



CORE CPD: ONE HOUR

Ed's letter



BDJ Team is always keen to present a positive outlook on all aspects of working within the dental industry, which is why I was delighted to interview former dental nurse Kirstie Moons this February at the headquarters of the General Dental Council in London.

'Everyone has a life, and it's just how you manage that I think,' said Kirstie. 'I'm quite a positive person by nature; I think that helps. Even when you're pressured and you're challenged, if you're positive it affects how you respond.' When you have time to put your feet up with a cup of tea, have a read of the full interview with Kirstie in this issue of *BDJ Team* - you might just come out feeling a little bit better about dentistry and your role within it... should you need to!

Our CPD article in the February *BDJ Team* was particularly well-received, so I'm pleased to feature another core CPD topic this month: medical emergencies. Refresh your knowledge on what to do if the most common medical emergencies occur in your practice, then head along to the CPD hub (<http://bit.ly/2e3G0sv>) to test yourself. If you have experienced such an occurrence in your practice, I would love to hear about how it went and how your dental team responded. Drop me a line at bdjteam@nature.com or comment on the *BDJ Team* Facebook page.

We also spend a day in the life of two Scottish DCPs, one in the Highlands and one in Dumfriesshire. Thank you to everyone who responded to my recent shout-out for volunteers to appear in this feature. Look out for other DCPs taking us through their daily routines in upcoming issues.

With a new research article from the *BDJ* looking at how direct access is working among dental hygienists and dental therapists, book reviews, a global map on sugar consumption and more, read on, and enjoy!



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Global sugar consumption p23

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