

CORRIGENDUM

Timing of food intake predicts weight loss effectiveness

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Correction to: International Journal of Obesity (2013) 37, 604–611; doi:10.1038/ijo.2012.229

Since the online publication of this article, the authors have noticed some errors in the data in Table 2. The values for systolic and diastolic BP for the late eater group have been altered. The corrected Table 2 is shown below. There is also an amendment to the author names in Reference 37. The correct reference is:

Hatori M, Vollmers C, Zarrinpar A, DiTacchio L, Bushong EA, Gill S *et al.* Time-restricted feeding without reducing caloric intake prevents metabolic diseases in mice fed a high-fat diet. *Cell Metab* 2012; **15**: 848–860.

These errors have now been rectified and the corrected article appears in this issue and online.

The authors would like to apologize for these errors.

	Time of the main meal				P-value
	Before 1500 hours (n = 199)		After 1500 hours (n = 212)		
	Mean	s.d.	Mean	s.d.	
<i>Initial characteristics</i>					
Age (y)	42	12	42	10	0.174
Women (% of total population)	44.9		54.8		0.230
Initial BMI (kgm ⁻²)	31.8	5.2	30.9	5.5	0.093
Body fat (%)	38.68	6.70	37.53	6.57	0.12
Waist (cm)	103.40	13.43	100.88	14.12	0.535
Triglycerides (mg dl ⁻¹)	94.76	44.66	92.69	38.57	0.692
Total cholesterol (mg dl ⁻¹)	183.5	32.19	185.54	33.60	0.545
HDL-C (mg dl ⁻¹)	51.19	13.58	52.87	13.54	0.423
LDL-C (mg dl ⁻¹)	13.63	28.32	114.46	27.83	0.813
Fasting glucose (mg dl ⁻¹)	81.28	15.97	83.65	16.27	0.170
Fasting insulin (mU l ⁻¹)	5.72	4.71	6.98	11.66	0.110
Systolic BP (mm Hg)	110.4	15.7	110.33	10.63	0.790
Diastolic BP (mm Hg)	69.8	9.6	60.99	10.08	0.533
HOMA	1.17	0.14	1.57	0.13	0.038
Metabolic syndrome score	8.46	1.21	8.57	1.19	0.433
Initial energy intake (kcal per day)	2016	708	2006	635	0.926
Total energy expenditure (kcal per day)	2376.5	355.5	2295.7	394.2	0.197
Physical activity (METs)	4485	4356	3629	3812	0.083
Sleep duration (h)	7.31	1.11	7.25	1.17	0.797
Morning–evening score	52.91	7.92	50.06	9.38	0.032
<i>Appetite hormones</i>					
Leptin (ng ml ⁻¹)	18.78	13.09	20.13	15.52	0.369
Leptin/body fat	0.47	0.30	0.51	0.34	0.286
Ghrelin (pg ml ⁻¹)	1169.74	1251.12	1320.83	1445.80	0.285
Ghrelin/leptin/body fat (log)	3388.68	3194.86	3983.01	4937.88	0.187
	Before 1500 hours Allele (%)		After 1500 hours Allele (%)		
<i>CLOCK rs4580704</i>					
CC	43.57		35.07		0.015*
CG	44.69		47.39		
GG	11.73		17.59		

*Significant difference in the allele frequency of the major (CC), heterozygote (CG) and minor (GG) allele of CLOCK rs4580704 between early eaters (before 1500 hours) and late eaters (after 1500 hours). Bold face representing statistical differences with $P < 0.05$.