

ORIGINAL ARTICLE

Takashi Nomiya · Yasushi Tanaka · Lianshan Piao
Keiko Nagasaka · Ken Sakai · Takeshi Ogihara
Kunihiro Nakajima · Hiroataka Watada · Ryuzo Kawamori

The polymorphism of manganese superoxide dismutase is associated with diabetic nephropathy in Japanese type 2 diabetic patients

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Abstract We evaluated the relationship of an alanine or valine polymorphism at amino acid sequence 16 [Val(16)Ala] of manganese superoxide dismutase (Mn-SOD) with diabetes and diabetic nephropathy in Japanese type 2 diabetic patients. Val(16)Ala genotyping of Mn-SOD was done by polymerase chain reaction-restriction fragment length polymorphism with a restriction enzyme (*Bsa*I) in 478 Japanese type 2 diabetic patients and 261 nondiabetic Japanese healthy subjects. The genotype distribution of diabetic and nondiabetic subjects was then compared, and the association of genotype with diabetic nephropathy was evaluated in the diabetic patients. The allele frequency and genotype of the diabetic patients were not different from those of the healthy nondiabetic subjects. The VV type showed a significantly higher frequency in the diabetic patients with nephropathy than did the AA or VA type [VV type: normoalbuminuria 70.8%, microalbuminuria 84.8% ($P = 0.0057$), macroalbuminuria 84.1% ($P = 0.0128$)]. Furthermore, logistic regression analysis showed that this polymorphism is associated with diabetic nephropathy independently (odds ratio = 0.461925, $P = 0.03$). Accordingly, the Val(16)Ala polymorphism of Mn-SOD may be unrelated to the etiology of type 2 diabetes, but it seems to be associated with diabetic nephropathy in Japanese type 2 diabetic patients.

Key words Mn-SOD · Polymorphism · ROS · Mitochondria · Diabetic nephropathy

T. Nomiya · Y. Tanaka (✉) · K. Nagasaka · K. Sakai ·
T. Ogihara · K. Nakajima · H. Watada · R. Kawamori
Department of Medicine, Metabolism and Endocrinology, School of
Medicine, Juntendo University, 2-1-1 Hongo, Bunkyo-ku, Tokyo
113-8421, Japan
Tel. +81-3-5802-1579; Fax +81-3-3813-5996
e-mail: y-tanaka@med.juntendo.ac.jp

L. Piao
Department of Endocrinology, The Affiliated Hospital of Yanbian
University College of Medicine, Yanji, Jilin, China

Introduction

The mitochondria are the major source of intracellular reactive oxygen species (ROS) because large amounts of superoxide anions are formed as a by-product of the oxidative phosphorylation reactions that occur in the mitochondrial respiratory chain (Guidot et al. 1993). Usually, such ROS are immediately scavenged by mitochondrial manganese superoxide dismutase (Mn-SOD; Weisiger and Fridovich 1973), which may be an essential enzyme for cell survival because disruption of the Mn-SOD gene causes neonatal death in mice (Li et al. 1995). The gene is not coded in the mitochondrial DNA but in the nuclear DNA, and the enzyme translocates to the mitochondria after translation of the protein in the cytosol. Recently, a valine (GTT) or alanine (GCT) polymorphism of human Mn-SOD was found at amino acid position 16 [Val(16)Ala], alternatively described as Val(-9)Ala of the signal peptides in the previous report, which plays a key role in targeting the enzyme to the mitochondria (Shimoda-Matsubayashi et al. 1996). The valine-to-alanine substitution induces a conformational change of the targeting sequence from a β -sheet to an α -helix, and an in vitro study has suggested that the enzyme content in the mitochondrial fraction is higher when the signal peptide has alanine as the position 16 amino acid than when it has valine (Hiroi et al. 1999). Accordingly, a valine-to-alanine substitution may increase the targeting efficiency by a conformational change of the targeting sequence, consequently leading to an increase in mitochondrial ROS scavenging.

Hyperglycemia may increase ROS production (West 2000), which may be closely associated with diabetic complications. In particular, ROS produced by mitochondria in a high-glucose condition may regulate various factors relating to diabetic complications (Nishikawa et al. 2000). Among the various diabetic complications, nephropathy is particularly thought to be linked to multiple genetic factors such as the angiotensin converting enzyme insertion or deletion [ACE (I/D)] genotype (Ohno et al. 1996), but there has been no previous report of an association between

nephropathy and ROS-related genotypes. Accordingly, we analyzed the Val(16)Ala polymorphism of Mn-SOD in type 2 diabetic patients and healthy nondiabetic subjects. We evaluated the association of genotype with diabetic nephropathy, while simultaneously analyzing the ACE polymorphism, an intron 16 I/D, to avoid its confounding influence.

Patients and methods

A total of 478 Japanese type 2 diabetic patients (315 men and 163 women aged 59.8 ± 0.5 years, mean \pm SEM), who were outpatients of Juntendo University Hospital (Tokyo, Japan), and a total of 261 nondiabetic healthy Japanese subjects (156 men and 101 women aged 48.1 ± 0.5 years, HbA_{1c} < 5.0%) were studied. All subjects gave written informed consent before enrollment in the study, which was approved by the Ethics Committee of Juntendo University. Hypertension was defined as a systolic blood pressure >140 mmHg and/or a diastolic blood pressure >90 mmHg or the use of oral antihypertensive therapy. The stage of diabetic nephropathy was determined from the average of at least two measurements of urinary albumine creatinine ratio (ACR), and the subjects were classified into the following three groups: a normoalbuminuria group [DN(-) group, ACR <30 mg/g creatinine (Cre)], a microalbuminuria group (DN1 group, ACR \geq 30 mg/g Cre and <300 mg/g Cre), and a macroalbuminuria group (DN2 group, ACR \geq 300 mg/g Cre).

Genomic DNA was extracted from peripheral blood cells using a DNA extraction kit (QIAamp DNA Blood Kit, QIAGEN, Tokyo, Japan). Genotyping of Val(16)Ala of Mn-SOD was done by polymerase chain reaction (PCR) restriction fragment length polymorphism analysis. In brief, genomic DNA was amplified using a forward primer (5'-GCTGTGCTTTCTCGTCTTCAG-3') and a reverse primer (5'-TGGTACTTCTCCTCGGTGACG-3'). The PCR involved 38 cycles of 94°C for 30s, 60°C for 30s and 72°C for 30s. Then the PCR products were digested overnight at 60°C with *Bsa*I (New England Biolabs, Beverly, MA, USA), electrophoresed on 2.5% agarose gel, and stained with ethidium bromide. The ACE (I/D) polymorphism was also examined by PCR analysis, as described previously (Ohno et al. 1996). In brief, genomic DNA was amplified using a forward primer (5'-CTGGAG ACCACTCCCATCCTTTCT-3') and a reverse primer (5'-GATGTGGCCATC ACATTCGTGAT-3'), after which the PCR products were electrophoresed on 2% agarose gel and stained with ethidium bromide. Insertion and deletion of the allele was detected as a band of 490 bp and 190 bp, respectively.

Results are reported as the mean \pm SEM. The statistical significance of differences in mean values was analyzed by the student's *t*-test and the χ^2 test, respectively. To assess the relationship between diabetic nephropathy and the Mn-SOD genotype or other variables, we performed logistic regression analysis.

Results

Age and HbA_{1c} were significantly higher in the diabetic patients than in the healthy subjects ($P < 0.0001$; age, 59.8 ± 0.5 vs 48.1 ± 0.5 years; HbA_{1c}: 7.3 ± 0.1 vs 4.5 ± 0.02), whereas both the allele frequency and the genotype distribution were not significantly different between the two groups [allele frequency [V/A], 0.879/0.122 vs 0.856/0.143; genotype [VV/VA/AA (%)], 76.2/23.2/0.6 vs 72.8/25.7/1.5; diabetic patients vs healthy subjects].

As shown in Table 1, the frequency of genotype in each group was consistent with the Hardy-Weinberg equilibrium. Clinical characteristics of the diabetic patients stratified by the stage of diabetic nephropathy are also shown in Table 1. Duration of diabetes and HbA_{1c} were higher in the DN1 group compared with the DN(-) group (duration of diabetes, $P = 0.0047$; HbA_{1c}, $P = 0.0274$). Plasma high-density lipoprotein cholesterol (HDL-C) was lower in the DN1 group compared with the DN(-) group ($P < 0.0001$). In the DN2 group, body mass index (BMI), duration of diabetes, HbA_{1c}, and plasma total cholesterol (T-CHO) were higher than in the DN(-) group (BMI, $P = 0.0084$; duration of diabetes, $P = 0.0001$; HbA_{1c}, $P = 0.0136$; T-CHO, $P = 0.0021$), and the onset age of diabetes and HDL-C were lower than in the DN(-) group (onset age of diabetes, $P = 0.03$; HDL-C, $P = 0.0419$). Furthermore, T-CHO in the DN2 group was higher than in the DN1 group ($P = 0.0048$). The rate of hypertension was higher in a severe stage of nephropathy [DN(-) vs DN1, $P = 0.0127$; DN1 vs DN2, $P = 0.0197$]. The frequency of the VV genotype of Mn-SOD was higher in the nephropathy group (DN(-) vs DN1; $P = 0.0057$, DN(-) vs DN2; $P = 0.0128$). There was no difference of ACE genotype distribution among the groups.

To concentrate on the difference in the Mn-SOD genotype between the presence and absence of nephropathy, we further performed a similar comparison between the subjects without nephropathy [nephropathy (-), $n = 291$] and the combined subjects of the DN1 and DN2 groups [nephropathy (+), $n = 187$]. As shown in Table 2, the frequencies of the Mn-SOD genotype in these groups were consistent with the Hardy-Weinberg equilibrium. In the nephropathy (+) group, BMI, duration of diabetes, HbA_{1c}, and T-CHO were significantly higher and the onset age of diabetes and HDL-C were significantly lower than for those in the nephropathy (-) group. Although the ACE genotype was not different between the two groups, the VV genotype of Mn-SOD was significantly higher in the nephropathy (+) group than that in the nephropathy (-) group (84.5% vs 70.8%, $P = 0.0006$).

Logistic regression analysis was done to assess the relationship between progression of nephropathy from normoalbuminuria to macroalbuminuria and the clinical factors or the Mn-SOD genotype. As shown in Table 3, the estimated duration of diabetes, T-CHO, HDL-C, hypertension, and genotype of Mn-SOD were significantly associated with nephropathy. Although the ACE(I/D) genotype was not associated with nephropathy in the present study,

Table 1. Characteristics of the diabetic patients stratified by stage of nephropathy

DN stage	DN(-)	DN1	DN2
<i>n</i>	291	99	88
Sex (male/female)	191/100	66/33	67/21
Age (years)	59.3 ± 0.6	61.0 ± 1.1	60.2 ± 1.3
BMI (kg/m ²)	22.8 ± 0.2	23.0 ± 0.4	24.0 ± 0.5 ^a
Duration of diabetes (years)	10.6 ± 0.5	13.6 ± 1.0 ^a	14.7 ± 1.0 ^b
Onset age of diabetes (years)	49.0 ± 0.7	47.5 ± 1.3	45 ± 1.5 ^b
HbA1c (%)	7.1 ± 0.1	7.5 ± 0.6 ^b	7.5 ± 0.2 ^b
T-CHO (mg/dl)	192 ± 2.2	191.2 ± 4.0	208.2 ± 5.1 ^{a,c}
HDL-C (mg/dl)	55.8 ± 1.0	52.2 ± 1.5 ^a	52.4 ± 1.7 ^b
TG (mg/dl)	159.4 ± 10.1	165.1 ± 9.9	220.6 ± 35.5
HT [(-)/(+)] (%)	199(68.4)/92(31.6)	54(54.5)/45(45.5) ^d	33(37.5)/55(62.5) ^{e,f}
Mn-SOD genotype [AA,VA/VV (%)]	85(29.3)/206(70.8)	15(15.1)/84(84.8) ^e	14(15.9)/74(84.1) ^d
Hardy-Weinberg equilibrium (<i>P</i> value)	0.06073	0.88878	0.85147
ACE genotype [II/ID, DD (%)]	118(40.5)/173(59.5)	45(45.5)/54(54.5)	34(38.6)/54(61.4)

Data are means ± SEM

DN(-), normoalbuminuria; DN1, microalbuminuria; DN2, macroalbuminuria; BMI, body mass index; HbA1c, hemoglobin A1c; T-CHO, plasma total cholesterol; HDL-C, plasma high-density lipoprotein-cholesterol; TG, plasma triglyceride; HT, hypertension; Mn-SOD, manganese Super-oxide dismutase; ACE, angiotensin converting enzyme

^a *P* < 0.01 vs DN(-) by student's *t*-test

^b *P* < 0.05 vs DN(-) by student's *t*-test

^c *P* < 0.01 vs DN1 by student's *t*-test

^d *P* < 0.05 vs DN(-) by χ^2 test

^e *P* < 0.01 vs DN(-) by χ^2 test

^f *P* < 0.05 vs DN1 by χ^2 test

Table 2. Comparison of characteristics and genotypes between the groups with and without nephropathy

DN stage	Nephropathy(-)	Nephropathy (+)
<i>n</i>	291	187
Sex (male/female)	191/100	124/63
Age (years)	59.3 ± 0.6	60.6 ± 0.8
BMI (kg/m ²)	22.8 ± 0.2	23.5 ± 0.3 ^a
Duration of diabetes (years)	10.6 ± 0.5	14.1 ± 0.7 ^b
Onset age of diabetes (years)	49.0 ± 0.7	47.0 ± 1.0 ^a
HbA1c (%)	7.1 ± 0.1	7.5 ± 0.1 ^b
T-CHO (mg/dl)	192 ± 2.2	199.2 ± 3.3 ^b
HDL-C (mg/dl)	55.8 ± 1.0	52.3 ± 1.1 ^b
TG (mg/dl)	159.4 ± 10.1	191.2 ± 17.6
HT [(-)/(+)] (%)	199(68.4)/92(31.6)	87(46.5)/100(43.5) ^c
Mn-SOD genotype [AA,VA/VV (%)]	85(29.3)/206(70.8)	29(15.5)/158(84.5) ^d
Hardy-Weinberg equilibrium of Mn-SOD genotype (<i>P</i> value)	0.06073	0.785483
ACE genotype [II/ID,DD (%)]	118(40.5)/173(59.5)	79(42.2)/108(57.8)

Data are means ± SEM

For abbreviations, see Table 1

^a *P* < 0.05 vs nephropathy (-) by student's *t*-test

^b *P* < 0.01 vs nephropathy (-) by student's *t*-test

^c *P* < 0.01 and ^d *P* < 0.001 vs nephropathy (-) by χ^2 test

Table 3. Logistic regression analysis of factors related to nephropathy

Variable	Partial regression coefficient	Odds ratio	95% CI	<i>P</i>
Age (years)	0.000919637	1.00092	0.97–1.03	0.95
BMI (kg/m ²)	0.0711933	1.07379	0.99–1.15	0.07
Duration of diabetes (years)	0.0497678	1.05103	1.02–1.09	<0.01
HbA1c (%)	0.170691	1.18612	0.98–1.44	0.09
T-CHO (mg/dl)	0.010453	1.01051	1.00–1.02	0.02
HDL-C (mg/dl)	-0.00745423	0.992573	0.97–1.01	0.43
TG (mg/dl)	-0.00025131	0.999749	0.99–1.00	0.74
Hypertension [0:(-), 1:(+)]	1.18709	3.27754	1.90–5.65	<0.01
ACE [0:(II), 1:(ID, D/D)]	0.207697	1.23084	0.70–2.15	0.46
Mn-SOD [0:(VV), 1:(VA, AA)]	-0.772353	0.461925	0.23–0.93	0.03

CI, Confidence interval. For other abbreviations, see Table 1

the VA or AA genotype of Mn-SOD was associated with nephropathy ($P = 0.03$).

Discussion

In the present study, we analyzed the Val(16)Ala polymorphism of Mn-SOD in Japanese type 2 diabetic patients and healthy nondiabetic subjects, and then evaluated the association of this polymorphism with nephropathy in the diabetic patients. Although the overall allele frequency did not differ between the diabetic patients and the nondiabetic subjects, the AA or VA genotype was significantly rarer in the diabetic patients with nephropathy than in those without nephropathy. Because microalbuminuria is clinically not independent of normoalbuminuria or macroalbuminuria and can be reversible to such stages by short-term influence of blood pressure or glycemic control, we omitted this stage from regression analysis to strictly evaluate the effect of the Mn-SOD genotype in nephropathy. The regression analysis showed that the Mn-SOD genotype but not the ACE genotype significantly correlated to nephropathy. Furthermore, although we evaluated the effect of the combinational genotype of ACE and Mn-SOD, neither an additive nor a synergistic effect of such a combination on nephropathy was observed (data not shown). Thus, the association of the Mn-SOD genotype with nephropathy may be independent of the ACE genotype.

High glucose levels can induce an excess of ROS through the nonenzymatic formation of advanced glycation end-products (AGE), glucose autooxidation, and increased activity of the polyol pathway. However, Nishikawa et al. (2000) previously reported that an increase of ROS in cultured vascular endothelial cells cultured under high-glucose conditions was prevented by the inhibition of electron transport chain complex II, by uncoupling oxidative phosphorylation, by uncoupling protein-1, and by Mn-SOD. These findings suggest that the increase of ROS in hyperglycemic states may be mainly related to mitochondrial dysfunction. Accordingly, Mn-SOD, which is the pivotal ROS scavenging enzyme in mitochondria, seems to play a key role in preventing the ROS-related complications of diabetes.

Very recently, Chistyakov et al. (2001) reported that the Mn-SOD allele frequency did not differ between Russian type 1 diabetic and nondiabetic subjects and that the V allele was significantly associated with neuropathy, but not with retinopathy or nephropathy. However, the V allele frequency in our Japanese healthy nondiabetic subjects was remarkably higher than in the control Russian subjects (85.6% vs 34.1%) and the type of diabetes studied was also different. Although we cannot understand why the frequencies of Mn-SOD variants (AA + VA) were lower in the nephropathy group than were those in the nonnephropathy group, decreased AA and VA frequencies were also reported in other diseases such as schizophrenia (Hori et al. 2000), cardiomyopathy (Hiroi et al. 1999), or asbestos-associated pulmonary disorders (Hirvonen et al. 2002). A possible interpretation is that the A allele may be an active type for scavenging activity in mitochondria and thus it may

prevent ROS-related diseases. However, we do not have further information concerning other possibilities. Further large-scale cross-sectional and prospective studies are required to clarify the pathological association of the Mn-SOD Val(16)Ala polymorphism with the development and progression of diabetic complications.

Another site of polymorphism of Mn-SOD, isoleucine (Ile) or threonine (Thr) at amino acid 58 (Ile58Thr), was reported previously (Ho and Crapo 1998). Mn-SOD with 58Thr, as well as Mn-SOD with 16Val, may be a weaker antioxidant than the native enzyme. Such considerations indicate that it may also be valuable to investigate the significance of the Ile58Thr polymorphism in diabetic subjects.

In conclusion, the Val(16)Ala polymorphism of Mn-SOD may be unrelated to the etiology of type 2 diabetes. However, this polymorphism seems to be associated with nephropathy in type 2 Japanese diabetic patients.

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