# Downregulated Th17 responses are associated with reduced gastritis in *Helicobacter pylori*–infected children

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*Helicobacter pylori* induces less gastric inflammation in children than adults. Here we investigated whether this reduced inflammation involves dysregulated T helper type 17 (Th17) responses. *H. pylori*–infected children and adults in Santiago, Chile had similar levels of *H. pylori* colonization, proportions of bacteria containing *cagA* and s1/s2 *vacA* markers of virulence, and strain genotypes (predominantly hpEurope), but the children had significantly reduced levels of gastric inflammation and neutrophil infiltration. The reduced neutrophil accumulation in the infected children was accompanied by significantly fewer gastric Th17 cells and significantly lower levels of interleukin (IL)-17-specific mRNA and protein compared with the infected adults. The gastric mucosa of *H. pylori*–infected children also contained higher numbers of IL-10<sup>+</sup> cells and increased levels of both IL-10 and Foxp3 mRNA compared with that of the infected adults. Thus, reduced gastric inflammation, including diminished neutrophil accumulation, in *H. pylori*–infected children compared with infected adults is likely due to downregulated gastric Th17/IL-17 responses as a consequence of enhanced mucosal regulatory T-cell activity in the children.

### INTRODUCTION

The inflammation associated with *Helicobacter pylori* infection is mediated by gastric mucosal T helper type 1 (Th1) cells through the release of interferon (IFN)- $\gamma$ , based on studies in animal models<sup>1-3</sup> and adult humans.<sup>4-8</sup> Study of the infection in adult subjects addresses late *H. pylori*-induced mucosal responses, whereas the study of *H. pylori* infection in children, which has received little investigative attention, offers the opportunity to investigate early mucosal responses to the bacteria. To begin to elucidate the early, possibly age-related, mucosal events in *H. pylori* infection, we<sup>8,9</sup> and others<sup>10</sup> have shown that childhood *H. pylori* infection is associated with significantly reduced levels of gastric inflammation and ulceration compared with adults. We also have shown that the gastric mucosa of *H. pylori*-infected children contains increased numbers of regulatory T (Treg) cells compared with the mucosa of infected adults,<sup>8</sup> suggesting Treg participation in the reduced Th1-mediated gastritis and ulceration in the children. In this connection, emerging evidence suggests that Treg-mediated immune regulation in humans may contribute to *H. pylori* persistence<sup>11,12</sup> and that inadequate or absent Treg responses in adult humans and mice are associated with increased mucosal inflammation during *H. pylori* infection.<sup>12-15</sup>

Recent studies also have shown that the levels of interleukin (IL)-17 are increased in the gastric mucosa of mice infected with *H. pylori*,<sup>16–18</sup> suggesting that Th17 cells participate in *H. pylori* gastritis, at least in mice. Indeed, IL-17 is one of the earliest cytokines detected in the gastric mucosa of *H. pylori*–infected mice.<sup>17</sup> IL-17 mediates the recruitment and activation of polymorphonuclear neutrophils, a key cellular element in the inflammatory lesion associated with *H. pylori* infection.<sup>19</sup> Here

Received 5 March 2012; accepted 28 November 2012; published online 9 January 2013. doi:10.1038/mi.2012.133

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we extend our study of the immunopathogenesis of *H. pylori* gastritis in children as a window into the early cellular responses to the infection by investigating gastric Th17 responses in the *H. pylori*–infected children and adults living in Chile, where *H. pylori* is endemic.

### RESULTS

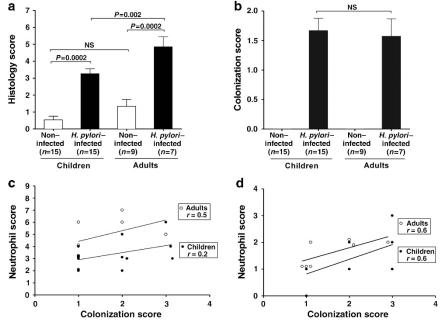
### Reduced levels of gastric inflammation in *H. pylori*–infected children compared with infected adults

To elucidate the immune mechanisms that initiate inflammation in early H. pylori infection, we first evaluated gastric tissue specimens from children and adults with or without H. pylori infection for inflammation. H. pylori infection was associated with gastric inflammation in both children and adults compared with their non-infected peers (each P = 0.0002; Figure 1a). However, the mean level of inflammation in the infected children was significantly less compared with that of the infected adults (P = 0.002), based on histological evaluation of coded biopsy specimens using the modified Sydney classification. The same biopsy specimens were evaluated for H. pylori colonization. The mean level of H. pylori colonization in the gastric mucosa of the children and adults was nearly identical (Figure 1b), despite the reduced level of gastritis in the children. Importantly, at each level of bacterial colonization, the H. pylori-infected children displayed a reduced histology score compared with that of the infected adults (P = 0.018; Figure 1c), indicating that the reduced mean histology score in the children (Figure 1a) was not the consequence of a disproportionally lower amount of

inflammation in the children or an excessively higher amount of inflammation in the adults for any single level of colonization. Rather, *H. pylori* induced a proportionally lower inflammatory response in children compared with adults at each level of colonization. In addition, the amount of neutrophil infiltration into the gastric mucosa, based on the neutrophil score, was reduced at each level of colonization (P = 0.01; **Figure 1d**).

## *H. pylori* from infected children and adults display similar genetic features

To determine whether the reduced inflammation in the H. pylori-infected children could reflect infection by less virulent bacteria, we characterized the H. pylori isolated from 12 of the 15 infected children and all 7 of the infected adults for the presence of *cagA* and *vacA* alleles and for phylogeographic origin. Among these isolates, the proportion of bacteria that carried cagA and vacA (type s1/s2) markers of virulence was similar in the infected children and adults (P = 0.2 and 0.1, respectively; Table 1). All of the strains containing s1 forms of vacA were classified as subtype s1b. H. pylori isolated from the children and adults also were subjected to nucleotide sequence analysis of the *urel*, *muty*, *efp*, *ppa*, *atpA*, and *trpC* loci and then compared with 331 reference strains to assess phylogenetic similarity. As shown in the phylogenetic tree (Figure 2), all 12 of the isolates from children and 5 of the 7 isolates from adults were of European origin,<sup>20,21</sup> suggesting that hpEurope is the predominant H. pylori genotype present in this region of Chile. Thus, the Chilean children and adults in our study were colonized by H. pylori with similar cagA and vacA profiles and



**Figure 1** Levels of gastric inflammation and *Helicobacter pylori* colonization in children and adults. (**a**) *H. pylori* induced inflammation in the gastric mucosa of both children and adults, but inflammation was significantly less severe in the infected children. (**b**) Levels of *H. pylori* colonization in gastric mucosa were similar in the infected children and adults. Levels of gastric inflammation and colonization are presented as the histology score and colonization score (mean  $\pm$  s.e.m.), respectively (see Methods). *H. pylori*–infected children had reduced levels of (**c**) gastric inflammation based on the histology score compared with the infected adults. (for comparison of lines: in **c**, *P*=0.018 and in **d**, *P*=0.01). NS, not significant.

predominantly of the hpEurope genotype, indicating that host, not bacterial, factors contribute to the reduced gastritis in children.

# Reduced frequency of Th17 cells and IL-17 response in the gastric mucosa of *H. pylori*–infected children compared with adults

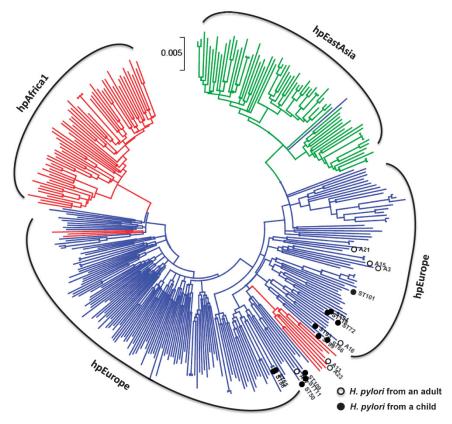
As *H. pylori* gastritis is mediated by  $Th1^{1-8}$  and possibly  $Th17^{16-18,22}$  pathway responses, and as the *H. pylori*–infected children display a reduced gastric Th1 response,<sup>8</sup> we next investigated whether the infected children also have a reduced gastric Th17 response. To determine the prevalence of Th17

Table 1 Helicobacter pylori virulence factors

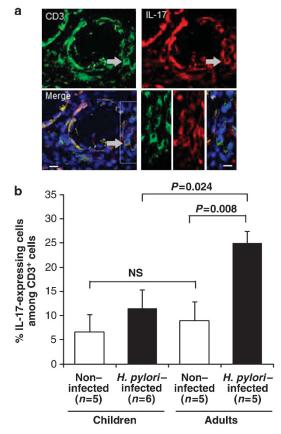
	Source of <i>H. pylori</i>		
	Children ( <i>n</i> =12)	Adults ( <i>n</i> =7)	<b>P</b> -value
CagA, <i>n</i> (%)	11 (92)	5 (71)	0.2
VacA S alleles			0.1
s1 allele, n (%)	4 (33)	5 (71)	
s2 allele, n (%)	8 (66)	2 (29)	

cells in gastric mucosa, we used immunofluorescence to analyze gastric biopsies from the H. pylori-infected children and adults for CD3<sup>+</sup> T cells that expressed IL-17 (Figure 3a). IL-17 expression was detected predominantly in CD3<sup>+</sup> cells in the lamina propria and occasionally in CD3<sup>-</sup> cells in the epithelium and lamina propria (not shown). The proportion of CD3<sup>+</sup> T cells that expressed IL-17 in the gastric lamina propria of H. pylori-infected adults was significantly increased compared with that of both the noninfected adults (P = 0.008) and infected children (P = 0.024; Figure 3b). By contrast, the proportion of gastric IL- $17^+$ / CD3<sup>+</sup> T cells in the infected children was not significantly increased compared with that of the non-infected children (Figure 3b). Thus, the number of Th17 cells in the gastric mucosa of H. pylori-infected children is significantly lower than that of the infected adults.

Because Th17-derived IL-17 drives the recruitment and activation of neutrophils in the intestinal mucosa, we next measured the IL-17 response in gastric tissue specimens from the children and adults. *H. pylori* infection in the children did not induce increased gastric IL-17 mRNA expression, whereas infection in the adults was associated with a several fold increase in IL-17 mRNA (P = 0.03; Figure 4a). Consistent with



**Figure 2** Phylogeographic origin of *Helicobacter pylori* strains. *H. pylori* isolated from the children (n = 12, open circles) and adults (n = 7, closed circles) were subjected to nucleotide sequence analysis of the *urel*, *muty*, *efp*, *ppa*, *atpA*, and *trpC* loci. Concatenated nucleotide sequences of the loci from the 19 isolates were aligned to the corresponding sequences of 331 reference strains before phylogenetic analysis.<sup>20,50</sup> The phylogenetic tree is drawn to scale with branch lengths in the same units as those of the evolutionary distances used to infer the tree. Major strain populations are designated as hpEurope (blue), hpAfrica1 (red), and hpEastAsia (green) (including subgroups hspEAsia (green) and hspAmerind (green)). Seventeen of 19 *H. pylori* isolates were hpEurope and 2 were hpAfrica.

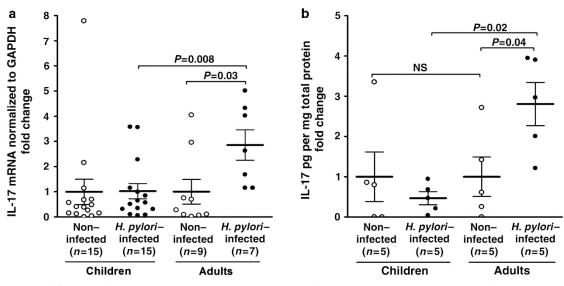


**Figure 3** Interleukin (IL)-17-expressing CD3<sup>+</sup> T cells in the gastric mucosa of *Helicobacter pylori*-infected and uninfected children and adults. (a) Co-localization of CD3<sup>+</sup> and IL-17<sup>+</sup> mucosal cells in a gastric tissue section from a representative *H. pylori*-infected adult stained with goat anti-CD3 (Cy3) and goat anti-IL-17 (fluorescein isothiocyanate) antibodies. Bar = 20 µm. (b) Percentage (mean ± s.e.m.) of CD3<sup>+</sup> T cells that co-expressed IL-17 was significantly lower in the *H. pylori*-infected children (*n*=6) compared with that of the infected adults (*n*=5).

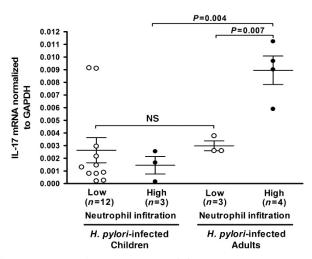
these results, the level of IL-17 mRNA in the children did not correlate with the magnitude of H. pylori colonization (r = -0.09) compared with the moderate positive correlation between the levels of IL-17 mRNA and colonization in the adults (r = +0.3). Consequently, the expression of IL-17 mRNA in the mucosa of H. pyloriinfected children was significantly lower than that of the infected adults (P = 0.008; Figure 4a). Among the subjects whose gastric tissue specimens provided sufficient total protein to analyze for IL-17 protein, gastric tissue from the H. pyloriinfected adults, but not the infected children, had higher levels of IL-17 protein compared with that of the uninfected subjects (P = 0.04; Figure 4b), and, consistent with these findings, the level of IL-17 protein in the infected children was significantly reduced compared with that of the infected adults (P = 0.02). The level of IFN- $\gamma$  mRNA in the gastric tissue of infected children was also significantly lower than that of similarly infected adults (data not shown; P = 0.02), corroborating our earlier finding of a reduced Th1 response in the H. pyloriinfected children.<sup>8</sup> Thus, the gastric IL-17 response, similar to the IFN- $\gamma$  response, was significantly lower in the *H. pylori*infected children compared with the response of infected adults.

### Mucosal neutrophil infiltration correlates with IL-17 mRNA in the *H. pylori*-infected adults but not children

As polymorphonuclear neutrophil accumulation is a central feature of *H. pylori* gastritis and can be induced by IL-17, we investigated the relationship between tissue IL-17 responses and neutrophil accumulation in the gastric mucosa of *H. pylori*–infected children and adults. Among the 15 children with *H. pylori* infection, only 3 of 15 (20%) had high levels of neutrophil infiltration (neutrophil score 2–3) into the gastric mucosa, whereas, among the 7 adults with infection, 4 (57%) had similar amounts of high neutrophil infiltration (**Figure 5**).



**Figure 4** Interleukin (IL)-17-specific mRNA and protein in the gastric mucosa of non-infected and *Helicobacter pylori*–infected children and adults. IL-17 (**a**) mRNA and (**b**) protein in the *H. pylori*–infected children were significantly lower compared with that of the infected adults. mRNA expression was determined by real-time PCR and normalized to the housekeeping gene GAPDH (glyceraldehyde 3-phosphate dehydrogenase). IL-17 pg protein was determined by enzyme-linked immunosorbent assay and normalized to total mg protein. Data are presented as fold change (±s.e.m.) in the *H. pylori*–infected children and infected adults compared with the non-infected cohort subjects. NS, not significant.



**Figure 5** Levels of gastric interleukin (IL)-17 mRNA and polymorphonuclear neutrophil infiltration in the *Helicobacter pylori*-infected children and adults. Gastric mucosa from *H. pylori*-infected children (n = 15) and adults (n = 7) were analyzed for neutrophil infiltration and IL-17 mRNA expression as described in the Methods. Low neutrophil infiltration = neutrophil score 0–1 and high neutrophil infiltration = neutrophil score 2–3. Gastric IL-17 mRNA responses were lower in the *H. pylori*-infected children than in the infected adults. Values are presented as mean IL-17 mRNA normalized to GAPDH (glyceraldehyde 3-phosphate dehydrogenase) mRNA ± s.e.m. NS, not significant.

Moreover, among the infected children with high neutrophil infiltration, the level of IL-17 mRNA was significantly reduced compared with that of the infected adults with the same amount of neutrophil infiltration (P = 0.004). Thus, in the gastritis of *H. pylori*–infected children (**Figure 1a**), the decrease in neutrophil accumulation was associated with a significantly reduced mucosal IL-17 response.

# Increased levels of IL-10 and Foxp3 mRNA in the gastric mucosa of *H. pylori*–infected children compared with the infected adults

To elucidate the mechanism by which the Th17 response might be downregulated in children infected with H. pylori, we analyzed the same gastric tissue specimens for evidence of Treg cell responses. As shown in **Figure 6a**, gastric *H. pylori* infection in children was associated with a significant increase in the mucosal level of mRNA for the downregulatory cytokine IL-10 compared with that of the non-infected children (P = 0.03). By contrast, H. pylori infection in adults was not associated with increased levels of IL-10 mRNA. Importantly, the gastric mucosa of H. pylori-infected children contained significantly higher levels of IL-10 mRNA compared with that of the infected adults (P = 0.03). Consistent with the increased gastric IL-10 response in the *H. pylori*–infected children, IL-10<sup>+</sup> cells were identified throughout the lamina propria, albeit at low frequency (Figure 6b). IL-10<sup>+</sup> cells were also identified in the deep regions of the gastric glands, but more frequently than in the lamina propria, of infected children (Figure 6b). The cells that expressed IL-10 in the lamina propria were exclusively CD3<sup>+</sup> T cells and not HLA-DR<sup>+</sup> cells, whereas the IL-10expressing cells in the glands were either  $CD3^+$  T cells or cytokeratin<sup>+</sup> epithelial cells (**Figure 6b**).

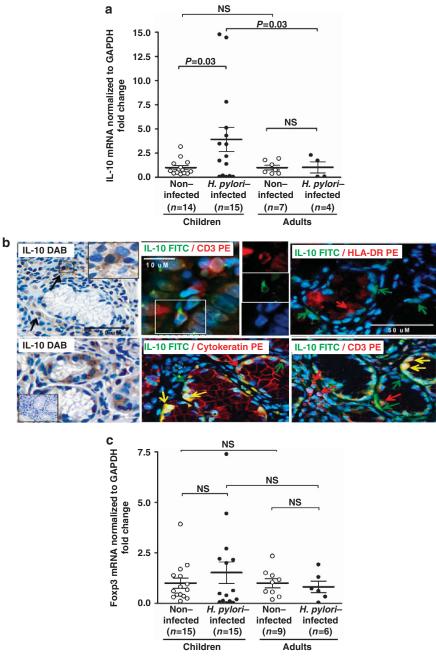
The gastric mucosa of *H. pylori*–infected children also had higher levels of mRNA for the Treg transcription factor Foxp3 than that of both the non-infected children and infected adults (**Figure 6c**), although the increase did not reach statistical significance. In addition, the Foxp3 and IL-17 mRNA levels in the infected children exhibited a negative correlation (r = -0.08) compared with the positive, albeit not significant, correlation in adults (r = +0.25). Together, the increased IL-10 response and prominent Foxp3 response are consistent with an enhanced Treg response in the gastric mucosa of *H. pylori*–infected children.

### DISCUSSION

To elucidate the mucosal regulation of H. pylori infection in children, which provides a window into the early host response to the bacteria, we characterized the bacteria, associated cellular infiltrate, and mucosal cytokine response to the infection in children (and adults) residing in Santiago, Chile. Using pediatric and adult cohorts completely different from our previous study,<sup>8</sup> we first confirmed that the *H. pylori*-infected children have reduced gastric inflammation compared with the infected adults, despite similar mean levels of H. pylori colonization. Importantly, inflammation in the children was reduced at each level of bacterial colonization compared with that of adults, suggesting an overall downregulation of the immune-mediated response to H. pylori in children. In addition, sequence analysis showed that the bacteria isolated from the infected children and adults had similar cagA and vacA (s1b and s2) gene profiles and, in the first genotype analysis of H. pylori in Chile, that the bacteria were exclusively of European phylogeographic origin. Although genetic changes due to homologous sequence recombination commonly occur in *H. pylori* over time,<sup>23</sup> our gene expression studies indicate that differences in common virulence factors and bacterial strains are not the cause of the reduced inflammation in the H. pylori-infected children compared with the infected adults residing in this highly endemic region of the world.

The presence of only hpEurope strains in our subjects is consistent with the European ancestry in approximately twothirds of the Chilean population, especially that of the cities.<sup>24</sup> Amerindians or persons of Amerindian admixture constitute most of the remaining third and persons of African descent < 0.1% of the population.<sup>25</sup> In other regions of South America, persons of African ethnicity represent a substantial proportion of the population. In Colombia, for example, persons with at least some African ancestry represent 21% of the population and are concentrated along the Caribbean and Pacific coasts.<sup>26</sup> In the Pacific coast region, up to two-thirds of the inhabitants were recently shown to be colonized by hpAfrica1 strains,<sup>27</sup> likely introduced there in the nineteenth century through the importation of slaves infected with African strains.<sup>20,21</sup> Importantly, strains of African origin dominated in the coastal residents and were less strongly associated with gastric cancer than European strains in the mountain residents.<sup>27</sup> By contrast,

### ARTICLES



**Figure 6** Interleukin (IL)-10 and Foxp3 responses in the gastric mucosa of non-infected and *Helicobacter pylori*–infected children and adults. Gastric tissue specimens were analyzed for (a) IL-10 mRNA, (b) identity of the IL-10-expressing cells, and (c) Foxp3 mRNA. Levels of IL-10 and Foxp3 mRNA, determined by real-time PCR and normalized to GAPDH (glyceraldehyde 3-phosphate dehydrogenase) mRNA, were higher in the *H. pylori*–infected children than in the infected adults. Gastric IL-10 protein, detected by immunofiloremistry (left upper and lower panels) and immunofilorescence (right panels) in an *H. pylori*–infected child, co-localized in the lamina propria in CD3<sup>+</sup> T cells and in the epithelium in cytokeratin<sup>+</sup> epithelial cells and CD3<sup>+</sup> T cells. Inset in the left lower panel shows control tissue without DAB (diaminobenzidine) staining. In the immunofilorescence panels, red and green arrows point to cells that stain with the indicated antibody of the same color; yellow arrows point to the merge, indicating co-localization. FITC, fluorescein isothiocyanate; NS, not significant; PE, phycoerythrin.

the high prevalence of only hpEurope strains in the Chilean children reported here assures prolonged exposure to hpEurope strains as the children develop into infected adults that together with the high frequency of cancer-associated  $cagA^+$  and  $vacA-s1^+$  genotypes<sup>28,29</sup> likely contributes to the high rate of gastric cancer in the Chilean population.

IL-17 is the signature cytokine produced by Th17 cells and has a mediator role in the inflammation associated with certain autoimmune diseases and host defense against bacterial and fungal pathogens, particularly at mucosal surfaces.<sup>30–32</sup> Therefore, we characterized the mucosal Th17/IL-17 response in children and adults with *H. pylori*–associated gastritis. Whereas

no differences in the frequency of Th17 cells were detected in the gastric mucosa of children and adults without *H. pylori* infection, children infected with the bacteria had significantly fewer gastric Th17 cells and significantly lower levels of gastric IL-17-specific mRNA and protein compared with that of similarly infected adults, indicating a potent reduction in the mucosal Th17 response in the children. The gastric mucosa of the infected children also contained less IFN- $\gamma$  mRNA, corroborating our earlier finding of a reduced Th1 response in the *H. pylori*–infected children.<sup>8</sup> These findings indicate that adult *H. pylori* gastritis is the consequence of both Th17 and Th1 immune-mediated inflammatory pathways and that both pathways are downregulated in the gastric mucosa of infected children.

Within the gastric inflammatory lesion of *H. pylori*-infected children, neutrophil infiltration was significantly lower and was associated with a reduced IL-17 response compared with that of the infected adults. Thus, IL-17-producing cells in the H. pylori-infected gastric mucosa likely contribute to local neutrophil accumulation, but this contribution is significantly less in children. H. pylori infection in the children was also accompanied by higher mucosal levels of mRNA for the transcription factor Foxp3 and the downregulatory cytokine IL-10, consistent with an enhanced Treg response that may downregulate the Th17-mediated gastric inflammation in the children. The increased IL-10 response is consistent with the finding of higher numbers of IL- $10^+$  cells among CD $3^+$  T cells in the lamina propria and epithelium of H. pylori-infected children. In addition to the presence of IL-10  $^+$  CD3  $^+$  T cells in the epithelium, we also detected  $IL-10^+$  cytokeratin<sup>+</sup> cells in the epithelium, consistent with an epithelial source of IL-10 that has been reported by others.<sup>33</sup> In mice, the reciprocal polarization between Treg and Th17 cells is associated with inflammation of the central nervous system<sup>34,35</sup> and colon<sup>36</sup> and commensal microbiota in the small intestine.<sup>37</sup> In the mouse stomach, Kao et al.  $^{18}$  and Zhang et al.  $^{38}$  showed that *H. pylori*–induced dendritic cells skew the Th17/Treg balance toward a Treg-biased response that suppresses Th17 immunity through a CagA- and VacA-independent, TGF-β (transforming growth factor- $\beta$ )-, and IL-10-dependent mechanism. In support of these findings, we recently showed that *H. pylori* was capable of stimulating human gastric dendritic cells to produce IL-10,<sup>39,40</sup> potentially supplementing Treg suppression of inflammation in the gastric mucosa. Although we have shown that macrophages in normal human intestinal mucosa are incapable of TGF- $\beta$  and IL-10 production,<sup>41,42</sup> the ability of human gastric macrophages to produce downregulatory cytokines is not known.

Our finding that the *H. pylori*–infected children have downregulated Th17 responses in the gastric mucosa has important implications for the development of an effective *H. pylori* vaccine. First, in animal model studies, IL-17 has been implicated as a key mediator of vaccine-induced reduction in *H. pylori* infection<sup>43–45</sup> through the stimulation of local chemokines, including MIP-2 (macrophage-inflammatory protein-2), KC (keratinocyte chemokine), and LIX (lipopolysaccharide-induced CXC chemokine), which recruit neutrophils to the gastric mucosa.<sup>43</sup> Second, as children will be an especially important target population for *H. pylori*-specific vaccination in resource-poor nations, reduction in the gastric IL-17 response in children infected with *H. pylori* is a potentially confounding issue that will need to be addressed in the development of such a vaccine. Thus, the Th17/IL-17 results presented here implicate discordant regulation of the gastric mucosal response of children and adults to *H. pylori*. Further elucidation of the immune-mediated mechanism(s) of *H. pylori*-induced mucosal inflammation during early host development will provide important information for the design of more effective intervention strategies against this challenging pathogen, especially for children in countries with high rates of *H. pylori* infection and gastric cancer.

### METHODS

Patients. Consecutive subjects with abdominal symptoms residing in Santiago, Chile, including 30 children <13 years of age and 16 adults >18 years of age, were evaluated in this IRB (Institutional Review Board)-approved study. The mean age of the children was  $10.4 \pm 2.9$  years old and the adults  $48 \pm 13.1$  years old. Female gender dominated in both the children (62%) and the adults (69%). All subjects were of European ethnicity, and the mean socioeconomic levels based on the Department of Economy criteria were similar for the groups. Acceptance into the study was based on the presence of symptoms of recurrent abdominal pain, burning abdominal discomfort, hematemesis, or chronic vomiting. Exclusion criteria included (a) use of antibiotics, antacid, H<sub>2</sub>-blocker, proton-pump inhibitor, bismuth compound, non-steroidal anti-inflammatory drug, or immunosuppressive agent during the 2 weeks before endoscopy; (b) presence of an autoimmune disease; and (c) stool exam positive for ova or parasites.

**Assessment of** *H. pylori* infection. Subjects provided six antral biopsies by esophagogastroduodenoscopy for the following studies: (1) rapid urease test (Rapid Urea Test; Bios Chile, Santiago, Chile) to detect *H. pylori*; (2) histological analysis and microscopic detection of *H. pylori*; (3) genotype analysis; (4) immunofluorescence studies; (5) cytokine protein determination; and (6) analysis of cytokine gene expression. A study subject was judged colonized with *H. pylori* if either the rapid urease test or the microscopic evaluation was positive for the bacteria.

**Evaluation of gastric** *H. pylori* histopathology and colonization. Serial sections of formalin-fixed, paraffin-embedded, hematoxylin and eosin-stained gastric tissue specimens were evaluated for inflammation and bacterial colonization by two pathologists without knowledge of other results. Briefly, five random fields in three tissue sections per biopsy were scored (0–3) according to the modified Sydney classification system<sup>46</sup> for the level of neutrophils and mononuclear cells, number of lymphoid follicles, mucosal atrophy, and intestinal metaplasia. Thereafter, a histology score reflecting the level of inflammation<sup>8</sup> was determined by adding the score of each parameter. Similarly, a neutrophil score reflected the level of neutrophils in five random fields in three sections per coded biopsy with 0 = absent, 1 = mild, 2 = moderate, and 3 = high. A colonization score was calculated based on *H. pylori* density (0 = absent, 1 = mild, 2 = moderate, and 3 = intense).

*H. pylori* virulence factor and genotype analysis. Gastric biopsies were placed in Brucella broth, frozen immediately in liquid nitrogen, and subsequently cultured on plates with Brucella agar, 5% horse blood, and *H. pylori*-selective supplement (Dent; Oxoid, Basingstoke,

UK). The plates were cultured for 7 days in 10% CO<sub>2</sub> and then passaged three times. A single colony was identified as *H. pylori* using colony morphology and the rapid urease test (Rapid Urea Test, Bios Chile). DNA from the remaining colonies was extracted using the Qiagen DNeasy Minikit (Qiagen, Valencia, CA) and quantified by spectro-photometry. Virulence factor *cagA* was amplified by PCR, as previously described.<sup>47</sup> Strains without *cagA* amplification by PCR were confirmed as *cagA* negative by amplifying the *cag* pathogenicity island empty site as previously described.<sup>48</sup> To analyze the s-region of *vacA*, the nucleotide sequences of PCR products were compared with variants of four known *vacA* s-region subtypes (s1a, s1b, s1c, and s2).<sup>49</sup>

Nucleotide sequences for *H. pylori* housekeeping genes (*ureI*, *mutY*, efp, ppa, atpA, and trpC) were also amplified by PCR.<sup>20,50</sup> PCR products were subsequently purified using the Wizard SV gel and PCR Clean-up kit (Promega, Fitchburg, WI) and stored at -20 °C. PCR products were sequenced by the University of Alabama at Birmingham DNA Sequencing and Analysis Core. To determine the relationship between strains of H. pylori-infecting patients in this study and globally distributed H. pylori isolates, we retrieved data from a multi-locus sequence typing (MLST) database (http://pubmlst.org/ helicobacter) for 331 reference isolates with appropriate geographical distribution. Concatenated nucleotide sequences for H. pylori MLST loci (ureI, mutY, efp, ppa, atpA, and trpC) from seven isolates obtained from children and three isolates obtained from adults as well as the 331 isolates retrieved from the MLST database were analyzed using Mega4 software (The Biodesign Institute, Tempe, AZ).<sup>51'</sup> Sequences were aligned using the ClustalW algorithm and phylogenetic relationships were produced using the Kimura two-parameter model for nucleotide substitution and neighbor-joining clustering. A phylogenetic structure was constructed as a bootstrap consensus tree inferred from 1,000 replicates.

Identification and enumeration of gastric Th17 cells. Snap-frozen biopsies were cut into 5 µm sections, fixed in acetone (10 min), and rinsed in phosphate-buffered saline with 0.05% Tween. After blocking in Dako serum-free protein block for 30 min at room temperature, the sections were incubated with goat anti-human IL-17 ( $10 \,\mu g \,m l^{-1}$ ; R&D Systems, Minneapolis, MN) and rabbit anti-human CD3 (1:300; Sigma-Aldrich, St Louis, MO) for 4 h at room temperature, followed by incubation with Cy3 donkey anti-goat immunoglobulin G (IgG; 1:200; Jackson Immunity, West Grove, PA) and fluorescein isothiocyanate donkey anti-rabbit IgG (1:50; Jackson Immunity) for 30 min at room temperature. Isotype-matched, irrelevant antibodies were included as controls with each staining experiment. Cell nuclei were labeled with DAPI (4,6-diamidino-2-phenylindole). Sections were mounted, sealed, and stored at 4 °C until analysis by fluorescence microscopy (Nikon Eclipse T2000-U (Nikon Instruments Inc., Melville, NY), equipped with a CoolSnap ES digital camera and NIS Elements BR2.30 software). The proportion of IL-17<sup>+</sup> cells in the CD3<sup>+</sup> T-cell population was determined on digital images by counting CD3<sup>+</sup> cells with and without co-expression of IL-17 using ImageJ1.46R software (Wayne Rasband, National Institutes of Health, USA, hppt://imagej.nih.gov/ij). Regions of interest were set to exclude surface and glandular epithelial cells. Three or more randomly selected areas from two slides per specimen were analyzed by two independent investigators.

Identification of gastric IL-10 cells. Biopsies fixed in 4% formalin, embedded in paraffin, and cut in 7  $\mu$ m sections were rehydrated and rinsed in water. Sections were subjected to antigen retrieval (citrate buffer, DAKO Target Retrieval Solution, DAKO, Carpinteria, CA; 20 min >92 °C by microwave), endogenous peroxidase inhibition, and casein protein blocking (each 20 min, room temperature, CSA System DAKO), and incubated overnight at 4 °C with primary antibody (DAKO Antibody Diluent with Background Reducing Components). Primary antibodies included (a) mouse anti-human IL-10 IgG2b (1:200, Santa Cruz Biotechnology, Santa Cruz, CA); (b) rabbit anti-human CD3 IgG (1:400, Sigma-Aldrich); (c) mouse anti-human HLA-DR IgG1 (1:20, BD Biosciences, San Jose, CA); and (d) mouse anti-human cytokeratin IgG1 (1:50, Cell Signaling, Danvers, MA). IL-10-positive cells were identified by tyramide signal amplification (1:100, goat anti-mouse IgG2b-horseradish peroxidase; 1:50, biotinylated tyramide; 1:1,000, streptavidin-horseradish peroxidase, PerkinElmer, Shelton, CT) followed by diaminobenzidine staining and counterstained with hematoxylin or by tyramide signal amplification as above using tyramide-fluorescein isothiocyanate (1:50, Molecular Probes 488, Eugene, OR). Nuclei were counterstained with DAPI (1:500). CD3  $^+$  cells were detected with donkey anti-rabbit IgG (1:400, Jackson Immunity); HLA-DR<sup>+</sup> and cytokeratin<sup>+</sup> cells were detected with goat anti-mouse IgG1 (1:100, Molecular Probes 594) and nuclei were counterstained with DAPI. Control slides were included with every experiment (n = 12). Sections were stored and analyzed as above.

**Cytokine protein determination**. Biopsy specimens were homogenized in 750 µl phosphate-buffered saline, centrifuged (12,000 g, 5 min, 4 °C), and the supernatant collected and frozen (-70 °C) until assayed. The concentration of IL-17 was measured by enzyme-linked immunosorbent assay (R&D Systems, Minneapolis, MN) and expressed as pg mg<sup>-1</sup> protein. Total protein was measured using the bicinchoninic acid method (Pierce, Rockford, IL) and expressed as mg ml<sup>-1</sup>.

Real-time reverse transcriptase-PCR analysis for cytokine gene expression. Gastric specimens were snap frozen in liquid nitrogen and kept at -80 °C until processed. Total RNA was extracted using the Qiagen RNeasy Minikit (Qiagen). RNA concentration and purity were determined by spectrophotometry, and RNA integrity was assessed by agarose gel electrophoresis. RNA then was treated with DNAse I (Invitrogen, Carlsbad, CA) for 15 min, heat inactivated at 65 °C to avoid genomic DNA amplification during real-time PCR and reverse transcribed into first-strand cDNA using the affinityScript qPCR cDNA synthesis kit (Agilent Technologies, Santa Clara, CA) with oligo dT as primers. Real-time PCR was performed on duplicate cDNA samples with custom-made primer sets using Brilliant II SYBR green QPCR master mix in an Mx3000p Real-Time PCR System machine (both from Agilent Technologies). The following primer pairs for IL-17 (FW: 5'-ACCAATCCCAAAAGGTCCTC-3'; RV: 5'-GGGGAC AGAGTTCATGTGGT-3'); IL-10 (FW: 5'-GTGATGCCCCAAGCT GAGA-3'; RV: 5'-CACGGCCTTGCTCTTGTTTT-3'); Foxp3 (FW: 5'-AGAAGCAGCGGACACTCAAT-3'; RV: 5'-GAAAGGAGGA TGGACGAACA-3'); IFN-γ (FW: 5'-GAATTGGAAAGAGGAGAG TGAC-3'; RV: 5'-TGTATTGCTTTGCGTTGGAC-3'); and GAPDH (glyceraldehyde 3-phosphate dehydrogenase; reference gene) (FW: 5'-AACCTGCCAAATATGATGAC-3'; RV: 5'-GTTGTCATACCA GGAAATGAG-3') were used for amplification.

PCR fragments for each cytokine and the reference gene obtained by reverse transcriptase–PCR were cloned into the pGEM-T Easy Vector System (Promega). Plasmids extracted from selected clones using the Wizard SV miniprep DNA purification systems (Promega) containing expected inserts were quantified by spectrophotometry. Serial dilutions of the vector insert were used as standard curves to quantify the levels of gene expression. mRNA levels were analyzed by comparing the differences in fold change in cytokine mRNA normalized to GAPDH mRNA.

**Statistical analysis.** Comparisons between groups were performed using the Student's *t*-test or the Mann–Whitney *U* test when appropriate for continuous data. Categorical data were analyzed using the Chi-square test and the Fisher's exact test. Spearman's rank correlation and the Goodness-of-Fit test were used to analyze relationships, although only the Spearman correlation coefficient is presented as analyses were uniformly consistent with each other. Comparison of curve fit values was performed using an *F*-test. Statistical significance was defined as a *P* value of <0.05.

### ACKNOWLEDGEMENTS

We thank Robin G. Lorenz, M.D., Ph.D. for assistance with the tyramide signal amplification. This study was supported by Fondecyt (#1100654, #1085232) and Conicyt RUE29 (Chile); the National Institutes of Health (DK-54495, DK-84063, AI-83539, AI-83027, RR-20136, AI068009, CA116087, and the Cell and Molecular Pathology Core of the UAB Mucosal HIV and Immunobiology Center, DK-64400); UAB Autoimmunity, Immunology and Transplantation Pilot Program; UAB Center for Clinical and Translational Science Pilot Program (UL1, TR000165); the Department of Veterans Affairs; and the Fulbright Fellowship Program, Department of State (USA).

### DISCLOSURE

The authors declared no conflict of interest.

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