoting IRF3 and IRF7 sumoylation to impair their transcriptional activity^{60,61} (FIG. 2). The molecular biology of these interactions has been reviewed in detail elsewhere⁵⁰. The activities of VP35 suppress the maturation of infected DCs62, thus disrupting the crucial bridge between innate and adaptive immune responses. Furthermore, EBOV VP24 functions in infected cells to antagonize signalling by secreted IFNs by binding to karyopherin-α (KPNA) proteins and inhibiting their association with STAT1 (REFS 63-65). This prevents the nuclear localization of STAT1 and hence ISG expression. This viral evasion strategy is likely to curtail signalling

by all three types of IFN, which involves a crucial role for STAT1 in each case. As the specific IFNs have varied roles in immune responses, including direct antiviral activity, immune modulation and maintaining endothelial barrier integrity, the antagonism of KPNA by EBOV may have far-reaching implications for viral pathogenesis. The functions of VP24 and VP35 in antagonizing the innate immune response have been shown, using reverse genetics, to be important for EBOV pathogenesis *in vivo*^{66,67}, thus demonstrating the crucial importance of viral evasion of innate immune signalling in establishing virus replication and immune dysfunction.

EBOV has other mechanisms to manipulate intrinsic cellular responses in addition to the direct suppression of viral RNA sensing and of STAT1 activity (FIG. 2). The TYRO3/AXL/MER (TAM) family of receptor tyrosine kinases have two functions in immunity: the recognition of phosphatidylserine on the outside of apoptotic cells, resulting in their phagocytosis; and the negative regulation of pathogen sensing and type I IFN signalling, most notably through the upregulation of expression of suppressor of cytokine signalling proteins (SOCS1 and SOCS3), which are potent suppressors of JAK activity^{68,69}. T cell immunoglobulin mucin domain protein 1 (TIM1) is also a phosphatidylserine receptor⁷⁰. EBOV cloaks its envelope with phosphatidylserine to engage both TAM receptors (as shown for AXL and MER) and TIM1, in a process termed apoptotic mimicry, in order to bind target cells⁷¹; MER binding has been shown to be important for infection of macrophages72. Binding of TAM receptors on target cells also triggers intracellular signalling that results in the upregulation of SOCS proteins and thereby the suppression of signalling by type I IFN73. The upregulation of SOCS proteins through this and other mechanisms (including Toll-like receptor 4 engagement by viral glycoprotein (GP)⁷⁴) probably has additional benefits for the virus through the direct binding of SOCS3 to VP40, which promotes virus budding⁷⁵. Therefore, the activation of pathways that suppress IFN signalling may affect EBOV replication directly, beyond the obvious advantage in terms of preventing ISG expression. Finally, EBOV antagonizes the action of individual ISGs, for example protein kinase R (PKR) and tetherin. Interestingly, the viral protein responsible for the suppression of PKR is VP35. As PKR binds dsRNA, it might be expected that the RNA-binding function of VP35 competes for recognition of viral RNA by PKR. However, mutant forms of VP35 that are unable to bind dsRNA retain their function in PKR antagonism^{76,77}, which indicates that additional mechanisms exist⁵⁰. As a second example, tetherin functions by binding to VP40 and retaining virus-like particles at the cell surface during budding. However, EBOV GP antagonizes the actions of tetherin to promote virus budding and cellular release. This function of GP maps to the glycan cap and requires the GP transmembrane domain78-80, although the precise mechanism of tetherin antagonism by GP is not completely understood.

Similar to EBOV, LASV also antagonizes IFN responses by preventing viral RNA sensing, which results in suppressing the maturation of infected

TYRO3/AXL/MER (TAM) family

Receptor tyrosine kinases that regulate several biological activities, including coagulation, cytokine release and autoimmune disease.

Apoptotic mimicry

The exposure of phosphatidylserine on the viral surface to induce uptake by host target cells or immune antagonism.

Protein kinase R

(PKR). A kinase that is activated by RNA to shut down global mRNA synthesis in response to viral infection.

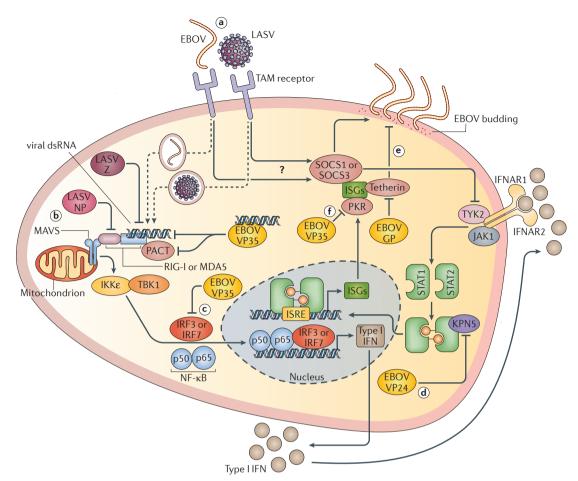


Figure 2 | Innate immune activation and antagonism by EBOV and LASV. Following virus entry and uncoating, viral double-stranded RNA (dsRNA) is recognized by the retinoic acid-inducible gene-I-mitochondrial antiviral signalling protein (RIG-I-MAVS) or melanoma differentiation-associated protein 5 (MDA5)-MAVS pathway, leading to activation of the kinases IkB kinase-ɛ (IKKɛ) and TANK-binding kinase 1 (TBK1), and of the transcription factors nuclear factor-kB (NF-kB) and interferon (IFN) regulatory factor 3 (IRF3) and/or IRF7. Transcription factor activation drives expression of type I IFN that, following secretion from the infected cell, binds to the type I IFN receptor (IFNAR1-IFNAR2) and activates the Janus kinase-signal transducer and activator of transcription (JAK-STAT) signalling cascade. Activated STAT transcription factors bind to IFN-stimulated response elements (ISREs) upstream of target genes to amplify the expression of hundreds of IFN-stimulated genes (ISGs), including protein kinase R (PKR) and tetherin. Various strategies are used by Ebola virus (EBOV) and Lassa virus (LASV) to antagonize these innate immune signalling pathways. a | Engaging TAM (TYRO3/AXL/ MER) receptors to bind cells and promote virus entry (dashed line) also upregulates the expression of suppressor of cytokine signalling (SOCS) proteins that negatively regulate JAK-STAT signalling. SOCS proteins also promote EBOV budding. \mathbf{b} | Viral proteins suppress RIG-I-like receptor (RLR) activation by preventing the recognition of viral dsRNA, which is mediated by EBOV viral protein 35 (VP35) or LASV zinc-binding matrix protein (Z), or by inhibiting RLR activity, which is mediated by EBOV VP35 and LASV nucleoprotein (NP). VP35 also binds and inhibits PACT, a positive regulator of RIG-I. c | EBOV VP35 inhibits the activation of IKK and TBK1, and it suppresses transcriptional activity of IRF3 and IRF7. d | EBOV VP24 binds karyopherin 5 (KPN5) and prevents the nuclear localization of STAT1. e | The ISG tetherin prevents budding of both EBOV and LASV, but this activity is counteracted by the actions of EBOV glycoprotein (GP). f | The ISG PKR is counteracted by EBOV VP35. TYK2; tyrosine kinase 2.

DCs (FIG. 2). The LASV small matrix protein Z inhibits signalling through both RIG-I and MDA5 by binding to the caspase-recruitment domain (CARD) of both proteins and preventing its interaction with the downstream adaptor MAVS⁸¹. In addition, LASV nucleoprotein (NP) uses at least two strategies to suppress the expression of type I IFN. First, NP encodes an exonuclease activity that has remarkable specificity for viral dsRNA, resulting in its degradation^{82,83}. This activity presumably scavenges viral RNA that is not directly involved in replication or

transcription and translation, and prevents its recognition by RLRs. Second, NP binds to IKKε and prevents its activation of the downstream transcription factors IRF3 and NF-κB^{84,85}. Hence, both LASV and EBOV use strategies to prevent the direct recognition of the viral RNA by RLRs, in addition to mediating specific suppression of RLR-dependent signalling downstream of RNA sensing. Furthermore, LASV also uses the TAM receptors AXL and TYRO3 as auxiliary receptors to dystroglycan for viral entry⁸⁶. Importantly, activation of the TAM receptors is required for LASV entry, which indicates that LASV may use the same apoptotic mimicry strategy as EBOV to upregulate SOCS expression and suppress signalling through the type I IFN receptor. However, these compelling *in vitro* findings require further investigation *in vivo* to determine the relevance of this pathway to the pathogenesis of LASV and EBOV.

T cell-mediated immune responses

T cell apoptosis in EVD. In addition to the improper priming of T cells by infected, immature APCs, lymphocyte apoptosis is thought to be a central feature of EVD. Lymphocyte apoptosis occurs in secondary lymphoid tissues upon experimental infection of non-human primates with EBOV⁸². However, EBOV does not show tropism for lymphocytes⁸⁷, which indicates that lymphocyte apoptosis is due to some type of bystander-cell response to infection. Similarly, analysis of peripheral blood mononuclear cells (PBMCs) in non-human primates suggests that there is a depletion of circulating T cells and natural killer (NK) cells88. Lymphocyte apoptosis would have obvious negative effects on the generation of an effective adaptive immune response, and this is thought to be one of the key ways in which EBOV disarms the immune system.

Lymphocyte apoptosis is also observed in humans during EVD, but the mechanisms by which this occurs are poorly understood. Analysis of the peripheral blood of three patients sampled within a day before death from EVD showed a reduced percentage of CD3+ T cells, compared with healthy controls, and high levels of expression of CD95 (also known as FAS) on T cells⁸⁹. The absolute numbers of T cells were not determined, and reduced percentages could indicate the egress of T cells from the blood to sites of virus replication and tissue destruction. Although the observed high levels of expression of CD95 might indicate cells that are poised for apoptosis, CD95 expression is also upregulated in the early phases of T cell activation and functions as a marker for cell survival in some contexts90; a more important regulator of T cell apoptosis is the expression level of CD95 ligand (CD95L). Interpreted differently, therefore, these results could suggest that robust T cell activation occurs before patient death from EVD, as has been described more recently in patients with EVD⁹¹. Unfortunately this data set is extremely small, owing to sample availability, including control samples⁸⁹. However, additional evidence of T cell apoptosis during EBOV infection comes from the analysis of patient PBMCs from EBOV outbreaks in Gabon⁹². Here, fatal cases of EVD showed indicators of T cell activation at early time points during EVD, followed by large decreases in the levels of CD3, CD8 and T cell receptor mRNA and downregulation of the anti-apoptotic protein BCL-2 compared with patients who would ultimately survive. In addition, DNA fragmentation of leukocytes, which is indicative of apoptosis, has been observed in the blood of patients⁹³. Again, these data are suggestive of apoptotic events, but the extravasation of activated T cells to tissues in fatal cases could contribute to the decreased percentage of peripheral T cells and reduced mRNA levels that have been observed.

Thus, although there is strong evidence from animal models that EBOV induces extensive lymphocyte apoptosis, the limited availability of human samples, particularly from lymphoid tissues, makes it less clear whether this is a feature of human disease. Conversely, LASV infection does not lead to conspicuous immune cell apoptosis and does not induce apoptotic signalling³⁵. Thus, if apoptosis is a major feature of EVD in humans, it probably distinguishes EVD from Lassa fever (FIG. 3).

Early T cell activation correlates with EVD. Adaptive immune responses are poorly described in humans infected with EBOV owing to a scarcity of tissue samples. Histological preparations of tissues from infected individuals are almost non-existent and what is known comes from the analysis of cytokine expression in sera and from a small number of PBMC samples of infected individuals from a limited number of outbreaks^{87,89,90}. Pathogenesis studies of EBOV have been carried out in macaques that describe the kinetics of immune cell responses⁸⁸. However, the relatively short time to death in this model makes it difficult to study the adaptive immune response and to correlate observations with differential outcomes. This is not the case for LASV, which is not uniformly lethal in all non-human primate models.

In humans, serum levels of IFNy and other cytokines, such as IL-2 and IL-4, are measured as indicators of the quantity and quality of lymphocyte responses. IFNy is preferentially produced by T cells and NK cells and is a marker for T helper 1 (T_H1) cell-skewed responses⁹⁴. In a study of EBOV-infected patients from Gabon, serum levels of IFNy and IL-2 were increased in fatal cases compared with survivors, which indicates higher levels of T cell activation in the former⁹⁵. However, the same patients had increased levels of IL-10, particularly late in infection. IL-10 is strongly anti-inflammatory and immunosuppressive, and it may be produced as a counter to early inflammation defined by IFNy and IL-2. Furthermore, high levels of IFNy can contribute to T cell apoptosis. Although this study did not measure lymphocyte populations in the blood, increased levels of IFNy could lead to decreased T cell responses via apoptosis and thereby contribute to ineffective immune responses⁹⁴. These findings were supported by a second study showing that survivors of EBOV infection from Gabon had low levels of mRNAs encoding IFNy and the T cell activation markers CD28, CD95 and CD95L during the symptomatic phase that increased as the patients convalesced92. By contrast, fatal cases of EBOV infection were associated with higher levels of these mRNAs early in the symptomatic phase, followed by a decrease. These findings indicate that fatal cases might have had an early T cell response that subsided, or more likely was counteracted by apoptotic or other immunosuppressive events, in the days before death. Both studies92,95 found that high levels of IFNy early in disease correlated with a fatal outcome. Analysis of the same patients revealed that increased levels of IL-1 receptor antagonist (IL-1RA) and, as in the previous study, of IL-10 corresponded with a fatal outcome93. In patients infected with Sudan

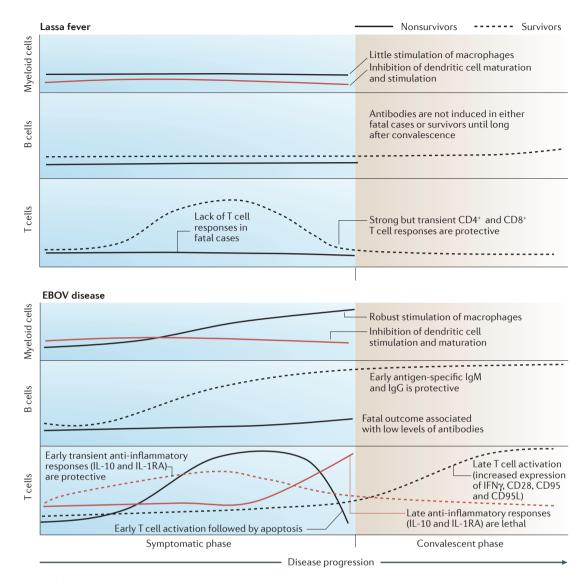


Figure 3 | **Disparate immunological events that correlate with fatality or survival from infection with LASV or EBOV.** Myeloid cells (dendritic cells (DCs) and monocytes and macrophages) are the initial target cells of both Ebola virus (EBOV) and Lassa virus (LASV), and both viruses inhibit DC maturation and DC responses; however, LASV inhibits macrophage responses, whereas EBOV activates these cells. This suggests that dysregulation of DC responses may be central to disease. B cell responses, as measured by antibody production, show that early production of IgG and IgM is protective for EBOV infection, yet dispensable for protection against LASV. This implicates CD8⁺ T cell responses as being important for survival from LASV infection. Indeed, T cell responses are important for surviving both EBOV and LASV. In the context of EBOV, survival correlates with a balanced immune response — with initial weak inflammatory responses combined with measurable anti-inflammatory responses in the early symptomatic phase — and with the development of a robust T cell response. Conversely, an ineffective response is characterized by an early hyperactive T cell response that progresses to an anti-inflammatory response, defined by interleukin-10 (IL-10) upregulation and lymphocyte apoptosis in the symptomatic phase. By contrast, protective responses to LASV infection consist of a transient yet strong inflammatory response, whereas severe disease is associated with very weak T cell responses. CD95L, CD95 ligand; IFN, interferon; IL-1RA, IL-1 receptor antagonist.

ebolavirus, IFN α levels were higher in the serum of survivors compared with fatal cases, which might indicate that a beneficial innate immune response was initiated in survivors; similarly to infection with EBOV, levels of IL-6, CXCL8, IL-10 and CCL2 were higher in fatal cases of Sudan ebolavirus infection^{89,96}. In these samples, IFN γ levels were unchanged in both survivors and non-survivors, perhaps owing to differences between EBOV and Sudan ebolavirus or to host genetics.

These results support a model whereby early T cell activation (defined by IFN γ and IL-2 production) followed by downregulation of T cell responses by cytokines such as IL-10 and IL-1RA and/or by apoptosis late in the disease results in a lethal outcome of EBOV infection (FIG. 3). Survivors have lower levels of T cell activation early after infection that transition to an inflammatory response without the corresponding anti-inflammatory response. A key to pathogenesis

might be production of IL-10, which is one of the most potent anti-inflammatory molecules and can regulate immune responses by inhibiting T_H1 cells and NK cells, by directly inhibiting the production of IFNy, and by stimulating the activity of anti-inflammatory regulatory T cells97,98. Myeloid cells, including macrophages, mDCs and monocytes, are primary producers of IL-10 following pattern-recognition receptor engagement⁹⁹. The source(s) of IL-10 during EBOV and Sudan ebolavirus infection is not known, but its importance in EBOV infection has been investigated in mice, whereby abolishing IL-10 reduces mortality rates¹⁰⁰. In asymptomatic EBOV-infected humans, IL-10 expression is upregulated early and transiently, whereas in fatal cases, IL-10 upregulation occurs later after infection¹⁰¹. Similar to IL-10, IL-1RA has anti-inflammatory effects by blocking the normal pro-inflammatory functions of IL-1α and IL-1β; the upregulation of IL-1RA late in disease could be detrimental by inhibiting antiviral T cell responses¹⁰².

A more recent examination of four patients who survived EBOV infection after contracting EVD during the 2013-2016 West African outbreak showed that these patients had strong induction of cellular and humoral immune responses, which brings into question the dogma that EBOV infection results in a generalized immunosuppression and in lymphocyte apoptosis⁹¹. This study showed substantial increases in the number of T cells and their expression of activation markers. However, a major difference between this study and previous outbreak studies is that these patients were transported to a clinical centre in the US and received substantial supportive care as well as, potentially, treatments such as monoclonal antibody therapy. This care and treatment probably facilitated their recovery and enabled sampling to be continued for far longer than was previously possible. A longitudinal study of 204 patients from the recent West African outbreak showed that expression of the inhibitory molecules cytotoxic T lymphocyte antigen 4 (CTLA4) and programmed cell death 1 (PD1) on both CD4+ and CD8+ T cells was significantly and continuously upregulated in fatal cases but only transiently upregulated in survivors¹⁰³. This occurred independently of T cell activation, which was similar for both groups. This study also found that levels of IL-10 were higher in the fatal cases of EVD (FIG. 3).

Early T cell responses correlate with survival in

Lassa fever. Lassa fever is characterized by the depletion of T cells in secondary lymphoid tissues, a transient lymphopenia and decreased T cell proliferation, at least in macaques⁴⁷. T cell responses, but not B cell responses, seem to be central for immunity to LASV (FIG. 3). This is supported by two major lines of evidence. First, T cells (both CD4⁺ and CD8⁺) are activated early during infection, and can be detected in patients after recovery from Lassa fever, despite little or no detectable antibody responses during clinical disease and a slow increase in antibody titres long after convalescence¹⁰⁴. Second, less direct evidence comes from the fact that vaccines that elicit T cell responses, but not strong

antibody responses, against LASV glycoproteins are protective in non-human primates and guinea pigs, which indicates that T cell responses are a major determinant for protection against disease. For example, a recombinant vaccinia virus that induces strong T cell responses against both GP1 and GP2 of LASV, but weak antibody responses, is protective in non-human primates³⁸. By contrast, vaccinia virus-expressed LASV NP elicited strong antibody responses but was not protective. This does not exclude the possibility that a vaccine that can elicit strong antibody responses to GP1 and GP2 would be protective, which was the case for the VSV-Lassa-GPC (VSV-Lassa-glycoprotein precursor) vaccine¹⁰⁵. However, a dominant role for T cells in protection against LASV is not surprising given that the extensively characterized immune response to the arenavirus lymphocytic choriomeningitis virus (LCMV) in mice is largely T cell driven¹⁰⁶.

In humans, strong CD4⁺ T cell memory responses against LASV NP can be recalled in PBMCs for up to six years after the initial infection, and T cell memory responses to GP are similarly long-lived^{107,108}. In macaques, LASV infection that results in a fatal outcome is associated with a lack of demonstrable T cell activation throughout the course of disease as defined by expression of the T cell activation markers CD69 and CD25 and the proliferation marker Ki67. By contrast, animals that survived LASV infection had transient but strong activation and proliferation of CD4+ and CD8+ T cells between 5 and 15 days after inoculation⁴⁷. An in vitro comparison between LASV and MOPV showed that T cell responses were much more robust when autologous naive human T cells were co-cultured with DCs pulsed with MOPV compared with DCs pulsed with LASV¹⁰⁹. This clearly demonstrates a biological difference between the pathogenic and non-pathogenic viruses in terms of their ability to be efficiently presented by APCs and to activate T cells. Furthermore, these results are unlikely to be skewed by differences in epitope-MHC restriction between MOPV and LASV because previous infection of non-human primates with MOPV confers protection upon challenge with LASV¹¹⁰.

Humoral immunity

Antibody responses to EBOV correlate with protection. For EBOV, early studies of passive immunotherapy by antibody treatment showed largely disappointing results¹¹¹⁻¹¹³, which indicated that cellular immunity might have a more important role than humoral immunity in protection. However, more recently, several studies have shown that antibodies specific for EBOV GP can afford protection, in the form of either vaccineinduced antibody responses or immunotherapy, and that there is a strong correlation between survival after infection with EBOV and early and strong antibody production in humans⁹².

Antibodies were used as a treatment strategy for EVD in humans as early as 1995, when eight people received blood transfusions from convalescent patients¹¹⁴. In this case, seven patients ultimately survived the disease, although it is difficult to determine whether antibody

administration had an effect as these patients may have already been in a recovery phase before antibody transfer, and additional constituents in donated blood may also have had beneficial effects. Recent studies observed a risk of death of 31% for patients treated with convalescent plasma compared with 38% for control patients, again suggesting limited efficacy of antibody therapy¹¹⁵. Early studies using monoclonal antibodies in animal models had mixed success. Although a single monoclonal antibody directed against EBOV GP (KZ52) could protect guinea pigs from death, it was ineffective at inhibiting viral replication and preventing disease in macaques^{116,117}. Recently, a cocktail of three monoclonal antibodies (MB-003) that recognize GP proved efficacious when administered postchallenge in macaques^{118,119}. Another cocktail of three antibodies against GP (ZMapp), sharing components of MB-003, reversed disease when given at three-day intervals starting five days after EBOV inoculation in macaques²⁴. These antibodies have been subsequently used to treat humans during the West African outbreak¹²⁰. More strikingly, a single monoclonal antibody for GP isolated from a survivor of the 1995 EVD outbreak in Kikwit, DRC, was effective at preventing disease in macaques when administered five days postinoculation¹²¹. These data are promising as the control animals had to be euthanized between days six and nine in this study. This antibody is neutralizing as well as able to mediate antibody-dependent cell-mediated cytotoxicity (ADCC) in vitro, which possibly accounts for its potency. However, this antibody did not prevent virus replication despite preventing disease, which suggests the possibility that virus escape mutants could arise. Further studies regarding monoclonal antibody therapies are needed to address both the mechanisms underlying protection from infection and the potential for virus escape mutants to arise and, if so, the effects of any mutations on virus fitness.

Comparing antibody responses to EBOV in humans with disparate outcomes revealed that survivors have a much increased antibody response compared with fatal cases of EVD, and people who experienced asymptomatic infection have high antibody levels^{92,101,122}. In addition, protection provided by the VSV-based vaccine, which is highly efficacious in non-human primates and shows promise in humans, is mediated by CD4+ T cell-dependent antibody responses, which shows that antibody responses can be protective¹²³. Although these data strongly suggest that antibodies are important for a favourable outcome in EBOV infection, T cell responses are required for efficient antibody class switching and affinity maturation of IgG. Thus, CD4+ T cells are likely equally important in mounting a strong humoral response.

Antibody responses are weakly induced by LASV. Similarly to EBOV, LASV induces IgM and IgG responses following infection, albeit much more weakly¹²⁴. However, in contrast to EBOV, antibody production in response to LASV does not correlate with disease outcome. Low levels of immunoglobulins are observed during the initial

phases of recovery and antibody titres often increase only late during convalescence. These observations support the vaccine studies mentioned above, which concluded that antibodies are dispensable for protection against LASV because they are not induced by some vaccines that are still efficacious³⁵. Furthermore, the dominance of cellular immunity in protection is supported experimentally in macaques infected with LASV⁴⁷. However, non-neutralizing antibodies could aid in the clearance of LASV by one of several functions, such as ADCC, complement fixation and opsonisation-mediated phagocytosis. Thus, T cell responses are certainly important for immunity to LASV, but antibody responses could provide additional immune support, particularly for protection against re-infection.

Conclusions and future directions

In summary, EBOV acts to shut down DC responses while at the same time hyper-activating macrophages early in infection. This effect is associated with a strong inflammatory response to early EBOV infection that transitions to an anti-inflammatory response with widespread T cell apoptosis later in infection. Death of the host probably results from the high levels of lytic virus replication in addition to the inflammatory response driving coagulation abnormalities. Survivors of EBOV infection are better able to regulate the antiinflammatory response than non-survivors and they produce protective antibodies. In the case of LASV infection, both DC and macrophage responses are antagonized, and T cell responses are very weak in fatal cases of Lassa fever, whereas survivors mount a strong but transient T cell response. In contrast to EVD, B cell responses seem not to be important for natural immunity leading to survival from LASV infection, although neutralizing antibodies are made by survivors of infection, and these might have therapeutic applications¹²⁵. Thus, although both EVD and Lassa fever are defined as haemorrhagic fevers, clear differences exist in both the immune responses that are elicited and in the responses that mediate a favourable outcome.

A central question in understanding the pathogenesis of viral haemorrhagic fever is what are the key mechanisms that drive disease? Inflammatory responses certainly contribute to the endpoint of disease, with the hallmark of EVD being a 'cytokine storm' that is thought to promote coagulation abnormalities and vascular leakage, but it is not clear whether this inflammation is an early driver of pathology. Alternatively, is immune suppression directly resulting from virus infection of key cells or indirectly from the expression of anti-inflammatory cytokines the early driver of disease? These seemingly divergent phenomena are probably regulated in both a spatial manner (according to cell and tissue type) and a temporal manner. Therefore, careful studies designed to understand how early events in infected myeloid cells initiate inflammatory or protective responses are warranted. These types of studies will probably reveal new functions of individual viral proteins in triggering or suppressing cellular signalling pathways to alter immune responses.

Antibody-dependent

cell-mediated cytotoxicity (ADCC). A cell-mediated immune response whereby cells bound by specific antibodies are lysed, primarily by natural killer cells or neutrophils.

The ideal immunotherapeutic would be one that provides benefit in cases of haemorrhagic fever regardless of the infectious agent. However, this may be very difficult to achieve and may even be detrimental given the clear differences in immune activation versus immune suppression observed in EVD and Lassa fever, respectively. Future research to fill the gaps in our knowledge may determine how therapeutic targeting of RLR activation, production of IFNs and pro- and anti-inflammatory cytokines could affect the outcome of disease. It may be that therapeutic targets are not compatible between these two diseases and that efforts should be focused on boosting the natural immune responses that are known to be protective, such as antibody responses in EVD and cytotoxic T lymphocyte (CTL) responses in Lassa fever. A complementary approach may be to augment the responses that are not strongly induced early in natural infection, including CTL responses in EVD and the humoral response to LASV. Furthermore, information regarding the mechanisms of control of virus replication and inflammation may be garnered from comparative studies in animal models that do not result in disease. Examples here include the

comparison of non-adapted EBOV with MA-EBOV, comparison of virulent and attenuated virus strains, or examination of virus replication in reservoir species of bats (the likely reservoir of EBOV) and rodents (M. natalensis, the reservoir of LASV); for example, related studies have yielded insight into immunological control in deer mice infected with Sin Nombre virus, a hantavirus¹²⁶. Finally, in order to impact public health, the development of countermeasures for EVD and Lassa fever needs to be intensified, guided by results from basic research. Existing approaches such as antivirals with promising preclinical data (for example, small molecule inhibitors and antibodies) need to be moved into human trials and towards licensure. However, additional new approaches (such as next-generation vaccines and additional small-molecule inhibitors) need to be developed and evaluated both at the preclinical level and in phase I human trials. The failure to advance these countermeasures to early clinical trials in humans now will be a major limiting factor in the implementation of any promising approach and will ensure that the next large outbreak of viral haemorrhagic fever will catch us off-guard again.

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Competing interests statement

The authors declare no competing interests.

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