The phenotypic spectrum of Schaaf-Yang syndrome: 18 new affected individuals from 14 families

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Purpose: Truncating mutations in the maternally imprinted, paternally expressed gene *MAGEL2*, which is located in the Prader-Willi critical region 15q11–13, have recently been reported to cause Schaaf-Yang syndrome, a Prader-Willi-like disease that manifests as developmental delay/intellectual disability, hypotonia, feeding difficulties, and autism spectrum disorder. The causality of the reported variants in the context of the patients' phenotypes was questioned, as *MAGEL2* whole-gene deletions seem to cause little or no clinical phenotype.

Methods: Here we report a total of 18 newly identified individuals with Schaaf-Yang syndrome from 14 families, including 1 family with 3 individuals found to be affected with a truncating variant of *MAGEL2*, 11 individuals who are clinically affected but were not tested molecularly, and a presymptomatic fetal sibling carrying the pathogenic *MAGEL2* variant.

Results: All cases harbor truncating mutations of *MAGEL2*, and nucleotides c.1990–1996 arise as a mutational hotspot, with 10 individuals and 1 fetus harboring a c.1996dupC (p.Q666fs) mutation and 2 fetuses harboring a c.1996delC (p.Q666fs) mutation. The phenotypic spectrum of Schaaf-Yang syndrome ranges from fetal akinesia to neurobehavioral disease and contractures of the small finger joints.

Conclusion: This study provides strong evidence for the pathogenicity of truncating mutations of the paternal allele of *MAGEL2*, refines the associated clinical phenotypes, and highlights implications for genetic counseling for affected families.

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Key Words: *MAGEL2*; neurodevelopment; Prader-Willi syndrome; Schaaf-Yang syndrome

INTRODUCTION

Truncating pathogenic variants in the maternally imprinted, paternally expressed *MAGEL2* gene were initially reported as the cause of developmental delay (DD)/intellectual disability

(ID), hypotonia, feeding difficulties, and autism spectrum disorder (ASD) in four reported individuals.¹ Because of phenotypic overlap with Prader-Willi syndrome (PWS (OMIM 176270)), and because *MAGEL2* is one of the imprinted,

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protein-coding genes in the Prader-Willi domain on chromosome 15q11–q13, the condition was initially considered a Prader-Willi-like syndrome.

PWS is characterized by neonatal hypotonia, failure to thrive, hyperphagia and excessive weight gain in childhood, DD/ID, hypogonadism, short stature, and a unique behavioral profile.² While the four previously reported individuals with truncating MAGEL2 mutations exhibited marked phenotypic overlap with PWS, including neonatal hypotonia, poor suck requiring special feeding techniques, DD/ID, hypogonadism, and excessive weight gain, they also manifested phenotypes that seemed to be distinct from PWS. These phenotypes included ASD, present in all four individuals, and contractures of the small finger joints, present in three. Other characteristics of PWS, such as the typical hyperphagia and subsequent obesity, were either absent or only mildly expressed. To highlight the phenotypic differences between PWS and the clinical condition caused by truncating MAGEL2 mutations, the latter was renamed Schaaf-Yang syndrome (SHFYNG (OMIM 615547)).

To date, a total of 10 individuals with pathogenic variants in *MAGEL2* have been reported.^{1,3,4} Six were diagnosed during childhood or adolescence with clinical features of SHFYNG, and another four children from two unrelated families manifested severe arthrogryposis.

Importantly, the pathogenicity of truncating mutations of the paternal allele of *MAGEL2* has been questioned because of the small number of cases reported and because whole-gene deletions of the paternal copy of *MAGEL2* seem to have no phenotype or very mild phenotypes.^{5,6}

Here we report 18 newly identified individuals with truncating mutations in *MAGEL2* (**Figure 1a**). Among these are three families with multiple affected individuals, including one family with 3 molecularly confirmed individuals, 11 who are clinically affected but have not been tested molecularly, a fetus with a prenatal molecular diagnosis, and an inheritance pattern consistent with SHFYNG (**Figure 1b**). Our study provides strong evidence for the pathogenicity of *MAGEL2* mutations. It illustrates the broad phenotypic spectrum of SHFYNG, which ranges from fetal akinesia and arthrogryposis multiplex congenita to mild ID and contractures of the small finger joints. Postnatal complications, including premature lethality, are discussed.

MATERIALS AND METHODS

Individuals with truncating *MAGEL2* variants were enrolled based on genotype. Of the 14 probands reported in this study, 12 were identified by clinical whole-exome sequencing and 2 by targeted, clinical Sanger sequencing of the *MAGEL2* gene. Five probands were enrolled through the Baylor Miraca Genetics Laboratories and four probands were enrolled through the GeneDx laboratory, of whom one was enrolled through GeneMatcher. One family was identified at the Leiden University Medical Center. Cases identified by whole-exome sequencing were subsequently confirmed by Sanger sequencing. Additional affected family members were identified by

targeted Sanger sequencing of the known familial mutations. Upon identification of a probable pathogenic variant in MAGEL2, genetic counselors from the respective laboratories and institutions contacted the referring providers, informing them of a research interest in Dr Schaaf's laboratory. Four families contacted Dr Schaaf directly because of a new diagnosis of SHFYNG made by molecular genetic testing. An initial phenotypic assessment was obtained of all newly identified and molecularly confirmed individuals harboring pathogenic variants in MAGEL2 (patients 1-18 presented in Supplementary Tables S1-S3 online). Upon consent to share clinical information, all were contacted for a detailed review of the medical and family histories, and to ascertain developmental milestones and physical features. Medical records were reviewed. Written informed consent was obtained for the use of the medical history, the genetic testing report, and a photograph (if applicable), as approved by the institutional review board at Baylor College of Medicine.

RESULTS

Combining the phenotypic characteristics of the novel 18 individuals with pathogenic variants in *MAGEL2* reported herein with those previously identified by Schaaf et al., Soden et al., and Mejlachowicz et al., we are able to delineate the physical, cognitive, and behavioral spectrum of phenotypes associated with SHFYNG (**Table 1**). DD, ID, and hypotonia represent the most common phenotypes and are present among all individuals for whom this information has been available (**Table 1**).

On average, affected children sat independently at 19 months (range: 8-36 months), walked at 39 months (range: 24-60 months; patients 16 (15 years old) and 18 (20 years old) cannot walk), and spoke their first word at 56 months (range: 12-144 months; patients 10 (10 years old), 16 (15 years old), and 18 (20 years old) cannot speak). The level of ID ranged from mild to severe. Of the newly identified cases with both phenotypic information and a confirmed molecular diagnosis, seven were evaluated for ASD. Of these seven individuals, four received a formal diagnosis of ASD. An additional six subjects were described as manifesting symptoms of ASD (denoted with an asterisk in Table 1); however, no formal evaluation was performed, and further assessment is necessary. An analysis of patient behavior identified a spectrum of abnormalities, including impulsive, compulsive, stubborn, and manipulative behaviors (seen in 9 of 11 cases for which this information was available). Parents reported habitual skin picking or automutilation of varying severity in 7 of 12 molecularly diagnosed individuals.

Neonatal hypotonia was identified as an early, initial physical phenotype displayed by patients with pathogenic variants in *MAGEL2*.^{1,3} Among the molecularly confirmed individuals in this study, 14 of 15 manifested neonatal hypotonia. Fifteen of 16 displayed feeding difficulties requiring special feeding techniques. Joint contractures were present in 15 of 18 of these patients. The severity of contractures ranged from affecting

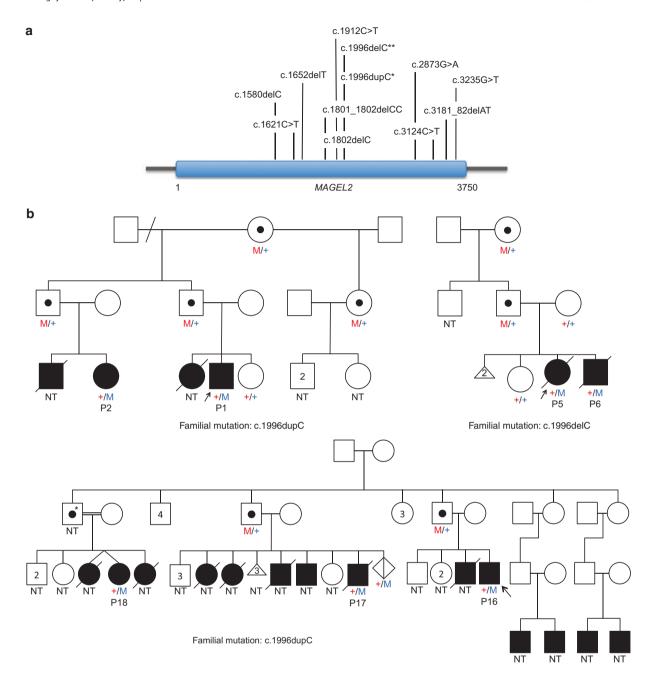


Figure 1 Newly identified truncating mutations of MAGEL2 in Schaaf-Yang syndrome. (a) Truncating MAGEL2 mutations reported in this article are indicated by their positions in the coding sequence of the gene. *Individuals with a c.1996dupC mutation (n = 11). **Individuals with a c.1996delC mutation (n = 2). (b) Pedigrees of familial cases. Pedigree 1, family of patients 1 and 2; pedigree 2, family of patients 5 and 6; pedigree 3, family of patients 16–18. Black squares and circles indicate individuals who are/were clinically affected. Black dots indicate carrier individuals who harbor the familial MAGEL2 mutation on their maternal alleles are indicated in red, paternal alleles in blue. +, reference sequence for MAGEL2; M, familial MAGEL2 mutation; NT, not tested; P, patient. *Obligate carrier.

only the interphalangeal joints to fetal akinesia with severe arthrogryposis (present in patients 5 and 6, discussed below). Additional abnormalities of the hands included tapering fingers, clinodactyly, camptodactyly, brachydactyly, and adducted thumbs (surgically corrected in patient 3) (**Figure 2**). A further assessment of skeletal features showed that 12 of 14 patients had small hands, 8 of 15 had small feet, and 10 of 16 cases had short stature. Further, 7 of 14 patients were diagnosed with scoliosis

or kyphosis. Sleep abnormalities were common, with 9 of 13 patients diagnosed with sleep apnea. Hypogonadism in the form of cryptorchidism and/or micropenis was present in 8 of 11 male patients and represents one of the earliest recognized physical features immediately after birth. In addition, patient 18 (Supplementary Table S3 online) is a 20-year-old female diagnosed with hypogonadotropic hypogonadism. Physical examination showed dysmorphic labial development. She had

Table 1 Summary of published and novel patients with deleterious variants in MAGEL2

	This article (n = 18a)	Schaaf et al. ¹ (<i>n</i> = 4)	Soden et al. ³ (n = 2)	Mejlachowicz et al. ⁴ (n = 4)	Totals (N = 28)	
					n/N	%
Cognitive/behavioral characteristics						
DD/ID	14/14	4/4	2/2	N/A	20/20	100
Autism spectrum disorder	4/7 ^b	4/4	2/2	N/A	10/13	77
Behavioral abnormalities (impulsivity, compulsivity, stubbornness, manipulative)	9/11	2/4	Unknown	N/A	11/15	73
Skin picking/automutilation	7/12	2/4	Unknown	N/A	9/16	56
Hyperphagia	4/13	2/4	Unknown	N/A	6/17	35
Physical characteristics						
Hypotonia (at time of exam)	13/13	Unknown	Unknown	N/A	13/13	100
Feeding problems, need for special feeding techniques	15/16	3/4	2/2	N/A	20/22	91
Neonatal hypotonia, poor suck	14/15	3/4	2/2	1/1	20/22	91
Contractures	15/18	2/4	2/2	4/4	23/28	82
Dysmorphic facial features	16/18	1/4	Unknown	4/4	21/26	81
Eye abnormalities (esotropia, myopia, strabismus)	11/14	3/4	Unknown	N/A	14/18	78
Hypogonadism	8/11 M; 1/1 F	3/4	Unknown	Unknown	11/15 M; 1/1 F	73
Small hands	12/14	1/4	Unknown	Unknown	13/18	72
Sleep apnea	9/13	2/4	Unknown	N/A	11/17	65
Small feet	8/15	3/3	Unknown	Unknown	11/18	61
Short stature	10/16	2/4	Unknown	Unknown	12/20	60
Decreased fetal movement	6/15	3/4	2/2	4/4	15/25	60
Gastroesophageal reflux	8/14	Unknown	Unknown	N/A	8/14	57
Excessive weight gain	5/13	3/4	Unknown	N/A	8/17	47
Temperature instability	6/13	Unknown	Unknown	N/A	6/13	46
Scoliosis/kyphosis	7/14	1/4	Unknown	Unknown	8/18	44
Chronic constipation	4/11	1/4	Unknown	N/A	5/15	33
Seizures	2/13	1/4	Unknown	N/A	3/17	18

^aOnly individuals with a molecularly confirmed *MAGEL2* mutation and a detailed medical history are included in this table. ^bSeven subjects received formal testing; six more patients express symptoms of autism spectrum disorder.

spontaneous menarche but no spontaneous development of secondary sex characteristics. This was stimulated with estrogen supplementation at 18 years, and she now uses oral contraceptives. Eleven of 14 patients manifested eye abnormalities in the form of strabismus, esotropia, or myopia.

Of 18 patients with a molecularly confirmed postnatal diagnosis, 16 are described to have a spectrum of varying facial dysmorphisms, including malformations of the philtrum, ear position, nasal structure, frontal bossing, and palpebral fissure length. As well, prognathia with a squared-off chin appears to be present in the majority of older children. As evidenced in **Figure 3**, there is an appreciable variability in the degree of these facial dysmorphisms, as well as bushy eyebrows and short noses.

Familial cases

Patients 1 and 2 are paternal cousins who both carry a deleterious c.1996dupC (p.Q666fs) variant in the MAGEL2

gene (Figure 1b, pedigree on the upper left; Supplementary Table S4 online), detected by clinical whole-exome sequencing in the propositus (patient 1). Patient 1 is a 15-year-old male presenting characteristic phenotypes of SHFYNG, specifically neonatal hypotonia, feeding difficulties requiring assisted feeding techniques, contractures, hypotonia at the time of the exam, and hypogonadism, among others (Figure 3a). In addition, he manifested cognitive and behavioral phenotypes typical of SHFYNG, namely DD/ID, ASD, and a behavioral profile including impulsivity, compulsivity, stubbornness, and manipulative behaviors. He did not have any indication of hyperphagia (Supplementary Table S1 online). Patient 2 is a 6-year-old female who shares several physical characteristics with her male cousin. She manifested neonatal hypotonia, feeding difficulties requiring assistance, contractures, and hypotonia at the time of the exam, among other phenotypes (Figures 2a and 3b). As well, she manifested DD/ID and ASD, but no hyperphagia (Supplementary Table S1 online).

DD/ID, developmental delay/intellectual disability; F, female; M, male; N/A, not applicable.

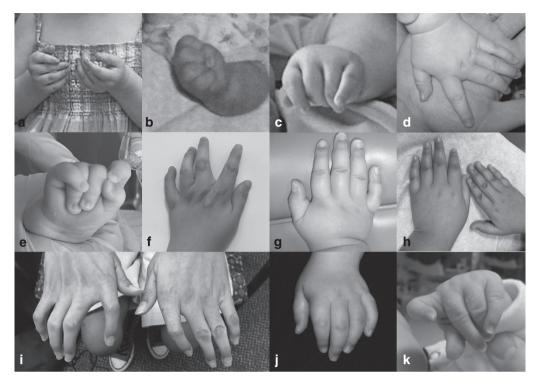


Figure 2 Hand phenotypes in patients with Schaaf-Yang syndrome. Affected patients manifest a spectrum of phenotypes, including contractures of the interphalangeal joints, camptodactyly, tapering of the fingers, brachydactyly, clinodactyly, and adducted thumbs: (a) patient 2; (b) patient 3; (c) patient 4; (d) patient 7; (e) patient 10; (g) patient 11; (h) patient 13; (i) patient 14; (j) patient 15; (k) patient 17.

Using methylation-sensitive digestion of the genomic DNA followed by polymerase chain reaction amplification and Sanger sequencing, as previously described,1 we confirmed that the c.1996dupC variant was present on the paternal MAGEL2 allele of patient 1. Subsequent analysis revealed that his father and paternal grandmother were both carriers of the c.1996dupC (p.Q666fs) change and that the mutation resided on their maternal chromosomes 15. This finding is consistent with their clinically unaffected status, based on the molecular mechanism of this disorder, caused by mutations of a paternally expressed, maternally imprinted gene. We then established that the proband's paternal uncle and half-aunt were also carriers of the c.1996dupC (p.Q666fs) mutation, which they had inherited from their mother. Molecular analysis of the patient's affected female cousin (patient 2; Supplementary Table S1 online) showed that she had inherited the c.1996dupC (p.Q666fs) mutation from her clinically unaffected carrier father.

Patients 5 and 6 are fetal cases (from two separate pregnancies) affected with fetal akinesia and severe arthrogryposis (**Figure 1b**, pedigree on the upper right). Analysis via whole-exome sequencing revealed that both fetuses harbored a deleterious variant, c.1996delC (p.Q666fs), in the *MAGEL2* gene. Patient 5 was a female fetus presenting with fetal akinesia, noted on prenatal ultrasound examination (**Supplementary Table S1** online; **Supplementary Figure S1a,b** online). Upon consultation, the family elected to terminate the pregnancy at 21 weeks and 4 days of gestation. A postmortem examination identified contractures, overlapping digits, and rocker-bottom feet, as

well as retro-micrognathia and gnatho-palatoschisis. Patient 6, a male sibling of patient 5, also presented with fetal akinesia (**Supplementary Table S1** online; **Supplementary Figure S1c,d** online), and the family elected to terminate the pregnancy at 14 weeks and 6 days of gestation. A postmortem examination identified a similar phenotypic expression with contractures, overlapping digits, and retro-micrognathia. Moreover, patient 6 manifested multiple pterygia and bilateral congenital talipes equinovarus. The c.1996delC (p.Q666fs) variant identified in patients 5 and 6 was found to be inherited from the unaffected father and the unaffected paternal grandmother. Moreover, the variant was found not to be present in the healthy sibling to these fetuses.

Patients 16, 17, and 18 are paternal cousins (**Figure 1b**, lower pedigree). Whole-exome sequencing identified the c.1996dupC (p.Q666fs) mutation in the proband (patient 16) and patient 18. Molecular analysis confirmed the mutation in patient 17, the proband's father, and one paternal uncle. Sanger sequencing identified the mutation in a chorionic villus sample of a fetal sibling of patient 17 (**Figure 1b**, lower pedigree), who shows a clenched fist on ultrasound examination at 29 weeks and 6 days of gestation. Patients 16, 17, and 18 manifested phenotypes consistent with SHFYNG, most notably, neonatal hypotonia, feeding difficulties requiring assisted feeding techniques, DD/ID, dysmorphic facial features, and contractures (**Supplementary Table S3** online; **Figures 2k** and **3l**). Patient 17, a deceased 9-month-old male, died with an unknown cause of death, though apnea was suspected.



Figure 3 Facial phenotype of individuals with Schaaf-Yang syndrome. While several individuals manifest dysmorphic facial features, such as short noses, bushy eyebrows, and prognathism, the consistency of facial characteristics across individuals is limited: (a) patient 1; (b) patient 2; (c) patient 3; (d) patient 4; (e) patient 7; (f) patient 9; (g) patient 10; (h) patient 11; (i) patient 13; (j) patient 14; (k) patient 15; (l) patient 18.

To appreciate the prevalence of SHFYNG among samples submitted for clinical whole-exome sequencing, we analyzed the data available from the Baylor Miraca Genetics and the GeneDx laboratories. As of February 2016, the two laboratories have analyzed a combined total of 15,360 proband exomes. Of these 15,360 individuals, 13 were identified to have pathogenic truncating variants in *MAGEL2*. When filtering for those manifesting DD and/or ID and hypotonia, 7 of 3,820 individuals were identified as having pathogenic *MAGEL2* variants. When filtering for male individuals with DD and/or ID and hypogonadism, 4 of 162 individuals were identified as positive for *MAGEL2* truncating variants. This analysis is limited by the phenotypes listed at the time of sample submission.

DISCUSSION

In this report we present 18 individuals with phenotypic characteristics of SHFYNG, all of whom have molecularly confirmed truncating mutations in *MAGEL2*. The consistency of clinical

features among affected individuals, and the segregation of clinical phenotypes with the presence of the respective *MAGEL2* mutations on the paternal allele in three families, provides evidence of the pathogenicity of these mutations. Furthermore, the consistency of clinical features suggests a clinically recognizable syndrome characterized by neonatal hypotonia, feeding difficulties, contractures, and developmental delay.

Previously reported patients with deletions encompassing *MAGEL2*, but not the *SNORD116@* cluster on chromosome 15q, seem to have milder phenotypes than those individuals with truncating *MAGEL2* mutations.^{5,6} Buiting et al.⁶ described a patient with deletion of *MAGEL2* who presented with transient hypotonia and feeding difficulties during infancy. He had kyphosis and manifested a slight delay in fine and gross motor skills. The concept that a deletion of the entire gene could have milder effects than a truncating mutation is intriguing. Because *MAGEL2* is a one-exon gene, one could speculate that truncating mutations may result in a truncated protein, which then

could have a dominant-negative effect. Alternatively, the deletion of the entire paternal copy of this imprinted gene, including its promoter, could lead to leaky expression of the maternal copy of the gene. This has been suggested based on studies of $Magel2\ m+/p-$ mice. Indeed, further investigation of individuals with MAGEL2 deletions is necessary and may broaden the phenotypic spectrum associated with MAGEL2 mutations.

To further delineate the clinical phenotype associated with *MAGEL2* truncating variants, we report prominent early phenotypes of fetal akinesia, neonatal hypotonia, feeding difficulties requiring assisted feeding techniques, and DD/ID. Sleep apnea, gastroesophageal reflux, and decreased fetal movement are frequently reported in SHFYNG. These symptoms may be observed because of the muscular dysfunction associated with the early hypotonia. Importantly, 23 of 28 postnatal individuals with molecularly confirmed *MAGEL2* mutations reported to date manifest contractures of their interphalangeal joints, a phenotype rarely reported among individuals with PWS, 8-10 providing further evidence that the prevalence of certain phenotypes may be markedly different between SHFYNG and PWS.

Although the infantile phenotype of SHFYNG is profoundly similar to that of PWS, the majority of patients with point mutations in MAGEL2 seem not to go through the later nutritional stages of PWS.11 In particular, most individuals seem not to progress to phase III, which is characterized by hyperphagia. Further, only 8 of 17 individuals with a molecularly confirmed diagnosis had excessive weight gain, which is typically associated with PWS. Interestingly, patient 1 described here and the siblings recently described by Soden et al.3 (CMH382 and CMH382) had unusual body habitus with increased abdominal girth. Body composition and patterns of adiposity have not been studied in individuals with MAGEL2 mutations, but this should be considered, taking into account the murine phenotype of Magel2 loss of function. The mice are not significantly overweight but do have increased adiposity with altered metabolism in adulthood.¹² Strikingly, 10 of 13 patients tested to date carry a diagnosis of ASD, and 6 are reported to manifest autistic behaviors. This is a marked contrast to the 27% of patients with PWS who are diagnosed with ASD.¹³ Notable cognitive behavioral characteristics were described as being impulsive, compulsive, varying degrees of stubbornness, and being manipulative. Detailed neuropsychological phenotyping would be warranted to further delineate the behavioral phenotypes of individuals with MAGEL2 loss of function. Of note, a Magel2-deficient mouse model manifests deficits in social recognition and social interaction.14

It is readily apparent that patients with truncating mutations of *MAGEL2* express different levels of severity. On one hand, multiple patients have relatively mild contractures, affecting only the interphalangeal joint. On the other hand, some patients with fetal akinesia have severely decreased fetal movement and arthrogryposis multiplex, as seen in patient 5 and 6 (**Supplementary Table S1** online; **Supplementary Figure S1** online). Indeed, several individuals who appeared to be affected with SHFYNG died during childhood. Reported

causes of death included apnea, aspiration pneumonia with subsequent medical complications, and sudden infant death syndrome. However, further investigation of the natural course of SHFYNG and its associated mortality is necessary.

Nucleotides c.1990–1996 represent a sequence of seven cytosines, which seems to represent a mutational hotspot, with a molecularly confirmed diagnosis in a total of 13 individuals from 8 families with a c.1996dupC pathogenic variant and 5 individuals from 2 families with a c.1996delC pathogenic variant. The fact that the two cases of fetal akinesia reported herein carried the same pathogenic variant (c.1996delC; p.Q666fs) as the three siblings with prenatally lethal arthrogryposis multiplex reported by Mejlachowicz et al.⁴ suggests that some genotype–phenotype correlations may exist. In this context it is worth noting that neither missense mutations in *MAGEL2* nor mutations of the *MAGEL2* promoter have been reported to date. These may provide further information regarding genotype–phenotype correlation.

While we are able to present the clinical phenotypes of 18 patients with a molecularly confirmed diagnosis, the ability to gain a complete medical history and background can prove troublesome. Because of a family's geographic location, the lack of historical medical information, and the availability of care, not all phenotypes can be assessed. Moreover, the age of an individual can predict the availability of phenotypic information, such as a diagnosis of ASD, characteristic cognitive behaviors, and hypogonadism in males. While male hypogonadism can often be noted clinically, even at the time of birth, via the observation of cryptorchidism and/or micropenis, female hypogonadism is not as readily recognizable. As mentioned, patient 18 is the oldest female in our cohort and the only female reported with hypogonadism to date. She was diagnosed with hypogonadotropic hypogonadism and presented dysmorphic labial development that was identifiable upon pubertal maturation. A systematic, endocrinological assessment of individuals with SHFYNG has not been reported to date.

Given the phenotypic overlap between PWS and SHFYNG, testing for mutations in *MAGEL2* should be considered in the context of PWS-like phenotypes but negative PWS methylation analysis. In fact, during infancy, PWS was considered high on the differential diagnosis for most of the individuals reported herein. While SHFYNG and PWS share an appreciable number of common features, and no specific feature seems to be exclusive of one or the other condition, the presence of contractures at birth makes SHFYNG more likely, whereas the development of hyperphagia during childhood seems to be more characteristic of PWS. The overlap and the distinction between the two syndromes has been described previously.¹⁵

PWS and a PWS-like phenotype usually represent sporadic disorders, with single individuals affected within a given family. This report of 18 individuals includes three families carrying a truncating *MAGEL2* mutation leading to SHFYNG. The familial association highlights the importance of parental testing, determination of the allelic location of the mutation, and the challenges for genetic counseling. Unlike "regular" autosomal

dominant disorders, the imprinted nature of this condition can phenotypically skip several generations, as long as the mutation resides on the maternal (imprinted) chromosome. However, the chance that the offspring of male individuals carrying a deleterious *MAGEL2* mutation to be clinically affected is 50%.

For several individuals and their families reported herein, making a molecular diagnosis puts an end to a long diagnostic odyssey. It allows families to connect with each other to exchange experience and knowledge and to receive emotional support. In particular, these families have connected via social media, providing support to families with newly identified affected individuals, showing the important role of family advocacy, especially in rare disorders such as SHFYNG.

Current trials are under way to evaluate oxytocin as a potential therapy for PWS (ClinicalTrials.gov identifiers NCT01944046 and NCT02629991). Oxytocin therapy has been shown to be effective in *Magel2*-null mice, and it may be beneficial for humans expressing truncating mutations of *MAGEL2* as well. ^{14,16} Having families connected together will allow for a quick dissemination of updated knowledge and faster enrollment into potential clinical trials.

SUPPLEMENTARY MATERIAL

Supplementary material is linked to the online version of the paper at http://www.nature.com/gim

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A Facebook group for affected families is at http://www.facebook.com/MAGEL2.

DISCLOSURE

The authors declare no conflict of interest.

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