

Most primary adrenal lymphomas are diffuse large B-cell lymphomas with non-germinal center B-cell phenotype, *BCL6* gene rearrangement and poor prognosis

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Primary adrenal lymphoma is extremely rare, accounting for <1% of non-Hodgkin lymphomas, and lymphoma-associated chromosomal translocations have yet to be reported in this entity. We performed a retrospective study of 10 cases in immunocompetent patients including 4 males and 6 females with a median age of 68 years. The most common presenting symptoms were abdominal pain and fever; unexpectedly, clinically evident adrenal insufficiency was detected only in one patient. The mean tumor size at diagnosis was 8.5 cm. Half of the patients had bilateral involvement. All cases presented with stage IE disease without regional nodal involvement. Histologically, eight cases were diffuse large B-cell lymphoma, all of which carried a non-germinal center B-cell phenotype. Fluorescence *in situ* hybridization revealed *BCL6* gene rearrangement in 5 (83%) of 6 diffuse large B-cell lymphomas investigated. The remaining cases were one case each of plasmablastic lymphoma and extranodal NK/T-cell lymphoma, nasal type, the first and third case of primary adrenal lymphoma of these particular lymphoma subtypes in the English literature, respectively. At a median follow-up of 4.5 months, 7 patients died of lymphoma, 1 died of an unrelated disease, 1 was alive with disease, and 1 was alive without disease. The prognosis of these patients was poor as compared with those with nodal diffuse large B-cell lymphoma. We speculate that the poor outcome of primary adrenal lymphoma might be related to the bulky tumor size at presentation, non-germinal center B-cell phenotype, and frequent *BCL-6* gene rearrangement.

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Although secondary involvement of the adrenal glands by non-Hodgkin's lymphoma is not uncom-

mon, primary adrenal lymphoma is extremely rare and accounts for <1% of all non-Hodgkin's lymphoma cases.¹ In the English literature, most of the papers on primary adrenal lymphomas are single-case reports and literature reviews based on a small number of cases except two large series.^{1–5} Up to half of the small number of reported patients with primary adrenal lymphoma were associated with adrenal insufficiency and there is a high rate of

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bilateral adrenal involvement.^{1–5} However, these data might be publication bias due to the rarity of this tumor. Pathologically, the great majority of cases were diffuse large B-cell lymphomas,^{2,3} and when immunophenotyping were performed, these tumors usually expressed bcl-2 with a non-germinal center B-cell phenotype.⁶ To date, lymphoma-associated chromosomal translocations have not been reported in primary adrenal lymphoma. We conducted this retrospective study to better define the clinicopathological and molecular features of this entity. We found that most tumors were diffuse large B-cell lymphomas of non-germinal center B-cell phenotype with *BCL6* gene rearrangement and poor prognosis. In addition, we presented the clinicopathological findings of the first case of plasmablastic lymphoma and the third case of extranodal NK/T-cell lymphoma, nasal type arising primarily in the adrenal gland in the English literature.

Materials and methods

Materials

A retrospective search of primary adrenal lymphoma in the authors' institutions constituted this study. Only cases of primary adrenal origin with or without regional lymph node involvement were included. Those cases with secondary adrenal involvement or those occurring in HIV-infected patients were excluded.

Histopathology and Immunohistochemistry

The surgical specimens were fixed in buffered formalin and embedded in paraffin, and sections of 4 μ m thick were stained with hematoxylin and eosin. Immunohistochemical staining was performed using an autostainer and an antigen-retrieval technique was applied as needed for each specific antibody. The antibodies used were CD3, CD20, bcl-2, bcl-6, IRF4/MUM1 (Dako Corp, Carpinteria, CA, USA), CD10 (Novocastra, Newcastle upon Tyne, UK), and cyclin D1 (LAB Vision Co, Fremont, CA, USA). Additional antibodies including epithelial membrane antigen (EMA), latency membrane protein-1 (LMP-1) of Epstein-Barr virus (EBV), CD30, CD45, CD79a, IgD and IgM (Dako), CD56, CD138 and latency-associated nuclear antigen of HHV8 (HHV8-LANA; Novocastra), IgA and IgG (Zymed, South San Francisco, CA, USA) were added for Case 1. An additional panel of T-cell antibodies including CD2, CD4, CD5, CD7, CD8, CD30, CD56, (Dako Corp), TIA-1 (Coulter-Immunotech, Marseille, France), Granzyme B (Monosan, San Francisco, CA), β F1 (Endogen/Pierce Biotechnology, Rockford, IL, USA), and CD16 (Serotec, Raleigh, NC, USA) was added for Case 10.

In Situ Hybridization

In situ hybridization for EBV-encoded mRNA (EBER) was performed using an autostainer with an EBV-specific probe (Bond ISH EBER Probe, Vision BioSystems Ltd. or the INFORM EBER Probe, Ventana Medical Systems, Tucson, AZ, USA). The extent of EBER positivity was graded as: negative; 1+, 1% to <25% cells with positive signal; 2+, 25–49%; 3+, 50–74%; and 4+, \geq 75%.

Fluorescence In Situ Hybridization

Locus-specific interphase fluorescence *in situ* hybridization (FISH) was performed on 4 μ thick paraffin-embedded tissue sections using *MYC*, *IGH*, *BCL2*, *BCL-6*, and *CCND1* dual-color, break-apart rearrangement probes (Vysis/Abbott Laboratories Ltd, Maidenhead, UK) as described earlier.⁷ Briefly, de-paraffinized sections were pre-treated by pressure-cooking for 3 min in EDTA (ethylenediaminetetraacetic acid) buffer (1 mM, pH 8.0) and subsequent incubation in pepsin solution for 25 min at 37°C to increase DNA accessibility. Sections were then dehydrated through ethanol and air-dried. The appropriate probe mix (1.0 μ l) was applied to the tissue section and covered with a round 10 mm cover slip. Both probe and target DNA were simultaneously denatured at 80°C for 25 min and incubated up to 2 days at 45°C. Post-hybridization washes were performed according to the 'rapid-wash protocol' provided by Vysis, Downers Grove, IL, USA. Sections were counterstained with 4,6-diamidino-2-phenylindole (DAPI) and mounted in Vectashield antifade solution (Vector Laboratories, Burlingame, CA, USA). Image acquisition and processing was performed as described earlier.⁸

Results

Clinical Features

A total of 10 cases of primary adrenal lymphoma were identified. The first six cases were Taiwanese, the seventh British, and the last three cases, Spanish. The patients were four males and six females, and the clinical findings are summarized in Table 1. Both the mean and the median age were 68 years (range, 48–83 years). The most common presenting symptoms were pain (usually abdominal) (6/10) and/or fever (4/10). B-symptoms (fever, weight loss of >10% within 6 months, or night sweating) were observed in 8 out of 10 cases (80%). Adrenal insufficiency was detected in only one patient (Case 10), although in most of the cases, no hormone study was performed due to the lack of clinical and laboratory features of adrenal insufficiency. The serum level of lactate dehydrogenase (LDH) was elevated in 7 (78%) out of 9 cases tested.

Table 1 Clinicopathological features of patients with primary adrenal lymphoma

Case/sex/age	Tumor type	Presenting symptom	Side (size, cm)	Adrenal insufficiency	B symptoms	Dx method	LDH	Stage	Tx	Tx results	FU (mo)
1/F/83	PBL	Abd pain	L (12.2)	Absent	Absent	Adrenalectomy	NT	IEA	Supportive	Progression to leukemia (2 months)	DOD (3.5)
2/F/76	DLBCL	Fever	R (6.0) L (4.0)	Absent	Fever	Adrenalectomy	Elevated	IEB	COP x8	CR	DOUD-AMI (7.5)
3/M/67	DLBCL	Chest pain	R (>10) L (6.0)	Absent	WL	Needle bx	Elevated	IEB	CHOP x2	Progression	DOD (9)
4/F/48	DLBCL	L flank pain	L (6.0)	Absent	Absent	Needle biopsy	Normal	IEA	CHOP x3, COP x2	Progression	DOD (3)
5/M/72	DLBCL	Poor appetite, WL	L (9.5)	Absent	Fever, WL, NS	Adrenalectomy	Normal	IEB	R-CHOP x6	CR	NED (42)
6/F/64	DLBCL	Fever	R (8.0) L (12.0)	Absent	Fever, WL, NS	Bilateral adrenalectomy	Elevated	IEB	CHOP x8	Relapse at nasal cavity (113 mo)	AWD (119)
7/F/62	DLBCL	Abd pain, fever, NS	L (12.5)	Absent	Fever, WL, NS	Needle biopsy	Elevated	IE → IVB	R-CHOP x8	PR	DOD (4)
8/M/78	DLBCL	Abd pain, WL	L (11.0)	Absent	Fever, WL, NS	Needle biopsy	Elevated	IB	R-CHOP x1	Progression	DOD (0.5)
9/F/61	DLBCL	Abd pain, fever	R (13.0) L (7.5)	Absent	Fever, NS	Needle biopsy	Elevated	IB	R-CHOP x1; salvage C/T for relapse	Relapsed in CNS	DOD (5.0)
10/M/70	NK/T	Diarrhea	R (4.3) L (5.2)	Present	Fever, WL	Needle biopsy	Elevated	IB	CHOP x3 and vincristine	Progression	DOD (3.7)

abd, abdominal; AMI, acute myocardial infarction; AWD, alive with disease; CHOP: cyclophosphamide, doxorubicin, vincristine and prednisolone; COP, cyclophosphamide, vincristine and prednisolone; CR, complete remission; C/T, chemotherapy; DOD, died of disease; DOUD, died of unrelated disease; Dx, diagnosis; L, left; NK/T, nasal type NK/T-cell lymphoma; NT, not tested; NED, no evidence of disease; NS, night sweating; PBL, plasmablastic lymphoma; PR, partial response; R, right; R-CHOP, rituximab plus CHOP; Tx, treatment; WL, weight loss.

Five patients presented with unilateral involvement affecting the left adrenal gland, and the remaining five patients had bilateral adrenal involvement. The mean size of the tumor at the time of diagnosis was 8.5 cm, with a range from 4 to 13 cm; 6 were >10 cm in diameter. The most common diagnostic procedure was needle biopsy (6/10, 60%). The remaining four patients underwent unilateral (three patients) or bilateral adrenalectomy (one patient). All patients presented with stage IE disease by the Ann-Arbor Staging System without nodal involvement. After diagnosis, nine patients received chemotherapy with a CHOP (cyclophosphamide, doxorubicin, vincristine, and prednisolone)-based regimen, some with additional rituximab. One patient received only supportive treatment. Six patients progressed despite treatment, 1 patient relapsed in the nasal cavity 113 months after the diagnosis, 1 achieved a partial response and 2 achieved complete remission. At a median follow-up of 4.5 months (mean, 19.7; range, 0.5–119 months), 7 patients died of lymphoma, 1 died of acute myocardial infarction, 1 was alive with disease, and 1 was alive with no evidence of disease.

Pathologic Findings

The first nine cases were of B-cell lineage, and the last case was an extranodal NK/T-cell lymphoma, nasal type. The immunohistochemical findings of the first nine cases are summarized in Table 2. The first case showed a diffuse, focally necrotic, monomorphic infiltration of plasmablasts with a large centrally located nucleolus and eosinophilic to amphophilic cytoplasm (Figure 1). Focal plasmacytic differentiation was discerned. The tumor cells expressed CD45, CD79a, CD138 (partial), bcl-2, IRF4/MUM1, and IgM. They were negative for CD3, CD10, CD20, CD30, CD56, bcl-6, EMA, cyclin D1, HHV8-LANA, IgA, IgD, or IgG. A fraction (5–10%) of tumor cells were positive for LMP-1. This case was classified as plasmablastic lymphoma with plasmacytic differentiation. The remaining eight B-cell lymphomas were diffuse large B-cell lymphomas with diffuse infiltration by large atypical lymphocytes without a follicular growth pattern. Immunohistochemically, the tumors expressed CD20 (8/8), bcl-2 (8/8), bcl-6 (6/7), and IRF4/MUM1 (7/7). All were negative for CD3 (8/8), CD10 (8/8), and cyclin D1 (7/7). The seven cases with complete immunostaining were all classified as non-germinal center B-cell phenotype based on the criteria by Hans *et al*.⁹

The last case was an extranodal NK/T lymphoma, nasal type with tumor cells expressing CD2, CD3, CD7, CD8, and βF1, but not CD5 (Figure 2). Furthermore, the tumor cells were positive for CD56, TIA-1, and granzyme B. Immunostaining for LMP-1 and CD30 was negative. Attempts were made to determine whether this lymphoma carried clon-

Table 2 Results of immunophenotyping and *in situ* hybridization of primary adrenal lymphoma of B-cell phenotype

Case	Tumor type	Immunohistochemistry					EBER	Fluorescent <i>in situ</i> hybridization				
		CD10	Bcl-6	MUM1	Cyclin D1	Phenotype		C-MYC	IGH	BCL2	BCL6	CCND1
1	PBL	–	–	+	–	Non-GCB	4+	–	–	–	–	–
2	DLBCL	–	+	+	–	Non-GCB	–	–	–	–	+	–
3	DLBCL	–	–	+	–	Non-GCB	–	–	–	–	+	–
4	DLBCL	–	+	+	–	Non-GCB	–	–	–	–	+	–
5	DLBCL	–	+	+	–	Non-GCB	–	–	+	–	+	–
6a	DLBCL	–	+	+	–	Non-GCB	1+	–	–	–	–	–
6b	DLBCL	–	+	+	–	Non-GCB	–	–	–	–	–	–
7	DLBCL	–	+	+	–	Non-GCB	–	–	+	–	+	–
8	DLBCL	–	+	+	–	Non-GCB	2+	ND	ND	ND	ND	ND
9	DLBCL	–	ND	ND	ND	Undetermined	ND	ND	ND	ND	ND	ND

DLBCL, diffuse large B-cell lymphoma; GCB, germinal center B-cell phenotype; ND, not done due to lack of tissue; PBL, plasmablastic lymphoma.

ally rearranged T-cell receptor genes, but unfortunately the DNA obtained from paraffin sections was too poor for analysis (only 100 bp PCR products amplifiable using the BIOMED-2 specimen control reaction (InVivoScribe Technologies, La Ciotat, France)).

In Situ Hybridization

The tumor cells of both Case 1 (plasmablastic lymphoma) and Case 10 (extranodal NK/T-cell lymphoma, nasal type) were diffusely positive for EBER (grade 4+). The extent of EBER positivity in Case 6a and Case 8 was grades 1+ and 2+, respectively. The other remaining tumors, including Case 6b (a relapsed tumor in the nasal cavity), were negative for EBER.

FISH Analysis

FISH study was performed in the first seven cases of B-cell lymphoma, as there was no tissue left after immunophenotyping of Cases 8 and 9. The results are listed in Table 2. The tumor cells of the first case, a plasmablastic lymphoma, were negative for rearrangements in all the *MYC*, *IGH*, *BCL2*, *BCL6*, and *CCND1* loci investigated. Of the 6 diffuse large B-cell lymphomas, 5 (83%) showed *BCL6* gene translocation, and 2 of these 5 cases exhibited an additional *IGH* rearrangement (Cases 5 and 7). None of the six diffuse large B-cell lymphomas showed rearrangements in *MYC*, *BCL2*, or *CCND1* loci. Both specimens of the remaining patient with diffuse large B-cell lymphoma (Case 6) were negative for rearrangement of all the investigated loci.

Discussion

Primary adrenal lymphoma is a rare disease and most of the papers in the English literature are single-case reports with very few studies comprising

significant numbers of cases. According to the literature, the most common presenting symptoms are abdominal or back pain, fever of unknown origin, anorexia, weight loss, and signs of adrenal insufficiency such as hypoglycemia, hyponatremia, and Addisonian crisis.^{1,4} In our series of 10 patients, the most common presenting symptoms were pain, fever, or both. Only one patient presented with clinical features of adrenal insufficiency. The earlier case reports and literature reviews based mostly on these single-case reports reveal a high rate of adrenal insufficiency (67–69%) and bilateral involvement (60–79%).^{1,4} In our series, only 10 and 50% patients, respectively, had adrenal insufficiency and bilateral involvement. We speculate that the very high rates of adrenal insufficiency and bilateral involvement in the earlier literature reviews were the results of publication bias.

In this series of 10 cases of primary adrenal lymphoma, we found that 90% were of B-cell lineage including 1 plasmablastic lymphoma and 8 diffuse large B-cell lymphomas. The plasmablastic lymphoma comprised monotonous tumor cells expressing plasma cell-associated markers such as CD138 and downregulated CD20, an immunophenotype indicative of terminal B-cell differentiation. This patient had no risk factor for HIV and she did not have history of constitutional or iatrogenic immunosuppression or autoimmune disease. In our earlier study of 50 diffuse large B-cell lymphomas with low/absent CD20/CD79a and an immunophenotype indicative of terminal B-cell differentiation (MUM1/CD38/CD138/EMA-positive), we were able to define several distinct subgroups including 23 (46%) cases of plasmablastic lymphoma of the oral mucosa type and 17 (34%) cases of plasmablastic lymphoma with plasmacytic differentiation.¹⁰ The former group showed a monomorphic population of immunoblasts with no or minimal plasmacytic differentiation and most patients were HIV+, 74% tumors were EBV-positive, and nearly half of cases presented in the oral cavity. In the latter group, only 33% were HIV+, EBV was

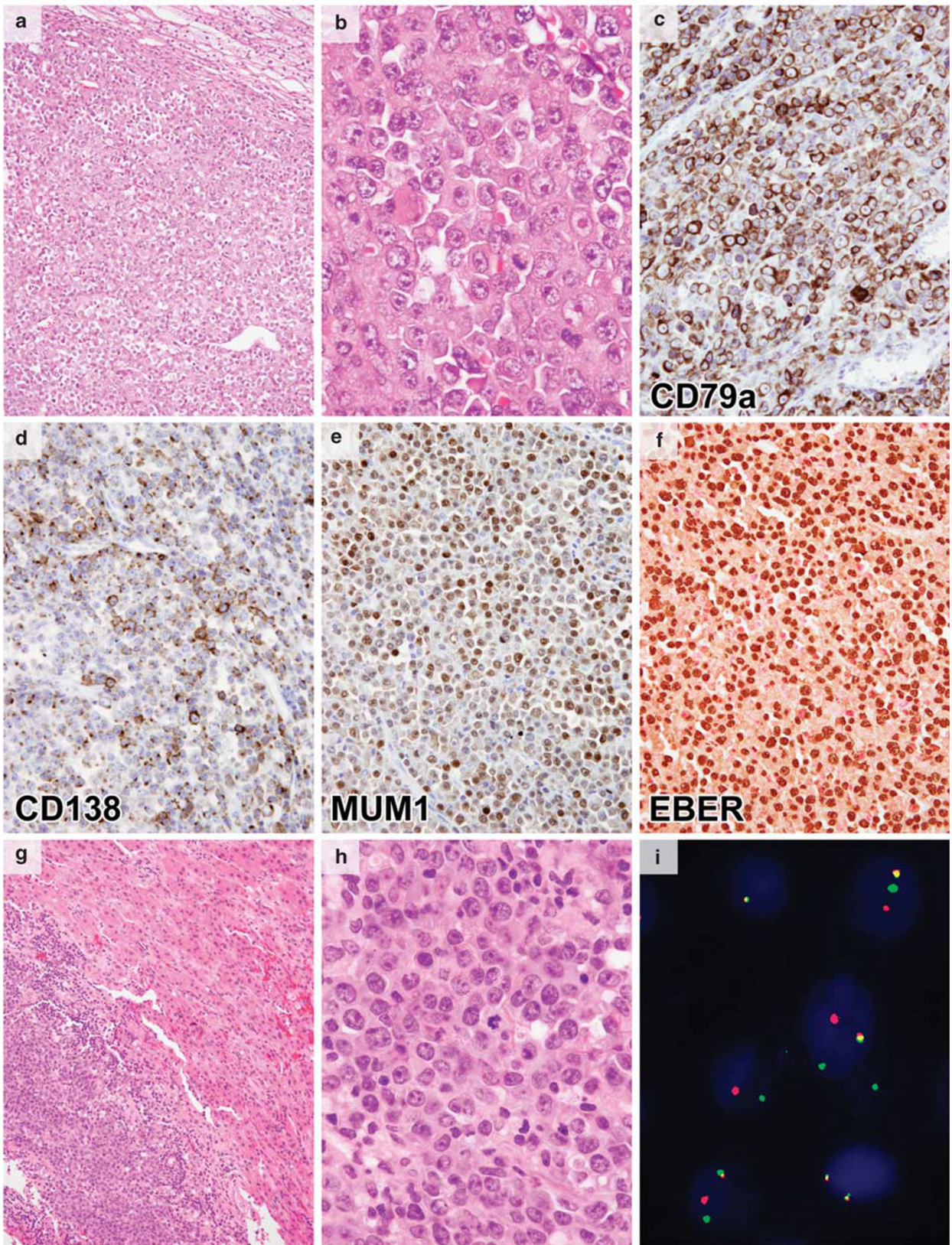


Figure 1 Photomicrographs of Case 1 (PBL, panels a–f) and Case 5 (DLBCL, panels g–i). In Case 1, medium-power view shows diffuse tumor infiltration with residual adrenal cortex at the upper field (a, H&E stain $\times 200$), whereas high-power shows large plasmablasts with a prominent nucleolus and abundant cytoplasm (b, H&E stain $\times 1000$). The tumor cells express CD79a (c, $\times 400$), CD138 (heterogeneous, d $\times 400$), and MUM1 (e, $\times 400$), and are diffusely positive for EBER (f, $\times 400$). Case 5 is a DLBCL with diffuse infiltration of tumor cells (g, $\times 200$) with adrenal cortex in the upper field. The tumor cells are large with centробlastic appearance (h, $\times 400$). FISH shows *BCL6* gene translocation with dual-color break-apart probes (i).

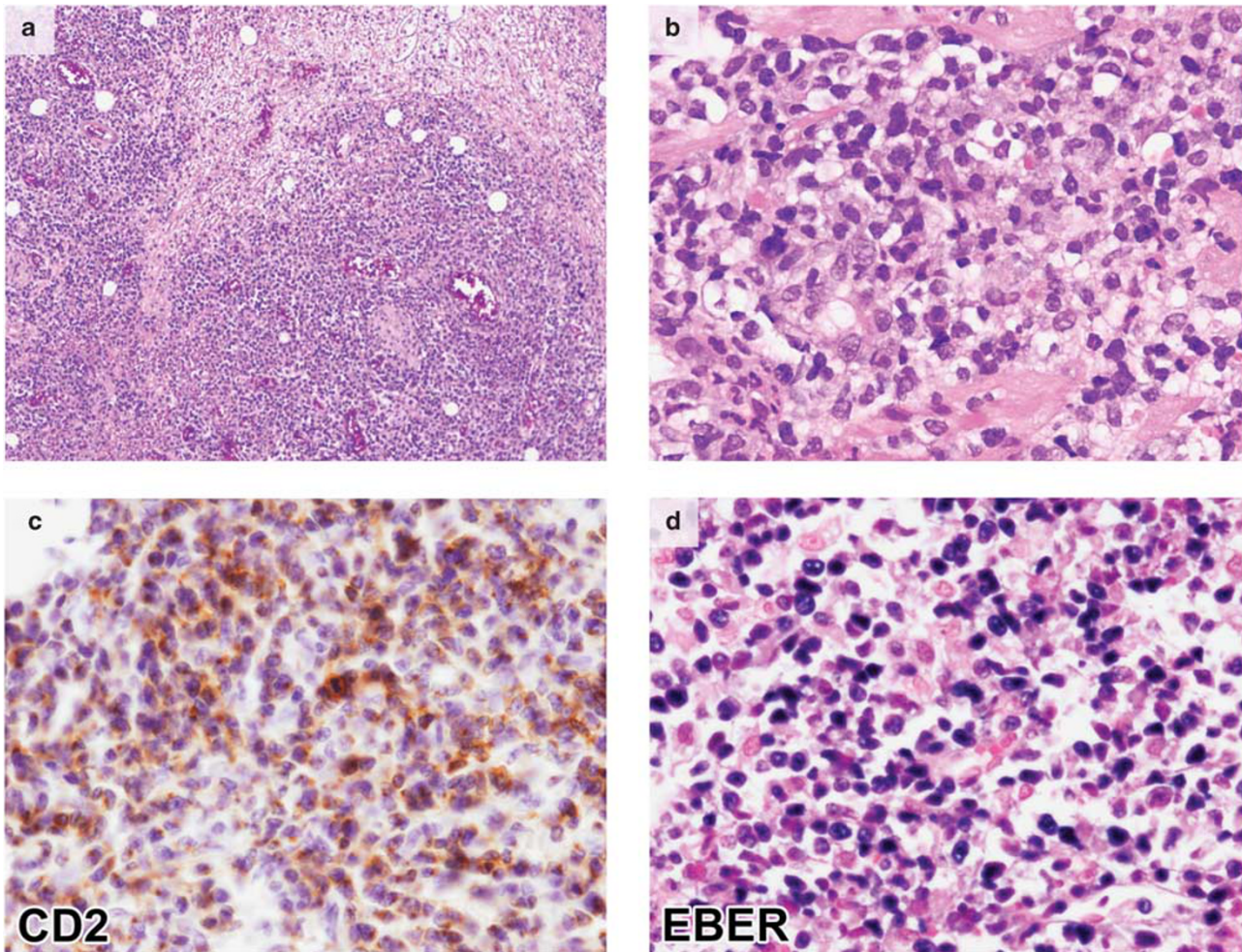


Figure 2 Photomicrographs of Case 10, NK/T-cell lymphoma. Low-power view shows an extensive infiltration by neoplastic cells (a, original magnification, $\times 200$). High-power view shows a tumor composed mainly of medium-sized cells with irregular nuclei (b, original magnification, $\times 600$). The tumor cells express CD2 (c) and are positive for EBER (d) (both original magnification, $\times 400$).

detected in 62%, and 44% had nodal presentation. The tumors of both subgroups were aggressive. Case 1 in the present series, HIV-negative and EBV-positive with a poor prognosis, belonged to the latter subgroup.

Gene expression profiling studies of diffuse large B-cell lymphoma have identified two major subtypes, those with an expression pattern similar to normal germinal center B-cells and those similar to the activated peripheral blood cells, with the former carrying a significantly better prognosis after chemotherapy.¹¹ Using immunohistochemistry (CD10, bcl-6, and IRF4/MUM-1) Hans *et al*⁹ classified diffuse large B-cell lymphomas into germinal center B-cell vs non-germinal center B-cell phenotype and found a good concordance with gene expressing profiling and a better prognosis in the group with germinal center B-cell phenotype than that with non-germinal center B-cell phenotype, a similar finding to the gene expression profiling studies. Following the Hans algorithm, we found that all diffuse large B-cell lymphomas in our study were of

a non-germinal center B-cell phenotype, and such phenotype might be one of the reasons for the poor prognosis of our patients.

BCL6 gene rearrangement is the most common chromosomal translocation identified in diffuse large B-cell lymphoma, occurring in up to 30% cases albeit with a lower incidence in Taiwanese patients (17%).^{12–15} It is more frequently detected in diffuse large B-cell lymphomas with an activated B-cell/non-germinal center B-cell phenotype than in those with a germinal center B-cell phenotype.^{16,17} The significance of *BCL6* gene rearrangement in disease presentation and survival is controversial. Using Southern blot analysis, Offit *et al*¹³ found that 23% (23/102) of diffuse large B-cell lymphomas exhibited *BCL6* rearrangement and this rearrangement correlated with a favorable clinical outcome. This effect might have been due to an association of *BCL6* rearrangements with other cytogenetic indicators of progression [(trisomy 7, trisomy 12, del(6)(q21q25)].¹⁴ On the other hand, neither Bastard *et al*¹² nor Iqbal *et al*¹⁷ found an association

Table 3 Laboratory findings of three primary adrenal NK/T-cell lymphomas

	CD2	CD3	CD5	CD7	CD8	CD56	TIA-1	Gr B	BF1	LMP-1	EBER	TCR
Mizoguchi <i>et al</i> ²⁰	NA	–	–	NA	NA	+	+	+	NA	NA	+	Germline
Thompson <i>et al</i> ²¹	+	+	–	–	–	+	+	+	NA	NA	+	ND
Case 10 of this report	+	+	–	+	+	+	+	+	+	–	+	ND (poor DNA)

NA, not available; ND, not done.

between *BCL6* rearrangement and initial features of the disease or clinical outcome. In a large series of *de novo* diffuse large B-cell lymphomas, Kramer *et al* found that *BCL6* rearrangement was more frequent in patients with extranodal (36%) and extensive (39%) presentation vs primary nodal disease (28%). However, there was no significant correlation with disease stage, lymphadenopathy, bone marrow involvement, disease-free survival, or overall survival.¹⁸ In Taiwanese patients with diffuse large B-cell lymphomas, Chen *et al*¹⁵ found no association between *BCL6* gene alternations and clinical characteristics (including nodal vs extranodal tumors) or prognosis, probably because the case number with *BCL6* gene rearrangement was small (10 of 59 cases). In contrast to these studies, Barrans *et al*¹⁶ identified rearrangements of the *BCL6* locus in 25% diffuse large B-cell lymphomas and found this to be associated with a poor prognosis. In our series of primary adrenal lymphoma, although the case number was small, we have observed a high frequency of *BCL6* rearrangement in diffuse large B-cell lymphoma patients (5/6 or 83%) and a poor prognosis. Of note, 4 (80%) of 5 Taiwanese diffuse large B-cell lymphomas carried *BCL6* rearrangement, which is high as compared with the earlier reported 17%. Further studies of larger series of cases are needed to establish the prognostic significance of *BCL6* translocation on primary adrenal lymphoma of the diffuse large B-cell lymphomas subtype.

Extranodal NK/T-cell lymphoma, nasal type is a predominately extranodal lymphoma with a cytotoxic phenotype and a strong association with EBV. The upper aerodigestive tract is most commonly involved with other preferential sites including the skin, soft tissue, gastrointestinal tract, and testis.¹⁹ To date, only two cases of primary adrenal NK/T lymphoma have been described in the English literature. The first was a 17-year-old boy with fever and bilateral adrenal tumors who died in 4 days from EBV-related hemophagocytic lymphohistiocytosis with multiple organ failure resulting from a cytokine storm (hypercytokinemia).²⁰ The second patient was a 37-year-old male with a homogeneous enlargement of the left adrenal gland and a rapid recurrence in the contralateral gland after surgical excision who died of disease progression in 4 months.²¹ Our Case 10 is the third case, and the pertinent laboratory findings of these cases are summarized in Table 3. All three tumors expressed

CD56, TIA-1, and granzyme B and were positive for EBER. The clinical course was very aggressive, similar to extranodal NK/T-cell lymphomas, nasal type at other anatomical sites.¹⁹ The great majority of such tumors are of NK-cell lineage, although some are of cytotoxic T-cell phenotype. Interestingly, the tumor cells of our case expressed β F1, indicating a possible cytotoxic T-cell origin. Recently, Park *et al*²² described a series of systemic EBV-positive T-cell lymphoma in immunocompetent elderly patients, which they proposed as a distinct entity related to an underlying dysfunction of the T-cell immunity resulting in a failure to eradicate the EBV infection. These patients usually presented with generalized lymphadenopathy, in contrast to our Case 10 who presented with a localized disease.

In summary, we have presented the detailed clinicopathological features of 10 cases of primary adrenal lymphoma including one case each of plasmablastic lymphoma and extranodal NK/T-cell lymphoma, nasal type. The majority are diffuse large B-cell lymphomas, which have a non-germinal center B-cell phenotype and a high frequency of *BCL-6* rearrangement. These tumors are aggressive as reported earlier.^{2,3} Although all our cases presented with a localized disease, the prognosis of the entire group was worse as compared with that of their nodal counterparts or that of diffuse large B-cell lymphomas at most other extranodal sites.^{23–25} The reasons for the aggressive behavior are unknown and may be attributable to bulky tumor size at presentation, non-germinal center B-cell phenotype, and *BCL-6* gene rearrangement in the diffuse large B-cell lymphoma cases.

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Conflict of interest

The authors declare no conflict of interest.

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