ORIGINAL ARTICLE

Isolation and primary culture of rat distal pulmonary venous smooth muscle cells

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Primary culture of pulmonary arterial smooth muscle cells is used extensively for *in vitro* studies of the physiology and pathophysiology of numerous lung diseases, including chronic hypoxic pulmonary hypertension (CHPH). Despite the potentially important functions of pulmonary veins in CHPH, primary culturing of pulmonary venous smooth muscle cells (PVSMCs) has received very little attention to date. No efficient and widely accepted methods have been established. Consequently, related studies have been delayed, which inhibits progress in exploring the mechanisms of CHPH and other lung diseases. In this study, we describe a simple and efficient method of obtaining primary cultures of PVSMCs isolated from rat distal pulmonary veins. By following four steps, isolation of pulmonary veins, enzymatic digestion, concentration of resuspended pellets and incubation, we acquired purified PVSMCs (>95%). PVSMCs were characterized by morphological activity and by immunoblotting and immunofluorescence staining for α -smooth muscle actin. Furthermore, the response of cells to 60 mM KCl was tested, confirming the presence of functional L-type voltage-dependent Ca²⁺ channels that are characteristic of smooth muscle cells. In conclusion, we have established a simple and reliable technique to isolate and culture PVSMCs from rat distal pulmonary veins. These PVSMCs exhibit features consistent with vascular smooth muscle cells, and they could subsequently be used to study pathophysiological mechanisms involving the pulmonary vein.

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INTRODUCTION

Chronic hypoxia causes remodeling and alters contractile responses in both pulmonary arteries and pulmonary veins.^{1–5} Primary cultures of pulmonary arterial smooth muscle cells (PASMCs) isolated from pulmonary arteries have been widely used to study the molecular mechanisms by which pulmonary arteries respond to hypoxia. These hypoxic responses greatly contribute to the pathogenesis and development of chronic hypoxic pulmonary hypertension (CHPH).^{6–8} Although pulmonary veins also contain smooth muscle that is likely to be important in CHPH, the absence of reliable methods to culture pulmonary venous smooth muscle cells (PVSMCs) has greatly delayed the related research. Thus, there is a need for an easy, reliable and widely accepted method to obtain these cells.

The purpose of this study was to develop a simple and efficient technique to isolate pulmonary veins, obtain primary cultures of PVSMCs and further characterize the phenotype and physiological functions of these cells. A method for primary cell culture of PVSMCs would be of great value for *in vitro* experiments to explore the mechanisms of CHPH and other pulmonary vein dysfunctions.

METHODS

Rats

Male Wistar rats (body weight 200–400 g) were used in all experiments. The rats were housed in community cages with 12:12–h light–dark cycles and maintained on a standard laboratory rat diet with access to water. All animal care and experiments were approved and carried out in accordance with the Animal Care and Use Committee of the Johns Hopkins Medical Institutions and in accordance with the principles and guidelines of the National Institutes of Health.

Drugs and materials

Unless otherwise specified, all reagents were obtained from Sigma Chemical. HUVEC and culture media, including smooth muscle cell growth medium and endothelial cell growth medium, were obtained from Clonetics (Walkersville, MD, USA); ENVISION kit was from Dako (Glostrup, Denmark); fetal bovine serum, PBS and antibiotic–antimycotic were from GIBCO (Carlsbad, CA, USA); rabbit anti-rat antibody for von Willebrand Factor was from Abcam (Cambridge, MA, USA); Cy3-conjugated secondary antibody goat anti-mouse IgG antibody and donkey anti-rabbit IgG antibody were from Jackson ImmunoResearch (West Grove, PA, USA); the bicinchoninic acid protein assay was from Pierce (Rockford, IL, USA); protein molecular weight markers and polyvinylidene difluoride membranes were from Bio-Rad (Hercules, CA, USA);

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the enhanced chemiluminescence system was from GE Healthcare (Piscataway, NJ, USA); and Fura-2 AM was from Invitrogen (Carlsbad, CA, USA).

Histology and immunohistochemistry

Rats were deeply anesthetized with pentobarbital sodium (65 mg kg⁻¹ ip), and anesthesia was confirmed by the lack of a withdrawal reflex from a toe pinch. Lungs were removed intact and fixed overnight after infusion of 5 ml of 10% neutral-buffered formalin through the trachea. After paraffin embedding, sections (3 μ m) of the right and left low lobes were examined with hematoxylin and eosin and immunohistochemical staining.

Immunostaining for α -smooth muscle actin was performed using the ENVISION kit method as described earlier.^{9–11} Briefly, the slides were deparaffinized and rehydrated in graded concentrations of ethanol diluted in distilled water. Endogenous peroxidase activity was blocked with 3% hydrogen peroxide for 10 min at room temperature (RT), followed by a brief rinse in distilled water and a wash in PBS. The slides were then placed in 0.01 M citrate buffer (pH 6.0) and heated at 121 °C for 10 min in an autoclave oven. Nonspecific background staining was inhibited by incubation in PBS with 1% bovine serum albumin for 30 min at RT. Slides were incubated in a solution containing the primary antibody against α -smooth muscle actin (1:100) for 40 min at 37 °C, followed by a wash in PBS. Thereafter, immunoperoxidase staining was performed with the EnVision antibody complex method using an ENVISION kit. Finally, the localization of α -smooth muscle actin was visualized with 3,3'-diaminobenzidine tetrahydrochloride.

Cell isolation

Under sterile conditions, anaesthetized rats were placed in the supine position and their chests were opened. The heart and lungs were removed en bloc and transferred to a Petri dish with cold (4 °C) physiological salt solution (PSS) that contained (in mM) 130 NaCl, 5 KCl, 1.2 MgCl₂, 10 HEPES and 10 glucose. After being rinsed twice with cold PSS, the heart and lungs were placed in the veinsup position and fixed in an isolation dish with syringe needles. Under a stereomicroscope, we first identified the extrapulmonary veins connected with the left cardiac atrium. The right and left branches of the intrapulmonary veins (>4th generation) that followed the extrapulmonary veins were carefully dissected from the lungs within 30 min of the time when the heart and lungs were removed from the thoracic cavity. Adipose and connective tissue and any adventitia were carefully removed in cold Ca2+-reduced PSS (20 µM CaCl₂) with microdissection forceps and scissors. The veins were cut lengthwise to expose the lumen. The endothelium was denuded by gently rubbing the luminal surface with a cotton swab. The veins were allowed to recover for 30 min in cold (4 °C) PSS. This step was followed by a 20-min incubation in Ca²⁺-reduced PSS at RT. The tissue was then digested at 37 °C for 22 min in Ca²⁺-reduced PSS containing collagenase (type I, 1,750 U ml⁻¹), papain (9.5 U ml⁻¹), bovine serum albumin (2 mg ml-1) and dithiothreitol (1 mM). The digested tissue was kept in a 15-ml plastic conical tube by carefully decanting the upper collagenase enzymatic solution. Thereafter, 5 ml of PSS was added into the plastic conical tube. The cells were separated from the tissue by gently triturating the solution about 20 times with a wide-bore transfer pipette set to 1 ml. The cells were then centrifuged for 10 min at 300 g at RT. The supernatant was carefully discarded. After resuspension of the cell pellet, cells were plated onto culture plates and incubated in smooth muscle growth medium containing 5% fetal bovine serum in a humidified atmosphere of 5% CO2, 95% air at 37 °C. The media were removed and replaced every 2-3 days. Cell growth and cell morphology were examined daily under an inverted light microscope.

Cell identification

Immunofluorescence. Smooth muscle cells were identified by the presence of α -smooth muscle actin using a monoclonal antibody. The cells not treated with the primary antibody specific for α -smooth muscle actin were used as negative control. The smooth muscle cells were also identified by the absence of von Willebrand Factor. HUVECs were used as a positive control.

The cells were seeded and grown on sterile coverslips in a humidified atmosphere of 5% CO₂, 95% air at 37 $^{\circ}$ C for 4–5 days. They were then rinsed twice with PBS and fixed for 15 min with 2 ml of 4% paraformaldehyde in PBS

at RT, after which the cells were rinsed three times with PBS and treated for 15 min with 2 ml of PBS containing 0.25% Triton X-100 at RT. The permeabilization buffer was aspirated, and cells were rinsed three times with 2 ml of PBS for 5 min each. Cells were incubated at RT for 30 min in PBS with 1% bovine serum albumin and then for 60 min at RT with a monoclonal mouse anti-rat antibody to α -smooth muscle actin (1:200) or with a rabbit anti-rat antibody to von Willebrand Factor (1:200). To visualize the proteins, cells were treated for 2 h at RT in the dark with a Cy3-conjugated secondary goat antimouse or donkey anti-rabbit IgG (Fab specific) antibody (1:100), which produced red fluorescence. Cells were rinsed and incubated with YO-PRO-1 solution at 3.5 µl ml⁻¹ for 5 min at RT away from light. The coverslips were mounted with a drop of mounting medium.

Western blot

We further characterized our primary cultured cells by western blot analysis using a smooth muscle cell-specific antibody, which detects the presence of α -smooth muscle actin. HUVECs and primary cultures of rat PASMCs, isolated and cultured as described earlier,^{6,7,12} were used as a control.

Cell samples were homogenized by sonication in Laemmlie sample buffer containing 62.5 mM Tris-HCl (pH 6.8), 2% SDS, 10% glycerol, 5% protease inhibitor cocktail, 1 mM EDTA and 200 µM 4-(2-aminoethyl) benzenesulfonyl fluoride hydrochloride. The total protein concentration in the homogenates was determined by the bicinchoninic acid protein assay using bovine serum albumin as a standard. Homogenates were denatured by adding dithiothreitol to reach a concentration of 150 mM and heating at 95 °C for 5 min. Homogenized proteins were resolved by 10% SDS-PAGE calibrated with prestained protein molecular weight markers. Separated proteins were transferred to polyvinylidene difluoride membranes (pore size 0.45 um). Membranes were blocked with 5% nonfat dry milk in Tris-buffered saline containing 0.2% Tween 20, and they were incubated with mouse monoclonal anti-rat primary antibody (1:1000) specific for α -smooth muscle actin. The membranes were then washed for 15 min three times and incubated with horseradish peroxidase-conjugated goat anti-mouse IgG for 1 h. Enhanced chemiluminescence was used to detect bound antibodies.

Response to high K⁺ solution

To confirm the presence of functional voltage-dependent Ca^{2+} channels (VDCCs) in smooth muscle cells, we determined the effect of 60 mM KCl on $[Ca^{2+}]_{i-}$ Primary cultures of rat PASMCs were used as a positive control.

As described earlier, 6,12 after incubation with 5 μ M fura-2 AM for 60 min at 37 °C under an atmosphere of 5% CO₂, 95% air, coverslips with cells were mounted in a closed polycarbonate chamber clamped in a heated aluminum platform (PH-2; Warner Instrument, Hamden, CT, USA) on the stage of a Nikon TSE 100 Ellipse inverted microscope (Melville, NY, USA). The chamber was perfused at 0.5-1 ml min⁻¹ with Krebs-Ringer Bicarbonate solution (KRBS), containing (in mM) 118 NaCl, 4.7 KCl, 0.57 MgSO₄, 1.18 KH₂PO₄, 25 NaHCO₃, 2.5 CaCl₂ and 10 glucose. The KRBS was equilibrated with 16% O2, 5% CO2 at 38 °C in heated reservoirs and led by means of a stainless steel tubing manifold to an inline heat exchanger (SF-28, Warner Instrument), which rewarmed the perfusate just before it entered the cell chamber. The temperature of the heat exchanger and chamber platform was controlled by a dual-channel heater controller (TC-344B, Warner Instrument). After perfusion for 10 min to remove extracellular dye, we measured fura-2 fluorescence emitted at 510 nm after excitation at 340 and 380 nm (F340, F380) at 30 s intervals in 20-30 cells using a xenon arc lamp, interference filters, electronic shutter, ×20 fluorescence objective and cooled charge-coupled device imaging camera. Protocols were executed, and data were collected online with InCyte software (Intracellular Imaging, Cincinnati, OH, USA). Fura-2 fluorescence ratios (R=F340/F380) allowed estimation of $[Ca^{2+}]_i$ from R measured in calibration solutions with [Ca2+] between 0 and 1350 nm (Invitrogen). After perfusion with KRBS for 5 min, cells were perfused at 37 °C with high K⁺ KRBS containing (in mM) 60 NaCl, 60 KCl, 0.57 MgSO₄, 1.18 KH₂PO₄, 25 NaHCO₃, 2.5 CaCl₂ and 10 glucose. After an additional 10 min, the cells were perfused with KRBS for 10 min. To block the $[Ca^{2+}]_i$ response to KCl, we perfused cells for 5 min with KRBS containing $5\,\mu\text{M}$ nifedipine and then for 10 min with high

 K^+ KRBS containing $5\,\mu{\rm M}$ nifedipine. Finally, we perfused the cells for 10 min with KRBS.

Statistical analysis

Data are expressed as means \pm s.e.; *n* is the number of experiments, which equals the number of animals providing veins or cells. When fura-2 fluorescence was measured, the number of cells in each experiment was 20–30, as indicated in Results section and the legends for Figures 6 and 7. Statistical analyses were performed using Student's *t*-test. Differences were considered significant when P < 0.05.

RESULTS

Histology and immunohistochemistry

Histological examination of hemotoxylin- and eosin-stained rat lung tissue sections showed that intrapulmonary veins were thinner than concomitant intrapulmonary arteries (Figure 1a), and the tunica media of intrapulmonary veins consisted mostly of circularly arranged smooth muscle (Figure 1b).

Immunohistochemical staining showed that intrapulmonary veins expressed α -smooth muscle actin, although the expression was weaker than that of intrapulmonary arteries (Figure 1c). Figure 1d, a higher power view of the intrapulmonary veins in Figure 1c, further indicated that the tunica media of intrapulmonary veins consists mainly of smooth muscle cells and that the amount is similar to that of concomitant bronchi.

Cell morphology

As shown in Figure 2, the pulmonary veins used in this study were isolated from >4th generation intrapulmonary venous branches. Our primary cultured cells were identified on the basis of their patterns of growth, morphology, immunohistological staining, western blotting and functional characteristics.

Observed with a phase-contrast microscope, the cells started to divide and extend within 3 days. The cells were phase bright and assumed a spindle-shaped appearance with cytoplasmic projections extending from a larger central area that contained the nucleus (Figure 3a). When the cells grew to higher density, they clustered (Figure 3b) and formed longitudinal bands of parallel cells (Figure 3c). This growth pattern was observed in all primary cultures of rat distal PVSMCs. As soon as the cells became confluent, they grew in a 'hilland-valley'-like pattern, which is characteristic of smooth muscle cells (Figure 3d). The PVSMCs grew to confluence (80%) in 7–8 days.

Immunofluorescence

The cultured cells stained positively for α-smooth muscle actin antibody. The staining revealed typical straight, noninterrupted, cable-like fibers running parallel to each other along the long axis of the cells (Figure 4a). When the cells became confluent, the cytoplasm of the PVSMCs filled densely with arranged fibers that stained strongly for αsmooth muscle actin (Figure 4b). The immunocytochemical fluorescence of *α*-actin is not observed in control PVSMCs, which did not receive the primary monoclonal antibody raised against α -smooth muscle actin, but were otherwise treated similarly (Figure 4c). The smooth muscle cells were also identified by the absence of von Willebrand Factor. The staining of PVSMCs for von Willebrand Factor was similar to background levels (Figure 4d). However, the von Willebrand Factor was strongly positive in HUVECs, which were used as a positive control (Figure 4e). As shown in Figure 4f, immunofluorescence for von Willebrand Factor is not shown in HUVECs that did not receive the primary antibody raised against von Willebrand Factor. These data show that our cultured cells were, in fact, smooth muscle cells.

Western blot

Western blotting showed that our cultured cells expressed α -smooth muscle actin (MW: 42 kDa) (Figure 5), showing similar α -actin expression to that of earlier established PASMCs in culture. HUVECs did not express α -smooth muscle actin.

Response to high K⁺ solution

To confirm the presence of functional VDCCs, which is characteristic of smooth muscle cells, we determined the effect of 60 mM KCl on $[\text{Ca}^{2+}]_i$ in our cultured cells from rat distal pulmonary veins. The cells,



Figure 1 Hematoxylin and eosin staining of lung tissue sections (**a**, **b**, enlarged from inset in **a**) and immunostaining for α-smooth muscle actin in lung tissue sections (**c**, **d**, enlarged from inset in **c**). Bronchi, arteries and veins are labeled as B, A and V, respectively.



Figure 2 (a) The heart and lungs were placed in the veins-up position and fixed in an isolation dish with syringe needles. (b) Intrapulmonary venous branches isolated from the right lung. (c) The zoomed image showing the branches used for the experiment.



Figure 3 Phase-contrast microscopy of rat distal pulmonary venous smooth muscle cells (PVSMCs) (a) cultured for 2 days, (b) cultured for 4 days, (c) cultured for 6 days and (d) cultured for 8 days.

similar to PASMCs, showed a clear increase in $[Ca^{2+}]_i$ in response to 60 mM KCl (Figure 6a). Peak $\Delta[Ca^{2+}]_i$ averaged 166±28 nM in PVSMCs (*n*=5; *P*=0.91 vs PASMCs), compared with 161±38 nM (*n*=4) in PASMCs (Figure 6b). As shown in Figure 7a, the L-type VDCC antagonist nifedipine administered at a 5-µM concentration completely blocked the $[Ca^{2+}]_i$ response to KCl in PVSMCs. Peak $\Delta[Ca^{2+}]_i$ averaged 177±29 nM in control PVSMCs (*n*=6; *P*<0.01 vs nifedipine) vs 8±2 nM (*n*=6) in PVSMCs perfused with high K⁺ KRBS containing 5µM nifedipine (Figure 7b).

DISCUSSION

In this study, we describe an easy and reliable method to acquire primary cultures of PVSMCs from rat distal pulmonary veins for *in vitro* studies of pulmonary vessel-related diseases. The distal pulmonary veins were isolated from >4th generation intrapulmonary

venous branches. The distal veins consisted mainly of smooth muscle cells, showing characteristic histological and immunological features consistent with earlier observations.^{13,14} The amount of smooth muscle was similar to that of concomitant intrapulmonary bronchi.

In our subsequent experiments, the rat distal PVSMCs that we obtained exhibited characteristic morphological features, immunoreactivity to α -smooth muscle actin antibody and physiological functions that are consistent with observations from other investigators.^{15–17} PVSMCs started to divide within 3 days, and the culture reached confluence in approximately 1 week. As soon as the cells became confluent, the primary culture of PVSMCs, similar to other vascular smooth muscle cells described by other investigators,^{15,16,18} grew in a 'hill-and-valley'-like pattern, which is characteristic of smooth muscle cell growth.



Figure 4 (a, b) Fluorescence immunocytochemical identification of α -actin (shown in red) in PVSMCs (a) PVSMCs showed typical straight, noninterrupted, cable-like fibers running parallel to each other along the long axis of the cells. (b) When the cells became confluent, PVSMCs were filled densely with arranged fibers that stained strongly for α -actin. The nuclear marker YO-PRO-1 is shown in green. (c) Fluorescence immunocytochemical identification of α -actin is not shown in control PVSMCs, which did not receive primary monoclonal antibody raised against α -smooth muscle actin, but were otherwise treated similarly. (d) The staining of PVSMCs for von Willebrand Factor was similar to the background. (e) HUVECs strongly expressed von Willebrand Factor is not shown in control HUVECs that did not receive the primary antibody raised against von Willebrand Factor. A full color version of this figure is available at the *Hypertension Research* journal online.





Both immunoblotting and immunostaining verified that the established primary PVSMC cultures consisted of vascular smooth muscle cells. Using immunoblotting, we found that PVSMCs, similar to PASMCs, expressed α -smooth muscle actin, whereas HUVECs did not express the protein. PVSMCs showed uniform immunostaining for α -smooth muscle actin and lack of von Willebrand Factor.

Many investigators have reported that vascular smooth muscle cells can respond to high K⁺ solution^{5,12,19} and that an L-type VDCC antagonist can inhibit the response.^{16,20–22} In this study, we compared the KCl-induced response by measuring peak Δ [Ca²⁺]_{*i*}. We observed similar results in both PVSMCs and PASMCs. The L-type VDCC







Figure 7 (a) Ca^{2+} responses of PVSMCs to 60 mm KCI (n=6 experiments in 148 cells). (b) The effect of 5 μ m nifedipine on Ca^{2+} responses of PVSMCs to 60 mm KCI (n=6 experiments in 141 cells). (c) Average peak $[Ca^{2+}]_i$ obtained from cells shown in (a, b).

antagonist nifedipine completely blocked the $[Ca^{2+}]_i$ response to KCl, indicating that functional VDCCs were also present in PVSMCs. These data clearly showed that the cells that we acquired and cultured were indeed vascular smooth muscle cells in good condition.

In summary, we have established a simple and efficient method to obtain PVSMCs from rat distal pulmonary veins. PVSMCs show the morphological characteristics of vascular smooth muscle cells, express α -smooth muscle actin and possess the L-type VDCC consistent with their vascular smooth muscle cell origin. PVSMCs could subsequently be used to further explore the pathophysiological mechanisms of diseases of pulmonary veins, such as CHPH and pulmonary edema.

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