

ARTICLE

A genome-wide linkage scan for low spinal bone mineral density in a single extended family confirms linkage to 1p36.3

Andy Willaert¹, Inge Van Pottelbergh², Hans Zmierzak², Stefan Goemaere², Jean-Marc Kaufman², Anne De Paepe¹ and Paul Coucke^{*1}

¹Department of Medical Genetics, Ghent University Hospital, Ghent, Belgium; ²Department of Endocrinology and Unit for Osteoporosis and Metabolic Bone Diseases, Ghent University Hospital, Ghent, Belgium

Osteoporotic fractures are an increasing cause of mortality and morbidity in ageing populations. A major risk determinant for these fractures is bone mineral density (BMD). Variation on BMD is thought, on the basis of twin and family studies, to be subject to a large amount of genetic variation and it has been hypothesised that this may be due to the influence of multiple genes. However, in families showing segregation of low or high BMD, single major genes have been shown to play a crucial role. We performed a genome-wide screen using 380 microsatellite markers in a single extended family ($n = 34$) in which early-onset low spinal areal BMD segregates in an autosomal dominant-like fashion. A two-point linkage analysis was performed, revealing a maximum LOD score of 3.07 on 1p36.3 (D1S468), confirming results of previous linkage studies of BMD, while no other suggestive linkage peaks ($\text{LOD} > 2.2$) were detected elsewhere in the genome. Microsatellite markers were subsequently genotyped for a ± 6.9 Mb region surrounding D1S468. This revealed critical recombination events restricting the candidate region to 1.2 Mb and 19 genes. Sequencing analysis of the coding region of candidate genes *WDR8* and *EGFL3* revealed no mutations or disease-associated polymorphisms. Our results provide some evidence supporting the hypothesis that there are genetic determinants for spinal BMD on 1p36.3. Although no specific disease causing mutation has yet been found, the delineation of a relatively small candidate region in a single extended family opens perspectives to identify a major gene for spinal BMD.

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Introduction

Osteoporosis is mainly defined by a generalised reduction in bone mineral density (BMD) leading to an increased risk of fracture. Next to environmental factors, such as lifestyle and diet, a variety of genetic factors, each with relatively modest effects, contribute to the regulation of bone mass.¹

Therefore, BMD is assumed to be multifactorially determined. In family and twin studies, heritability of BMD has been estimated to range from 50 to 90%, with strongest heritability values reported for the spine.^{2–6} Several gene variants and quantitative trait loci (QTLs) related to BMD have been identified by association studies and genome-wide scanning approaches.⁷ However, replication of these findings has been very inconsistent. It has been proposed that this is due to the complexity of the genetic inheritance of BMD, ethnic heterogeneity, the diversity in study designs and the use of inadequate sample sizes to provide sufficient power.⁸ Considering these confounding factors,

*Correspondence: Dr P Coucke, Department of Medical Genetics, Ghent University Hospital, De Pintelaan 185, Ghent B-9000, Belgium.
Tel: +32 9 3323634; Fax: +32 9 3326549; E-mail: paul.coucke@ugent.be
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false linkage results may be generated across linkage and association studies.

In general, gene-mapping has been far more successful for rare Mendelian inherited bone diseases both for high and low bone mass disorders. Indeed, in rare instances, low BMD is inherited in a Mendelian manner. Examples include osteogenesis imperfecta caused by mutations in one of the two genes encoding collagen type 1 and osteoporosis-pseudoglioma syndrome caused by inactivating mutations in the lipoprotein receptor-related protein 5 gene.^{9,10} The mapping of causal genes in these rare monogenic diseases has contributed to the identification of pathways underlying bone metabolism and osteoporosis as a common disease. In addition, several studies have shown evidence for a major gene mode of inheritance of BMD. These major genes are single genes for which there are variants associated with a large effect on individual risk and as such they may be sufficiently strong to generate a detectable Mendelian-like pattern of inheritance of risk. This is particularly so in pedigrees selected via probands with extremely low or high BMD values.^{11–14} Unfortunately, single extended families in which low BMD shows a Mendelian-like inheritance pattern are rare and consequently not many linkage studies have been performed in such families.

In this study, we performed a genome-wide linkage analysis in a single extended ($n=34$) family in which segregation of low spinal BMD values according to an

autosomal dominant-like mode of inheritance favours a major gene locus effect (Figure 1). The pedigree studied here was ascertained through a proband with low spinal BMD and the presence of recurrent fractures, with several relatives also presenting low BMD values. By its large size, this family provides an opportunity to map a major gene for osteoporosis susceptibility, while avoiding the problem of locus heterogeneity incumbent to studies that combine data from numerous small families. In addition, with such a family, one can look for recombinant haplotypes that define a specific genetic interval for a BMD locus.

Materials and methods

Subjects

This family came to medical attention because of the presence of recurrent fractures and low BMD in individual II:16 (Figure 1; Supplementary Table 1). Family history revealed the occurrence of fractures in several family members. Consequently, an extensive clinical analysis was conducted on all available individuals in this family ($n=34$). BMD was measured using dual X-ray absorptiometry (see below). To identify secondary forms of osteoporosis, data on medical history, use of medication, alcohol consumption, smoking behaviour and history of fractures was obtained using self-administered questionnaires and fasting blood samples were collected.¹⁵ The following exclusion criteria were applied: a current or past history

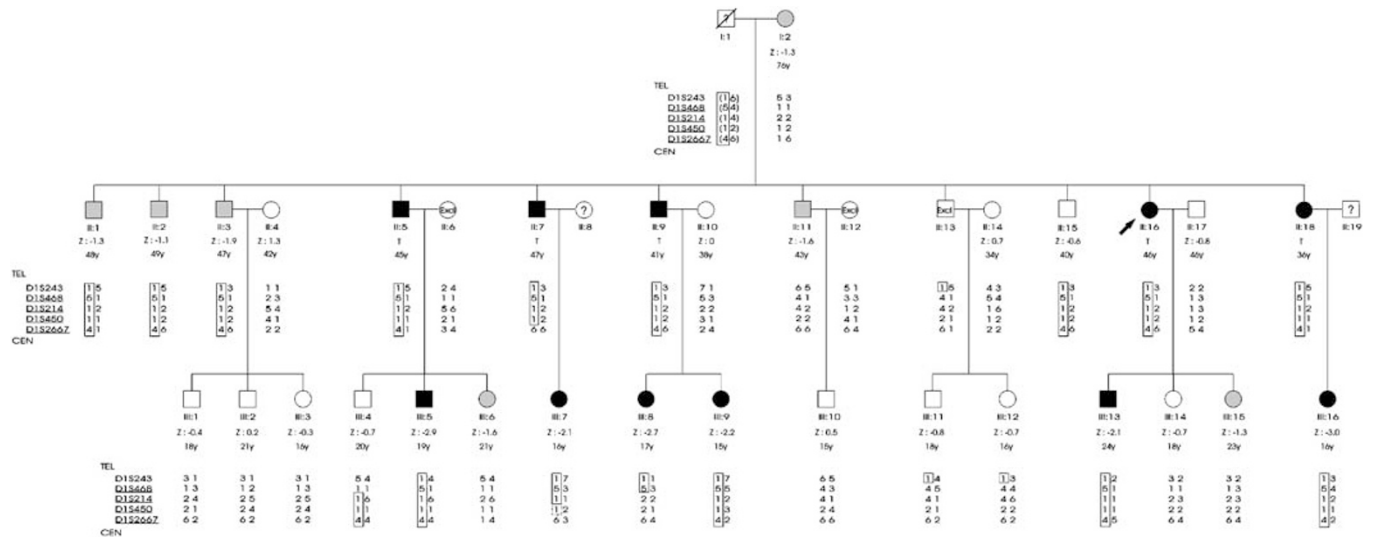


Figure 1 Pedigree structure showing haplotypes across the chromosome 1p36.3 region. White symbols represent ‘non-affected’ individuals ($Z(aBMD) \geq -1$), black symbols represent ‘affected’ individuals ($Z(aBMD) \leq -2$ and/or treated (T) with bisphosphonates because of an initial BMD T-score ≤ -2.5 at the spine and/or hip), and grey symbols represent individuals which are coded as unknown due to intermediate spinal BMD values ($-2 < Z(aBMD) < -1$). ‘Excl’ indicates individuals who are excluded from the linkage analysis (coded unknown) according to the reported exclusion criteria. Symbols containing a question mark indicate that there is no information on the phenotype and no DNA available for this individual. Patient identification number, $Z(aBMDL1L4)$ and age at the time of BMD measurement are indicated beneath each symbol. The arrow marks the proband in this family. Underlined marker names indicate that these markers belong to the Linkage Mapping Kit used for the initial genome-wide linkage screen. A box indicates the chromosome carrying the linked haplotype. Genotypes within parentheses are inferred.

of hyperthyroidism, metabolic disorders known to affect bone, delayed puberty, alcoholism (current or past alcohol consumption of ≥ 5 U a day more than once a week), heavy smoking (≥ 40 pack-years), malabsorption, hemochromatosis, renal or gonadal dysfunction, malignancy and subjects chronically treated with glucocorticoids, synthetic thyroxine, or (anti)androgens. According to these exclusion criteria individuals II:6, II:12 (hyperthyroidism) and II:13 (delayed puberty) were excluded (phenotype 'unknown' in linkage analysis). The presence of a type I collagen mutation, suggesting Osteogenesis Imperfecta, or the presence of a heterozygous LRP5 mutation, causing low BMD, was excluded by mutational and linkage analysis.¹⁶ Because of an initial BMD T-score ≤ -2.5 at the spine and/or hip, which is defined as osteoporosis according to criteria of the World Health Organization, individuals II:5, II:7, II:9, II:16 and II:18 have received a specific osteoporosis treatment with bisphosphonates, which will generally lead to a significant increase of BMD values.¹⁷ However, no data about quantitative BMD measurements before these treatments were available for these individuals. The study was approved by the Ethical Committee of the Ghent University Hospital and written informed consent was obtained from all study subjects.

BMD

Areal BMD (aBMD) (g/cm^2) was calculated from the bone mineral content (g) divided by its projected area (cm^2). aBMD at the lumbar spine (L1–L4) and the hip (femoral neck, trochanter and total hip) was measured using dual X-ray absorptiometry (DXA) with a Hologic QDR 4500C device (Software version 8.26a; Hologic Inc., Bedford, MA, USA). Lumbar spine aBMD was taken as the mean of L1–L4 measurements, unless deformity was present, in which case the mean value of undeformed lumbar vertebrae was used. Differences from the mean aBMD for an age- and gender-matched reference population expressed as units of SD below or above the population mean (*Z*-scores) for aBMD were calculated. Age- and gender-matched controls provided by the National Health and Nutrition Examination Survey (NHANES) III study group for the hip and by the manufacturer for the lumbar spine were used. T-scores express the units of SD below or above the expected bone density value of a healthy young adult of the same sex.

Volumetric BMD (vBMD) (g/cm^3) at L1–L4 was calculated from the bone mineral content divided by the vertebral body volume (VV). VV of L1–L4 was calculated using the projected area of L1–L4 obtained by anteroposterior DXA and assuming the vertebral body resembles a cube ($\text{VV} = (\text{anteroposterior area})^{3/2}$).^{18,19}

Genotyping

EDTA blood was collected and DNA was extracted by use of a PUREGENE DNA blood purification kit (Genra

Systems). A genome-wide linkage analysis was performed using 380 microsatellite markers of the ABI Prism Linkage Mapping Set MD-10 Version 2.5 (Applied Biosystems). An improved protocol from the 'Centre National de Génotypage' (Evry, France) was used for pooling an average of four markers per PCR to carry out all reactions. Additional microsatellite markers were taken from the Marshfield map or were designed based on the simple-tandem-repeat finder in the University of California Santa Cruz genome browser. Microsatellite markers were analysed on a Applied Biosystems Prism 3100 Genetic Analyser running Genemapper v2.0 software (Applied Biosystems).

Linkage analysis

Since the pattern of inheritance of the low lumbar spine BMD in this family is most suggestive for autosomal dominant-like inheritance (Figure 1), a parametric linkage analysis making use of an affected/unaffected-trait model was performed. To perform linkage analysis by affection status, individuals were categorised into two groups. The first group comprises of 'affected subjects' which include six individuals (III:5, III:7, III:8, III:9, III:13, III:16) with severely low spinal aBMD ($Z(\text{aBMD}) \leq -2$) and five individuals (II:5, II:7, II:9, II:16, II:18) who were treated with bisphosphonates because of an initial BMD T-score ≤ -2.5 at the spine and/or hip. The second group comprises the 'non-affected' subjects which include nine individuals (II:15, III:1, III:2, III:3, III:4, III:10, III:11, III:12, III:14) with normal spinal aBMD ($Z(\text{aBMD}) \geq -1$) and four unrelated spouses (II:4, II:10, II:14, II:17). Because individuals I:2, II:1, II:2, II:3, II:6, II:11, II:12, II:13, III:6 and III:15 could not be assigned to one of these groups they were coded as 'phenotype unknown' in the linkage analysis. Individuals under the age of 15 were not incorporated in the genome-wide search.

Prior to linkage analysis, genotyped markers were checked for Mendelian inconsistencies using the PedCheck program. Two-point parametric LOD scores were calculated using the Fastlink program in the Easylinkage software package.²⁰ A disease allele frequency of 0.001 was assumed since familial inheritance of severely low BMD is rare in the population and since the trait shows genetic heterogeneity. Equal frequencies for each allele of a marker were assumed, since population-based frequencies were not available for all markers. An autosomal dominant model was used with a reduced penetrance in a range from 0.60 to 0.90 and a phenocopy rate of 2.5%. A non-parametric linkage analysis was conducted using Genehunter v2.1r5 (Easylinkage) under the assumption of equal distribution of marker allele frequencies and using an S_{all} scoring function to capture the information about allele sharing between all affected individuals in the pedigree. Haplotypes were created using the Cyrillic 2.1 software.

Sequencing candidate genes

Protein coding regions and splice sites of candidate genes WD repeat-containing protein 8 (*WDR8*) and epidermal growth factor-like 3 (*EGFL3*) were amplified from DNA of affected family members II:5 and II:9 using primers designed from intronic sequence adjacent to intron–exon boundaries or exonic DNA when internal primers were required for larger exons. Sequencing reactions employed the same primers used for PCR. Primer sequences and PCR conditions are available on request. Sequence reactions were analysed on an Applied Biosystems Prism 3100 Genetic Analyser. These sequences were compared to the wild-type sequence as submitted to GenBank Accession numbers NM_017818 (*WDR8*) and NM_001409 (*EGFL3*). Sequence variants, identified in individuals II:5 and II:9, were analysed in all family members by direct sequencing.

Statistical analysis

Correlations were estimated by Pearson correlation coefficients. Differences in correlations were judged statistically significant when $P < 0.05$. Statistical analyses were performed using SPSS software version 12.

Results

To determine BMD status in this family, areal BMD Z-scores for lumbar spine, femoral neck and total hip were obtained by means of DXA (Supplementary Table 1). Although BMD Z-scores at these different skeletal sites are highly correlated ($P < 0.01$), the segregation of severe low values is restricted to lumbar spine BMD which was subsequently used as the phenotype to perform linkage analysis. In the genome-wide linkage study, the highest two-point parametric LOD-score is generated on chromosome 1 at marker D1S468 (LOD = 3.07) for a dominant mode of inheritance with 70 or 80% penetrance (Table 1). Except for D1S243, flanking D1S468, no other marker of the Linkage Mapping Set Kit exceeds the threshold LOD score of 2.2, supposing suggestive linkage according to the criteria of Lander and Kruglyak.²¹ Because a genetically heterogeneous phenotype such as low BMD makes it difficult to choose the exact parameter set, also a non-parametric linkage analysis (NPL) was conducted. Hereby, the same region was

identified yielding a minimum genome-wide NPL P -value ($P = 0.0013$) for marker D1S468 (Table 1).

Recombinations between the disease and marker D1S214 in individuals III:4 and III:8 are locating the disease gene telomeric to this marker, whereas recombination events in individuals III:11 and III:12 are placing the disease gene centromeric to the additionally tested marker D1S243 (Figure 1). Haplotype analysis in this family indicates that the disease gene is most likely located between marker D1S214 and D1S243, an interval estimated to be approximately 4.75 Mb. In the four individuals harbouring a critical recombination event, an additional marker D1S2845 and four unpublished microsatellite markers were tested in an attempt to narrow down the candidate region (Figure 2). Recombinations at μ sat1 and μ sat4 reduced the candidate interval to 1.2 Mb. All 'affected' individuals in this pedigree are carrying the linked haplotype surrounding the candidate region. In all 'non-affected' individuals, except for II:15, the linked haplotype is absent.

The candidate region contains 19 genes according to the September 2006 NCBI Genome Browser database Build 36.2 (Supplementary Table 2). Among these, two candidate genes were selected for further mutation screening because of known functionality in acquisition of bone or expression pattern in bone tissue. The WD repeat-containing protein 8 was shown to be expressed in bone and cartilage and also in bone-forming cells including osteoblasts and chondrocytes, especially during endochondral ossification.²² Another positional candidate gene encodes EGFL3. The predicted EGFL3 protein contains 30 EGF-like domains, three of which are of the calcium-binding type and 23 of which contain two additional cysteine residues within the consensus EGF-like motif.²³ The N-terminal portion of EGFL3 shows significant sequence similarity to fibrillin, in which mutations are known to cause Marfan syndrome, a disease with important skeletal involvement. Mutation analysis of the coding regions of *WDR8* and *EGFL3* in all family members revealed no gene variants, which are uniquely residing on the disease-linked haplotype in this family (data not shown).

The measured aBMD values, used as the phenotype for the genome-wide screen, are dependent of both bone size and true volumetric bone density. Therefore, as aBMD is

Table 1 Two-point LODmax scoring at 1p36.3 for the autosomal dominant model with different penetrance values (phenocopy rate 2.5%) and NPL P -values for the nonparametric model used for genome-wide linkage analysis

Marker	Position (cM) marshfield	Autosomal dominant model (LODmax(θ max))				Nonparametric NPL P -value
		60% pen	70% pen	80% pen	90% pen	
D1S243	0.00	2.25 (0.00)	2.05 (0.00)	1.83 (0.05)	1.62 (0.10)	0.0020
D1S468	4.22	3.02 (0.00)	3.07 (0.00)	3.07 (0.00)	2.95 (0.00)	0.0013
D1S214	14.04	1.11 (0.05)	1.02 (0.05)	0.89 (0.10)	0.69 (0.10)	0.0100
D1S450	20.61	0.36 (0.10)	0.41 (0.10)	0.46 (0.10)	0.51 (0.10)	0.0105
D1S2667	24.68	0.23 (0.20)	0.19 (0.20)	0.14 (0.20)	0.06 (0.25)	0.1616

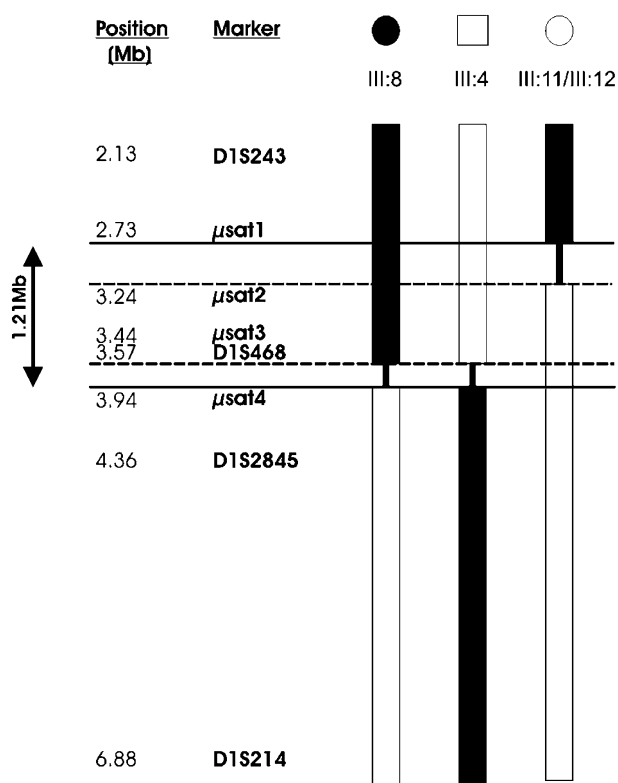


Figure 2 Finemapping of the candidate region at 1p36.3 in four critical recombinants of the studied family. Black bars represent the trait-linked haplotype. Solid and striped horizontal lines delineate respectively the largest and the smallest possible candidate region.

a measurement that is partially influenced by bone size, it was possible that our linkage data resulted from differences in vertebral size between individuals rather than from variation in true volumetric bone density. This was further investigated by calculating volumetric BMDs (vBMD). Individuals with lower spinal Z(aBMD) also had lower vBMD (Supplementary Table 1). The coefficient of determination in regression (r^2) suggests that about 81% of the variation in Z(aBMD) in this kindred can be explained by variation in vBMD.

Discussion

A genome-wide scan in this large family presenting with autosomal dominant-like inherited low spinal bone mass reveals a single, relatively small candidate interval on chromosome 1p36.3. In contrast to most genome-wide linkage studies for low BMD, for which a large number of small families were used, this approach based on one large family avoids the problem of locus heterogeneity. In addition, this strategy enables us to delineate a candidate region by looking for recombination events. The candidate interval of 1.2 Mb on 1p36.3, for which suggestive linkage for low BMD at the lumbar spine was found, suggests that

a single major gene in this region strongly influences variation in BMD. After estimation of spine vBMD values, the coefficient of determination in regression (r^2) between Z(aBMD) and vBMD was calculated to be 0.81 in this kindred. This indicates that variation in Z(aBMD) is mainly determined by variation in vBMD leading to the conclusion that the assumed major gene largely affects vBMD rather than bone size.

All 'affected' individuals in this pedigree are carriers of the linked haplotype on 1p36.3, whereas all 'non-affected' individuals, except for II:15, do not carry this haplotype (Figure 1). Individual II:15, carrying the linked haplotype, should therefore be considered as a non-penetrant individual. The individuals in this family to which no affection status was assigned show either carriage (II:1, II:2, II:3) or non-carriage (I:2, II:11, III:6, III:15) for the linked haplotype. The intermediate spinal BMD values ($-2 < Z(aBMD) < -1$) observed in these individuals and the non-penetrance observed in II:15 may be due to the influence of environmental or other genetic modifying factors.

Because only suggestive linkage was found (LOD = 3.07) according to the criteria of Lander and Kruglyak (1995), it cannot be excluded that our findings were due to chance. The possible occurrence of false-positive results in linkage analyses for osteoporosis susceptibility is illustrated by the inconsistent results among genome-wide linkage studies, disclosing many loci that may contain genes that regulate BMD. Only few regions have been consistently linked to BMD in several different studies, that is, 1p36, 1q21-24, 4q31-34 and 12q23-24.⁷ Thus, the chromosomal region at 1p36, identified in this study, is one of the few regions which previously emerged in several other linkage studies for BMD (Table 2).²⁴⁻³¹ This strengthens our hypothesis that we have identified true linkage. Recently, a meta-analysis by Lee *et al*,³² performed to assess evidence for linkage of BMD across whole genome scans also revealed, among other loci, strong evidence of linkage for 1p36, although this locus was not identified in another meta-analysis performed by Ioannidis *et al*.³³ These differences are likely due to the use of different study designs. Lee *et al*³² used the maximum of published linkage scores for any skeletal site while Ioannidis *et al*³³ analysed whole genome data for lumbar spine BMD, femoral neck BMD and sex separately to perform their meta-analysis. In addition, both studies did not include exactly the same genome-wide scans. Both approaches, although generating partially different linkage peaks, could be complementary in detecting loci that regulate BMD across whole genome scan studies. Quantitative trait loci mapping in animal models provided additional evidence for the involvement of a candidate locus for BMD on 1p36, leading to the assumption that major regulatory genes are shared among different species. Bouxsein *et al*³⁴ identified a chromosomal region on mouse chromosome 4, syntenic to human

Table 2 Genome-wide linkage screens for BMD indicating linkage for chromosomal region 1p36

Population	Selection probands	Phenotype	Marker	Max LOD	Reference
7 large pedigrees (149 individuals)	Spinal BMD Z-score < -2.00	Hip BMD	D1S450 (1p36.23)	2.29	Devoto <i>et al</i> , 1998 ²⁴
42 pedigrees (254 individuals)	Spinal BMD Z-score < -2.00	Femoral neck BMD	D1S214 (1p36.23)	3.53	Devoto <i>et al</i> , 2001 ²⁵
324 pedigrees (1270 individuals)	Unselected	Quantitative ultrasound (QUS)	D1S468 (1p36.32)	2.74	Karasik <i>et al</i> , 2002 ²⁶
175 pedigrees (428 individuals)	Spinal or femoral neck BMD T-score ≤ -1.5	Femoral neck BMD	D1S507 (1p36.13)	2.17	Wynne <i>et al</i> , 2003 ²⁷
1094 nonidentical twin pairs	Unselected	Whole-body BMD	D1S450 (1p36.23)	2.4	Wilson <i>et al</i> , 2003 ²⁸
323 pedigrees (1203 individuals)	Unselected	Principle component combining BMD and QUS phenotypes	D1S468 (1p36.32)	2.1	Karasik <i>et al</i> , 2004 ²⁹
451 pedigrees (4126 individuals)	Largely unselected	Wrist BMD (male subpopulation)	D1S1612 (1p36.23)	2.81	Xiao <i>et al</i> , 2006 ³⁰
48 pedigrees (964 individuals)	Spinal or hip BMD T-score ≤ -2.5	Femoral neck BMD (female subpopulation)	D1S1597 (1p36.21)	2.02	Streeten <i>et al</i> , 2006 ³¹

1p36, which is associated with several vertebral trabecular bone traits. Furthermore, Beamer *et al*³⁵ identified linkage to the same chromosomal mouse region for vertebral vBMD as measured by pQCT which is in accordance with our data that a genetic defect on 1p36 affects vBMD rather than bone size. All these data support the hypothesis that a major locus controlling BMD is located on chromosome 1p36. This locus seems to have pleiotropic effects on bone, as indicated by the various skeletal sites reported to be linked with 1p36. This is further supported by the findings of Karasik *et al*²⁹ (Table 2), in which principal component analysis of several BMD and quantitative ultrasound (QUS) phenotypes detected 1p36 as a shared genetic locus determining BMD variation at various skeletal sites. In the family presented here, the genetic determinant at 1p36 also affects both hip and spinal BMD as these measurements are highly correlated, although the lumbar spine is most severely affected. Although we have detected the same chromosomal region as in several previous linkage studies in both human and mice, this does not necessarily mean that we are picking up the same genetic variant. The more severe bone phenotype in this family, compared to most of the previous linkage studies, could point to the presence of a different disease allele. The two sequenced candidate genes, *WDR8* and *EGFL3*, appeared to be the most promising candidates, based on published expression and functional data, although no disease causing sequence variations are found at this moment. This does not exclude that mutations are present in non-coding regions of these genes or in other genes in the delineated candidate region. Therefore, further studies are ongoing to identify the putative gene for the low BMD trait in this family.

In conclusion, the localisation of a major locus for BMD on 1p36.3 was replicated in this study, although only

suggestive linkage was found. In this single extended family this genetic factor seems to have pleiotropic effects on bone and most explicitly on lumbar spine vBMD. Our findings open perspectives for further identification of a spinal BMD determining gene in a relatively small candidate region. However, at present, sequencing analysis of the coding region of candidate genes *WDR8* and *EGFL3* revealed no mutations or disease-associated polymorphisms.

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