

CORRIGENDUM

Metabolic and physiologic improvements from consuming a paleolithic, hunter-gatherer type diet

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Correction to: *European Journal of Clinical Nutrition* (2009) **63**, 947–955; doi:10.1038/ejcn.2009.4

Since the publication of the above article the authors have identified errors in the values listed in Table 3 for 'Fasting glucose, mmol/l'. Errors were introduced when transferring data from original to SI units.

The corrected table is shown here. The authors have confirmed that the changes have no impact on the statistics or discussion presented.

The authors apologise for any inconvenience caused.

Table 3. Effect of the paleolithic diet on metabolic variables

Category	Variable	Usual diet	Paleolithic diet	% change	P value
Lipids	Total cholesterol, mmol/l	4.7 ± 0.9	4.0 ± 0.7	-16	0.007
	HDL, mmol/l	1.3 ± 0.2	1.3 ± 0.3	+4	NS
	LDL, mmol/l	3.0 ± 0.7	2.3 ± 0.6	-22	0.003
	VLDL, mmol/l	0.4 ± 0.2	0.3 ± 0.1	-35	0.01
	Triglycerides, mmol/l	0.9 ± 0.4	0.6 ± 0.1	-35	0.01
Fasting insulin and glucose	Fasting insulin, pmol/l	69 ± 63	21 ± 7	-68	0.07
	Fasting glucose, mmol/l	5.1 ± 1.8	4.8 ± 0.4	-5	NS
OGTT	Insulin AUC, pmol h/l	533 ± 222	361 ± 194	-39	0.006
	HOMA ^a	2.3 ± 2.3	0.7 ± 0.3	-72	0.07

^aEquation for HOMA = [fasting insulin × fasting glucose]/22.4.