

# Three-dimensional structure of Bax-mediated pores in membrane bilayers

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B-cell lymphoma 2 (Bcl-2)-associated X protein (Bax) is a member of the Bcl-2 protein family having a pivotal role in triggering cell commitment to apoptosis. Bax is latent and monomeric in the cytosol but transforms into its lethal, mitochondria-embedded oligomeric form in response to cell stress, leading to the release of apoptogenic factors such as cytochrome C. Here, we dissected the structural correlates of Bax membrane insertion while oligomerization is halted. This strategy was enabled through the use of nanometer-scale phospholipid bilayer islands (nanodiscs) the size of which restricts the reconstituted system to single Bax-molecule activity. Using this minimal reconstituted system, we captured structural correlates that precede Bax homo-oligomerization elucidating previously inaccessible steps of the core molecular mechanism by which Bcl-2 family proteins regulate membrane permeabilization. We observe that, in the presence of BH3 interacting domain death agonist (Bid) BH3 peptide, Bax monomers induce the formation of ~3.5-nm diameter pores and significantly distort the phospholipid bilayer. These pores are compatible with promoting release of ions as well as proteinaceous components, suggesting that membrane-integrated Bax monomers in the presence of Bid BH3 peptides are key functional units for the activation of the cell demolition machinery.

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B-cell lymphoma 2 (Bcl-2) family proteins are central regulators of cell death,<sup>1–3</sup> sharing regions with similar amino-acid sequence, referred to as Bcl-2 homology motifs BH1, 2, 3 or 4. The superfamily can be divided into three classes, with one class promoting cell death, the other promoting cell survival and the third class (the BH3-only proteins) serving as upstream cell-stress sensors or regulators. In general, the pro-apoptotic proteins contain the BH domains 1–3 whereas the anti-apoptotic class contains BH domains 1–4. The spatiotemporal interactions between members of the three classes in the vicinity of the mitochondria determine cell fate. Insights into the biochemical, cellular and physiological roles of the Bcl-2 family members have shown that the BH3 class transmits pro-death signals to the apoptotic machinery located at the mitochondrial membranes. This signal, once delivered to pro-apoptotic proteins such as Bcl-2-associated X protein (Bax), triggers cell commitment to apoptosis via the mitochondrial outer membrane permeabilization (MOMP) mechanism. The latter involves the release of several mitochondrial proteins into the cytoplasm, including cytochrome C, which activates caspases that in turn initiate the apoptotic cell death program. The anti-apoptotic protein B-cell lymphoma-extra large (Bcl-xL) inhibits Bax-mediated MOMP.

Much of the current thoughts on the core molecular mechanism by which Bcl-2 family proteins, more specifically

Bax and Bcl-xL, regulate membrane permeabilization are inferred from a combination of biophysics, cell-free systems and molecular biology approaches. Although it is generally agreed that BH3-only proteins promote Bax-mediated membrane permeabilization and their synergistic effect suggests a role in direct Bax activation, the underlying mechanism is under intense study, and is often the subject of considerable debate.<sup>2,4</sup>

*In vitro* studies have shown that membrane permeabilization occurs through an ordered series of steps. Inactive Bax resides mainly in the cytoplasm. The transition of Bax into its pro-apoptotic active form includes a reversible membrane-binding step that is distinct from membrane integration.<sup>5</sup> The integration of Bax into the membrane is the rate-limiting step of the process<sup>6</sup> and Bax undergoes major conformational changes during this stage.<sup>6,7</sup> Various studies have suggested that the membrane acts as part of a combinatorial input framework with activating BH3-only proteins to induce Bax unfolding and insertion into the membrane, thus promoting Bax activation.<sup>8,9</sup> Additional upstream effectors further support Bax insertion.<sup>10</sup> Bax is capable of permeabilizing liposome vesicles when stimulated with a BH3 peptide from BH3-only proteins such as BH3 interacting domain death agonist (Bid).<sup>9,11</sup>

Major conformational rearrangements and extensive homo-oligomerization of Bax has been observed in the presence of

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**Abbreviations:** Bax, Bcl-2-associated X protein; Bcl-2, B-cell lymphoma 2; Bcl-xL, B-cell lymphoma-extra large; Bcl-xLΔTM, Bcl-xL with transmembrane domain removed; BH3, Bcl-2 homology motif 3; Bid, BH3 interacting domain death agonist; cryo-EM, electron cryo-microscopy; DPPC, dipalmitoylphosphatidylcholine; FITC, fluorescein isothiocyanate; MOMP, mitochondrial outer membrane permeabilization; MSP1, membrane scaffold protein 1; tBid, truncated Bid; 3D, three-dimensional

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detergent,<sup>12</sup> leading, by inference, to a model where integration of Bax into the membrane is associated with homooligomerization followed by membrane permeabilization. So far, the exact temporal sequence of events remains elusive. As part of this process, Bax oligomerization is thought to occur sometime after membrane association, leading to large, irregular mixed protein-lipidic pores such as those observed by electron cryo-microscopy (cryo-EM) of large unilamellar vesicles.<sup>13</sup> However, the detailed spatiotemporal, molecular mechanism of Bax-mediated pore formation remains to be further defined and the explicit structure of membrane-embedded Bax and how it gives rise to a functional pore remains an active area of investigation.

Here, we used high-resolution cryo-EM to determine the three-dimensional (3D) structures of nanometer-scale, protein-supported monodisperse phospholipid particles (nanodiscs),<sup>14</sup> in the presence and absence of full-length human Bax, Bid BH3 peptide and Bcl-xL. The small size of nanodiscs (~12-nm diameter) and their narrow size distribution (2–3% deviation in number of lipid molecules) ensures that, under well-determined biochemical conditions, only single Bax molecules are incorporated into nanodiscs, thus preventing the possibility that interactions between Bax molecules (such as dimerization/oligomerization) have an effect on the imaged results of our studies. The restriction of the reconstituted system to single Bax molecule activity allows us capturing a snapshot of MOMP that precedes Bax homo-oligomerization. We observe that nanodiscs form elliptical lipid bilayers islands delimited by a protein belt. In the presence of Bid BH3 peptide, incorporation of Bax-monomers significantly distorts the nanodisc bilayer and produces a pronounced pore in the lipid bilayer. Bcl-xL prevents Bax incorporation. Furthermore, the observed Bax-induced pores, with an average diameter of ~3.5 nm, are compatible with release of ions and protein components including cytochrome C. Thus, here we provide direct evidence that Bax monomers, once activated by Bid BH3 peptide and incorporated in a lipid bilayer, induce the formation of pores and permeabilize the membrane bilayer.

## Results

Minimal reconstituted systems that included lipid membrane (liposomes), activator protein (truncated Bid, tBid) or Bid BH3 peptides, as well as pro-survival protein (Bcl-xL) served as powerful systems to study Bax activation and membrane permeabilization.<sup>6,8,9,13,15–17</sup> These studies allowed unraveling some of the critical steps involved in the mechanism of Bax-mediated MOMP and provided the first observations for the existence of Bax-induced pores.

Here we used a platform technology that allows dissection of the structural correlates of Bax membrane insertion while oligomerization is halted. To achieve this feat, we used nanometer-scale, protein-supported phospholipid particles (nanodiscs).<sup>14</sup> These nanodiscs are of defined size small enough to prevent incorporation of Bax oligomers. As importantly these bilayers also recapitulate the properties of biological membranes more closely than liposomes.<sup>18</sup> The biophysical properties of nanodiscs have been extensively characterized and it was shown that they have a very narrow size distribution ( $\pm 2$  to 3% variation in phospholipid

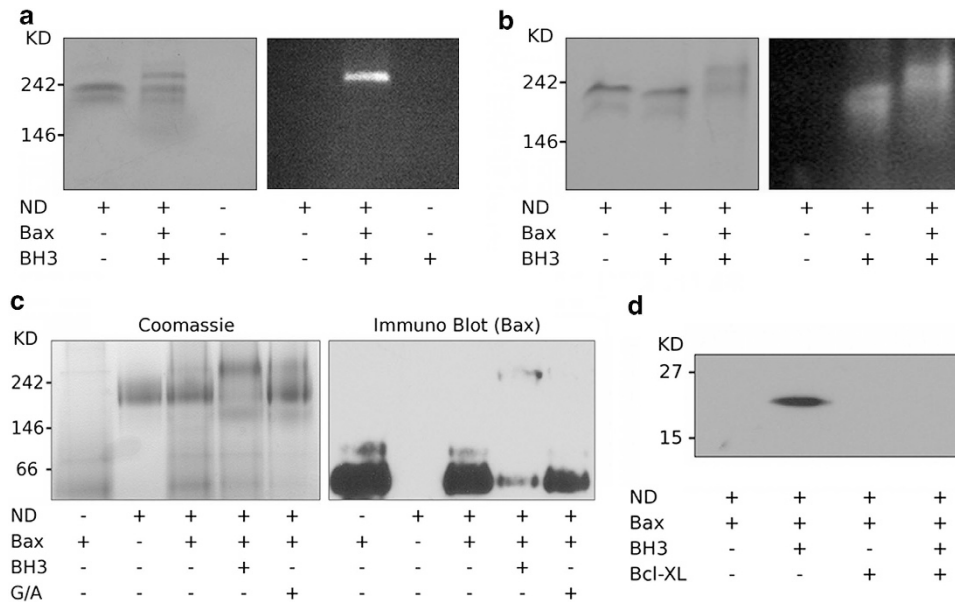
content),<sup>14</sup> making them ideal candidates for structure determination by cryo-EM and single particle analysis. As Bid BH3 peptides and phospholipid bilayer are reported to activate Bax at a membrane interface,<sup>9</sup> the system used in this study represents a minimal system for reconstituting activation and membrane insertion of soluble full-length human Bax monomers.

### **Bax monomers integrate into nanodiscs in the presence of Bid BH3 peptide but not when Bcl-xL is present.**

To ensure incorporation of Bax monomers only, we first established a biochemical assay to assess and optimize integration of soluble Bax into nanodiscs. We took advantage of the fact that, consistent with their narrow size distribution, nanodiscs migrate into native gels as a prominent band (~220 kDa marker, Figure 1a). Aided by Coomassie staining, western blotting and labeling with fluorescent markers, we were then able to follow colocalization of the respective proteins with the characteristic nanodisc band. If nanodiscs are mixed with fluorescently labeled Bax, no shifts or extra bands occur and the absence of fluorescence showed that Bax by itself does not associate with nanodiscs (Figure 1a). However, when fluorescently labeled Bax and nanodiscs were incubated together with Bid BH3 peptide, then an additional clear, single band appeared by Coomassie staining at ~250 kDa marker (Figure 1a, left), above the bare nanodisc band. The corresponding fluorescence signal shows a clear and sharp band at the position of the additional Coomassie band, indicating that it represents nanodiscs with incorporated Bax molecules (Figure 1a, right). These findings were fully confirmed using unlabeled Bax and immunoblotting (Figure 1c). Bax incorporation into nanodiscs in the presence of Bid BH3 peptide was observed to occur at the full range of pH 4.0–8.0, with the most efficient incorporation occurring at pH 4 as judged by the shift in intensities to the stained band (Supplementary Figure S1B). The existence of two bands, the bare nanodisc and Bax-nanodisc assembly bands, occur at substoichiometric Bax concentration and persist at increasing Bax concentrations.

In difference to Bax, fluorescent labeling of Bid BH3 peptide indicates that the peptide associates with nanodiscs without other factors (Figure 1b). Consistent with its low molecular weight Bid BH3 peptide association does not significantly shift the nanodisc band position. The Bid BH3 peptide fluorescence signal was also detected in the additional, second band, which forms when Bax is added to the reconstituted system (Figure 1b, right). Supporting the specificity of the reconstituted system, addition of Bid BH3 peptide carrying a single point mutation (G/A) that abolishes Bax binding of Bid *in vivo*<sup>8</sup> did not support Bax integration into the lipid bilayer (Figure 1c). Furthermore, the anti-apoptotic protein Bcl-xL abolished Bax integration in the presence of Bid BH3 peptide (Figure 1d). Altogether, these results indicate that a specific complex between Bax monomers, Bid BH3 peptide and phospholipids is formed. Bcl-xL inhibits the formation of this assembly.

**Nanodiscs form elliptical lipid bilayers delimited by a protein belt.** Next, we used a combination of cryo-EM imaging and several image analysis approaches to derive 3D



**Figure 1** Bax inserts into lipid nanodiscs in the presence of Bid BH3 peptides. (a) Purified recombinant fluorescein-maleimide-labeled Bax, Bid peptides and nanodiscs were analyzed by native gel followed by Coomassie Blue staining and UV fluorescence. Lane 1, 20  $\mu$ g nanodiscs alone; lane 2, 1  $\mu$ g Bax plus nanodiscs plus 50  $\mu$ M Bid BH3 peptide. Lane 3, 1  $\mu$ g Bax protein alone. Fluorescein-maleimide-labeled Bax visualized by UV indicates that association with nanodiscs is dependent on Bid (BH3) peptides. (b) Purified recombinant Bax, FITC Bid BH3 peptide and nanodiscs were analyzed by native gel followed by Coomassie Blue staining and UV fluorescence. Lane 1, 20  $\mu$ g nanodiscs alone; lane 2, nanodiscs plus 50  $\mu$ M of FITC-Bid peptide. Lane 3, nanodiscs, 1  $\mu$ g Bax protein and FITC-Bid FITC-Bid visualized by UV indicates that association with nanodiscs. (c) Purified recombinant Bax and nanodisc were analyzed by native gel-electrophoresis. Proteins were transferred to nitrocellulose for detection of Bax by immunoblotting. Immunoblotting data showed that Bax integrates into the nanodisc only when Bid BH3 peptide is present. Lane 1, 1  $\mu$ g Bax protein alone; lane 2, 20  $\mu$ g nanodisc alone; lane 3, Bax plus nanodisc; lane 4, Bax plus nanodisc plus 50  $\mu$ M of Bid BH3 peptide; lane 5, Bax plus nanodisc plus 50  $\mu$ M Bid BH3 mutant (G/A). (d) Purified recombinant Bax, Bcl-X<sub>L</sub> and nanodiscs were analyzed by native gel-electrophoresis, then the stained gel section containing the disc were excised and soaked in sample buffer at 4 °C overnight, then boiled in SDS loading buffer, loaded on SDS-PAGE gel for detection of Bax followed by immunoblotting. Lane 1, 1  $\mu$ g Bax protein plus 20  $\mu$ g nanodisc; lane 2, 1  $\mu$ g Bax protein plus 20  $\mu$ g nanodisc and 50  $\mu$ M of Bid BH3 peptide; lane 3, Bax plus nanodisc and 50  $\mu$ g of Bcl-X<sub>L</sub>; lane 4, Bax plus nanodisc, 50  $\mu$ M of Bid BH3 peptide and 50  $\mu$ g of Bcl-X<sub>L</sub>. The analysis confirms that Bax only enters nanodiscs in the presence of Bid BH3 peptide and also shows that Bcl-X<sub>L</sub> abolishes Bax integration induced by Bid BH3 peptide

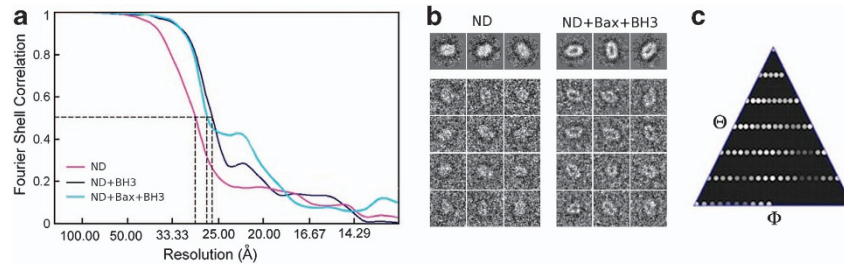
reconstructions of bare nanodiscs and various nanodisc-Bax assemblies characterized by the above-mentioned biochemical assays (Figures 2 and 3). We used cryo-EM conditions to guarantee that the samples are captured while fully hydrated and suspended in buffer, thus closely capturing their physiological environment. Carrying out the analysis in 3D allows efficient distinction between prolate and disc-like geometries of the nanodiscs. All 3D structures were generated and quantified using unbiased iterative multi-reference single-particle 3D reconstruction techniques.<sup>19,20</sup> Sorting as well as reference-free classification protocols were used throughout to ascertain the inclusion of homogenous populations into the relevant 3D reconstruction and to test for size variations. For each reconstruction, several starting models as well as cross-validation protocols were used to ensure the absence of model bias (Supplementary Figure S2). Despite of clear indications of symmetry, all reconstructions were performed without imposing symmetry.

Bare nanodiscs were reconstructed independently from data sets collected at pH 4 or at pH 7. Consistent with the previous biophysical analyses,<sup>14</sup> we did not find discernible variations in size or shape of the bare nanodisc samples (Figures 2b and 3b, Supplementary Figure S1). No significant difference was observed in the 3D structures of nanodiscs obtained at either pH 4 or pH 7 (Supplementary Figure S1). In

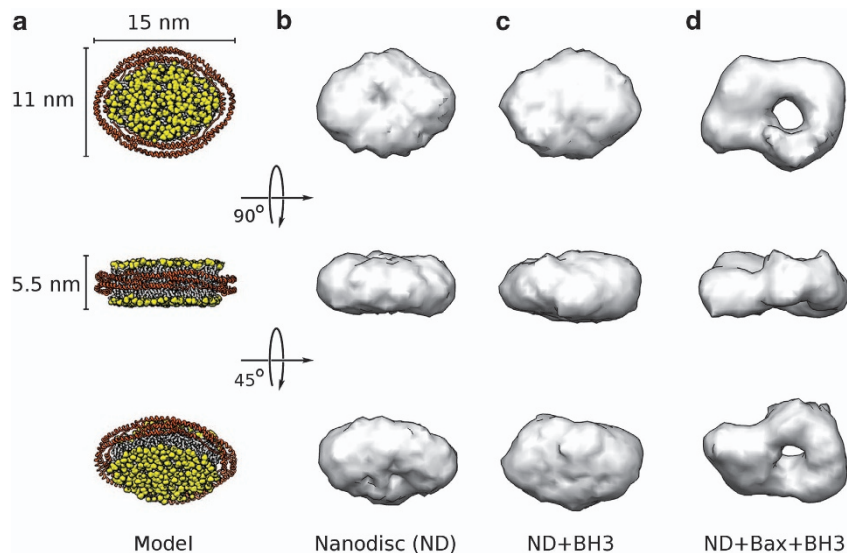
the 3D reconstructions, bare nanodiscs adopt an elliptical configuration measuring 15 × 11 × 5.5 nm (Figure 2a). This shape is compatible with an elliptical-shaped lipid bilayer delimited by a protein belt (Figure 3a), and is similar to the shape and size derived by small angle X-ray scattering or neutron scattering.<sup>21</sup> The shape is not compatible the previously proposed super-helical prolate configuration<sup>22</sup> or with the circular 2D projection images seen in negative stain electron microscopy,<sup>23</sup> where samples are absorbed on carbon films, subjected to fixation with high heavy-metal salt concentrations, and air dried.

### Bax-monomer integration in the presence of Bid BH3 peptide generates ~3.5-nm diameter pores in nanodisc membranes.

In addition to the analysis of bare nanodiscs, image processing was performed independently for nanodiscs with Bid BH3 peptide (Figure 3c), and with Bid BH3 peptide and full-length Bax (pH 4 and 7, Figures 2b and 3d, Supplementary Figure S1). All experiments were conducted at substoichiometric concentrations of Bax and excess of nanodiscs to further disfavor the formation of oligomeric Bax species in the nanodiscs. For each condition, two to three independent biochemical preparations were used to minimize experimental bias. In total, >11 000 images of individual particles, selected from 287 micrographs, were used for the analysis (Supplementary Figure S2).



**Figure 2** Cryo-EM and image processing of nanodisc assemblies. **(a)** The resolution of the 3D reconstructions is between 25 and 30 Å according to the 0.5 cutoff criterion of the Fourier shell correlation (dashed lines). **(b)** Electron micrographs of fully hydrated bare nanodiscs (left) or nanodiscs in the presence of both Bid BH3 peptide and Bax (predominant population after sorting, right), at pH 7. The top row shows class averages after 2D reference-free classification; the other rows show representative raw images. Only views that are close to perpendicular to the membrane are shown. No fixation or dehydration steps were used during sample preparation and cryo-EM data collection. Thus, the density presented is directly proportional to the charge density of the proteins and lipids. The oval shape of the nanodiscs is discernible in many views. Holes can be clearly seen in the images of nanodiscs in the presence of Bid BH3 peptide and Bax, indicating pore formation. **(c)** Coverage of projection space for the bare nanodisc data. Each dot represents an orientation (Euler angles  $\Theta$ ,  $\Phi$ ) with the brightness proportional to the contributing number of images. The diagram shows that the reconstruction does not suffer significantly from missing views. The coverage for the other data sets is similar to that shown here

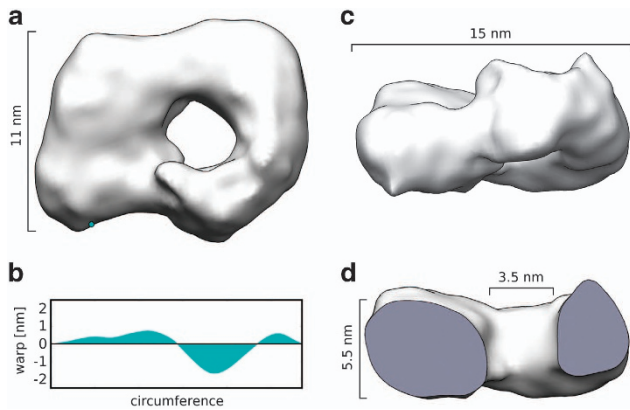


**Figure 3** Three-dimensional reconstructions of nanodisc assemblies. **(a)** Model of nanodisc derived from the 3D density. The stabilizing protein belt is shown in orange cartoon representation, the lipid bilayer is shown in yellow and white. **(b)** The 3D reconstruction of nanodisc is shown as a gray surface representation. Contour level chosen to accommodate the length of the protein belt in the circumference of the density. **(c)** Nanodisc with Bid BH3 peptide. This reconstruction is very similar to that of the nanodisc in **(b)**. Contour level chosen to accommodate the length of the protein belt in the circumference of the density. **(d)** Nanodisc with Bax and Bid BH3 peptide (predominant sub-population). The contour level was chosen to accommodate the length of the protein belt in the circumference of the density

The reconstructions of nanodiscs in the presence of Bid BH3 peptide are very similar to bare nanodiscs, indicating that the presence of the peptides does not alter the structure of the membrane bilayer (Figures 3b and c). As for bare nanodiscs, the sorting and reference-free alignment protocols did not indicate the presence of sub-populations for nanodiscs in the presence of Bid BH3 peptides, which is consistent with the existence of a single band in the native gels for these experimental conditions.

In contrast, the nanodisc samples containing Bid BH3 peptide and Bax monomers segregated readily into two sub-populations. The existence of two structural conformers for these samples correlates with the existence of the two bands in the native gels (Figure 1), in which only one of the nanodisc bands colocalized with the Bax fluorescence or immunoblotting band but both bands contain fluorescent Bid

peptide. Approximately, one-third (37%) of the processed particles converged into a reconstruction virtually identical to those of bare nanodiscs or nanodiscs in the presence of Bid BH3 peptide (Supplementary Figure S2). However, the more prominent conformer (63%) shows a clear hole of  $\sim 3.5$ -nm diameter in the fully hydrated phospholipid bilayer (Figures 2b, Supplementary Figure S1) and a significant distortion of the bilayer (Figure 4b). The error margin for the hole size, as determined by comparing independently derived reconstructions, is  $\sim 0.3$  nm. These 3.5-nm diameter Bax-mediated pores are large enough to allow release of ions and of small proteins such as cytochrome c, one of the hallmarks of apoptosis. The total volume of the reconstruction, which gives an estimate of the complete phospholipid and protein content of the reconstructed structure, reconfirms the single fluorescence band gel observation that only Bax



**Figure 4** Bax in the presence of Bid BH3 peptide mediates membrane pore formation. (a) Top view of nanodisc with bound Bax and Bid BH3 peptide. The oval shape of the bare nanodisc (Figure 3b) is distorted and the reconstruction clearly shows a  $\sim 3.5$ -nm hole indicating pore formation. (b) Deviation from flat geometry around the circumference of nanodisc with bound Bax and Bid BH3 peptide showing a substantial distortion of the disc geometry. (c) Side view of nanodisc with bound Bax and Bid BH3 peptide. (d) Side view of nanodisc with bound Bax and Bid BH3 peptide with front part cut away showing the pore in transverse. The thickness at the rim of the pore is consistent with the size of the lipid bilayer

monomers can be present while higher-order Bax oligomers cannot be accommodated.

Interestingly, our reconstructions contained no discernible compact extra globular density that would account for the folded Bax-monomer solution structure,<sup>12</sup> which is in stark contrast with other recent nanodisc studies where integrated proteins such as integrin receptors, anthrax toxin or soluble NSF attachment protein receptor (SNARE) proteins are clearly visible.<sup>23–25</sup> This observation suggests that Bax is unfolded on top of the nanodisc, with its amphiphilic portions inserted into the nanodiscs in a similar way to what was proposed for colicin.<sup>26</sup> Such unfolding of Bax is consistent with the finding that a substantial structural reorganization of Bax occurs during BH3-triggered activation.<sup>27</sup>

## Discussion

Here, we present the first 3D structures of Bax membrane assemblies. We used biochemical, cell-free assays, cryo-electron microscopy and image processing to characterize full-length Bax, Bid BH3 peptides and Bcl-xL incorporation into nanometer-scale, protein-supported phospholipid bilayer discs.<sup>14</sup> These nanodiscs have been shown to provide the means to study integral membrane proteins such as receptors, transporters and enzymes in a native-like bilayer environment.<sup>28</sup> The ability of this bilayer system to maintain the functional activity of proteins was also shown by recent studies investigating, for example, the binding of ligands to the extracellular and cytoplasmic faces of cell membrane receptors.<sup>23</sup> We harnessed the nanodisc system and cryo-EM to derive molecular-resolution details of fully hydrated membrane phospholipid systems in the presence of Bax monomers activated by Bid BH3 peptides. Our studies showed that, as captured by native gels and direct imaging, monomeric Bax in the presence of Bid BH3 peptide induces the formation of 3.5-nm pores in the membrane. Our studies provide the molecular basis for the recently reported

kinetic uncoupling of Bax oligomerization and pore formation in mitochondrial outer membrane vesicles.<sup>29</sup> The structural insights described here provide evidence that BH3-peptide activation and membrane insertion of monomeric Bax are sufficient, at least in principle, to allow the initial release of ions and proteinaceous content from the outer mitochondrial membrane, suggesting that Bax monomers are key functional units associated with the onset of Bax-mediated MOMP.

In our system, Bid BH3 peptide alone was found associated with nanodiscs while Bax alone was not. However, in the presence of Bid BH3 peptide, Bax readily integrated into the lipid bilayer and caused the formation of a pore. In the cell or in cell-free assays with cellular extracts, Bax can reversibly bind to the mitochondrial membranes without fully integrating or pore formation.<sup>5,30</sup> As full-length Bax does not associate with nanodiscs by itself, these findings indicate that other regulatory elements contribute to the control of membrane association of Bax monomers. Indeed, the composition of the phospholipid bilayer was shown previously to have profound effects on the kinetics and functionality of Bax-mediated pore formation.<sup>5,31,32</sup> Other regulatory proteins and trafficking mechanisms may also be involved in facilitating Bax activation.<sup>12,33</sup>

The limited number of Bax helices that can be inserted in the nanodisc membrane (a maximum of four) cannot support a 3.5-nm pore that is fully lined by protein in the traditional transmembrane helix configuration. Thus, the latter indicates that the observed Bax-monomer-mediated pores are of mixed protein-lipidic nature, consistent with the fact that some Bax-derived peptides can also mediate the formation of protein-lipidic pores.<sup>34–37</sup>

The data presented here does not contain information about the actual flux of material through the initial, Bax-monomer-mediated pore. As the size of this initial pore and the size of cytochrome C are approximately the same and the charge of the lipidic head groups lining the pore may interfere with protein release, it is possible that the postulated flux of cytochrome C through this pore could be rather slow, with only occasional molecules finding their way through the membrane. However, once larger amounts of membrane-integrated Bax become concentrated in a membrane region, oligomerization would trigger an increase in membrane permeability by local membrane destabilization, leading to large protein-lipidic pores as observed previously by cryo-EM of large unilamellar vesicles.<sup>13</sup> An initially slow flux would be consistent with the observation that permeabilization initially appears to be significantly slower than either Bax integration or oligomerization.<sup>6</sup> A slow flux through the monomer pore would also explain why measurements based on continuous release kinetics from liposomes generally indicate that pore formation requires oligomerization.<sup>38,39</sup> The measurements would be dominated by the oligomerization-triggered fast release mode and the initial slow release mode would be masked.

The formation of Bax-monomer-induced lipidic pores in the initial stage of MOMP is attractive for several reasons. First, the minimal protein requirement favors faster induction of the pro-death signaling cascade, similar to the efficient process implemented by bacterial toxins. Second, the model explains catastrophic propagation. Once self-association and oligomerization proceed, the joining of lipidic pores can be achieved with far less conformational adaptation than pores requiring adjoining protein-lined pores. The latter has been associated

with the formation of gate-selective pore size, which also maintains cell survival, whereas the lipidic pores in the case of Bax or toxins were observed to adopt a large, inhomogeneous range of pore sizes, 25–100 nm, which promote cell death. Third, the model also justifies the prominent role of Bcl-xL in dysregulating apoptosis by preventing Bax insertion into the membrane. Our studies provide a new set of tools and previously not accessible data to gain new understanding of the molecular basis of MOMP, suggesting that the minimal requirement for initiation of MOMP requires Bax, a phospholipid bilayer and Bid BH3 peptide. Subsequent oligomerization could provide the driving force for Bax-mediated cytochrome C release while the lipidic nature of the pores is maintained.<sup>13</sup>

### Materials and Methods

**Bax, Bcl-xL, tBid and lipid nanodiscs.** Recombinant human full-length Bax, tBid and Bcl-xL with transmembrane domain removed (Bcl-xL $\Delta$ TM) – ( $\Delta$ TM, lacking the c-terminal transmembrane domain) proteins were expressed and purified as N-terminal His-tagged fusion proteins in *E. coli* and their biochemical activities were characterized as was previously described.<sup>12,15,40</sup> For fluorescence experiments, Bax was subsequently incubated with two molar excess of fluorescein-maleimide in 20 mM HEPES, 50 mM NaCl, pH 8.0, overnight at 4 °C (Molecular Probes Kit #F6433, Invitrogen, Life Technologies, Grand Island, NY, USA). Bid peptides (#2036A – EDIIRNIARHLAQVGDSDMR) or fluorescein isothiocyanate (FITC) labeled Bid BH3 peptide (#2076B – FITCAhx; #2036A) and control<sup>8</sup> (#2102 – EDIIRNIARHLAQVADSDMR) were provided by Dr. Satterthwait (Sanford-Burnham Medical Research Institute, La Jolla, CA, USA). Phospholipid membrane scaffold protein 1 (MSP1)/dipalmitoylphosphatidylcholine (DPPC) nanodiscs were generated as previously described.<sup>14</sup>

**Incorporation of Bax into nanodiscs.** Proteins and nanodiscs were mixed to the following final reaction concentrations: 1  $\mu$ g Bax, 20  $\mu$ g MSP1/DPPC nanodiscs, 20  $\mu$ M Bid peptide (or control peptide) and 50  $\mu$ g Bcl-xL, 70 mM citrate-phosphate buffers (pH 4.0–8.0). Reactions were incubated at room temperature for 30 min and analyzed on 4–20% Tris-glycine native PAGE gels (Invitrogen), or the entire reaction mixture was directly processed for cryo-EM.

**Western blotting and native PAGE.** Blue native gel electrophoresis was performed using the native PAGE system by Invitrogen, according to the manufacturer's instructions. Briefly, purified recombinant Bax (1  $\mu$ g), Bcl-xL (50  $\mu$ g), Bid BH3 peptides (50  $\mu$ M) and nanodiscs (20  $\mu$ g) were mixed at room temperature for 30 min and analyzed by 4–16% Tris-Bis native PAGE gel. The gel sections that contained nanodiscs were excised and soaked overnight, then briefly boiled in 10% SDS (5 min) before transferred to PVDF membrane. Both sample buffer and gel were loaded into denaturing gels for SDS-PAGE and followed by detection of Bax by immunoblotting using Bax antibody N20 (Santa Cruz Biotechnology, Inc., Dallas, TX, USA).

**Electron cryo-microscopy.** Samples from reaction mixtures described above were applied to a holey carbon film 400 mesh copper grid (Quantifoil Micro Tools GmbH, Jena, Germany) and manually plunge-frozen in liquid-nitrogen-cooled liquified ethane. Images of the vitrified nanodisc samples suspended over holes were obtained under low-dose conditions using a 626 single tilt liquid nitrogen cryo transfer holder (Gatan Inc., Pleasanton, CA, USA) and either a Tecnai G2 T12 Twin transmission electron microscope (FEI Company, Hillsboro, OR, USA) equipped with a Lab6 filament (Kimball Physics Inc., Wilton, NH, USA) operated at 120 kV or a Tecnai F20 Twin transmission electron microscope (FEI Company) equipped with an FEG operated at 200 kV. Micrographs were recorded on Kodak ISO-163 plates (Eastman Kodak Co., Rochester, NY, USA) with a total dose of 20–50e<sup>-</sup>/Å<sup>2</sup> and under defocus ranging between 1.5 and 2.5  $\mu$ m. The micrographs were developed in full-strength Kodak D19 developer, digitized using a SCAI scanner (Integrating, Leica Geosystems Inc., Norcross, GA, USA) at 7- $\mu$ m raster and binned to a final pixel size of 0.6 nm.

**Image processing.** A total of 11 306 particles were interactively selected from 287 micrographs. The particles were processed and analyzed using the

EMAN2,<sup>41</sup> SPARX,<sup>42</sup> XMIPP<sup>20</sup> and CoAn<sup>43</sup> software packages. Phase correction for the contrast transfer function was applied for all images using EMAN2. All data sets were subjected to reference-free classification where images were sorted according to self-similarity. This strategy does not only potentially detect sub-classes caused by changes in morphology but also sub-classes caused by differences in size. The reference-free classification did not indicate sub-classes because of size differences but did indicate two sub-classes with different morphology for the data sets containing Bax and Bid BH3 peptides. Thus, each of the experimental data sets was initially sorted into two classes using models produced directly from the data using common lines. Model independence of the reconstructions obtained from the respective classes was tested by using the opposite model as a reference (Supplementary Figure S2). If model bias was detected, new references were generated from common lines of the subsets until stable, model independent reconstructions were obtained. Subdivision into two classes yielded optimal results in terms of model independence over all nanodisc-Bid-peptide-Bax data sets. For all other data, subdivision did not yield significantly different reconstructions than those obtained with the entire data sets. In order to obtain the highest possible quality and resolution, reference-based iterative refinement was performed using the consensus references for these conformations on the respective data subsets once model independence was confirmed. Convergence was achieved within 8–25 iterations. The resolution of the final reconstructions is between 2 and 3 nm according to the 0.5 Fourier shell correlation cutoff criterion (Figure 2a). The somewhat restricted resolution is consistent with the dynamic nature of nanodiscs in solution.<sup>44</sup> The fact that the addition of particle images during the data analysis did not significantly improve the resolution at some point is also consistent with a dynamic mixture of slightly different nanodisc conformations as well as the small size of the samples by EM standards. For visualization purposes, a 2-nm low-pass filter was applied to the reconstructions. This cutoff was judged to provide the best balance between spurious high-frequency details and preservation of edge crispness at the borders of the nanodiscs.

### Conflict of Interest

The authors declare no conflict of interest.

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### Author contributions

JCR, NV and DH conceived the project and wrote the paper. EK and DH designed the experiments. DZ purified and characterized the protein samples; EK characterized and optimized the sample preparation protocols. DH guided the EM experiments that were performed by MS. NV developed the image processing protocols and guided the image processing that was performed by X-PX.

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