# An IL-27/Lag3 axis enhances Foxp3<sup>+</sup> regulatory T cell–suppressive function and therapeutic efficacy

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Foxp3-expressing regulatory T cells (Tregs) are central regulators of immune homeostasis and tolerance. As it has been suggested that proper Treg function is compromised under inflammatory conditions, seeking for a pathway that enhances or stabilizes Treg function is a subject of considerable interest. We report that interleukin (IL)-27, an IL-12 family cytokine known to have both pro- and anti-inflammatory roles in T cells, plays a pivotal role in enhancing Treg function to control T cell–induced colitis, a model for inflammatory bowel disease (IBD) in humans. Unlike wild-type (WT) Tregs capable of inhibiting colitogenic T-cell expansion and inflammatory cytokine expression, IL-27R-deficient Tregs were unable to downregulate inflammatory T-cell responses. Tregs stimulated with IL-27 expressed substantially improved suppressive function *in vitro* and *in vivo*. IL-27 stimulation of Tregs induced expression of Lag3, a surface molecule implicated in negatively regulating immune responses. Lag3 expression in Tregs was critical to mediate Treg function in suppressing colitogenic responses. Human Tregs also displayed enhanced suppressive function and Lag3 expression following IL-27 stimulation. Collectively, these results highlight a novel function for the IL-27/Lag3 axis in modulating Treg regulation of inflammatory responses in the intestine.

#### INTRODUCTION

Foxp3<sup>+</sup> regulatory T cells (Tregs) are key regulators of immune homeostasis and tolerance.<sup>1</sup> Dysregulated Treg function is linked to the development of inflammatory disorders including inflammatory bowel disease (IBD). There is increasing evidence that inflammation negatively impacts Treg homeostasis and function. Proinflammatory cytokines can directly alter Treg function and confer resistance of inflammatory lymphocytes to Treg-mediated suppression.<sup>2–5</sup> Moreover, Treg numbers in patients with inflammatory diseases are often found diminished.<sup>2,6</sup> Therefore, correcting the defects in Treg homeostasis or improving their regulatory function is a subject of considerable interest.

IBD is an idiopathic disease of the intestine mediated by uncontrolled activation of immune cells. CD4 T cells producing interferon  $\gamma$  and interleukin (IL)-17, and other inflammatory cytokines in response to commensal antigens (Ags) are major mediators of the disease.<sup>7</sup> The importance of Tregs in controlling

IBD is well exemplified by the severe intestinal inflammation observed in individuals with the *foxp3* gene mutation.<sup>8,9</sup> Experimentally, T cell-induced colitis that shares histopathologic features with IBD is only induced when Tregs are absent and Treg transfer prevents the development of the disease.<sup>10,11</sup> However, greater Treg numbers are often found in the inflamed intestine of IBD patients suggesting that those Tregs may not properly function to control the inflammation.<sup>12</sup> Therefore, finding pathways that promote and enhance Treg function is important to overcome the adverse effects of inflammation.

IL-27 is an IL-12 family cytokine composed of the IL-27p28 and Ebi3 subunits produced by activated Ag-presenting cells.<sup>13</sup> IL-27 induces IL-10 production by CD4 effector and Tr1 cells, and plays an important regulatory role in attenuating T helper type 17 (Th17)-mediated inflammation.<sup>14–16</sup> IL-27 also interferes with TGF $\beta$ -induced inducible Treg (iTreg) generation and adoptive transfer of *Il27ra<sup>-/-</sup>* naive CD4 T cells into immunodeficient recipients results in attenuated colitis, which

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is attributed to increased iTreg generation.<sup>17,18</sup> IL-27 also promotes Tbet and CXCR3 expression in Foxp3<sup>+</sup> Tregs specialized in controlling Th1-mediated immunity at sites of inflammation.<sup>19</sup> Yet, a role for IL-27 in modulating Treg function during Th17-type immunity has not been explored.

Here we identified a novel function for IL-27 in enhancing Treg suppression in inhibiting both T-cell expansion and differentiation into Th1/Th17-type colitogenic effector cells during intestinal inflammation. Furthermore, IL-27 stimulation of Tregs significantly improved the Treg function both *in vitro* and *in vivo*. Lag3 expression on Tregs induced by IL-27 stimulation played an essential role in inhibiting the early T-cell activation and attenuating inflammation in the intestine. Our findings uncover a previously unknown role for IL-27 stimulation in Tregs to modulate Treg suppressive function possibly via Lag3, providing an important basis for the development of novel therapeutic strategies to treat IBD by targeting IL-27/Lag3 in Tregs.

#### RESULTS

# *ll27ra*<sup>-/-</sup> Foxp3<sup>+</sup> Tregs fail to control T cell–mediated colitis

Naive CD4 T cells transferred into immunodeficient recipients differentiate into Th1/Th17 effector cells and induce colitis, and the inflammation can be prevented by Foxp3<sup>+</sup> Treg cotransfer.<sup>20,21</sup> To test the role of IL-27 signaling in Tregs in the context of intestinal inflammation we transferred  $Rag1^{-/-}$  mice with naive CD4 T cells alone, or together with wild type (WT) or Il27ra<sup>-/-</sup> CD25<sup>+</sup> thymus-derived tTregs (nTregs), and assessed the development of colitis. Rag1-/- recipients of CD4 T cells demonstrated a significant weight loss (Figure 1a) and severe inflammation in the colon (Figure 1b,c). Severe infiltration of CD3<sup>+</sup> T cells in the colon was noted (**Figure 1d**). WT nTregs cotransferred efficiently prevented the development of inflammation as determined by weight loss (Figure 1a) and histopathology (Figure 1b,c). Likewise, CD3<sup>+</sup> T-cell infiltration was significantly reduced (Figure 1d). Unexpectedly, *Il27ra*<sup>-/-</sup> nTregs were unable to suppress the inflammation, and the recipients developed severe disease (Figure 1a-d). IL-27dependent Treg function was also observed when TGFBinduced Foxp3<sup>+</sup> Tregs (iTregs) were used. WT iTregs cotransferred fully suppressed the inflammation, however,  $Il27ra^{-/-}$  iTregs failed to do so (not shown). Treg suppression of colitis was associated with their ability to suppress T-cell responses. WT Tregs (both nTregs and iTregs) significantly inhibited CD4 T-cell expansion (and infiltration) and T-cell expression of Th1/Th17 cytokines in the colon tissues, while such inhibition was not found when  $Il27ra^{-/-}$  Tregs were used (**Figure 1d,e**). IL-10<sup>+</sup> conventional CD4 T cells (Tr1 cells) prevent colitis.<sup>22</sup> CD4 T-cell IL-10 production was measured by transferring  $Il10^{\text{GFP}}$  naive CD4 T cells together with WT or  $Il27ra^{-/-}$  Tregs. As shown in Figure 1f, GFP expression of CD4 T cells was similar in recipients of WT or Il27ra<sup>-/-</sup> Tregs. Based on these findings, we concluded that IL-27 signaling in Tregs plays an important role in mediating Treg function during T cell-induced colitis.

Given that CD4 T cells express functional IL-27R $\alpha$ , the defect of *Il27ra*<sup>-/-</sup> Tregs appears to be cell intrinsic.

# *ll27ra*<sup>-/-</sup> Tregs do not display defects in survival or stability

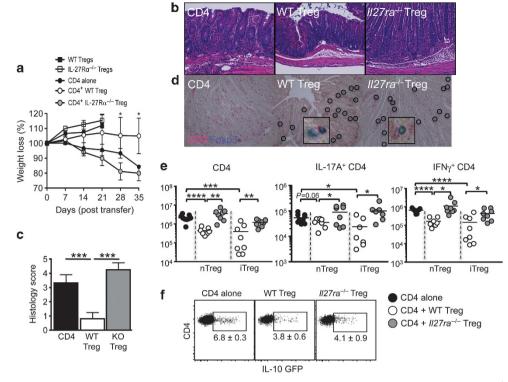
Controversial findings with regard to  $Il27ra^{-/-}$  Treg function were reported.<sup>18,23</sup> Cox et al.<sup>18</sup> demonstrated that Il27ra<sup>-/-</sup> Tregs prevent T cell-induced colitis. Kim et al.<sup>23</sup> reported that  $Il27ra^{-/-}$  Tregs fail to suppress colitis, which was attributed to impaired survival in the absence of IL-27Ra. Unlike the previous studies, the overall Treg numbers in the colon and lymphoid tissues of the groups shown in Figure 1 remained similar regardless of IL-27Ra expression (Figure 2a), suggesting that the absence of IL-27 signaling does not alter Treg expansion (and/or survival). Immunohistochemistry analysis for Foxp3-expressing cells in the colon confirmed that similar numbers of Foxp3<sup>+</sup> cells exist in the colon of WT or  $Il_{27ra}^{-/-}$  Treg recipients (Figure 1d). The mechanism underlying the discrepant results is unclear. Different genetic background or commensal bacteria may underlie the different results. Under inflammatory conditions Tregs could lose Foxp3 expression and acquire effector function.<sup>24</sup> Yet, Foxp3 expression in WT and Il27ra<sup>-</sup> Tregs was maintained at similar levels (Figure 2b). Moreover, Treg expression of inflammatory cytokines was similarly low regardless of IL-27Ra expression (Figure 2c). Some conventional CD4 T cells acquire Foxp3 expression during proliferation within lymphopenic recipients and play a role in attenuating inflammation.<sup>18</sup> Foxp3 expression in conventional CD4 T cells remained similar between all the tested groups (not shown).

### The lack of IL-27R $\alpha$ does not affect Treg generation and *in vitro* suppressive function

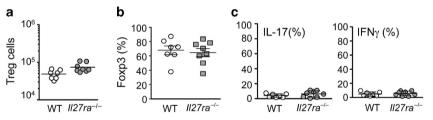
Consistent with a previous report,<sup>25</sup> the proportion of Foxp3<sup>+</sup> nTregs was comparable in WT *Foxp3*<sup>GFP</sup> and *Il27ra<sup>-/-</sup> Foxp3*<sup>GFP</sup> mice (**Supplementary Figure S1a** online). TGFβ-induced Foxp3 expression was also comparable in WT and *Il27ra<sup>-/-</sup>* cells (not shown). Surface molecules associated with Treg function, such as CTLA-4, CD39, CD73, GITR, and neuropilin-1 were expressed at comparable levels on WT and *Il27ra<sup>-/-</sup>* Tregs (**Supplementary Figure S1b**). Finally, suppression measured by *in vitro* suppression assay was not affected by the lack of IL-27R $\alpha$  (**Supplementary Figure S1c**). These results suggest that IL-27 signaling in Tregs appears to be dispensable for Treg homeostasis at steady-state condition and that it may become critical under inflammatory conditions.

# *II27ra*<sup> $-1^-$ </sup> Tregs fail to inhibit early endogenous proliferation in the gut-draining lymph node

CD4 T cells undergo endogenous proliferation in response to commensal Ags mainly in the gut-draining mesenteric lymph node (mLN) and cotransferred Tregs suppress the proliferation.<sup>26</sup> We examined whether  $Il27ra^{-/-}$  Tregs are defective in suppressing the proliferative responses at the priming site. WT Tregs dramatically inhibited both proliferation and cytokine production, while  $Il27ra^{-/-}$  Tregs failed to do so (**Figure 3a**). IL-17 protein secretion from the colon tissue culture was



**Figure 1** Interleukin (IL)-27 signaling in regulatory T cells (Tregs) is essential for Treg suppressive function. Naive CD45.1<sup>+</sup> CD4 T cells were transferred into groups of  $Rag1^{-/-}$  mice (0.25 × 10<sup>6</sup> cells). CD45.2<sup>+</sup> Tregs or CD45.2<sup>+</sup> iTregs were transferred together with naive T cells (0.25 × 10<sup>6</sup> cells). The recipients were killed 35 days post transfer. (a) Body weight was weekly monitored. (b) Colon tissue was hematoxylin and eosin (H&E) stained (× 10). (c) Histology score. (d) Immunohistochemistry analysis for CD3 and Foxp3 expression (× 20). Inset, Foxp3<sup>+</sup> cells are shown (× 60). (e) T-cell numbers in the colon LP were enumerated. T cells producing IL-17A or interferon- $\gamma$  (IFN $\gamma$ ) were counted. (f) Naive *II10*<sup>GFP</sup> CD4<sup>+</sup> T cells were transferred with wild type (WT) or *II27a<sup>-/-</sup>* CD45.1<sup>+</sup> Tregs into  $Rag1^{-/-}$  mice. GFP expression of CD45.2<sup>+</sup> T cells in the mesenteric lymph node (mLN) was measured. All the experiments were repeated more than twice. Error bars indicate mean ± s.d., *N*= 3–7. Each symbol represents individually tested animal. \**P*<0.05, \*\**P*<0.001, \*\*\**P*<0.001, \*\*\**P*<0.001.



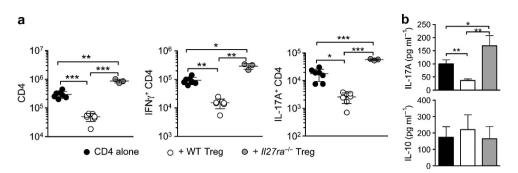
**Figure 2** Phenotype of wild type (WT) and *II27ra<sup>-/-</sup>* Tregs (regulatory T cells). Naive CD45.1<sup>+</sup> CD4 T cells were transferred into groups of  $Rag1^{-/-}$  mice. CD45.2<sup>+</sup> Tregs were cotransferred. The recipients were killed 35 days post transfer. (a) Tregs in the colon LP. (b) Treg Foxp3 expression. (c) Interferon- $\gamma$  (IFN $\gamma$ ) and interleukin (IL)-17A expression of Tregs. All the experiments were repeated more than twice. Error bars indicate mean ± s.d., N=7-8. Each symbol represents individually tested animal.

similarly inhibited by WT but not by  $Il27ra^{-/-}$  Tregs (Figure 3b). Of note, IL-10 secretion from the colon was comparable (Figure 3b). Therefore, IL-27 signaling in Foxp3<sup>+</sup> Tregs is critical to control endogenous T-cell proliferation and concomitant differentiation into Th1/Th17-type effector cells.

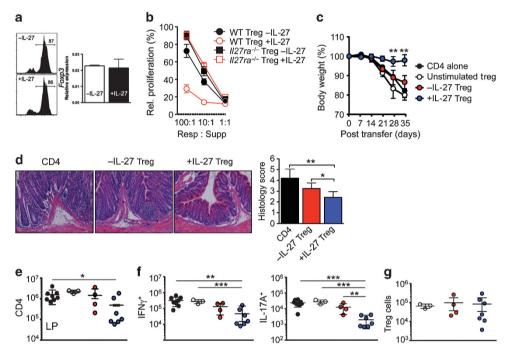
### IL-27 enhances Treg suppressive function

The result that IL-27 signaling in Tregs is essential for suppressive function prompted us to hypothesize that IL-27 enhances Treg function. To test the hypothesis, we activated Tregs with anti-CD3/CD28 antibodies (Abs) with IL-2 alone or

with IL-2 + IL-27 and then compared the suppressive function. IL-27 stimulation did not affect Foxp3 expression (**Figure 4a**). Tregs activated without IL-27, expressing > 90% suppression when mixed with responder cells at a 1:1 ratio, demonstrated diminished suppression at a 10:1 ratio and lost the suppression at a 100:1 ratio (**Figure 4b**, filled circles). By contrast, IL-27-prestimulated Tregs (+IL-27) maintained ~70% inhibition even at the ratio of 100:1 (**Figure 4b**, open circles). The IL-27-mediated effect was IL-27-specific since IL-27-stimulated *Il27ra<sup>-/-</sup>* Tregs did not display enhanced suppression (**Figure 4b**, open squares). To test whether IL-27-induced



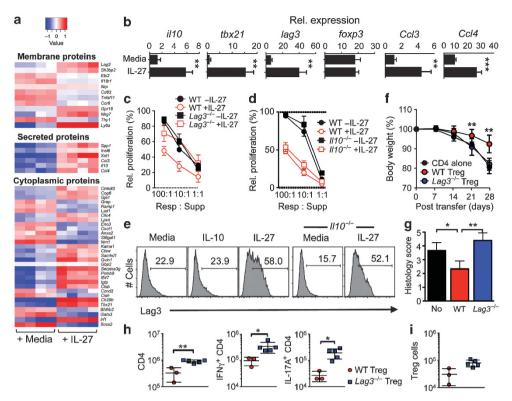
**Figure 3** *II27ra<sup>-/-</sup>* Tregs (regulatory T cells) fail to inhibit early T-cell expansion and cytokine expression. Groups of  $Rag1^{-/-}$  mice received naive CD45.1<sup>+</sup> CD4 T cells and Tregs. (a) Total numbers of CD45.1<sup>+</sup> T cells in the mesenteric lymph node (mLN) at day 7. (b) Interleukin (IL)-17A and IL-10 production from the whole colon tissue culture. Error bars indicate mean ± s.d., N=3-7. Each symbol represents individually tested animal. \**P*<0.05, \*\**P*<0.01, and \*\*\**P*<0.001. WT, wild type.



**Figure 4** Interleukin (IL)-27 enhances Treg (regulatory T cell) suppressive function. (a) Tregs were stimulated on anti-CD3/CD28 monoclonal antibody (mAb) for 3 days with or without IL-27. Foxp3 expression was measured by flow cytometry and qPCR. (b) Wild type (WT) and *Il27ra<sup>-/-</sup>* Tregs were prestimulated with or without IL-27. Suppression was determined as described in the Methods section. (c) Tregs stimulated with or without IL-27 or naive Tregs were transferred into *Rag1<sup>-/-</sup>* recipients of naive CD4 T cells at the onset of disease (day 14 post transfer). Body weight was weekly monitored. (d) Histopathology (× 20) and histology score (day 35). (e) CD4 T-cell expansion in the colon. LP was determined. (f) T-cell interferon- $\gamma$  (IFN $\gamma$ ) and IL-17A expression in the colon. (g) Number of Tregs in the LP. Data shown are representative of two or more independent experiments. Error bars indicate mean ± s.d., *N* = 3–7. Each symbol represents individually tested animal. \**P*<0.05, \*\**P*<0.01, and \*\*\**P*<0.001.

improvement of Treg suppression is also seen *in vivo*, Tregs prestimulated with or without IL-27 were administered into  $Rag1^{-/-}$  recipients of CD4 T cells when the recipients expressed the sign of weight loss (day 14 post transfer). It was previously reported that transfer of Tregs can cure ongoing colitis.<sup>27</sup> However, we found no evidence that freshly isolated unstimulated Tregs transferred after the disease onset reverse the weight loss (**Figure 4c**). This is probably due to the fact that we only transfer  $0.25 \times 10^6$  Tregs for treatment compared to  $1 \times 10^6$  Tregs previously used.<sup>27</sup> Although Tregs stimulated without IL-27 (- IL-27 Treg) similarly failed to attenuate the disease process (**Figure 4c**), the recipients of IL-27-stimulated Tregs (+ IL-27 Treg) maintained body weight throughout the

experiments (**Figure 4c**). The colon tissues from these groups showed significantly reduced inflammation (**Figure 4d**). These improved clinical signs were further supported by the suppression of colitogenic T-cell responses. Both CD4 T-cell expansion (**Figure 4e**) and cytokine production (**Figure 4f**) were significantly diminished when IL-27prestimulated Tregs were transferred, while the suppression was lost in recipients of naive or control Tregs (**Figure 4e,f**). Of note, the absolute numbers of Tregs transferred remained similar regardless of Treg stimulation status (**Figure 4g**), suggesting that the different treatments do not influence Treg expansion and/or survival. These results suggest that IL-27 stimulation enhances Treg suppressive function and that IL-27



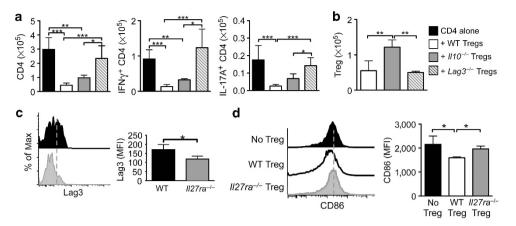
**Figure 5** Interleukin (IL)-27-mediated Lag3 expression is critical for IL-27-induced Treg (regulatory T cell) function. (a) FACS-purified Foxp3<sup>+</sup> Tregs were stimulated on immobilized anti-CD3/CD28 monoclonal antibody (mAb) with or without IL-27. Gene expression was compared using an Illumina microarray. (b) Expression of the listed genes was validated by qPCR. Relative expression was normalized. (c) Wild type (WT) or  $Lag3^{-/-}$  Tregs were prestimulated with or without IL-27, and *in vitro* suppression was determined. (d) WT or  $II10^{-/-}$  Tregs were prestimulated with or without IL-27, and *in vitro* suppression was determined. (d) WT or  $II10^{-/-}$  Tregs were prestimulated with or without IL-27, and *in vitro* suppression was determined. (e) WT or  $II10^{-/-}$  Tregs were prestimulated with or without IL-27, and *in vitro* suppression was determined. (e) WT or  $II10^{-/-}$  Tregs were prestimulated with or without IL-27, and *in vitro* suppression was determined. (f) IL-27-prestimulated WT or  $Lag3^{-/-}$  Tregs were transferred into  $Rag1^{-/-}$  recipients of CD4 T cells at the onset of the disease (day 14 post T-cell transfer). (g) Histology score. (h) CD4 T-cell expansion and cytokine expression in the colon LP were determined. (i) Number of Tregs in the colon. Data shown are representative of two independent experiments. Error bars indicate mean ± s.d., N=3-5. Each symbol represents individually tested animal. \*P<0.05, \*\*P<0.01 and \*\*\*P<0.001. IFN $\gamma$ , interferon- $\gamma$ .

stimulated Tregs express significantly improved potential for treating intestinal inflammation.

### Lag3 plays an important role during IL-27-mediated enhanced Treg function

To gain insights into the mechanism underlying IL-27 modulation of Treg function, we compared gene expression profiles of Tregs stimulated with or without IL-27 using an Illumina microarray. We found that 43 and 23 genes were upregulated and downregulated in IL-27-stimulated Tregs, respectively, compared to control Tregs (Figure 5a). Among the genes upregulated by IL-27 included Lag3, Ccl3, Ccl4, Tbx21, and Il10, while genes downregulated by IL-27 included Gata3, Socs2, and Tnfsf11 (Figure 5a). qPCR analysis confirmed that IL-27 upregulated Tbx21, Lag3, Ccl3, Ccl4, and Il10 expression (Figure 5b). We were particularly interested in Lag3, a CD4-like molecule expressed in activated T cells or Treg and implicated in negatively regulating immune responses.<sup>28</sup> Although WT and  $Lag3^{-/-}$  Tregs were equally suppressive *in vitro* (Figure 5c, filled symbols),  $Lag3^{-/-}$  Tregs were defective in preventing colitis (Supplementary Figure S2). Whether IL-27-prestimulated Tregs requires Lag3 to express enhanced

suppressive function was next examined. Unlike WT Tregs, IL-27-induced enhanced suppression in vitro was significantly diminished in  $Lag3^{-/-}$  Tregs (Figure 5c, open squares). IL-10 can be induced by IL-27 stimulation in Tregs (Figure 5b) and Treg IL-10 secretion may mediate suppressive function.<sup>29</sup> However, unlike  $Lag3^{-/-}$  Tregs, IL-27 stimulation significantly improved  $II10^{-/-}$  Treg suppression (Figure 5d), suggesting that IL-27 may enhance Treg function in an IL-10-independent mechanism. IL-10 itself did not upregulate Lag3 (Figure 5e). Moreover, IL-27-induced Lag3 expression in *Il10<sup>-/-</sup>* Tregs (**Figure 5e**), further demonstrating a direct role of IL-27 in Lag3 upregulation. Rag1<sup>-/-</sup> recipients of IL-27stimulated  $Lag3^{-/-}$  Tregs continuously lost weight similar to CD4 alone group (Figure 5f). Histopathologic examination further supported these findings (Figure 5g). Likewise, Lag3 Tregs were unable to inhibit both CD4 T-cell expansion and Th1/Th17 cytokine production in the target tissues (**Figure 5h**). Lastly, the inability of  $Lag3^{-/-}$  Tregs to suppress colitogenic T-cell responses was not due to their defects in survival and/or expansion, since both WT and Lag3<sup>-/-</sup> Tregs were found equally in the recipients (Figure 5i).  $Lag3^{-/-}$  Tregs did not acquire effector cytokine production compared to WT Tregs



**Figure 6** Lag3-dependent inhibition of T-cell activation in the draining lymphoid tissues. (a)  $Rag1^{-/-}$  mice received CD45.1<sup>+</sup> CD4 T cells alone, or together with wild type (WT),  $II10^{-/-}$ , or  $Lag3^{-/-}$  Tregs (regulatory T cells). T-cell expansion and cytokine expression in the mesenteric lymph node (mLN) were determined 7 days post transfer. (b) Number of Tregs in the mLN. (c) Lag3 expression on WT and  $II27ra^{-/-}$  Tregs. (d) mLN DC (CD11c<sup>+</sup> MHCII<sup>+</sup>) expression of CD86 was determined at 4 days post T-cell transfer. Data shown represent the mean ± s.d. of 3–8 individually tested recipients. \*P<0.05, \*\*P<0.01 and \*\*\*P<0.001. IFN $\gamma$ , interferon- $\gamma$ ; IL-17A, interleukin-17A; MFI, mean fluorescence intensity.

(not shown). These results suggest that Lag3 expressed on Tregs may play a key role in mediating Treg function during colitic inflammation and that Lag3-mediated Treg suppression may occur independent of IL-10.

### Lag3 expression is necessary for Tregs to suppress endogenous proliferation

IL-27 signaling in Tregs is essential to suppress early endogenous proliferation (Figure 3a). We next examined whether Lag3 or IL-10 expressed on Tregs plays a key role in suppressing the initial T-cell proliferation within the draining mLN. WT Tregs efficiently suppressed both T-cell expansion and cytokine production. Likewise,  $Il10^{-/-}$  Tregs were also capable of suppressing T-cell activation (Figure 6a). By contrast,  $Lag3^{-/-}$  Tregs failed to do so (Figure 6a). Of note, all tested Tregs equally expanded, although  $Il10^{-/-}$ Tregs seemed to expand greater than the other Tregs (Figure 6b), suggesting that the difference in Treg function is not attributed to differential expansion of Tregs. Therefore, IL-27-mediated Lag3 expression in Tregs may be critical in inhibiting the early T-cell activation. Indeed, when Lag3 expression was compared between WT and *Il27ra<sup>-/-</sup>* Tregs in  $Rag1^{-/-}$  recipients, we noted that  $Il27ra^{-/-}$  Treg expression of Lag3 was substantially lower than that of WT Tregs (Figure 6c), supporting the notion that IL-27 signaling in Tregs induces Lag3 expression in vivo. Lag3 engages MHCII molecules on DCs to limit DC maturation.<sup>30</sup> A potent suppression of the initial T-cell activation within the draining mLN by WT but not by  $Lag3^{-/-}$  or  $Il27ra^{-/-}$  Tregs further supports this possibility. Indeed, mLN DCs of WT Treg recipients expressed significantly lower level of CD86 com-pared to those of  $ll27ra^{-/-}$  Treg recipients (**Figure 6d**). These results strongly suggest that Tregs inhibit the early T-cell activation within the draining lymphoid tissues and that IL-27mediated Lag3 expression may play a key role in this process in part by inhibiting DC maturation.

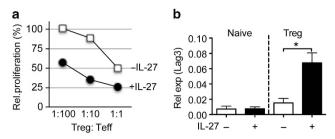
## IL-27 stimulation enhances suppressive function and Lag3 expression in human Tregs

Finally, we tested whether IL-27 enhances suppressive function in human Tregs. PBMC CD25<sup>+</sup> CD127<sup>-</sup> Tregs were isolated from healthy donors, *in vitro* stimulated with anti-CD3/CD28 Abs in the presence or absence of IL-27, and subsequently tested for *in vitro* suppression using allogeneic stimulators. IL-27stimulated Tregs expressed significantly enhanced suppressive function compared to media-stimulated Tregs even at a 100:1 ratio (**Figure 7a**). Moreover, IL-27 stimulation dramatically increased Lag3 expression in Tregs but not in conventional T cells (**Figure 7b**). Therefore, IL-27 enhances Treg suppressive function and Lag3 expression in human Tregs.

### DISCUSSION

The current study reports a previously uncharacterized role of IL-27 in regulating Treg function during intestinal inflammation. Earlier studies using germline  $Il27ra^{-/-}$  mice concluded that IL-27 is dispensable for Treg generation and function.<sup>16</sup> Foxp3<sup>+</sup> Tregs in WT and  $Il27ra^{-/-}$  mice showed similar thymic development and peripheral maintenance. Treg suppressive function determined by a traditional *in vitro* suppression assay demonstrated that  $Il27ra^{-/-}$  Tregs are equally suppressive as WT Tregs.<sup>16</sup> By using a T cell–induced colitis model, we now demonstrated that  $Il27ra^{-/-}$  Tregs lost regulatory function to suppress colitis, suggesting that IL-27 signaling in Tregs may play a key role for Treg control of commensal Ag–reactive T cell–mediated colitic inflammation.

Previous studies exploring the role of IL-27 in Foxp3<sup>+</sup> Tregs have generated controversial results. Cox *et al.*<sup>18</sup> reported that  $Il27ra^{-/-}$  Tregs efficiently prevent colitic inflammation using the same T cell-induced colitis model. Kim *et al.*<sup>23</sup> reported opposite findings that  $Il27ra^{-/-}$  Tregs are unable to protect colitic inflammation and that the inability is derived from poor Treg survival in the absence of IL-27R $\alpha$ . The results reported in this study differ from those previous studies in that  $Il27ra^{-/-}$ 



**Figure 7** Interleukin (IL)-27 treatment increased human Tregs (regulatory T cells) suppressive functions. (a) Tregs and naive CD4 T cells were isolated from healthy donors. Tregs were stimulated with or without IL-27. CFSE-labeled naive CD4 T-cell proliferation in response to allogeneic antigen-presenting cell (APC) stimulation in the presence of varying numbers of Tregs was evaluated. (b) Lag3 expression on conventional and Treg cells with or without IL-27 stimulation was measured by qPCR analysis. Data shown are representative of two independent experiments. Error bars indicate mean  $\pm$  s.d. \*P<0.05.

Tregs are unable to prevent colitis development, yet their survivability is not affected. Under severe inflammatory conditions, Tregs often lose Foxp3 expression and acquire effector function.<sup>31</sup> However, defective  $Il_{27ra}^{-/-}$  Tregs in the current system maintained WT-level Foxp3 expression and did not express proinflammatory cytokines, an indication of functional defect. Cox et al. used BALB/c Il27ra<sup>-/-</sup> mice originally developed in Genentech (San Francisco, CA) that delete exons 3-8, i.e., most of the extracellular domain of IL-27Ra.<sup>32</sup> Kim et al. and the current study used C57BL/6  $Il27ra^{-/-}$  mice developed in the Amgen institute (Thousand Oaks, CA) that delete exons 7 and 8, the extracellular fibronectin-type III domain.<sup>33</sup> Whether different targeting strategy and/or genetic background account for the different outcome remains to be determined. As colitogenic effector T cells and Tregs would recognize commensal Ags, differences in commensal bacteria may also contribute to the different results.

Our finding that IL-27 stimulation dramatically enhances Treg suppression is worth noting. Examination of IL-27stimulated Treg function *in vitro* found that  $\sim$  70% suppression was still observed at the ratio of 100:1 (responder:Treg), at which ratio, neither naive- nor control-stimulated Tregs expressed suppressive capacity. More interesting is that IL-27-stimulated Tregs were capable of attenuating already established intestinal inflammation, which was not observed when control or naive Tregs were transferred. Although naive Tregs were previously shown to cure ongoing colitis,<sup>34</sup> it is important to note that the same therapeutic effect is achieved using less numbers of Tregs.<sup>27</sup> Cell therapy using Tregs is being considered to treat patients with chronic inflammation.<sup>35</sup> A clinical trial testing the safety of Treg therapy in IBD patients found that the therapy is safe, although the efficacy needs to be improved.<sup>36</sup> Therefore, IL-27 stimulation in Tregs may offer a new strategy to improve the efficacy and hopefully cost effectiveness of the therapy.

What is the cellular mechanism that confers IL-27-stimulated Tregs enhanced suppressive capacity? From an Illumina microarray approach, we identified several genes upregulated by IL-27 stimulation. Among them, we focused on Lag3, a

surface receptor expressed on activated lymphocytes including Tregs and implicated in negatively regulating T-cell activation.<sup>28</sup> Our results show that IL-27-induced Lag3 expression in Tregs is key to control colitic inflammation, since  $Lag3^{-/-}$ Tregs are unable to efficiently suppress the inflammation even after IL-27 stimulation. Based on the similarity between  $Il27ra^{-/-}$  and  $Lag3^{-/-}$  Tregs both *in vitro* and *in vivo*, the IL-27/Lag3 pathway appears to be critical during Tregmediated immune suppression. It was previously shown that IL-10 production by Tregs is not required for the control of systemic autoimmunity but is essential for regulating immune responses in the intestine.<sup>21</sup> Moreover, IL-10 secretion by Tregs within the intestinal lamina propria is believed to be critical for Treg function at effector sites.<sup>37</sup> It is possible that Tregs may use both IL-10 and Lag3 to achieve the maximal function, although IL-27-induced Lag3 expression in Tregs appears to play a nonreplaceable role in mediating Treg function especially in attenuating ongoing inflammation in the intestine. Given that Lag3 binds to MHCII molecules to interfere with DC maturation and to suppress T-cell activation,<sup>30</sup> IL-27 may regulate Treg suppression by both contact-dependent (via Lag3) and -independent (via IL-10) mechanisms. Given that IL-27 is mainly produced by Ag-presenting cells activated by microbial products,<sup>13</sup> it is also possible that different amounts of IL-27 produced at the induction vs. effector sites may induce Treg suppression by different mechanisms. Alternatively, an additional factor(s) in addition to IL-27 may be involved in Treg suppressive mechanisms. It was recently reported that Tim-3 is upregulated by IL-27 in conventional T cells and mediates inhibitory function.<sup>38</sup> However, we observed that Tim-3 expression remained unchanged following IL-27 stimulation in Tregs (Do and Min, unpublished results). Other Treg molecules associated with suppressive functions (i.e., CTLA-4, CD39, and CD73) were similarly expressed on  $Il27ra^{-\prime}$  Tregs. Therefore, the contribution of Lag3 in Treg function during chronic inflammation in the intestine or other tissues remains to be determined.

STAT3 signaling in Tregs is a key pathway that allows Tregs to specifically suppress Th17-type immunity.<sup>39</sup> IL-10 was subsequently found to be the major STAT3 activator as Tregspecific *Il10ra<sup>-/-</sup>* mice spontaneously develop dysregulated Th17-type inflammation in the intestine, while other STAT3activating cytokines, IL-6 and IL-23, were unable to exert the same effect.<sup>21</sup> Since *Il27ra<sup>-/-</sup>* Tregs cannot control both Th1and Th17-type inflammation and IL-27 uses both STAT1 and STAT3,<sup>40</sup> we propose that IL-27-STAT3 and IL-27-STAT1 pathways may deliver distinct signals capable of inhibiting Th17- and Th1-type immunity, respectively. The precise molecular mechanism that IL-27 inhibits Th1-/Th17-type inflammatory responses requires further examination.

In summary, our results uncover a previously unknown IL-27/Lag3 pathway that controls Treg suppressive function during inflammation in the intestine. Tregs prestimulated with IL-27 may be considered as a novel Treg therapy with greater efficacy to treat chronic inflammatory reactions where Treg function could be compromised by inflammatory mediators.

#### METHODS

**Mice**. C57BL/6, B6 Ly5.1, B6 Thy1.1, and B6  $Rag1^{-/-}$  mice were purchased from the Jackson Laboratory (Bar Harbor, ME). B6  $Il27ra^{-/-}$  mice were obtained from Amgen (Thousand Oaks, CA). B6  $Foxp3^{GFP41}$  and B6  $Lag3^{-/-}$  mice were obtained from Drs Yasmine Belkaid and Christophe Benoist, respectively. All animal procedures were conducted according to the guidelines of the Institutional Animal Care and Use Committee.

**Human studies**. PBMC from healthy donors were sorted for Tregs (CD25<sup>hi</sup> CD127<sup>low</sup>) using a FACSAria cell sorter (BD Biosciences, San Jose, CA). Cells were stimulated with human T-activator CD3/CD28 Dynabeads (Invitrogen, Grand Island, NE) in the presence of IL-27 or media for 3 days. Tregs were harvested, and subsequently used in suppression assay. CFSE-labeled naive CD4 T cells (also obtained from healthy donors) were stimulated for 5 days with allo-Ag-presenting cells in the presence of varying numbers of Tregs. The study was approved by the Institutional Review Board of the Cleveland Clinic.

**Cell sorting and adoptive transfer**. LN cells (axillary, cervical, inguinal, and mLN) were pooled and total T cells were purified by negative selection using a magnetic separation.  $CD25^{low} CD44^{low}$  naive T cells were further sorted using a FACSAria cell sorter (BD Biosciences). Foxp3<sup>+</sup> Tregs were also purified by FACS based on GFP expression, and transferred together with naive CD4 T cells. Mice were weekly weighed. In some experiments,  $Rag1^{-/-}$  recipients first received naive CD4 T cells, and monitored for weight loss. When the initial sign of weight loss was noted (typically ~ 14 days post transfer), Tregs were adoptively transferred. For hematoxylin and eosin staining colon tissues were fixed in 10% acetic acid/60% methanol. Slides were stained with hematoxylin and eosin.

**Treg suppression assay**. Tregs were stimulated on immobilized anti-CD3/CD28 mAbs for 2 days in the presence of 10 ng ml<sup>-1</sup> career-free murine rIL-27 (purchased from R&D System, Minneapolis, MN) and used for suppression assay. CFSE-labeled naive CD4 T cells were plated at a 1:1 ratio with mitomycin C-treated T-depleted splenocytes and varying concentrations of Tregs. Soluble anti-CD3 (1 µg ml<sup>-1</sup>) mAb was added. CFSE dilution was examined. Tregs were transferred into  $Rag1^{-l-}$  recipients of CD4 T cells at T-cell transfer or at the onset of disease.

Lamina propria cell isolation. Recipients were killed at the indicated time points after T-cell transfer. Colons were isolated, cleaned in HBSS, cut into small pieces, resuspended in HBSS supplemented with 0.5  $\mu$ M EDTA and 15  $\mu$ g ml<sup>-1</sup> dithiothreitol, and shaken for 15 min twice at room temperature. Colons were then resuspended in complete RPMI supplemented with 400  $\mu$ g ml<sup>-1</sup> DNase and 1 mg ml<sup>-1</sup> collagenase and shaken at 37 °C for additional 90 min. Supernatant and colon was passed through a 70- $\mu$ M cell strainer and washed. Cells were resuspended in a 33% Percoll gradient (GE healthcare, Piscataway, NJ) and centrifuged at room temperature for 20 min. Pellet was collected, washed, and used for further experiments.

**Ex vivo stimulation**. Tissue cells were stimulated with PMA  $(10 \text{ ng ml}^{-1})$  and ionomycin  $(1 \mu M)$  for 4 h in the presence of  $2 \mu M$  monensin (Calbiochem, San Diego, CA) during the last 2 h of incubation. Cells were immediately fixed with 4% paraformaldehyde, permeabilized, and stained with fluorescence-conjugated antibodies. In some experiments, 200 mg of colon tissue was washed in cold phosphate-buffered saline supplemented with antibiotics. Tissues were cut into small pieces and cultured in 12-well flat bottom culture plates for 24 h. Culture supernatant was collected and measured for cytokines by ELISA.

**Immunohistochemistry**. Sections were fixed in acidic methanol (60% methanol, 10% acetic acid, and 30% water), embedded in paraffin and sectioned at five micron thickness. Foxp3 and CD3 T cells were

demonstrated by sequential double–staining method using rat monoclonal Ab to Foxp3 (eBioscience, San Diego, CA, clone: FJK-16s) and rabbit polyclonal Ab to CD3 (Abcam, Cambridge, MA) after heat-induced Ag retrieval. As secondary antibodies rat HRP polymer (Biocare Medical, Concord, CA) used for Foxp3 and rabbit AP polymer (Biocare Medical) for CD3. Foxp3<sup>+</sup> cells were stained with Vina Green chromogen (Biocare Medical) and CD3<sup>+</sup> cells with Vulcan fast red (Biocare Medical). Hematoxylin was used for nuclear counterstain.

**Flow cytometry**. Cells were stained with anti-CD4 (RM4-5), anti-IL-17A (eBio17B7), anti-interferon- $\gamma$  (XMG1.2), anti-Thy1.1 (HIS51), anti-CD45.1 (A20), anti-CD25 (PC61.5), anti-TCR $\beta$  (H57-597), antiphospho-STAT3 (pY705), and anti-FoxP3 (FJK-16a) Abs (all Abs from eBioscience). Cells were acquired using an LSRII (BD Biosciences) flow cytometer and analyzed using a FlowJo software (Tree Star, Ashland, OR).

**Illumina genechip assay**. FACS-purified Foxp3<sup>eGFP+</sup> Tregs were stimulated on immobilized anti-CD3/CD28 mAbs for 2 days in the presence of 10 ng ml<sup>-1</sup> IL-27 or media. Total RNA was extracted using a Qiagen RNeasy mini kit (Qiagen, Valencia, CA) followed by clean-up and DNase I treatment in accordance with the protocol provided with the kit. Quality control was performed with Agilent Bioanalyzer (Palo Alto, CA). Biotinylated cRNAs were prepared using the Ambion MessageAmp kit (Ambion, Austin, TX) for Illumina arrays. cRNA from each sample was hybridized to arrays on the Mouse Ref-8 expression beadchips (Illumina, San Diego, CA) for a 20-h hybridization period at 58 °C. The beadchips were scanned using an Illumina iScan (Illumina, San Diego, CA) at a 0.53  $\mu$ m resolution. Future extraction was performed using the Illumina GenomeStudio (Illumina).

**Statistical analysis.** The RNA expression data were imported into the R Bioconductor (http://www.bioconductor.org). All raw data were  $\log_2$  transformed, and the quantile normalization function in the package "lumi".<sup>42</sup> Differential expression was assessed using the Bayesian *t*-statistic in the package LIMMA. *P* values from comparisons between Tregs treated with media and Tregs treated with IL-27 were corrected for multiple testing using the false discovery rate method. Genes with corrected *P*<0.05 were considered to be differentially expressed.

**Data analysis**. Statistical significance was determined by the Student's *t*-test using the Prism 4 software (GraphPad, La Jolla, CA). A *P* value of <0.05 was considered statistically significant.

SUPPLEMENTARY MATERIAL is linked to the online version of the paper at http://www.nature.com/mi

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#### AUTHOR CONTRIBUTIONS

J.-s.D. conceived and designed the experiments, performed most of the experiments, and analyzed the data. A.V. and Y.O.S. performed experiments and analyzed the data. N.D., S.K., E.J., and J.J.B. performed experiments. S.A.S., B.S., W.M.B., R.L.F., and D.A.A.V. critically read the manuscript and provided reagents. B.M. conceived and designed the experiments, analyzed the data, and wrote the manuscript.

#### DISCLOSURE

The authors declared no conflict of interest.

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