J Marie-Louise, E Philippakis, A Darugar, R Tadavoni and B Dupas

# Occurrence rate of retinal detachment after small gauge vitrectomy for idiopathic epiretinal membrane

## Abstract

*Purpose* To assess the occurrence rate of retinal detachment (RD) after small gauge vitrectomy for idiopathic epiretinal membrane (ERM).

Patients and methods Retrospective observational case series. The records of consecutive patients operated on for idiopathic ERM using small gauge pars plana vitrectomy between August 2012 and December 2014 with at least a 1-year followup were reviewed. All patients were contacted by phone to assess the occurrence of RD during the post-operative follow-up. The main outcome was the occurrence of RD. Patients who underwent surgery for senile cataract over the same period with at least a 1-year follow-up were also contacted by phone for comparison.

*Results* Two hundred and sixteen eyes of 212 patients who had undergone ERM surgery were included, with a mean follow-up of 892 ± 211 days (216–1238). RD occurred in two eyes (0.92%). Over the same period, two RD occurred in the 203 eyes (0.98%) of 157 patients operated on for senile cataract in our department. *Conclusions* The occurrence of RD after 25-gauge vitrectomy for idiopathic ERM was <1%. Using small gauge sutureless vitrectomy systems has improved the safety of ERM surgery, with a RD rate similar to that observed after cataract surgery. *Eye* (2017) **31**, 1259–1265; doi:10.1038/eye.2017.79; published online 19 May 2017

# Introduction

Idiopathic epiretinal membrane (ERM) is the leading surgical complication of macular diseases in the elderly, with a prevalence between 28 and 53% from 63 to 85 years old.<sup>1</sup>

The contraction of the ERM at the inner retina surface is responsible for visual dysfunction.<sup>2</sup> In clinical practice, the decision to perform surgery is usually driven by the level of visual acuity (VA) and the presence of metamorphopsia.<sup>3</sup> The surgical management of ERM consists in performing vitrectomy and ERM peeling,<sup>4</sup> providing a VA gain and decreasing metamorphopsia in most cases.<sup>5</sup> The visual outcome is mainly related to the preoperative VA, suggesting that operating patients earlier would allow a better visual rehabilitation. Nevertheless, a score < 20/50 Snellen is usually recommended,<sup>5,6</sup> as the benefit of surgery is mainly balanced by the threat of retinal detachment (RD) occurring after vitrectomy. RD is reported in 3% of cases operated on using 20gauge vitrectomy for ERM.<sup>7,8</sup> Over the years, the improvement in vitrectomy systems has allowed developing a painless, time-saving surgical procedure and achieving a faster VA recovery.9 They have also helped to reduce the occurrence of RD after ERM surgery.<sup>7,8,10</sup> The aim of this study was to assess the occurrence rate of RD after 25-gauge pars plana vitrectomy for idiopathic ERM. Meanwhile, we assessed the occurrence rate of RD after cataract surgery performed in our department over the study period for comparison.

#### Subjects and methods

The records of patients operated on for ERM in the department of Ophthalmology of Lariboisière Hospital between August 2012 and December 2014 were retrospectively reviewed. The inclusion period matched the systematic use of 25-gauge system for vitreoretinal procedures in our department. The study conduct complied with the tenets of the Declaration of Helsinki. Department of Ophthalmology, Hôpital Lariboisière, Université Paris 7- Sorbonne Paris Cité, Paris, France

Correspondence: E Philippakis, Department of Ophthalmology, Hôpital Lariboisière, Université Paris 7- Sorbonne Paris Cité, 2 rue Ambroise Paré, Paris 75475, France Tel: +33 1 49952523; Fax: +33 1 49956483. E-mail: elise.philippakis@ aphp.fr

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Meeting presentation: Poster 1102-A0273, Association for Research in Vision and Ophthalmology, Annual meeting 2016, Seattle, WA, USA. The Ethics Committee of the French Society of Ophthalmology (IRB 00008855 Société Française d'Ophtalmologie IRB#1) approved this retrospective review of patient records. Patient consent was obtained. Patients operated on for idiopathic ERM or ERM secondary to peripheral break with at least a 1-year postoperative follow-up were included. Patients with secondary ERM such as macular pucker after RD, uveitis, high myopia, diabetic retinopathy, or another ischaemic retinopathy were excluded.

The surgical technique for ERM management was a 25-gauge transconjunctival pars plana vitrectomy. All the surgeons of the department performed the vitrectomy using a similar technique. Constellation Vision system with a 25+ Ultravit high-speed vitrectomy probe (Alcon, Fort Worth, TX, USA) was used, with 5000 cuts per minute and a maximal aspiration rate of 450 mm Hg. The 25-gauge trocars were introduced at 3.5 or 4 mm from the limbus with a 45° oblique tunnel-shaped incision into the sclera. Core vitrectomy was performed. When the posterior vitreous cortex was still attached to the optic disc or to the retina, its detachment was induced by applying a strong aspiration with the vitrectomy probe in front of the optic disc. The ERM was peeled after a 1-min staining with Membrane-Blue Dual (DORC, Zuidland, Netherlands) using a 25-gauge+ Grieshaber endgrasping forceps (Alcon Grieshaber AG, Scaffhausen, Switzerland). Integrity of the whole peripheral retina was verified by a careful examination under scleral indentation. When a retinal break was observed, it was treated either with cryotherapy or endolaser photocoagulation. Peripheral vitrectomy under scleral indentation was performed if tamponade was decided. Ablation of the trocars was then performed. Unclosed sclerotomies were closed using 8.0 absorbable sutures. A post-operative follow-up examination was performed at day 1, 7, and 1 month. Combined cataract surgery was performed when lens opacification was considered impairing VA or intraoperative visibility.

The records of patients operated on for cataract in the department with at least a 1-year follow-up were also reviewed. All situations that led to early onset of lens opacification were excluded: diabetic and other metabolic cataracts, congenital cataract, glucocorticoid-induced cataract, post-uveitis, high myopia, and post-vitrectomy cataract. Phacoemulsification surgery was standardised for all patients with a 2.4-mm clear corneal incision, bimanual surgery, and intra-camerular injection of 0.5 mg of cefuroxime (Aprokam) at the end of surgery. Follow-up examinations were performed on the same day as the surgery and at 1 month. All patients were given post-operative instructions to consult in emergency in case of pain, redness, floaters, phosphenes, visual field amputation, or vision loss.

The main outcome was the occurrence of a postoperative RD. This information was collected by two means: the occurrence of RD was reported in patient record or the patient was contacted by phone and questioned regarding the following: (1) the need for reoperation, (2) the result of the last post-operative control, (3) his feeling about his current vision. If the answers were directed towards re-intervention or vision loss, the question 'Did you experience a retinal detachment?' was explicitly raised. If the patient had not been re-operated, the post-operative control was unremarkable or the patient was satisfied with his vision, it was considered that the patient did not experience a RD. Patients who could not be contacted by phone were excluded as the main outcome data were missing. In cases with RD, the time to occurrence after the first surgery was noted. The following data were also recovered from patient records and surgery reports: age, gender, preexisting posterior vitreous detachment (PVD) or its induction during vitrectomy, occurrence of intraoperative complications, including capsular rupture or retinal breaks and YAG capsulotomy.

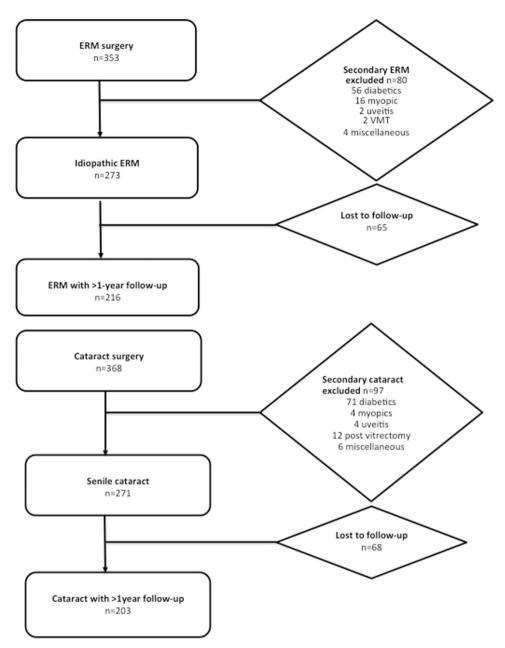
Statistical analysis was performed using NCSS software (East Kaysville, UT, USA). Descriptive statistics and nonparametric Mann–Whitney *U*-tests were used to compare patient characteristics. A relative risk was calculated for the correlation between RD, intraoperative induction of PVD, and intraoperative retinal breaks. A Kaplan–Meier curve was used to illustrate the occurrence of RD during the follow-up.

# Results

The records of 353 patients operated on for ERM were reviewed. Eighty patients were excluded because of secondary ERM and 61 patients were lost to follow-up. A flow chart illustrates patient inclusion in Figure 1. Two hundred and sixteen eyes of 212 patients who had undergone idiopathic ERM peeling and 203 eyes of 157 patients who had undergone cataract surgery were finally included. Patient characteristics are presented in Table 1.

PVD was complete in 164 eyes (77.3%) and was induced during surgery in 49 eyes (22.6%). Retinal breaks occurred during surgery in 18 eyes (8.3%) but no intraoperatively induced PVD resulted in a post-operative RD. Intraoperative retinal breaks were treated intraoperatively with endolaser photocoagulation (11/18 eyes) or cryotherapy (7/18 eyes). A RD occurred in two eyes (0.92%). The intraoperative induction of PVD was not associated with the occurrence of retinal break (RR = 0.94) but was associated with the occurrence of RD (RR = 3.33).

Three hundred and sixty-eight cataract surgery procedures performed over the same period were



**Figure 1** Flow chart illustrating patient inclusion. Patients who had undergone surgery for idiopathic ERM and senile cataract with at least a 1-year follow-up were included. ERM, epiretinal membrane; VMT, vitreomacular traction.

Table 1 Baseline and intraoperative patient characteristics, and occurrence of retinal detachment depending on the surgica	l indication
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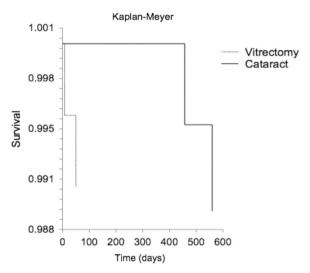
	Epiretinal membrane	Cataract
Number of eyes/patients	216/212	203/157
Age, years	71.5±9.6 (28–92)	$73.5 \pm 10.9$ (29–95)
Sex ratio	1.0	0.9
Follow-up, days	892±211 (216–1238)	$730 \pm 133$ (385–1213)
Combined procedure	60 (27, 8%)	
Intraoperative retinal break	18 (8.3%)	
Retinal detachment	2 (0.92%)	2 (0.98%)

Quantitative values are reported as mean ± SD (range), qualitative values as number (proportion).

1261

reviewed, 97 were excluded because of secondary cataract and 68 patients were lost to follow-up (Figure 1). Patient characteristics are presented in Table 1. RD occurred in two cases (0.98%). The occurrence of RD during the follow-up is illustrated by a Kaplan–Meier survival curve in Figure 2. The characteristics of patients who experienced a RD are detailed in Table 2.

In the ERM group, RD occurred in two male patients, respectively, 8 days and 5 weeks after vitrectomy. One had a preexisting PVD and in the other patient, PVD was induced intraoperatively. None of them presented intraoperative retinal breaks. One had undergone combined surgery and the other was phakic. After cataract surgery, RD also occurred in two male patients, respectively, 12 and 18 months after an uncomplicated procedure. None of these patients presented posterior



**Figure 2** Occurrence of retinal detachment after 25-gauge vitrectomy for idiopathic epiretinal membrane and after senile cataract surgery (Kaplan–Meier curve). Retinal detachment after epiretinal membrane surgery occurred earlier than after cataract surgery (P=0.013).

 Table 2
 Clinical features of retinal detachment cases

capsular opening during surgery and neither had undergone YAG capsulotomy after surgery.

# Discussion

The recent improvements in vitrectomy systems have helped to reduce the occurrence of RD after vitrectomy for ERM from about 3% using 20-gauge vitrectomy<sup>7,8</sup> to about 1% using the 25-gauge systems.<sup>10,11</sup> In our series of 216 eyes operated on for idiopathic ERM using 25-gauge vitrectomy with the latest improvements and followed for at least 1 year, the occurrence rate of RD was even lower, at 0.92%, and decreased compared to a formerly published series from our department in which a 20gauge system was used.<sup>7</sup> We focused on idiopathic ERM because, for various reasons, the rate of RD is very different and much higher in secondary ERM (about 7%) than in idiopathic ERM.<sup>4,12</sup>

RD is an important element in the risk/benefit ratio of ERM surgery. Regarding the two other main complications, endophthalmitis is rare and cataract is considered an earlier appearance of an inevitable surgery.<sup>13,14</sup> The occurrence of RD after vitrectomy is due to intraoperative or post-operative retinal breaks. Intraoperative retinal breaks may result from different mechanisms: traction over the vitreous base during the insertion of instruments, incarceration of the vitreous fibres in an open sclerotomy, or brutal aspiration during shaving. According to Tan et al,<sup>15</sup> the first two mechanisms result in sclerotomy-related retinal breaks. In their study, using trocars protected the vitreous base during instrument insertion compared to 20-gauge trocarless vitrectomy. In addition, using a cannulated system helped to reduce the occurrence of intraoperative retinal breaks, from 17.4% using a 20-gauge system to 5.1% using a cannulated 25-gauge system.<sup>15,16</sup> Nowadays, surgeons also limit instrument inputs and outputs as much as possible. Using valves on trocars also limits intraoperative incarcerations. Vitrectomy fluidics is still improving with

Case	RD after ERM surgery		RD after cataract surgery	
	Case 1	Case 2	Case 3	Case 4
Type of surgery	Vitrectomy	PKE+ vitrectomy	Standard PKE	Standard PKE
Age (years)	75	68	59	41
Sex	Male	Male	Male	Male
Axial length (mm)	23.74	24.23	24.24	25.6
Intraoperative retinal break	No	No		
Intraoperative capsular tear		No	No	No
Delay of RD occurrence	50	8	457	560
Number of breaks related to RD	1	1	4	3

Abbreviations: ERM, epiretinal membrane; PKE, phacoemulsification; RD, retinal detachment.

higher cutting rates and lower flow surges due to smaller gauges, acting as a passive flow control. A better surgical setting has enhanced flow stability and minimised vitreous turbulences, especially when the vitrectomy probe passes from the vitreous to the balanced salt solution or a dense vitreous base.<sup>17</sup> All together miniaturising and improving vitrectomy systems reduce retinal traction and thereby the risk of iatrogenic retinal breaks.<sup>18,19</sup> In this study, using a 25-gauge system, we found a rate of 8.3% of intraoperative retinal breaks at the end of vitrectomy that could be even overestimated, as any suspicious appearance was considered as an opening and treated. Any preexisting opening discovered during the surgery was also treated to limit post-operative RD risks. More recently, a 27-gauge vitrectomy system with a higher cutting rate (up to 7500 cuts per minute) has shown its feasibility and safety, and has also been used in ERM surgery.<sup>20</sup> However, the rate of iatrogenic retinal breaks using the 27-gauge system (9.6%) was similar to the rate reported after 25-gauge vitrectomy in our study as well as in others (Mura: 1.8%, Chung: 6.9%, and Tan: 13.9%).10,16,21

Most ERM are associated with a preexisting PVD. In our series, PVD was complete in 78% of eyes with idiopathic ERM, in accordance with the published series of ERM.<sup>22</sup> However, another mechanism of intraoperative retinal breaks is the intraoperative induction of PVD.<sup>10,16</sup> Sandali *et al*<sup>23</sup> have shown that retinal breaks were significantly associated with the induction of PVD, regardless of the system miniaturisation. In one of the two cases of RD appeared after ERM surgery, a PVD was initially absent and induced intraoperatively. No retinal tear was found in this case: the opening could have been missed or a new retinal break could have appeared postoperatively.

Intraoperative retinal breaks may be detected by a careful examination of the peripheral retina under scleral depression at the end of surgery.<sup>10,15</sup> The upgrade of microscope definition, endo-illumination quality, and visualisation systems has increased the quality of intraoperative visualisation and therefore the detection of peripheral retinal breaks. However, even with these improvements, a retinal break may be missed during the careful examination of the peripheral retina or appear after the control. The small size of trocars does not completely prevent from vitreous incarceration that may lead to retinal tears during or even a long time after surgery. Indeed, retinal breaks may in theory also result from changes and contraction of the remaining vitreous and the vitreous base with a vitreous incarceration. Finally in our series, vitrectomy was usually limited to core vitrectomy. The positive or negative effect of extensive vitrectomy on RD rate remains controversial.<sup>24</sup>

We also assessed the rate of RD occurring after cataract surgery in our department over the same period, as it is the most common surgical procedure performed in patients of same age. While the risk of RD is usually not enough emphasised when informing the patient on the risks of cataract surgery, this risk was similar to the risk of RD after vitrectomy. The rate of RD observed after cataract surgery in this series was of 0.98% with at least a 1-year follow-up. This rate in the cataract group is consistent with the incidence rate of RD of 0.9% reported in larger series of patients with a longer follow-up of 4 years.<sup>25</sup> It should be noted that the overall incidence of RD around the age of 70 is much lower, varying from 0.01 to 0.05% per year.<sup>26</sup> After cataract surgery, the risk of RD increases in a nearly linear manner over time, pointing out its relationship with the onset of PVD and also explaining why the rate of RD after cataract surgery has not changed despite the improvement in phacoemulsification technique. Cataract surgery indeed seems to accelerate PVD onset as it occurred in 30-78% of cases after a 3-year follow-up and was associated with retinal breaks in 6% of eyes in previous studies.<sup>27,28</sup>

The rate of RD after vitrectomy for idiopathic ERM was not higher than that observed after cataract surgery and could not explain the difference in patient information or consideration in the risk/benefit ratio calculation. However, this is not only due to historically higher levels of RD after vitrectomy but also to the time to RD occurrence. Indeed, the early occurrence of RD after vitrectomy explains that RD has always been easily attributed to ERM surgery. In our series, RD occurred 8 days and 5 weeks after surgery, as the time to occurrence reported in other studies.<sup>11</sup> This short time to onset also suggests that the first weeks and months of follow-up are more critical regarding the risk of RD after ERM surgery. In contrast, as it depends on PVD onset, the occurrence of RD after cataract surgery varies widely among reported series, from 1 month to 50 months.<sup>25,28</sup> The time to occurrence was of 12 and 18 months in our series. This late occurrence may lead to underestimation of this complication in cataract surgery.

Our study has some limitations, including its retrospective design. The sample size of 200 patients who had undergone vitrectomy for idiopathic ERM is significant, but remains small considering the low incidence of RD. Still, our results are consistent with the recent literature and our patients were followed for more than 1 year. Moreover, our study was conducted in a single centre where this surgical procedure is standardised and very similar from one surgeon to another, removing the bias related to an interindividual variation. We considered important to report the rate of RD after 25-gauge vitrectomy using modern systems for ERM to update patient information. We did not aim to 1263

directly compare the RD rate after vitrectomy for ERM and after cataract surgery, as patients were not matched. However, the rate of RD after cataract surgery, the most commonly performed eye surgery, in the same surgical setting and measured using the same methodology, keeps the rate of RD after vitrectomy in perspective.

In summary, the rate of RD occurring after 25-gauge vitrectomy for idiopathic ERM was <1%, similar to that observed after cataract surgery. It is of value for reassuring patients on the fact that undergoing vitrectomy for ERM is nowadays as safe as undergoing cataract surgery. This is also important to properly assess the risk/benefit ratio of ERM surgery in patients complaining about, although moderate, visual loss.

#### Summary

What was known before

• Retinal detachment is the main threat after vitrectomy for epiretinal membrane.

#### What this study adds

- The rate of retinal detachment after 25-gauge vitrectomy for idiopathic epiretinal membrane is <1%, similar to that found after cataract surgery.
- The risk of retinal detachment should no longer delay the surgical decision, thus aiming a better visual recovery.

# Conflict of interest

EP: Novartis, Bayer, Allergan (travel expenses). RT: board membership (Alcon, Novartis, Allergan, Bausch&Lomb, Pfizer, Alimera, Bayer, FCI-Zeiss, Thrombogenics), consultancy (Alcon, Novartis, Allergan, Bausch&Lomb, Dorc, Takeda, FCI-zeiss, Thrombogenics). BD: consultancy (Novartis, Bayer), board membership (Novartis, Allergan). The remaining authors declare no conflict of interest.

# Author contributions

JM-L, AD, and RT: design and conduct of the study. JM-L: data collection. EP, AD, and BD: data analysis and interpretation. JM-L, EP: writing of the manuscript. JM-L, EP, RT, and BD: critical review and final approval of the manuscript.

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