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Differentiated vulvar intraepithelial neoplasia is often found in lesions, previously diagnosed as lichen sclerosus, which have progressed to vulvar squamous cell carcinoma

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Lichen sclerosus is considered to be the precursor lesion of vulvar squamous cell carcinoma, of which only 2-5% progress to squamous cell carcinoma. Differentiated vulvar intraepithelial neoplasia (VIN) has been proposed to be the direct precursor lesion, but this is a recently recognized, and a difficult to diagnose, entity, which may easily be mistaken for a benign dermatosis. The aim of this study was to test the hypothesis that of all lesions that have been diagnosed as lichen sclerosus in the past, a part might currently be diagnosed as differentiated VIN, and to identify histopathological differences between lichen sclerosus lesions with and without progression to vulvar squamous cell carcinoma. All lichen sclerosus slides were revised by two expert gynecopathologists and histopathological characteristics were documented. After revision of lichen sclerosus biopsies without progression (n=61), 58 were reclassified as lichen sclerosus. Revision of lichen sclerosus biopsies with progression yielded concordant diagnoses in 18 of 60 cases (30%). Of 60 lesions, 25 (42%) were reclassified as differentiated VIN. The median time from differentiated VIN to vulvar squamous cell carcinoma was shorter (28 months) than that from lichen sclerosus to vulvar squamous cell carcinoma (84 months) (P < 0.001). Lichen sclerosus that progressed to squamous cell carcinoma, but did not meet the criteria for differentiated VIN, more often showed parakeratosis (P = 0.004), dyskeratosis (P < 0.001), hyperplasia (P = 0.048) and basal cellular atypia (P = 0.009) compared with lichen sclerosus without progression. In conclusion, differentiated VIN diagnosis has been frequently missed and is associated with rapid progression to squamous cell carcinoma. Patients with lichen sclerosus with dyskeratosis and parakeratosis, hyperplasia and/or basal cellular atypia should be kept under close surveillance as these lesions also tend to progress to squamous cell carcinoma.

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Vulvar squamous cell carcinoma is the fourth most common type of gynecological cancer and affects the external female genitalia. It accounts for approximately 3-5% of all gynecological malignancies, with an incidence rate of $1-2/100\ 000$.¹ Vulvar squamous cell carcinoma is a disease that occurs in the sixth to seventh decade of life, and an increase in incidence is to be expected because of the aging of women.

There are two different pathways leading to vulvar squamous cell carcinoma with their own premalignant lesions; the most common pathway, which accounts for $\sim 80\%$ of all squamous cell carcinomas, is HPV independent,² but its etiology is still unknown. These, mostly differentiated keratinizing, squamous cell carcinomas often arise in lichen sclerosus, and it has therefore been suggested that lichen sclerosus is the precusor lesion of squamous cell carcinoma.³⁻⁵ Lichen sclerosus is a chronic inflammatory skin disease and mainly affects the female anogenital area.^{6,7} The classical histological findings of lichen sclerosus are a thinned epidermis and/or the loss of rete ridges, hyperkeratosis, edema and/or hyalinization, as well as a chronic band-like inflammatory cell infiltrate of the dermis⁸ (Figure 1a), but there are a lot of variations to these classical histological characteristics, leading to a myriad of lesions that may be classified as lichen sclerosus. Although lichen sclerosus is considered a premalignant condition, only 2-5% of patients with lichen sclerosus ultimately develop a vulvar squamous cell carcinoma.^{4,9} At present, no molecular markers have been proven to identify lichen sclerosus lesions that are at risk to develop vulvar squamous cell carcinoma.

It has been hypothesized more recently that differentiated vulvar intraepithelial neoplasia (VIN) is the direct precursor of vulvar squamous cell carcinoma. Differentiated VIN (Figure 3a) is often found directly adjacent to squamous cell carcinoma and is characterized by a thickened epithelium that is typically associated with the elongation and anastomosis of rete ridges (Figure 3b). Dyskeratosis and parakeratosis are usually present (Figures 3c and d), associated with prominent intercellular bridges (Figure 3b). Basal keratinocytes are large and pleomorphic with a relatively large amount of eosinophilic cytoplasm. Keratin pearl formation within the rete ridge may be seen. The nuclear chromatin is vesicular rather than coarse, and the nuclei have prominent nucleoli (Figure 3e), usually most prominently in the basal and parabasal keratinocytes.⁸ Although differentiated VIN is seen adjacent to $\sim 80\%$ of vulvar squamous cell carcinomas,² it is seldom diagnosed as a solitary lesion,¹⁰ which may be explained by underdiagnosis due to its difficult recognition^{11–13} or due to its short intraepithelial phase.¹⁰ It has been hypothesized that differentiated VIN may develop from lichen sclerosus and that it carries a higher malignant potential than lichen sclerosus does,^{3,13-17} but its



Figure 1 Classical cases of lichen sclerosus. (a) Typical example of lichen sclerosus with a thinned epidermis and a loss of rete ridges, hyperkeratosis, hyalinization and a chronic band-like inflammatory cell infiltrate of the dermis. (b) Lichen sclerosus with hyperkeratosis and hyperplasia. Original magnification, panels a and b: $\times 100$.

role as a premalignant lesion has not been accepted by all pathologists.¹⁸ We hypothesize that of all lesions that have been diagnosed as lichen sclerosus in the past, a substantial part might currently be diagnosed as differentiated VIN.

The terminology and criteria for the diagnosis of lichen sclerosus have been subjected to quite some revisions in the past 40 years,^{19,20} and this has unevitably led to the diagnoses of lichen sclerosus that would currently be classified differently, including differentiated VIN.

It is currently unknown which lichen sclerosus lesion carries the risk of malignant progression. This is in part due to the wide variety of histopathological entities that have been collectively diagnosed as lichen sclerosus in the past. The first aim of this study was to test the hypothesis that of all lesions that have been diagnosed as lichen sclerosus in the past, a part would currently be diagnosed as differentiated VIN. The second aim was to determine whether, in retrospect, there are histopathological differences between lichen sclerosus lesions that did and did not progress to vulvar squamous cell carcinoma. Recognition of the lichen sclerosus at risk for squamous cell carcinoma development would greatly help to select patients who need close follow-up.

Patients and methods

Patient Selection

Lichen sclerosus without progression

Patients with lichen sclerosus who were not diagnosed with a subsequent vulvar squamous cell carcinoma were selected from the vulvar outpatient clinic at the Department of Obstetrics and Gynecology of the Radboud University Nijmegen Medical Centre (The Netherlands). We used the nationwide Netherlands database of Cytopathology and Histopathology (PALGA)²¹ to confirm that these patients did not develop a vulvar squamous cell carcinoma with a minimum follow-up of 10 years.

Lichen sclerosus with progression

Patients with vulvar squamous cell carcinoma who were treated at the Departments of Obstetrics and Gynecology of the Radboud University Nijmegen Medical Centre or at the University Medical Centre Groningen between 1 January 1988 and 31 December 2008 were selected for this study. Using PALGA, all previous vulvar biopsies with the diagnoses 'Lichen Sclerosus (et atrophicus)' and 'vulvar dystrophy' were retrieved. When multiple previous biopsies were available from different moments, the most recent biopsy was included for this study (with a minimum interval between the biopsy and vulvar squamous cell carcinoma of 3 months). In case multiple biopsies were taken at the same time, the lesion with the most severe dysplastic characteristics was selected.

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The hematoxylin and eosin (H&E)-stained slides were retrieved and reviewed by two expert gynecopathologists (JB and HH) independently and unaware of the course of the patient. Discrepancies were resolved in a consensus meeting with these two gynecopathologists. In the analyses, we categorized the diagnoses of vulvar dystrophy and lichen sclerosus together, because in earlier days, the term 'vulvar dystrophy' was used for the same entity as lichen sclerosus. Concordance between the original and revised diagnosis was calculated.

Collected Data

Patients' age, time of diagnosis of squamous cell carcinoma and time to progression were obtained from medical charts and electronic patient files. All slides were scored on the presence of hyperkeratosis, parakeratosis (Figures 1b and 3d), dyskeratosis (Figure 3c), hyperplasia (Figure 1b), basal cellular atypia (Figure 2), presence of mitotic figures (Figure 3f), edema, hyalinization (Figure 1a) and presence of subepithelial inflammation (Figure 1a). In addition, we examined the presentation of rete ridges (Figure 3b), basal cell layer (Figure 3c) and epithelial thickness.

Statistical Analysis

Calculations were performed using Statistical Package for Social Sciences 16.0 (SPSS, Chicago, IL, USA).

Descriptive statistics were used to reproduce study results as percentages, means, medians and s.d. χ^2 -Tests were used to identify significant differences between lichen sclerosus with and without progression. The independent-samples *t*-test was used to compare the age for two groups. *P*-values <0.05 were considered to be statistically significant.

Figure 2 Lichen sclerosus with basal cell atypia. Lichen sclerosus with basal cell atypia (original magnification, \times 200), inset: magnification \times 400.





Figure 3 Differentiated vulvar intraepithelial neoplasia. Low-power overview of differentiated VIN (a) with the five most important histopathological characteristics that can be recognized in an H&E stain: elongated rete ridges with anastomosis (b), disorderly basal cell layer and dyskeratosis (c), parakeratosis (d), prominent nucleoli (e) and atypical mitoses, indicated by arrows (f). Original magnifications: \times 50 (panel a), \times 100 (panels b and d), \times 200 (panels c and e) and \times 400 (panel f).

Results

Lichen Sclerosus without Progression

A total of 61 patients with lichen sclerosus without progression and a minimal follow-up of 10 years were retrieved from the pathology archives of the Radboud University Nijmegen Medical Centre. The median age at the time of diagnosis was 59.5 years (range 16–83 years). Three biopsies did not fulfill the criteria for lichen sclerosus and were excluded. In 58 of the 61 cases (95%), the diagnosis was not changed.

Lichen Sclerosus with Progression

During the study period 1988–2008, 273 patients with vulvar squamous cell carcinoma were treated

criteria of a previous biopsy with 'Lichen Sclerosus (et atrophicus)' or 'vulvar dystrophy' were identified and 72 in Groningen. Of these 105 cases, a total of 60 biopsies were received from the pathology archives of the Radboud University Nijmegen Medical Centre/University Medical Centre Groningen and from the referring hospitals in the surrounding areas. We did not receive the 35 biopsies that we requested from the hospitals where the biopsies were taken, and 10 biopsies were excluded from analyses for different reasons (poor quality H&E staining (n=6) or slides with too little tissue to review (n=4)). The study population consisted of 60 lichen sclerosus patients with progression to vulvar squamous cell carcinoma. The median age at the time of diagnosis

in Nijmegen and 548 patients were treated in Groningen. In Nijmegen, 33 cases that met the

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Table 1 Overview of original and revised diagnoses

Original diagnosis		Diagnosis after revision							
	n	LS	LS with hyperplasia	LS with atypia	LS with hyperplasia and atypia	dVIN	Other	Concordance n (%)	
Lichen sclerosus	42	18	4	3	1	10	6^{a}	18/42 (42.9)	
LS with HPV-related lesion	5				1	4		0/5	
LS with atypia	4					4		0/4	
LS with hyperplasia	9	1		1		7		0/9	
Total	60	19	4	4	2	25	6	18/60 (30)	

^aNo LS, no dVIN. No LS, aspecific inflammation. Verrucous lesion, HPV induced: vulvar hyperplasia. Hypertrophy and hyperkeratosis: minimal aspecific inflammation, normal.

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Diagnosis after revision	Median age (years) (range)	Median time to vulvar SCC (months) (range)	
Lichen sclerosus	29	64.6 (30–90)	84 (9–230)
Lichen sclerosus	19	67.6 (52-79)	61 (9–200)
Lichen sclerosus with hyperplasia	3	51.8 (30-54)	99 (13-135)
Lichen sclerosus with atypia	5	59.1 (53-64)	115 (91–231)
Lichen sclerosus with hyperplasia and atypia	2	69.7 (65–73)	30 (26–35)
Differentiated VIN	25	64.4 (42–90)	28 (5-144)
No lichen sclerosus, no differentiated VIN	6	64.0 (54–72)	31 (4–63)

of lichen sclerosus was 64.6 years (range 30–90 years). These patients were older than were lichen sclerosus patients without progression (P < 0.001).

All biopsies were revised and scored. In total, diagnoses of 42 biopsies were changed by the two expert gynecopathologists (70%). Of the 60 (42%) lesions, 25 were previously diagnosed as lichen sclerosus, but that did progress to squamous cell carcinoma, were reclassified as differentiated VIN (Figure 3). The biopsies that were changed into differentiated VIN mainly came from the original diagnosis categories of lichen sclerosus with an associated lesion such as an HPV-induced lesion (VIN I, III, Morbus Bowen, Buschke Löwenstein), or from lichen sclerosus with hyperplasia, atypia or both. The highest percentage of concordance between the original and changed diagnoses was achieved for 'simple' lichen sclerosus without an associated lesion (43%). The original and revised diagnoses are given in Table 1. Of all biopsies, six were not classified as lichen sclerosus/differentiated VIN. A total of 29 biopsies were diagnosed as lichen sclerosus, of which 1 was classified as early lichen sclerosus (categorized as lichen sclerosus),²² and 3 were classified as lichen sclerosus with hyperplasia (Figure 1b). Five lichen sclerosus biopsies had basal cellular atypia (Figure 2), and two biopsies were classified as lichen sclerosus with hyperplasia and basal cellular atypia. These seven biopsies did not comply with other criteria for differentiated VIN.

Differences in the time to progression into vulvar squamous cell carcinoma between lichen sclerosus and differentiated VIN biopsies were calculated. For this analysis, the six biopsies without lichen sclerosus or differentiated VIN were excluded. The time to progression for differentiated VIN (28 months) was shorter than that for lichen sclerosus (84 months) (P=0.001) (Table 2). The number of lesions in the subcategories of lichen sclerosus was too small to calculate differences in times until progression.

Histopathological Differences Between Lichen Sclerosus with and without Progression

For this comparison, only biopsies that were indeed classified as lichen sclerosus after revision were included (29 with progression, 58 without progression). Lichen sclerosus biopsies with progression showed more often dyskeratosis (31 vs 0% P<0.001) and parakeratosis (48 vs 19% P=0.004) than did lichen sclerosus biopsies without progression. In addition, lichen sclerosus biopsies with progression more often had hyperplasia (24 vs 9% P=0.048) and basal cellular atypia (21 vs 3% P=0.009). The other histopathological characteristics did not differ between both groups (Table 3).

Discussion

In this study, we found that 42% of lichen sclerosus biopsies, taken from patients who showed progression into vulvar squamous cell carcinoma, showed the histological characteristics of differentiated VIN. In the majority of cases, differentiated VIN was

Histological features	LS without progression (N = 58) Number (%)	LS with progression (N = 29) Number (%)	P-value
Humankanatagia			0.975
No	21 (36)	11 (38)	0.675
Yes	37 (64)	18 (62)	
Parakeratosis			0.004
No Voc	47 (81) 11 (19)	15 (52) 14 (48)	
165	11 (13)	14 (40)	
Dyskeratosis	58 (100)	20 (60)	< 0.001
Yes	0 (0)	9 (31)	
Data midaga			0.005
Normal	2 (3)	5 (7)	0.235
Reduced	51 (88)	21 (83)	
Widened	4 (7)	0	
Merged	1 (2)	1 (3)	
Elongated	0	1 (3)	
Widened	0	1 (3)	
and merged			
Epithelial thickness	(cells)		0.332
<5	1 (2)	1 (3)	
5-9	27 (47)	10 (35)	
10-14	24 (41)	11 (38)	
15-19 >20	5 (9) 1 (2)	4 (14) 3 (10)	
≥20	1 (2)	5 (10)	
Hyperplasia			0.048
N0 Voc	53 (91)	22 (76)	
165	5 (8)	7 (24)	
Dysplasia	FF (00)	07 (00)	0.213
N0 Ves	57 (98)	27 (93)	
	1 (2)	2())	
Basal cellular atypi	a FC (07)	22 (70)	0.009
INO Ves	56 (97) 2 (3)	23 (79) 6 (21)	
165	2 (3)	0 (21)	
Mitotic figures		<i>.</i>	0.510
No	49 (85)	26 (90)	
ies	9 (15)	3 (10)	
Basal cell layer			0.600
Normal	52 (90)	27 (93)	
Disorderly	6 (10)	2 (7)	
Edema			1.000
No	22 (38)	11 (38)	
Yes	36 (62)	18 (62)	
Hvalinization			0.099
No	12 (21)	2 (7)	01000
Yes	46 (79)	27 (93)	
Inflammation at the	e enithelial_dermal in	unction	0.658
Absent	22 (38)	9 (31)	0.000
Focal	12 (21)	5 (17)	
Diffuse	24 (41)	15 (52)	
Inflammation suber	pithelial		0.647
Band-like	25 (43)	14 (48)	5.01/
Not band-like	33 (57)	15 (52)	
Intraenithelial press	ence inflammation ce	olls	0 750
No	24 (41)	13 (45)	0.703
Yes	34 (59)	16 (55)	

 Table 3 Histopathological differences between LS with and without progression

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found in biopsies of which the original diagnosis was lichen sclerosus with an HPV-induced lesion or with hyperplasia and/or atypia. In addition, we found that lichen sclerosus biopsies with dyskeratosis and parakeratosis, hyperplasia and atypia may be regarded as lichen sclerosus with an elevated risk of vulvar squamous cell carcinoma development.

By revising numerous biopsies that were earlier classified as lichen sclerosus, we show that a substantial part nowadays would be diagnosed as differentiated VIN. Remarkably, most revisions were made when the original report mentioned lichen sclerosus with an associated lesion (an HPV-induced lesion, hyperplasia and/or atypia) (Table 1). Most concordance was achieved for 'simple' lichen sclerosus lesions without an associated lesion. The histological diagnosis of differentiated VIN is difficult; the recognition of differentiated VIN is hindered by a high degree of cellular differentiation combined with an absence of widespread architectural disarray, nuclear pleomorphism and diffuse nuclear atypia.¹² The atypia in differentiated VIN lesions is strictly confined to the basal and parabasal layers of the epithelium.^{8,12} In addition, despite the fact that differentiated VIN was first described in the 1960s by Abell²³ as a highly differentiated form of vulvar carcinoma in situ, until more recently, the entity has not gained wide attention because its existence as a clinicopathological entity has long been questioned.¹⁸ As more insight is gained that vulvar squamous cell carcinomas originate from two different pathways, each with its own premalignant lesions,^{24,25} differentiated VIN has been designated the direct precursor of the HPV-independent pathway. Earlier, all VIN lesions were classified as being HPV related, which explains the high incidence of lichen sclerosus with HPV-induced lesions, which turned out to be differentiated VIN instead of the nowadays socalled usual VIN lesions.²⁶ In addition to the difficult histopathological diagnosis, it is believed that the intraepithelial period of differentiated VIN is short, all being reasons why differentiated VIN has been seldom diagnosed as a solitary lesion. In this study, we show that differentiated VIN is not as rare as a solitary lesion as previously believed, but there is significant underdiagnosis. The recognition of differentiated VIN is of utmost importance because the malignant potential of differentiated VIN is considered to be high,¹⁰ and therefore, treatment differs between lichen sclerosus (topical superpotent corticosteroid ointment²⁷) and differentiated VIN (surgical excision⁷).

After exclusion of lesions that were changed into differentiated VIN, we found that lichen sclerosus biopsies with progression more often showed dyskeratosis and parakeratosis, hyperplasia and basal cellular atypia in comparison with lichen sclerosus biopsies without progression. It has been suggested that hyperplasia, dysplasia or cellular atypia are precursor features linking progression of vulvar lichen sclerosus to vulvar squamous cell carcinoma9,14,28,29 and that squamous cell hyperplasia with atypia might represent a step in the carcinogenesis towards vulvar squamous cell carcinoma.³⁰ Although the numbers of lichen sclerosus lesions with atypia or hyperplasia were small in our study, it may be recommended that these patients require a more careful follow-up because they have a higher risk of developing vulvar squamous cell carcinoma.²⁹ The characteristics of dyskeratosis and parakeratosis have not been associated with progression towards vulvar squamous cell carcinoma before, but were not included in the analyses of earlier studies. In our study, dysplasia was not a characteristic of lichen sclerosus biopsies with progression. We hypothesize that in studies that have defined features linking progression of lichen sclerosus to squamous cell carcinoma, differentiated VIN lesions may have also been included, and therefore, dysplasia was found to be associated with progression. Patients with progression were significantly older at the time of the biopsy, which has also been associated with malignant progression in other studies,^{28,29} but the difficulty is that it is unknown for how long the patients have been suffering from lichen sclerosus at the time of the biopsy.

From this study, we cannot draw strong conclusions regarding the malignant potential of differentiated VIN because we have not included differentiated VIN lesions without progression. In the lichen sclerosus group without progression, no differentiated VIN lesions were found. In an earlier study, we saw that 33% of solitary differentiated VIN lesions progressed to vulvar squamous cell carcinoma.¹⁰ In that study, we only used the reports in the PALGA database; we did not revise the VIN lesions. Now that we demonstrate that differentiated VIN is more often present in its solitary form than previously believed, its high malignant potential should be appreciated. The median time between differentiated VIN biopsies and vulvar squamous cell carcinoma development in this study was 28 months, which is comparable with the 23 months in our other study.¹⁰ In total, we have identified 92 (67 (van de Nieuwenhof *et al*¹⁰) and 25 (this study) solitary differentiated VIN lesions with and without progression, respectively, which is still a rather small number to draw strong conclusions from.

This study has several limitations; the first is the possible different localization of the biopsies and the subsequent squamous cell carcinoma. We do not have access to these data of patients as this is poorly recorded. The concept of field cancerization is plausible, because in most patients, the greatest part of the vulva is affected by lichen sclerosus. However, it is unknown whether different types of lichen sclerosus were present in one patient at the same time. In addition, there is a large time range between lichen sclerosus lesions and vulvar squamous cell carcinoma development, the longest being 19 years. HP van de Nieuwenhof et al

Moreover, two different populations were compared: women with known vulvar squamous cell carcinoma and in retrospect their biopsies with lichen sclerosus, and prospectively followed lichen sclerosus patients without progression to vulvar squamous cell carcinoma. It may have been that the clinical presentation of these two groups of women was different, but we do not have access to their medical files.

In total, 821 patients were treated for a vulvar squamous cell carcinoma during the study period, and of only 105 patients, a biopsy of lichen sclerosus or vulvar dystrophy was identified. We used PALGA,²¹ which has national coverage from 1992 onward, so it may be that more biopsies were taken before 1992, which we did not retrieve. However, the majority of vulvar squamous cell carcinoma patients do not have a recorded and histopathologically proven history of lichen sclerosus, but suffer from lichen sclerosus, either asymptomatic or unnoticed.^{4,28,31-33} This may result in delayed diagnosis by both patients and doctors. In our vulvar clinic, the policy is to biopsy every woman with a suspicion of lichen sclerosus, because this diagnosis has the consequence of a lifelong follow-up (at least yearly).

In this study, we solely studied the histopathological characteristics of differentiated VIN lesions, but using immunohistochemistry, it may be more easy to recognize differentiated VIN. In our study about the p53 expression of both lichen sclerosus and differentiated VIN, it turned out that the mean percentage of p53-positive cells was ~50%, and confined to the lower one-third of the epithelium, sometimes with suprabasal extension. This is contrast to lichen sclerosus, of which the percentage of p53-positive cells did not exceed 30%.¹⁶

In conclusion, we found that in patients with progression, the original diagnosis of lichen sclerosus was often revised into differentiated VIN. When adhering to strict criteria (elongated rete ridges with anastomosis, a disorderly basal cell layer, dyskeratosis and parakeratosis, prominent nucleoli and atypical mitosis), the diagnosis of differentiated VIN should be more easy to make, especially when the patient is suffering from lichen sclerosus as well. We conclude that differentiated VIN suffers from underdiagnosis rather than from rarity. When the diagnosis of lichen sclerosus with an HPV-associated lesion, atypia or hyperplasia is made by a pathologist, the diagnosis of differentiated VIN should at least be considered by both the pathologist and the gynecologist/dermatologist. Furthermore, when the diagnosis of differentiated VIN cannot be established, but when lichen sclerosus with dyskeratosis and/or parakeratosis, hyperplasia and basal cellular atypia is diagnosed, close follow-up of the patient is warranted as these lichen sclerosus lesions are at increased risk for malignant progression. A prospective study and translational research are required to confirm our hypothesis that

patients with lichen sclerosus lesions with dyskeratosis and/or parakeratosis, hyperplasia and basal cellular atypia are at risk of developing vulvar squamous cell carcinoma.

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Disclosure/conflict of interest

The authors declare no conflict of interest.

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