PT Khaw⁴

Childhood glaucoma surgery in the 21st Century

Abstract

Most children with glaucoma will require surgery in their lifetime, often in their childhood years. The surgical management of childhood glaucoma is however challenging, largely because of its greater potential for failure and complications as compared with surgery in adults. The available surgical repertoire for childhood glaucoma has remained relatively unchanged for many years with most progress owing to modifications to existing surgery. Although the surgical approach to childhood glaucoma varies around the world, angle surgery remains the preferred initial surgery for primary congenital glaucoma and a major advance has been the concept of incising the whole of the angle (circumferential trabeculotomy). Simple modifications to the trabeculectomy technique have been shown to considerably minimise complications. Glaucoma drainage devices maintain a vital role for certain types of glaucoma including those refractory to other surgery. Cyclodestruction continues to have a role mainly for patients following failed drainage/filtering surgery. Although the prognosis for childhood glaucoma has improved significantly since the introduction of angle surgery, there is still considerable progress to be made to ensure a sighted lifetime for children with glaucoma all over the world. Collaborative approaches to researching and delivering this care are required, and this paper highlights the need for more highquality prospective surgical trials in the management of the childhood glaucoma. Eye (2014) 28, 931-943; doi:10.1038/eye.2014.140; published online 13 June 2014

Introduction

Managing glaucoma in childhood is one of the greatest challenges in the field of glaucoma, especially with regard to surgical treatment.¹ Childhood glaucoma is characterised by elevated intraocular pressure (IOP)-related

damage to the eye, which can be caused by a diverse group of conditions.² Its presentation can vary because depending on the age of onset, elevated IOP can affect the whole eye, and not just the optic disc and has recently been redefined to reflect this fact.²

M Papadopoulos¹, B Edmunds², C Fenerty³ and

Once a child has been diagnosed with glaucoma, the goal, where possible, is to provide a lifetime of vision. Medications are an important part of management; they are usually first line treatment for most glaucomas, they temporise IOP control prior to surgery, for example, primary congenital glaucoma (PCG), and are often required as adjunctive therapy after partially successful surgery for IOP control.³ However, surgery is the mainstay of treatment for childhood glaucoma and is often inevitable in a child's lifetime.⁴

The available surgical repertoire for childhood glaucoma has remained relatively unchanged for many years. Each surgical technique has its advantages and disadvantages with potentially good success rates when chosen appropriately and performed with meticulous attention to detail to minimise complications.⁵ Given that most children with glaucoma have normal life expectancies and may, therefore, need several operations to control IOP, the impact of successful surgical treatment on the patients and their families cannot be underestimated. However, glaucoma surgery in children is more challenging and associated with higher failure^{6,7} and complication rates compared with adults.

Internationally, there is a markedly diverse approach to surgery for childhood glaucoma, more so than for adult glaucoma and this was confirmed in the international childhood glaucoma surgery survey conducted as part of the recent World Glaucoma Association consensus meeting on Childhood Glaucoma.5 This reflects the rarity and variations of the disease, the difficulty we face in controlling the IOP, training and experience, the local availability of facilities and equipment,

¹Glaucoma Service, Moorfields Eye Hospital, London, UK

²Casey Eye Institute, Oregon Health and Science University, Portland, OR, USA

³Manchester Royal Eye Hospital, University of Manchester, Manchester, UK

⁴NIHR Biomedical Research Centre and Glaucoma Service, Moorfields Eye Hospital and UCL Institute of Ophthalmology, London, UK

Correspondence: M Papadopoulos, Glaucoma Service, Moorfields Eye Hospital, 162 City Rd, EC1V 2PD, London, UK Tel: +44 (20)7566 2989; Fax: +44 (20)7566 2334. E-mail: maria.papadopoulos @moorfields.nhs.uk

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REVIEW

individual population challenges, including drop availability, affordability and access to care, and local variations in disease beliefs, compliance and fear of surgery. It is further compounded by the fact that there is a paucity of randomised surgical trials in childhood glaucoma to guide us.

This review starts with a brief history of childhood glaucoma surgery and reviews factors that influence our choice of surgery. We then discuss each main operation in our armamentarium in some detail with emphasis on recent developments. We conclude with thoughts on the future direction of the management of this complex, potentially blinding disease, and goals for the 21st century.

History

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Childhood glaucoma surgery in the present, or even the future, is best discussed in the context of the past. Almost all techniques in the childhood glaucoma surgical armamentarium have originated for use first in adults, then transferred, and adapted for use in children. The evolution of childhood glaucoma surgery exemplifies well the fact that advances in surgery usually occur in an attempt to improve outcomes, in this case longer term IOP control with the associated visual and quality of life benefits, and to reduce complications.

Significant turning points in childhood glaucoma surgery began in the early 1940s when Barkan⁸ first published his results in children with glaucoma of an angle procedure he called goniotomy. Barkan⁹ along with De Vincentiis,¹⁰ the originator of this technique, had tried goniotomy unsuccessfully first in adults. However, in children Barkan⁸ was able to control IOP and preserve visual function in the majority, which until then was unprecedented. With time, goniotomy proved to be both successful and safe, providing there was adequate corneal clarity to view the angle.^{11,12} The next turning point occurred in 1960 when the technique of rupturing the inner wall of Schlemm canal was described independently by both Smith,¹³ with use of a nylon filament, and Burian,¹⁴ with a rigid probe (trabeculotome) who named the procedure trabeculotomy ab externo. As trabeculotomy could be performed regardless of corneal clarity, its popularity increased rapidly all over the world especially in populations where corneal opacification on presentation was a common finding. Subsequently, endoscopic goniotomy^{15,16} was described to enable goniotomy in the presence of a hazy cornea but it failed to be extensively adopted. Both goniotomy and trabeculotomy, which incise the angle in an attempt to improve innate aqueous outflow, with time revealed similar high rates of success when repeated, especially in favourable PCG cases for

example, onset between 1–24 months of age.¹¹ However, it was in recognition of the fact that angle surgery was not always successful in PCG and less so in secondary glaucoma cases^{17,18} that alternative operations were sought that had better outcomes than full thickness drainage procedures.

The late 1960s saw the introduction of both trabeculectomy by Cairns¹⁹ and the first glaucoma drainage device (GDD) by Molteno²⁰ in the adult glaucoma world. These operations, which created an external outflow pathway, were soon adopted for use in children, especially for those with refractory glaucoma. Publications also appeared describing cyclodestruction (cyclocryotherapy)²¹ as treatment for glaucoma, later to be eventually replaced by diode laser.²²

These techniques have all stood the test of time but since the late 1960s, no new operation has found routine use in childhood glaucoma. Major advances have instead relied on combining techniques, revisiting old techniques or modifications to existing techniques to move the subspecialty forward. We have also continued to adopt new technologies pioneered in adult glaucoma surgery.

In 1980 Maul *et al*²³ first described combining trabeculotomy with trabeculectomy to improve success. Combined trabeculotomy–trabeculectomy with time became and remains popular particularly in populations with advanced disease on presentation and those thought to be at greater risk of failure from angle surgery such as in the Middle East and India.^{24–27} However, no prospective comparisons exist to support the argument that combining the procedures improves success.

With the knowledge that incising a greater extent of the angle when repeating angle surgery often improved outcomes, in 1994 Beck and Lynch²⁸ revisited Smith's trabeculotomy technique using a blunted 6/0 prolene suture instead of nylon to achieve a circumferential incision with one procedure alone that did not need to be repeated, circumferential (360°) suture trabeculotomy. The introduction of an illuminated microcatheter, first used in adult canaloplasty surgery, as a substitute for the suture, improved the safety of the procedure.²⁹

The 1990s were also remarkable for the widespread introduction of anti-scarring agents in trabeculectomy surgery to improve success.^{30,31} As a primary or secondary procedure in children, trabeculectomy was still associated with failure in many cases due to excessive scarring. In 1991, Miller and Rice³² demonstrated that the use of beta radiation as an anti-scarring agent at the time of surgery prolonged trabeculectomy survival in children. The single intraoperative use of Mitomycin C (MMC) with trabeculectomy in children appeared to increase the success in some series but complications too, especially those related to hypotony and bleb-related complications

including endophthalmitis.^{33–36} Subsequently, simple modifications to the intraoperative application of MMC and to the surgical technique have reported much reduced long-term complication rates and more favourable bleb morphology.^{37,38}

In 1994, Tixier *et al*³⁹ were the first to publish their results of non penetrating surgery (deep sclerectomy) in children following reports in adults of its advantageous risk profile. Again the origins of this technique, like penetrating surgery (trabeculectomy) derived from the 1960s when Krasnov⁴⁰ described it in an attempt to avoid the potential complications associated with ocular entry. Subsequent studies suggested significant conversion rates to trabeculectomy^{41,42} or unintentional macroperforations (30%).⁴³ More recently, some authors have argued for improved results by combining deep sclerectomy and trabeculectomy.⁴⁴

Deep sclerectomy and numerous other techniques described in adults including viscocanalostomy,45 suprachoroidal shunts (SOLX (SOLX Inc, Waltham, MA, USA), CyPass (Transcend Medical Inc, Menlo Park, CA, USA)), canaloplasty, trabecular meshwork bypass shunts (eg, iStent (Glaukos Corporation, Laguna Hills, CA, USA), Hydrus (Ivantis Inc, Irvine, CA, USA)) and transscleral shunt (AqueSys Xen (AqueSys Inc, Aliso Viejo, CA, USA)) have not been widely adopted in children because they are yet to be proven efficacious or safe in children and because of the technical challenges of buphthalmic eyes with thin sclera. A recent addition to angle surgery, trabectome surgery (trabeculotomy *ab interno*) uses a disposable, high frequency electrocautery handpiece to remove the inner wall of Sclemm canal and the trabecular meshwork.⁴⁶ As in goniotomy, the handpiece is introduced via the temporal cornea and a clear view of the angle is required. Although studies include small numbers of paediatric cases, there are no specific details of outcomes in children.47

Challenges to successful surgery

There are a great many challenges to successful surgical management of the childhood glaucomas. Some relate to the difficulties of operating on eyes with distorted anatomy owing to buphthalmos, anatomical features of some of the secondary glaucomas, and the legacy of previous surgeries. Another major challenge is the aggressive healing response, which can hinder the effectiveness of surgeries that depend on creating alternative pathways for aqueous drainage from the eye, such as trabeculectomy and GDD. This is all compounded by the difficulty of administering care to children with limited ability to co-operate and cope with the post-operative medications required for the success of many of these surgeries.

Buphthalmic eyes have low scleral rigidity and are predisposed to surgical complications related to low IOP such as anterior chamber (AC) collapse, maculopathy, choroidal effusion, suprachoroidal haemorrhage, and phthisis. Procedure-specific difficulties may also be encountered which include: correctly positioning the trabeculectomy flap or identifying Schlemm canal in the presence of altered anatomy (stretched limbus), fashioning a scleral flap in the presence of thin tissue, suturing the scleral flap without cheese-wiring through the delicate tissue, adequately sealing the aqueous outflow of the trabeculectomy and leakage around the tunnel of GDDs. A lack of familiarity with buphthalmic eyes is associated with more complications. Furthermore, specific ocular conditions associated with glaucoma (eg, Sturge-Weber syndrome, aphakia, aniridia), limited access to the surgical site (eg, small palpebral aperture and small orbits in infants and young children), and underlying general medical conditions can all contribute to the challenges of surgically managing children with glaucoma.

The aggressive healing response of paediatric eyes is thought to contribute to the lower success rates for glaucoma surgery compared with adults. Trabeculectomy surgery is, therefore, often enhanced by the use of anti-scarring agents but they may be associated with significant complications.

In the post-operative period, regular and sometimes intensive topical drop therapy is required to mitigate against complications of excessive scarring and infection. This may present real challenges for the caregivers of these children who may have to overcome difficulties with co-operation in young children, or at times resistance from schools or other caregivers in assisting with instilling drops and post-operative activity restrictions. Additionally caregivers need to commit to frequent visits to the ophthalmic unit for post-operative monitoring, which impacts the child's schooling and potentially the carer's ability to commit to work or care for the rest of their family. The surgical team also faces challenges when trying to examine these children adequately and perform post-operative manipulations such as suture removal or application of further anti-scarring agent. Examinations under anaesthesia (EUA) may be required for this purpose, often on a repeated basis.

Even when surgical success is achieved for these children, concurrent ametropia correction and amblyopia therapy, where indicated, is essential to optimise long-term visual outcome, which is the true measure of success.⁴⁸ The management of amblyopia and ongoing monitoring of glaucoma requires continued

commitment from the caregivers and the ophthalmic team.

In light of the above significant challenges, the recent World Glaucoma Association Consensus on Childhood Glaucoma has stated that surgery should preferably be performed by a trained surgeon in centres where there is sufficient volume to ensure surgical experience and skill, and safe anaesthesia.⁵ In parts of the world where this is possible, increasingly cases are managed in tertiary centres with specialist experience.³

The choice of surgical procedure

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In the surgical management of childhood glaucoma, the best chance of successfully controlling IOP and preserving vision lies with the first operation chosen^{7,49,50} and having a long-term surgical strategy. The best surgical procedure for any particular child with glaucoma cannot always simply be determined by a set algorithm. The decision is made based on a combination of diverse factors including: the underlying aetiology of the glaucoma, the associated ocular features, previous ocular surgery, the likelihood of further ocular surgery (eg, cataract extraction), the age of the child, the extent of glaucomatous optic nerve damage, the visual prognosis, the general health of the child, the social circumstances (ie, the likelihood of follow-up) and available carer support, local facilities, and surgeon expertise. It is worth mentioning that one must carefully consider the risks and benefits of any intervention in discussion with the parents, particularly in refractory cases when the fellow eye is healthier or if the child only has one eye.

Broadly, the common surgical choices may be divided into those which: (i) enhance the innate aqueous outflow pathway (angle surgery), (ii) create an external aqueous outflow (trabeculectomy and GDD) and (iii) reduce aqueous production (cyclodestructive procedures). Each of these is described below including the indications, success rates, and complications.

Surgical armamentarium

Angle surgery

The attraction of angle surgery is the potential to harness the innate or 'natural' outflow mechanism by allowing aqueous access to Schlemm canal and the collector system; in so doing it is the closest approach we have to addressing the fundamental underlying cause of the glaucoma in cases of primary trabecular dysgenesis. Its undisputed role is as primary surgery for PCG with the proviso that it is less successful with early (<1 month of age) and late presentations (>2 years of age) and with enlarged ocular dimensions (corneal diameter of >14 mm). Some have advocated its use in secondary glaucomas such as JOAG and aphakic glaucoma, but it is generally less successful with the exceptions of uveitic glaucoma⁵¹ and in conditions with 'PCG-like' angles eg, congenital rubella^{17,52} and infantile presentations of Sturge–Weber syndrome.⁵³

Goniotomy and trabeculotomy have been widely practiced since their introduction. Their difference lies in the approach to the angle—goniotomy from an internal approach (via a paracentesis and instruments in the AC) and trabeculotomy from an external approach (using a scleral cut down to access Schlemm canal). Goniotomy technique has largely remained unchanged from the time it was described by Barkan with the addition only of minor modifications such as the use of: viscoelastic or AC infusion to maintain AC depth, needles instead of a tapered knife for the angle incision, various goniolenses, and the use of alcohol or hyperosmotic solutions to clear the epithelial oedema. The trabeculotomy technique has developed with regard to the mechanism of angle incision from a metal probe (trabeculotome) to a blunted suture filament or an illuminated microcatheter. (Refer to Table 1).

The question is whether recent developments and modifications improve their success and safety profiles and when to use which procedure. Advances in technology, especially in the 21st century, have extended the scope of both trabeculotomy and goniotomy a little further; in the case of trabeculotomy, an illuminated microcatheter allows visualisation of its safe passage through Schlemm canal, and the potential to treat the whole angle in one surgery and potentially improve its success rate; in the case of goniotomy, an endoscopic approach allows visualisation of the angle in situations of poor corneal clarity but possibly owing to cost and the learning curve associated with a new skill to master, it has not been extensively practiced.^{54,55} Photodisruptive goniotomy has been described with Q-switched neodymium:yttrium aluminium garnet (Nd:YAG) laser to avoid invasive intraocular surgery, but despite encouraging early results when compared with surgical goniotomy⁵⁶ it did not prove to be a useful long-term tool for goniotomy (verbal communication with Vivian Balakrishman and David Taylor) when used at a major paediatric glaucoma centre.

Until recently, the argument when considering the choice of angle surgery between goniotomy and conventional trabeculotomy was based on the issues of the potential impact of angle surgery on future glaucoma surgeries and corneal clarity. As is often the case for surgical procedures in rare diseases, there is a paucity of truly randomised controlled studies comparing the two. It is generally accepted that for similar degrees of disease

	Goniotomy	Trabeculotomy (probe)	Trabeculotomy (360°)		Trabeculotomy-Trabeculectomy
			Suture	Illuminated microcatheter	
Conjunctival incision	_	+	+	+	+
Possible with opaque cornea	_	+	+	+	+
(angle structures not clearly visible)					
Angle visualisation	+	_	_	+	_
0		(0	only with gonio lens	s)	
Specialised instruments/skills	+ +	+	+	+ +	+ $+$
Extent of surgical trauma	+	+ +	+ +	+ +	+ + +
Safety	+ +	+	+	+ +	+
Duration of surgery	+	+ +	+ + to + + +	+ + to + + +	+ $+$
Can be repeated	+ +	+ +	_	_	+
Bleb-related complications	_	- / +	-/+	- / +	+

Table 1 Comparison of Angle Surgery techniques

severity the two procedures offer similar rates of success (70-90% after multiple attempts in favourable cases).^{11,12,49,57-63} However, proponents of goniotomy argue in its favour when considering the long-term effects in children who are likely to face further glaucoma surgery at some other point in their lives. It is now well accepted that future success of trabeculectomy is prejudiced when there have been previous surgeries that involve the conjunctiva. As a scleral cut down is required for the external approach of trabeculotomy, this violates the conjunctiva and sclera and makes future trabeculectomy (or GDD placement) potentially more technically challenging as well as more prone to failure. Employing an inferotemporal approach when performing trabeculotomy preserves the superior site for future trabeculectomy and may mitigate against some of these effects. The main advantage that trabeculotomy enjoys over goniotomy is that it can be performed in the presence of an opaque cornea and it allows access potentially to 360° of the angle through one incision. When corneal haziness is primarily due to epithelial microcystic oedema, however, there are several manoeuvres that may assist in achieving sufficient corneal clarity to allow a goniotomy and so capitalise on its advantages, such as stripping the epithelium following pre-treatment with topical alcohol.⁶⁴

In cases of an inadequate response, both goniotomy and conventional trabeculotomy with probes can be repeated, in the untreated angle. This increases the overall success rate of surgery, though is not always sufficient, which may lead to a third angle surgery or filtering surgery as the next step. This incremental stepwise approach employs multiple surgeries, and there is a tension between the need for repeated anaesthetics to allow sufficient monitoring and treatment of the disease and the concern for possible deleterious effects on young brain development.^{65,66} In this regard, the recent evolution of circumferential (360°) trabeculotomy using an illuminated microcatheter,^{29,67} instead of a suture, may offer a significant improvement to the approach to the paediatric angle in the 21st century. It potentially allows treatment of 360° of the angle in a single surgical episode, confidence that the TM has been ruptured to connect Schlemm canal with the AC, and is not associated with prolene suture complications such as subretinal positioning from misdirection.^{68,69} The success of circumferential (360°) trabeculotomy in eyes with PCG varies from 77–92% after 1–4 years 28,67,70,71 similar to success rates of angle surgery after multiple operations. However, despite its advantages, success may not always be possible with a single incision as the suture or microcatheter may not advance all the way around Schlemm canal.^{28,67} If the IOP response is inadequate, the next step would be filtration surgery (trabeculectomy or GDD) as there would be no gain in further angle treatment. Again, a temporal approach may mitigate against some of the disadvantages of an external approach, and on balance the advantages of a single surgical episode to treat the whole angle may outweigh the incremental approach, even though 360° angle treatment is not necessarily required in many cases. The answer to the question as to which is the next best operation after failed angle surgery for PCG is disputed. No randomised trials exist and the results from published retrospective series are conflicting.72,73

When choosing between the angle surgeries, we favour goniotomy as first line for PCG and 'PCG-like angles' up to the age of 3 years because it spares conjunctiva and sclera. We may consider it in older children owing to the ease and safety of surgery, but complications such as hypotony may be more common and the success rate lower. We would generally only repeat angle surgery if there had been some response to the first operation and virtually never do more than two angle surgeries. Circumferential trabeculotomy using the illuminated microcatheter holds significant promise as a way forward in PCG cases but less so in secondary glaucoma where the results are poorer and complications potentially higher.⁷¹ Once angle surgery fails we usually move on to trabeculectomy surgery, even in infants.

Trabeculectomy

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The initial studies published on trabeculectomy in children involved eyes with advanced glaucoma and numerous previous surgeries. Unsurprisingly, the results were poor and the complication rates were high.⁷⁴ Despite more encouraging reports with primary unenhanced trabeculectomy,^{75,76} excessive scarring remained a barrier to success for many cases. Intraoperative application of beta radiation (750 cGy) to the surgical site was associated with improved outcomes, diffuse elevated blebs, and no increase in complications.³² MMC, a more potent inhibitor of fibroblast function, is thought to improve success rates,^{33,77,78} however this is disputed by other studies.^{79,80} Furthermore, it can be used at varying potencies and requires only intraoperative exposure, which is a major advantage over 5FU in children.

The use of MMC is associated with higher complication rates that are well documented in the literature and include early complications related to hypotony (shallow or flat AC, hypotony maculopathy, choroidal effusion, suprachoroidal haemorrhage) and late complications associated with thin avascular, cystic blebs prone to leakage and potentially blinding infection, as high as 17%.^{33,35,36,81,82} These complications have led to trabeculectomy developing a poor reputation in children.

With regard to success, poor results for trabeculectomy in children with glaucoma following congenital cataract surgery even with MMC have been reported by many investigators.^{34,78,83} Furthermore, success in infants has been reported to be lower than older age groups^{33,35,82} and when compared with GDD.⁷² However, it is our experience that with simple modifications to the surgical technique and with suitable anti-scarring potency and application technique (Moorfields Safer Surgery System),^{37,38} trabeculectomy can be associated with satisfactory outcomes in appropriate cases, even infants.

The main questions regarding trabeculectomy surgery are: who are the best candidates for it; which is the appropriate scarring agent and dose and what to do when it fails? The answers to these questions are difficult to obtain from the available literature as all studies of trabeculectomy in childhood glaucoma have numerous limitations which include: retrospective design, various case mix, variable technique, and follow-up along with regional and surgeon preference bias. Our approach is for trabeculectomy to be first line for most secondary glaucomas with the exception of those known to have a poor prognosis such as in cases of aphakia or pseudophakia associated either with congenital cataract surgery or with uveitis In other secondary glaucomas, the presence of a cataract that may need removal in the near future, or corneal pathology that may require transplantation in the near future, would also argue against trabeculectomy.

In PCG cases, our most common indication for trabeculectomy is failed angle surgery but may also be considered by surgeons unfamiliar with angle surgery or if angle surgery is not possible. Further indications may be in situations where very low target pressures are required (advanced optic disc damage or to improve corneal clarity) and where there are poor prognostic factors for angle surgery. With regard the anti-scarring agent, we suggest MMC for those experienced in its use. The number of risk factors for failure determines the most appropriate dose. An approach when using MMC in infants following failed angle surgery is to use a low dose for example, 0.1-0.2 mg/ml at the time of surgery which minimises the risk and duration of early complications such as hypotony but then to 'top up' the agent with multiple 5FU injections at the time of postoperative EUAs. An AC maintainer is used in all cases to minimise intraoperative hypotony and also to facilitate the accurate judgement of flow through the scleral flap. When trabeculectomy fails to control IOP, bleb needling may be attempted with an anti-scarring agent if the bleb architecture allows and the sclerostomy is patent. Repeated needling may be necessary with early failure. Trabeculectomy may be repeated with a stronger dose of MMC or a GDD may be considered if further surgery is required.

GDD

Molteno⁸⁴ first published the use of his GDD in children in 1973. Since then further GDDs have been introduced with the most commonly used devices currently being the Ahmed implant (96 mm²/184 mm²) with unidirectional flow restriction, which theoretically reduces the risk of early hypotony (New World Medical Inc., Rancho Cucamonga, CA, USA) and the Baerveldt implant (250 mm² and 350 mm²), which is an unrestricted implant (AMO Inc., Abbott Park, IL, USA) and so requires additional measures to minimise early hypotony.⁵

Success rates in published studies of GDDs are difficult to compare because of the same limitations stated above for trabeculectomy studies. Common to all studies is reduced success over time and the need for adjunctive medication. At 1–2 year follow–up, many studies report a success of around $80\%^{85-88}$ and this falls to around 50%

in the longer term.^{72,89–92} When debating which GDD performs best in children-there is no clear superiority of one type of GDD versus another, however the Baerveldt implant may provide slightly better long-term IOP control but the Ahmed implant fewer short term complications.^{93–95} A prospective study comparing the polypropylene against the silicone Ahmed implant in children, has shown better long-term IOP control with the silicone Ahmed.⁹⁶ The choice of implant is often determined by factors, such as the diagnosis, implant availability and affordability, positioning (when placing the surgery superonasally, the Baerveldt implant may be better because of its lower profile and it does not extend as far back posteriorly as the Ahmed implant), the surgeon's experience, and the child's circumstances.

Post-operative hypotony is a major sight-threatening complication of GDD surgery in children. External ligation of both flow restricted and unrestricted implants has been described to reduce aqueous flow and reduce this risk.^{97–101} Absorbable suture material may be used for the external ligature so that restricted flow is spontaneously released after a number of weeks, or nonabsorbable material used enabling the surgeon to release the ligature at a planned interval by laser suture lysis or surgical removal. In unrestricted implants, an intraluminal stent may be used in addition to, or as an alternative to, external ligation to restrict aqueous flow and to avoid hypotony. Despite restriction of aqueous flow through the GDD, hypotony may still occur unless a watertight tunnel into the AC is achieved. An alternative strategy to minimise hypotony is implantation of the GDD in a two-stage procedure, whereby the plate is secured to the sclera at the first surgery and the tube then inserted some weeks later when encapsulation of the plate has occurred.¹⁰²⁻¹⁰⁴

Other complications particularly pertaining to GDDs include: corneal touch with corneal decompensation, lens touch with cataract formation, iris touch with persistent iritis or dyscoria, and migration of the tube. This tube migration can occur either into the AC or posteriorly out of the AC, tube obstruction from vitreous, iris, haemorrhage, fibrin or inflammatory membrane, and tube erosion and exposure leading to infection and endophthalmitis.¹⁰⁵ Furthermore, GDDs can be cosmetically unsightly and cause motility issues.

Our usual preference is for the Baerveldt 350-mm² implant, where possible, because of it larger surface area. The 250 mm² is preferred for uveitic eyes that are prone to aqueous hyposecretion and microphthalmic eyes that have smaller ACs that can easily shallow with hypotony. To keep complications to a minimum, we use various strategies including the use of an AC maintainer to minimise intraoperative hypotony, a tight tunnel

with a 25-gauge needle, both an extraluminal ligature (6/0 vicryl) and an intraluminal stent (3/0 supramid) to restrict flow. In the early post-operative period, elevated IOP is mitigated by the use of tube fenestration (venting slit). Viscoelastic may be utilised to maintain depth of the AC postoperatively if required.

Complications related to tube touch are minimised by directing the tube tunnel at the point of entry close to and parallel to the iris away from the cornea. An anterior vitrectomy in aphakic patients minimises the risk of tube occlusion by vitreous. The risk of tube exposure is reduced by constructing the tunnel at least 1–2 mm from the limbus and avoiding a corneal tunnel that would not be covered by the patch graft. Patch graft material, such as sclera or cornea unsuitable for transplantation, is used to reduce the risk of tube erosion, although techniques have been described using only scleral flaps or long tunnels of insertion. Other materials used to cover the tube are pericardium, thick amniotic membrane or dura mater.^{106–108}

Tubes are most often inserted into the AC where the proximal tip can be easily visualised. In circumstances where the cornea is in danger of decompensation or when the AC is very shallow, posterior insertion through pars plana or the ciliary sulcus may be considered, although this approach is best reserved for pseudophakic or aphakic eyes and performed in combination with a thorough anterior vitrectomy to prevent tube occlusion. However, the incidence of complications may be higher with pars plana versus limbal tube insertion and includes tube occlusion by vitreous, choroidal effusions, suprachoroidal haemorrhage, vitreous haemorrhage, and retinal detachment.¹⁰⁹

The main cause of GDD failure is fibrosis and encapsulation around the plate. Whereas in trabeculectomy the use of anti-scarring agents to reduce fibrosis is thought to improve the success of surgery, the same advantage has not been clearly established in GDD surgery with conflicting results in the published paediatric literature.^{110–112} In patients who have failed GDD surgery, it is our experience that further GDD surgery with MMC can be successful.

The threshold for using GDDs in childhood glaucoma has been lowered in recent years, as surgical techniques have been refined to improve the success rates and reduce the complications of surgery, particularly the prevention of hypotony. Although GDDs have the advantage of potentially requiring fewer post-operative interventions to achieve IOP control as compared with trabeculectomy, which may require suture lysis, adjustment or removal, needling and supplemental subconjuctival anti-scarring injections; this must be balanced with the potential for complications of this surgery and slightly higher post-operative IOP with GDD compared with a MMC enhanced trabeculectomy. Our preference is to use a GDD as the primary surgery for children with uveitis who are aphakic or pseudophakic, children who develop glaucoma following cataract surgery or who have a cataract that will need future imminent removal. Also we use a GDD in preference to trabeculectomy in patients with Sturge–Weber syndrome who have a choroidal haemangioma, as with the technique described above, post-operative hypotony is less likely compared with trabeculectomy in which early post-operative IOP may be less predictable. An additional indication is failed enhanced trabeculectomy and very severe disease with onset at birth as these cases have a very high failure rate even with MMC trabeculectomy.

Following failure of GDD, the introduction of topical glaucoma therapy provides the simplest and lowest risk option. Needling or surgical revision of the bleb over the plate (capsule excision) may be attempted but published studies have shown the outcomes are inferior to additional GDD implantation.¹¹³⁻¹¹⁵ Sequential tube surgery may, however, result in more corneal complications. In children, small series of sequential tube surgery in a different quadrant report reasonable success rates.^{116,117} One study comparing cyclophotocoagulation with sequential tube surgery following failure of primary GDD in children suggested similar success and complication rates, although again no long-term follow-up data are available.¹¹⁸ Our experience with needling and surgical revision suggests that the satisfactory IOP control is short lived especially with needling. After a failed GDD, we usually prefer diode laser as the next procedure before proceeding with a second GDD.

Cyclodestruction

Cyclodestruction, with the aim of reducing aqueous production, by cyclocryotherapy was associated with poor long-term results in children.^{119,120} It was traditionally reserved for challenging, refractory childhood glaucoma cases because of its significant association with complications.¹²¹

It eventually became replaced with the less destructive, laser cyclophotocoagulation. Specifically, transcleral diode laser (810 nm)¹²² became more popular than Nd:YAG laser¹²³ because it was better tolerated and associated with fewer complications. But a major drawback of the transcleral approach is ensuring accurate laser placement in buphthalmic eyes with distorted landmarks and hence difficulty in titration of laser energy. Endoscopic diode laser allows precise treatment of the ciliary processes,¹²⁴ but the disadvantage is it requires an intraocular approach and

caution is suggested in phakic patients. Complications associated with diode laser include: hypotony, significant uveitis, phthisis, conjunctival burns, uveitis, scleromalacia, scleral perforation, cataract, retinal detachment, and loss of vision especially in eyes with two or more treatments or in eyes with pre-existing poor vision.^{122,125-128} Short-to-medium term outcomes of transscleral diode laser quote over 50% success but with a high retreatment rate and a continuation of medical therapy.^{127,128} Endoscopic diode achieves similar results with a lower re-treatment rate.^{124,129,130}

Our preference is to use transscleral diode laser with transillumination of the eye to improve the accuracy of laser placement, and we avoid areas of pigmentation, haemorrhage, and scleral thinning. If future GDD surgery is planned, we do not treat the superotemporal quadrant to avoid scleromalacia. Lower energy doses as suggested for microphthalmic eyes. We commonly use it for treating blind, painful eyes or those with poor visual potential. Additional indications are, if surgery: has a poor prognosis; is technically difficult or impossible for example, severely scarred conjunctiva or there are significant ocular abnormalities; has failed for example, after a trabeculectomy or GDD. Occasionally it may be useful as a temporising measure, for example, an acute presentation of significantly elevated IOP as occurs following trauma, during the hypertensive phase of an Ahmed implant in aphakic/pseudophakic eyes or when a definitive procedure must be delayed for example, fellow eye has undergone major surgery. We advise against the use of diode laser in children with uveitis not only because it is associated with poor outcomes¹³¹ but also because it aims to reduce ciliary body function that may already be compromised by inflammation. Furthermore, future more invasive surgery may lead to problems with chronic hypotony.

Childhood glaucoma in the developing world

Childhood blindness from all causes is still largely untreated, or under-treated in the developing world. There are many barriers to care when looking after children with glaucoma in addition to the usual challenges.^{132–135} Most of the glaucoma surgeries require microscopic surgical expertise and specialised equipment and as most new technologies have first world markets in their sights, less affluent and developed countries do not always enjoy their benefits. Addressing the gulf between the developed and developing world health care provision should be an aim of any surgical specialty in the 21st century. A significant barrier to appropriate treatment is the cost of GDDs in the developing world. Recently an Indian company has developed a non restricted GDD (Aurolab Artificial

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Drainage Implant, Madurai, India) at a fraction of the price of similar models. It is currently undergoing a clinical trial to evaluate safety and efficacy in patients with refractory glaucoma.

One of the hallmarks of the 21st century is the ubiquitous nature of the cell phone and its ever expanding functions in the form of image transfer and user-friendly applications. This provides penetration for a web based approach in bringing first world expertise to support care in more remote and underserved areas. ¹³⁶

Future

Although the surgical treatment of childhood glaucoma has improved considerably in the last few decades, there are still considerable unmet needs. The ideal surgical treatment across the world needs to have several characteristics. It has to achieve a good IOP, preferably at levels close to 10 mm Hg, last the patient's lifetime, have no complications, maintain good vision, be completed in a relatively short time, and achieve a 100% success rate even in traditionally highly refractory patients. Currently, no treatment is close to this ideal, but in selected cases of angle surgery, particularly goniotomy, it come close to this with some of our original patients well controlled for nearly six decades to date after a goniotomy taking 10 min.

New devices that can be much more easily placed with fluid regulating and biocompatible qualities far better than current devices together with better anti-scarring agents may allow for many aspects of the ideal glaucoma surgery in the future. Current and future technologies are now coming closer to this ideal. We have set an audacious goal of the 10:10:10 challenge for glaucoma— 10 mm Hg, for 10 years done in 10 min. It will take multidisciplinary work across many areas of expertise to achieve this including fluid flow engineering, bioengineering, pharmacologists and clinician scientists to achieve this future.

From the perspective of angle surgery further advances in our ability to image angle structures for example, Schlemm canal would assist in determining those unsuitable for trabeculotomy surgery.

In keeping with most rare diseases, particularly in children, there is the paucity of high quality evidence in childhood glaucoma surgery to guide clinicians. The limited data available from prospective trials fail to address issues such as: the procedure of choice to control IOP in glaucoma refractory to angle surgery enhanced trabeculectomy or GDD? Is trabeculotomy– trabeculectomy superior to either trabeculotomy or trabeculectomy alone? Is MMC indicated in primary trabeculectomy surgery or only when the conjunctiva has been previously incised? What is the ideal MMC concentration and duration of exposure? Does previous diode laser increase the failure rate of subsequent surgery? When evaluating surgical techniques, a standaridised definition of success is required, which is lacking in childhood glaucoma and needs to take into account more than just the IOP control achieved.

The Childhood Glaucoma Research Network (CGRN) was established by glaucoma specialists and paediatric ophthalmologists with an interest in glaucoma in 2011 to address these unmet needs and subsequently improve the care of children with glaucoma. Its initial focus was on defining and classifying glaucoma, which was recently adopted by the WGA consensus on childhood glaucoma.² The CGRN hopes eventually to perform multicentre clinical trials to evaluate and compare present techniques and in doing so answer the many questions, which largely retrospective studies and experience currently attempt to inform. As a prelude to this an internet-based international registry of new childhood glaucoma patients, the International Pilot Survey of Childhood Glaucoma, has been established to ascertain existing clinical practice.

A neglected field within childhood glaucoma is the study of the impact of the diagnosis and surgery on the child's quality of life and that of the caregivers. Evidence is sparse but it suggests the impact of childhood glaucoma is significant throughout the child's life both at home and school.¹³⁷ Furthermore, the emotional and psychological burden of caregivers of patients with childhood glaucoma is thought to be considerable.¹³⁸ Recognition of the importance of the measuring the impact of illness, disability, and treatment from the patient's perspective has resulted in development and evaluation of Patient-Reported Outcome Measures and Patient-Reported Experience Measures for use within paediatric ophthalmology.¹³⁹ However, there is a paucity of vision-specific instruments. Hopefully, the fact that patient-led assessment of the impact of disease has developed a high profile in health service planning and policy in some countries will result in more funding for this research.¹⁴⁰

Conclusion

Childhood glaucoma is recognised to be one of the most challenging diseases in the field of glaucoma, and this is especially so for its surgical management because of the potential for failure and complications. Over the past 70 years, a number of operations have been introduced to manage childhood glaucoma, most of which have stood the test of time but others have still to prove themselves. Internationally, there is a diverse approach to childhood glaucoma that largely reflects the diverse nature of the conditions, which cause it, the challenges of controlling the disease and the absence of controlled trials to inform decision-making. The 21st century prognosis for childhood glaucoma has improved significantly since the days when angle surgery was first introduced but the challenge for those who look after these children still remains, as it always has, to increase surgical success rates and reduce complications, and thereby keep these children seeing for as long as possible.

Conflict of interest

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The authors declare no conflict of interest.

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