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A phase II trial of induction chemotherapy and chemo-IMRT for head and neck squamous cell cancers at risk of bilateral nodal spread: the application of a bilateral superficial lobe parotid-sparing IMRT technique and treatment outcomes

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Purpose: To determine the feasibility of induction chemotherapy and chemo-IMRT in head and neck squamous cell cancers at risk of bilateral nodal spread (midline tumours) and to evaluate whether bilateral superficial lobe parotid-sparing IMRT can reduce the incidence of \geq G2 subjective xerostomia.

Methods: Patients with midline tumours were enrolled to a phase II trial to receive induction platinum/5-fluorouracil and concomitant platinum with combined superficial lobe parotid-sparing IMRT. The primary site and involved nodal levels received 65 Gy in 30 fractions (f) and at risk nodal levels, 54 Gy/30f. Incidence of \geq G2 subjective xerostomia was defined as the primary endpoint. Secondary endpoints included incidences of acute and late toxicities and survival outcomes dependent on human papilloma virus (HPV) status.

Results: One hundred and twenty patients with midline cancers completed treatment between December 2005 and May 2010 with median follow-up of 50 months. Incidences of \geq G2 acute toxicities were: dysphagia 75%; xerostomia 65%; mucositis 86%; pain 83%; and fatigue 64%. At 12 months, \geq G2 subjective xerostomia was observed in 21% (17% in HPV +ve). Two-year loco-regional progression-free survival (PFS) was 90.7% (95% CI: 85.2–96.2). According to HPV status, there was a significant difference for 2-year loco-regional PFS, 76.8% (HPV-negative) vs 98.6% (HPV-positive), $P=0.001$. 2-year overall survival was 93% for HPV-positive compared with 52% for HPV-negative cases, $P<0.001$.

Conclusions: Sequential chemotherapy/chemo-IMRT for midline tumours is feasible, with excellent survival outcomes. At 1 year, 21% experience \geq G2 subjective xerostomia. Two-year survival outcomes differ significantly between HPV-positive and HPV-negative disease, suggesting development of different treatment schedules for the different disease entities.

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Oropharyngeal and hypopharyngeal cancers account for nearly 2800 new cases of cancer annually in the UK (National Cancer Intelligence Network, 2008). Radical chemoradiation is the main non-surgical treatment option for locally advanced head and neck squamous cell cancers (HNSCC). Concomitant cisplatin with radiotherapy for locally advanced squamous cell cancer of the oropharynx can achieve loco-regional failure-free rates of 75–80% at 2 years. Induction chemotherapy has been incorporated into current practice in many institutions using cisplatin and 5-fluorouracil (PF) or PF plus docetaxel (Posner *et al*, 2007; Vermorken *et al*, 2007; Bhide *et al*, 2008).

Although tobacco and alcohol consumption remain the main risk factors for the development of HNSCC, a causal link between human papilloma virus (HPV) and a subgroup of HNSCC has been clearly established (Gillison, 2004; Mehanna *et al*, 2010). There is an increasing incidence of HPV-positive oropharyngeal cancers and it is predicted to continue to increase.

Xerostomia is the most commonly reported late toxicity which can affect speech, swallow and significantly impact on quality of life (Pow *et al*, 2006). Tumours at risk of bilateral nodal spread have been defined as 'midline' tumours in this paper. Treatment of midline squamous cell carcinomas of the head and neck, for example, base of tongue tumours and those with bilateral neck disease includes irradiation of the bilateral parapharyngeal spaces. This can result in a high dose to the deep lobe of the parotid glands. This is in contrast to patients treated in the PARSPORT Trial whereby sparing of the entire contralateral parotid gland was achieved, as the contralateral parapharyngeal space was spared (Nutting *et al*, 2011). The purpose of this prospective study was to report on the survival outcomes associated with HPV status and determine whether sparing of the superficial lobes of both parotid glands using IMRT can reduce xerostomia levels similar to or below that seen with unilateral parotid gland sparing radiotherapy (PARSPORT Trial).

MATERIALS AND METHODS

Study objectives/patient eligibility. Patients diagnosed with histologically confirmed locally advanced HNSCC arising from the oropharynx or hypopharynx with high risk of bilateral parapharyngeal space involvement were eligible. Patients <18 years old or with a previous malignancy other than non-melanomatous skin cancer were excluded. Pre-treatment evaluations comprised history and examination, examination under anaesthesia, biopsy, dental assessment, haematological and biochemical parameters and computed tomography (CT) scan of the head, neck and chest. Disease was staged by the 1997 American Joint Committee on Cancer Staging (Patel and Shah, 2005). Patients were required to attend for regular follow-up for subjective and objective assessments. All patients signed a written informed consent and the study was approved by the institutional research and ethics committee (Royal Marsden Hospital CCR 2588, clinical trials registration number: NCT02149602).

The primary objective was to determine the incidence of high-grade ($\geq G2$) xerostomia at 1 year using the LENTSOMA scoring scale. Secondary objectives included 2-year loco-regional progression-free survival (LRPFS), progression-free survival (PFS) and overall survival (OS) associated with HPV status and the incidence of acute and other late radiation toxicities. LRPFS was defined as the time from the diagnosis to loco-regional recurrence or progressive disease (PD) as defined by RECIST criteria, DFS was defined as time from diagnosis to local and/or distant relapse, OS (defined as the time from the randomisation to death from any cause).

Study design. This was a prospective observational study of 120 patients to determine the treatment outcomes following

chemoradiation for midline oropharyngeal and hypopharyngeal cancers and the incidence of grade 2 or more xerostomia using the LENTSOMA scoring scale with an alternative parotid-sparing IMRT technique. The xerostomia data were compared with the experimental arm of the PARSPORT Trial which represented an alternative parotid-sparing technique. The sample size in the PARSPORT trial was 42 patients in each arm, therefore for similar sample size, the aim was to recruit 42 patients into this phase II trial. The sample size was extended to 120 patients with a substantial amendment to take into account a larger cohort of patients to report toxicities and survival outcome influenced by HPV status.

Diagnostic technique

Histopathology and immunohistochemistry. All histopathological diagnoses and immunohistochemical interpretations were made by consultant head and neck histopathologists. Immunohistochemistry (streptavidin-biotin peroxidase complex method, with diaminobenzidine as the chromogen) was performed on 4- μ m sections of formalin-fixed, paraffin-embedded tissue for p16 (which is considered a surrogate marker for HPV infection), using p16 antibody (in prediluted form; Roche Diagnostics Ltd., Burgess Hill, UK), with appropriate positive and negative controls. The sections were counterstained with haematoxylin. Diffuse strong nuclear expression of $\geq 70\%$ of tumour nuclei for p16 was considered positive.

Treatment

Chemotherapy schedule. All patients, aged 70 years and under with Stages III and IV disease received induction chemotherapy: two cycles of cisplatin (75 mg m⁻²) day 1 and 5-fluorouracil (5-FU) (1000 mg m⁻²) days 1–4 on a 21 day cycle (Bhide *et al*, 2008). Patients received cisplatin 100 mg m⁻² on days 1 and 29 of IMRT. Where cisplatin was contra-indicated (impaired renal function, creatinine clearance <50 ml min⁻¹, ototoxicity or neuropathy) carboplatin (AUC5) was administered (Wilkins *et al*, 2013). Weekly cetuximab was administered in patients who on clinical review were unsuitable for platinum-based chemotherapy. A small cohort had also undergone surgery as their primary treatment and therefore did not receive induction chemotherapy and received post-operative chemoradiation.

Patients referred from other institutions had received induction chemotherapy as per their local guidelines; following publication of Vermorken *et al* and Posner *et al* this included docetaxel (75 mg m⁻²), cisplatin (75 mg m⁻²) and 5-fluorouracil (1000 mg m⁻²) days 1–4 on a 21 day cycle (Posner *et al*, 2007; Vermorken *et al*, 2007).

Radiotherapy technique. Patients were immobilised using a custom-made mask. Target volumes and organs at risk (brainstem, spinal cord and parotid glands) were delineated by following ICRU-50 and –62 guidelines. The planning target volume 1 (PTV1) comprised the primary site, bilateral parapharyngeal spaces and lymph node levels with macroscopic disease to receive 65 Gy in 30 daily fractions (Fx); PTV2, elective lymph node levels (54 Gy/30Fx) and PTV3 post-operative lymph node levels (60 Gy/30Fx).

Radiotherapy was delivered using five- or seven-beam simultaneous integrated boost IMRT technique. Radiation dose was prescribed to the median of the PTV1 dose volume histogram, such that 50% of the volume received the prescription dose and 95% of each PTV was encompassed by 95% of the prescription dose with maximum doses to the spinal cord and brainstem being 46 Gy and 54 Gy, respectively. Primarily a higher planning objective mean dose to the combined superficial lobes of both parotid glands receiving a mean dose 24 Gy was applied and secondary objective of contralateral parotid gland <24 Gy. The contralateral parotid gland was described in relation to the location of the primary site

of disease. Parotid tissue lateral to the retromandibular vein was defined as the superficial lobe. The superficial lobes of each parotid gland were combined as a single structure.

Outcome assessment. Complete response (CR) was defined as complete disappearance of disease as evaluated clinically including nasoendoscopy and CT. RECIST criteria were used to record radiological response. Where residual lesions were present in the oropharynx, hypopharynx or neck, biopsies or fine needle aspirations were performed to determine the presence of persistent disease. Neck dissection was undertaken if patients demonstrated a clinical or radiological partial response (PR), stable disease or PD after radiotherapy. Recurrence was defined as clinical, radiological and/or histopathological evidence of disease presenting three months after completing radiotherapy. Where possible, patients proceeded to salvage surgery for persistent or recurrent disease.

Acute toxicity scores were recorded using NCI-CTCAE v3.0 weekly during chemo-IMRT, for 4 weeks of recovery and at week 14. Indications for enteral feeding were: weight loss > 10%, risk of aspiration and inability to maintain adequate calorific intake (DCTD, NCI, NIH, DHHS, 2003). Late toxicity scores (RTOG/EORTC and LENTSOMA) were recorded at follow-up at 3, 6, 12, 18 and 24 months after radiotherapy (Rubin *et al*, 1995).

Statistical analysis. The incidence of an acute or late toxicity was defined as the total number of patients reaching that grade at any time, divided by the total number of assessable patients (Bentzen *et al*, 2001). Outcome measures following chemo-IMRT were described by local (at primary site) and regional (neck) control. Loco-regional control rate was defined as the proportion of patients with no evidence of recurrent local and/or neck disease. Loco-regional progression-free survival was calculated as the time from the diagnosis to recurrent local and/or nodal disease. Patients with persistent disease at primary site or neck were included as loco-regional events. Progression-free survival was defined as the time from diagnosis to the development of loco-regional and/or distant disease. Overall survival was measured from diagnosis to death from any cause. Survival analyses were estimated using the Kaplan–Meier method. Two-year LRPFS, PFS and OS rates were compared between HPV-positive and HPV-negative patients applying the log rank test.

RESULTS

Patient characteristics and treatment compliance. From December 2005 to May 2010, 120 patients were enrolled into the study. Median follow-up was 49.9 months (range: 3.3–97.6). Table 1 lists the pre-treatment demographics and tumour characteristics. Oropharyngeal cancers were the dominant primary site (94%) with 102 patients (87%) receiving primary chemoradiation or primary radiation alone. Seventy-three percent of patients received induction chemotherapy and 85% received concomitant chemotherapy (including cetuximab). Thirteen patients underwent primary surgery presented with oropharyngeal tumour (tonsil or base of tongue) and nodal disease. These cases on final pathology review demonstrated at least R1 resection and/or nodal disease at multiple levels with or without extracapsular spread, hence recommendation for post-operative chemoradiotherapy. One hundred and nineteen patients completed radiotherapy; one patient reported grade 3 mucositis and did not complete treatment and stopped at 52.1 Gy. The patient continues to be disease free. HPV status was reported in 99 patients (83%) and positive in 73 patients (61%) of all cases. Of the HPV-negative cohort, 73% reported a smoking history.

Mean dose to parotid glands. The median mean dose to the combined superficial lobes parotid glands was 26.9 Gy (range:

Table 1. Patient characteristics

Characteristic	N = 120 (%)
Median follow-up (range)	49.9 months (3.3–97.6)
Median age (range)	57 years (33–80)
Sex	
Female	29 (24)
Male	91 (76)
Performance status	
0	2 (2)
1	118 (98)
HPV status	
Positive	74 (62)
Negative	26 (22)
Unknown	20 (16)
Tumour site	
Oropharynx	110 (92)
Hypopharynx	10 (8)
T stage	
T1	25
T2	51
T3	23
T4	21
N stage	
N0	23
N1	17
N2a	10
N2b	46
N2c	22
N3	2
AJCC stage	
I	1 (1)
II	10 (8)
III	19 (16)
IVa	88 (73)
IVb	2 (2)
Induction chemotherapy	
Cisplatin + 5-Fluorouracil (PF)	69 (58)
Carboplatin + 5-Fluorouracil (Carbo-F)	7 (6)
1PF + 1 Carbo-F	5 (4)
1PF or 1 Carbo-F	2 (2)
Docetaxel + Cisplatin + 5-Fluorouracil	3 (3)
Concomitant chemotherapy	
Cisplatin (P)	65 (54)
Carboplatin (carbo)	20 (17)
1 P + 1 Carbo	14 (12)
Cetuximab	2 (2)
Radiotherapy	
Primary	103 (87)
Postoperative	17 (13)

16.8–41.9 Gy), the median mean dose to contralateral and ipsilateral whole parotid gland was 31.4 Gy (19.6–44.6) and 38.3 Gy (25.2–61.5), respectively.

Compliance to systemic therapy. Sixty nine patients (58%) completed two cycles cisplatin and 5-fluorouracil (PF), 7 (6%) completed two cycles carboplatin and 5-fluorouracil (carbo-F), five patients completed one PF and one carbo-F. Two patients (2%) completed one cycle of PF or carbo-F. Three patients completed induction docetaxel, cisplatin and 5-fluorouracil (TPF) (two received three cycles, one received four cycles).

Sixty-five patients (54%) completed two cycles concomitant cisplatin, 20 patients (17%) completed two cycles carboplatin,

14 patients received one cycle cisplatin, changed to carboplatin for the second cycle secondary to renal impairment and ototoxicity. Two patients received concomitant cetuximab.

Acute toxicity. Acute toxicities peaked at week 6 of radiotherapy and are summarised in Table 2 and Figure 1. Grade 4 dermatitis was reported in two patients, both received concomitant cetuximab; no other grade 4 toxicities were reported. The majority of high-grade (\geq grade 2): mucositis (86%), dysphagia (75%), fatigue (64%), subjective xerostomia (65%) and pain (83%) peaked at the end of radiotherapy and recovered by 2 months after radiotherapy. There was no difference in the incidence of xerostomia between HPV-negative (65%) and HPV-positive (62%) cases. Nine percent of patients reported grade 3 dysphagia and 35% reported grade 2 xerostomia at 2 months after radiotherapy (33% HPV-negative and 35% HPV-positive).

Late toxicity. A total 84 patients were assessable at 12 months for toxicity assessment of which, 69 patients with HPV status were assessable at 12 months. The incidence of high-grade subjective xerostomia at 12 months was 23% in all cases and 21% with available HPV status. The incidence of high-grade subjective xerostomia was 16% at 24 months. Thirty-three percent (4 of 12) HPV-negative patients reported high-grade subjective xerostomia compared with 18% (10 of 57) HPV-positive patients. No patient reported grade 3 dysphagia. Seven percent were recorded to have grade 2 ototoxicity and 1% grade 2 dysphagia. Toxicities are summarised in Table 3.

Xerostomia. A high incidence of subjective xerostomia was reported on the completion of radiotherapy, 65% reported \geq grade 2 xerostomia. Two months after completing radiotherapy, 35% patients reported high-grade subjective xerostomia recovering to 21% at 12 months after radiotherapy.

Treatment outcomes. At 3 months after completing treatment, 110 patients (76%) who received primary treatment demonstrated a CR at the primary site. Eight-six patients presented with lymph node metastases of which 72 (84%) demonstrated a CR and 16% a PR. Nine patients demonstrated loco-regional relapse, within the high dose volume and further nine patients developed distant metastatic disease. Twenty-two patients died with cause of death classified as non-cancer related in seven cases. For all cases, 2 year loco-regional PFS was 90.7% (95% CI: 85.2–96.2). According to HPV status, there was a significant difference for 2 year loco-regional PFS, 76.8% (52.0–90.0) (HPV-negative) vs 98.6% (90.5–99.8) (HPV-positive), $P=0.001$. HPV-positive patients also demonstrated a superior PFS and OS compared with HPV-negative patients (Figures 2 and 3). Specifically, on evaluating patients who received who received primary induction chemotherapy and chemoradiotherapy, 2-year OS was 90.0% (82.4–97.6) for HPV-positive cases and 64.7% (36.7–85.7) HPV-negative, $P<0.001$, with 2-year PFS and loco-regional PFS higher in HPV-positive patients 90.0 vs 51.3%, $P<0.001$ (see Figures 4 and 5).

DISCUSSION

Induction chemotherapy and chemo-IMRT in the treatment of midline HNSCC is feasible with minimal long-term morbidity. Seventy-three percent of patients received induction chemotherapy and 85% received concomitant chemotherapy. The remainder were either greater than 70 years of age and/or receiving post-operative chemoradiotherapy. Carboplatin was recommended where cisplatin was contra-indicated, as previous matched-pair analysis had reported carboplatin-based chemoradiotherapy demonstrated equivalent treatment outcomes. Two patients received weekly

Table 2. Frequency of acute toxicity (CTCAE v3.0)

Acute toxicity at end of RT (grey) and 2 months after RT (white)	Frequency (%)									
	G0	G0	G1	G1	G2	G2	G3	G3	G4	G4
Dermatitis	3	84	42	16	51	0	3	0	1	0
Mucositis	1	48	13	41	47	11	39	0	0	0
Dysphagia-pharyngeal	3	42	22	32	36	17	39	9	0	0
Dysphagia-oesophageal	52	67	7	16	18	11	23	6	0	0
Fatigue	3	25	33	64	54	9	10	2	0	0
Pain	3	50	14	45	57	5	26	0	0	0
Ototoxicity	95	73	3	17	2	10	0	0	0	0
Xerostomia	0	13	35	52	63	35	2	0	0	0
Weight	40	19	39	20	21	61	0	0	0	0

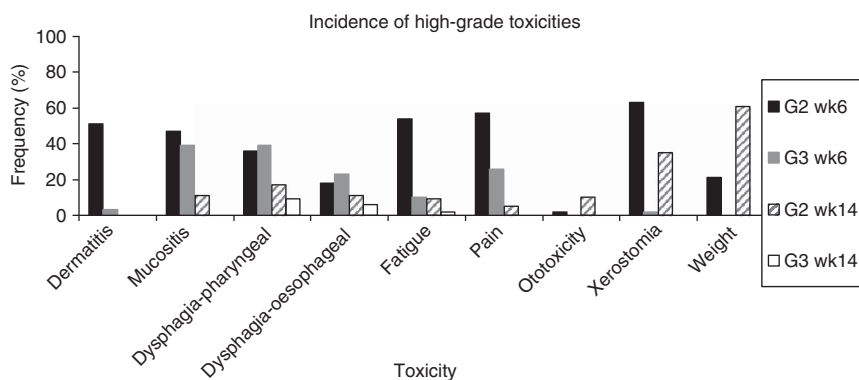


Figure 1. Incidence of high-grade acute toxicity at the end of radiotherapy (wk 6) and 2 months after radiotherapy (wk14).

Table 3. Type and frequency of late radiotherapy adverse effects (LENTSOMA) at 1 year

Late toxicity	G0	G1	G2	G3	G4
Skin	88	12	0	0	0
Subcutaneous tissue	84	16	0	0	0
Mucosa	98	2	0	0	0
Pharynx/dysphagia	86	13	1	0	0
Ototoxicity	78	14	7	1	0
Subjective xerostomia	24	55	21	0	0
Objective xerostomia	34	57	9	0	0
Oesophagus	90	8	0	2	0
Larynx	88	10	2	0	0
Spinal cord	100	0	0	0	0

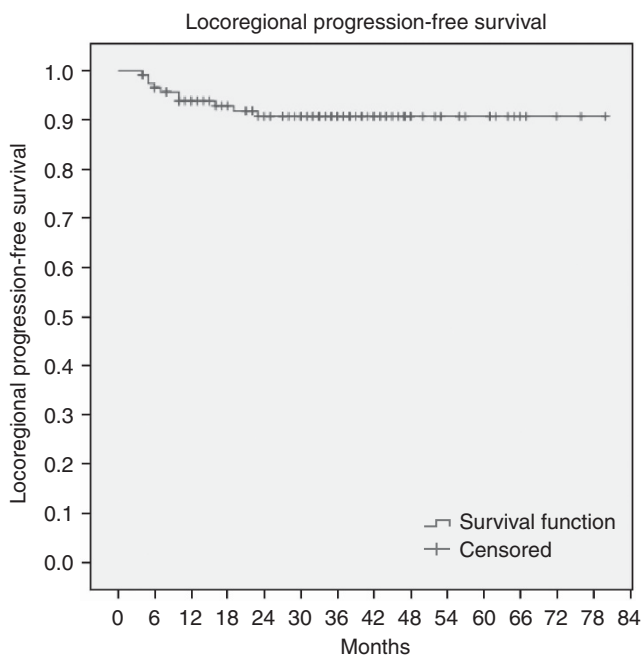


Figure 2. Loco-regional progression-free survival for all cases, 2-year LRPFS: 90.7% (95% CI: 85.2–96.2).

cetuximab on clinical discretion as the preferred treatment because of the contra-indications to platinum-based chemotherapy and multiple co-morbidities.

Bilateral superficial lobe parotid-sparing IMRT resulted in a lower incidence of long-term subjective xerostomia when compared with contralateral parotid-sparing IMRT in the PARSPORT trial. This study reports a lower incidence of high-grade subjective xerostomia (38 vs 23%) despite a higher dose to the contralateral parotid gland, 31.4 Gy in this study compared with the PARSPORT trial (25.4 Gy) (Nutting *et al*, 2011). At 24 months, continued improvement was seen in this study compared with the PARSPORT trial (16 vs 29%). Further to this, the HPV-positive cohort reported an 18% incidence of high-grade xerostomia at 12 months. Also there was no additional toxicity from concomitant chemotherapy in this study (Miah *et al*, 2013a). This study has demonstrated that bilateral superficial lobe parotid-sparing IMRT can minimise long-term xerostomia. We hypothesise that the superficial lobe of the parotid gland may be more important in regaining salivary gland secretion or that possibly the technique

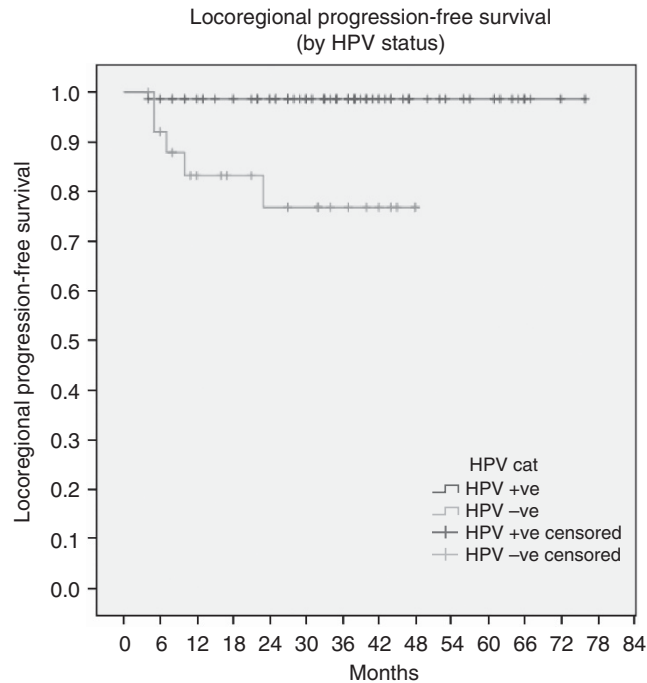


Figure 3. Loco-regional progression-free survival for HPV-positive (74 patients) and HPV-negative (26 patients), 2-year LRPFS: 98.6 (95% CI: 90.5–99.8) and 76.8% (95% CI: 52.0–90.0), $P=0.001$.

spares the parotid gland stem cell region allowing better recovery of gland function. The comparison with data from the PARSPORT trial is not optimal. There are significant limitations in attempting a matched-pair analysis with this data, the sample size for comparison would be very small. The PARSPORT trial only reported on 42 patients in the parotid-sparing arm. In addition, objective measures of xerostomia and quality of life have not been reported and as only a very small proportion of patients reported this additional information which did not represent the study population. Xerostomia symptoms are multifactorial, not only influenced by parotid gland function but also potentially other salivary gland function. Miah *et al* (2013b) previously reported subjective xerostomia to show a strong association with parotid gland tolerance dose, salivary flow rates and xerostomia-related quality of life therefore recommended the use of subjective xerostomia as the best representative measure because of the ease of recording this score.

In this study, 2-year loco-regional PFS is reported at 85% but with very high control rates in the HPV-positive cohort (98.6%). This also translates to a higher OS 93% at 2 years. Previously, Bhide *et al* reported local control, disease-specific survival and OS in locally advanced HNSCC at 2 years were 71, 68 and 63%, respectively (Bhide *et al*, 2008). This is comparable to the HPV-negative cohort reported in this study. When compared with the survival outcomes for HPV-positive and HPV-negative cases reported in the RTOG 0129, our study reported similar outcomes and differences associated with HPV status (Ang *et al*, 2010). The majority of patients received doublet induction chemotherapy rather than TPF in combination. This perhaps highlights the limited additional benefits in TPF in HPV-positive patients and that platinum and 5-fluorouracil alone may be sufficient as induction therapy in this cohort or whether induction chemotherapy can be avoided completely. However, recently Hitt *et al* (2014) reported on the efficacy of 3 cycles of induction chemotherapy (TPF vs PF) followed by chemoradiation with cisplatin at 100 mg m⁻² days 1, 22 and 43 or chemoradiation alone in locally advanced unresectable HNSCC. This study failed to demonstrate

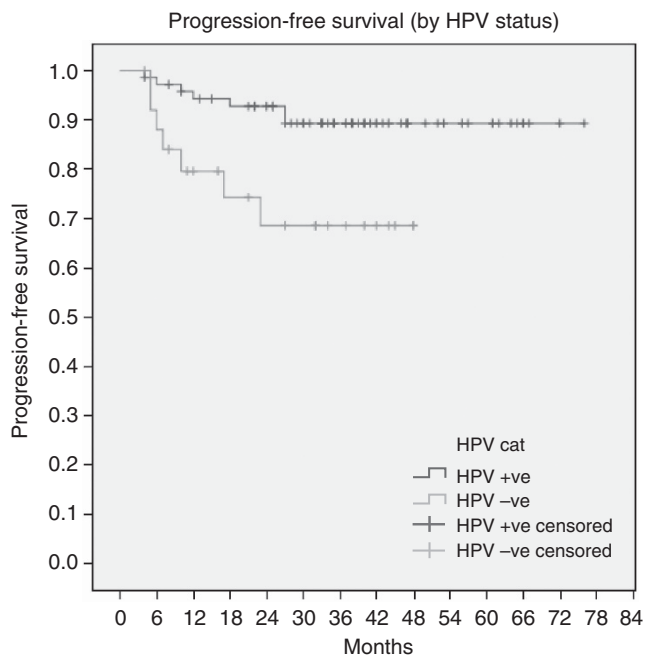


Figure 4. Progression-free survival for HPV-positive (74 patients) and HPV-negative (26 patients), 2-year PFS: 93.0 (95% CI: 83.4–96.9) and 69.0% (95% CI: 44.4–83.9), $P=0.012$.

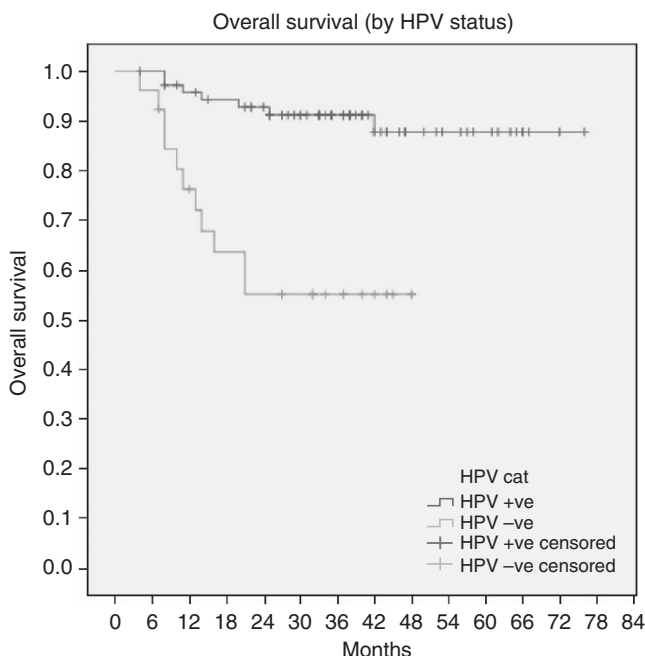


Figure 5. Overall survival for HPV-positive (74 patients) and HPV-negative (26 patients), 2-year OS: 93.0 (95% CI: 83.5–96.9) and 52.0% (95% CI: 33.6–72.2), $P<0.001$.

any survival advantage of induction chemotherapy (TPF or PF) compared with chemoradiation alone. Patients were matched according to stage and primary site but HPV status was unknown in this study and could potentially have been a confounding factor. HPV-positive oropharyngeal squamous cell cancers are continuing to increase in incidence and are classified as a specific disease entity with an excellent prognosis. It is therefore essential to deliver the optimal treatment but minimise acute and long-term morbidity. In this study 18% of HPV-positive patients reported high-grade xerostomia at 12 months, providing further support to apply the

superficial lobe parotid-sparing technique for patients who will live a long-time with residual toxicity. The CRUK DE-ESCALATE study hopes to answer the question whether concomitant cetuximab can provide less morbidity compared with concomitant cisplatin (3 cycles) with similar survival outcomes. HPV-positive HNSCC responds better to radiation therapy but there is little evidence for increased radiosensitivity to justify lowering total radiation dose in this cohort of patients at the current time. In this study, one patient received a total dose of 52.1 Gy in 24 daily fractions due to grade 3 mucositis with a CR and disease free at 2 years.

However, we must also highlight the inferior outcomes in the HPV-negative cohort. Indeed, 2-year loco-regional control approaches 80%, with PFS at 69% but 2-year OS dramatically falls to 53%. The dismal outcomes in this cohort of patients may be partly explained by the confounding factors of the causative agents of tobacco smoking and excess alcohol consumption and their associated co-morbidities. In our study, 73% of HPV-negative patients reported a current or previous smoking history and seven patients died from non-head and neck cancer related illness. Could dose-escalation strategies and intensive chemotherapy schedules possibly compensate for potentially less radiosensitive disease entity? In addition, therapies targeting HPV-negative driven HNSCC need to be defined and tested. Investigating the mechanism of resistance of epidermal growth factor receptor inhibition in HPV-negative HNSCC may help to identify novel therapies (Lee *et al*, 2005).

This study has demonstrated an IMRT technique which can further reduce xerostomia, a significant toxicity noted to impact on overall quality of life. In addition, different disease entities have been described to demonstrate the need to manage HPV-positive disease differently from HPV-negative disease. We await the outcome of DE-ESCALATE to provide guidance.

CONCLUSIONS

This is the largest UK prospective series of midline HNSCC treated with induction chemotherapy and concomitant chemo-IMRT demonstrating excellent survival outcomes and a low incidence of long-term morbidity. Two-year survival outcomes differ significantly between HPV-positive and HPV-negative disease, potentially considering different treatment schedules for the different disease entities which could be evaluated in future clinical trials. The bilateral superficial lobe parotid-sparing IMRT technique has demonstrated a low incidence of high-grade subjective xerostomia.

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