

ORIGINAL ARTICLE

Percentage of urinary albumin excretion and serum-free light-chain reduction are important determinants of renal response in myeloma patients with moderate to severe renal impairment

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Reversal of renal dysfunction significantly affects the prognosis of multiple myeloma (MM) with renal impairment (RI). There is no reliable test for predicting reversibility of RI in MM patients. We postulated that MM with high albuminuria may reflect glomerular disease that is difficult to reverse. Here, we examined the impact of urinary albumin excretion. We retrospectively analyzed 279 patients admitted to our hospital from April 2000 to December 2013. Clinical variables and laboratory data that may affect myeloma treatment response were extracted. The results were examined for relationship to renal response by univariate and multivariate analysis. RI (estimated glomerular filtration rate ≤ 50 ml/min per 1.73 m^2) was observed in 116 patients (46%) and renal responses of renal complete response, renal partial response, renal minor response and no response were obtained in 46 (40%), 15 (13%), 13 (11%) and 42 (36%) patients, respectively. Although renal recovery was significantly associated with Durie–Salmon 1 or 2 ($P=0.02$), myeloma response better than very good partial response ($P=0.03$), involved free light-chain (iFLC) reduction from baseline 80% at day 12 ($P=0.005$), $\geq 95\%$ at day 21 ($P < 0.001$) and urinary albumin $\leq 25\%$ on admission ($P < 0.001$) on univariate analysis, only reduction of iFLC 95% at day 21 ($P=0.015$) and urinary albumin $\leq 25\%$ ($P=0.007$) remained significant for any renal response. Our observation indicates that increased urinary albumin excretion $> 25\%$ and reduction of iFLC $\leq 95\%$ on day 21 were associated with favorable renal recovery in MM patients with RI, and were considered as negative predictors for renal response.

Blood Cancer Journal (2014) 4, e235; doi:10.1038/bcj.2014.56; published online 1 August 2014

Renal impairment (RI) is a major cause of morbidity and mortality in patients with multiple myeloma (MM) and approximately 50 and 20% of patients have RI and acute renal failure depending of its definition.^{1–4} The presence of RI limits the use of antimyeloma agents and eligibility for stem cell transplantation, and, therefore, places these patients at higher risk for disease progression and myeloma-related complications. RI is also associated with an increased risk of early death,^{5,6} although the recent introduction of effective novel agents, such as thalidomide, bortezomib and lenalidomide, has led to the improved survival even in patients with RI.^{7,8}

The most common cause of RI in MM is cast nephropathy, which may be seen in up to 30% of patients;⁹ other causes of RI include monoclonal immunoglobulin (Ig) deposition disease and amyloidosis. It should be noted that non-paraprotein-associated renal lesions are also seen in 25% of patients. As most patients with MM are elderly, age-related comorbidities such as hypertension and diabetes may also be associated with the decline of renal function.

As the reversibility of renal function may be dependent on the pathogenesis of renal disease,¹⁰ correct renal pathology is necessary for successful treatment. Use of bortezomib-based regimens in combination with or without plasma exchange has been reported to yield high rates of renal recovery in patients with cast nephropathy.^{11–14} However, reversibility of renal function in

cases other than cast nephropathy is largely unknown. Kidney biopsy cannot be performed in all patients with MM and RI because of its various limitations and possible complications. Recently, Nasr *et al.*⁹ reported the clinicopathologic correlations in MM patients with kidney biopsy; they reported the highest levels of albuminuria in patients with amyloidosis and lowest levels in those with cast nephropathy.

Despite the heterogeneity of renal pathology, urine albuminuria is thought to reflect glomerular injury, and patients with cast nephropathy usually show tubulointerstitial injury and lack heavy albuminuria. Therefore, we postulated that renal response may be different according to urinary albumin excretion. In this study, we retrospectively analyzed the clinical variables that may affect renal response in 116 MM patients with RI at our hospital. We also examined the predictive capacity of urinary albumin and serum-free light-chain (FLC) reduction on renal recovery of RI patients with MM.

PATIENTS AND METHODS

We retrospectively reviewed the medical records of the Department of Hematology/Oncology at Kameda Medical Center, Kamogawa-shi, Japan, from April 2000 to December 2013. Patients diagnosed as MM complicated with RI were included in the study. Diagnosis of myeloma and evaluation of treatment response were performed according to the International Myeloma Foundation criteria and the treatment response criteria.¹⁵

Patients with primary systemic amyloid light-chain (AL) amyloidosis were excluded from this study. RI was defined as an estimated glomerular filtration rate (eGFR) that was measured before treatment ≤ 50 ml/min per 1.73 m^2 by the simplified Modification of Diet in Renal Disease formula.^{16–18} Maximal renal response was evaluated during the course of disease according to the recently proposed 'Criteria for the Definition of Renal Response to Antimyeloma Therapy' from the International Myeloma Working Group.² Briefly, renal complete response (CRenal) was defined as a sustained (i.e., lasting for at least 2 months) increase in baseline eGFR to $60 \text{ ml/min per } 1.73 \text{ m}^2$. Renal partial response (PRrenal) was defined as an increase of eGFR from 15 to $30\text{--}59 \text{ ml/min per } 1.73 \text{ m}^2$ and renal minor response (MRenal) as sustained improvement of baseline eGFR of < 15 to $15\text{--}29 \text{ ml/min per } 1.73 \text{ m}^2$ or, if baseline eGFR was $15\text{--}29 \text{ ml/min per } 1.73 \text{ m}^2$, improvement to $30\text{--}59 \text{ ml/min per } 1.73 \text{ m}^2$. If the patient was dependent on dialysis, achievement of dialysis independency was regarded as at least MRenal depending on the recovery of eGFR. Demographic and laboratory data were obtained from electronic records. Patients with pre-existing severe RI (creatinine $\geq 2.0 \text{ mg/dl}$) owing to causes other than MM were excluded from the study. Extracted clinical data related to myeloma and RI included age, sex, complete blood count, urinalysis, serum protein electrophoresis, serum FLCs, serum albumin, β_2 -microglobulin, serum creatinine, total urinary protein and urine protein electrophoresis. The percentage of urinary albumin excretion was calculated by protein electrophoresis pattern on admission, and it was considered zero if the protein electrophoresis could not detect any albumin (5 mg/dl). Typical measurement of urine albumin by urine protein electrophoresis was shown in Figure 1. Serum FLCs were measured by nephelometry using the BN II nephelometer (Dade Behring, Deerfield, IL, USA) and Freelite Serum Free Light Chain Kit (The Binding Site, San Diego, CA, USA). Reduction of serum FLC was checked at day 12 and at day 21 after the start of antimyeloma therapy. Baseline serum FLC data were available for 90 patients with RI, as the Freelite assay was not available at our institution until September 2007.

Approval was obtained by the institutional review board at the Kameda Medical Center in accordance with the Declaration of Helsinki.

Statistical analyses

Baseline characteristics were analyzed for significance of differences between groups by one-way analysis of variance or Student's *t*-test for continuous variables and the χ^2 -test or Fisher's exact test for categorical variables. Receiver-operating characteristic (ROC) curves were constructed, and an appropriate cutoff value to predict renal response was decided according to the Youden index.¹⁹ The results are shown as mean \pm s.d., numbers (%) and HR with 95% confidence interval (CI). Data analysis was performed with R version 2.14. All statistical test values were two-sided, and $P < 0.05$ was taken to indicate significance in all analyses.

RESULTS

Clinical variables among patients with RI in relation to renal response

A total of 279 patients with myeloma who were admitted to Kameda Medical Center and received at least one course of antimyeloma treatment were included in the study. Among them, 116 patients (41.6%) presented with greater than moderate RI (eGFR $\leq 50 \text{ ml/min per } 1.73 \text{ m}^2$). Median survival of patients with RI was shorter than that of those without RI (51.3 vs 76.5 months, respectively, $P=0.07$). Among the patients with RI, the overall survival (OS) of patients with any renal response was longer than those without such response, but the difference was not statistically significant (42.2 months vs 33.5 months, respectively, $P=0.16$).

Improvement of RI to any degree was seen in 74 patients with RI (63.8%). CRrenal, PRrenal and MRrenal was obtained in 46 (40%), 15 (13%), 13 (11%) patients, respectively. Forty-two patients (36%) did not show any renal response. Nine of the 24 dialysis-dependent patients (37.5%) at presentation became dialysis independent. Seven patients had myeloma and amyloidosis and only two patients received renal biopsy. Among them, five patients did not show renal response and one patient showed MRenal and one showed CRenal. There was no significant association between the quality of renal response and quality of myeloma response. Among the 61 patients with more than PRrenal response, 14 (23.0%), 15 (24.6%), 27 (44.3%) and 5 (8.2%) showed myeloma response of CR, very good partial response (VGPR), PR and SD or less, respectively. If the patients' renal response was limited to those patients with CRenal, myeloma responses of CR, VGPR, PR and SD or less were 9 (19.6%), 12 (26.1%), 21 (45.7%) and 4 (8.7%), respectively. Conversely, among 52 patients with RI who obtained more than VGPR, renal responses of CRenal, PRrenal, MRenal and no response were seen in 21 (40.4%), 8 (15.4%), 9 (17.3%) and 14 (26.9%), respectively. There was no difference in median OS between patients with major renal response and those with minor or no response (39.8 vs 43.9 months, $P=0.97$).

Table 1 shows the clinical and laboratory data for patients with and without any renal response. Data of baseline iFLC were available for 90 patients (77.4%) with RI: 59/74 (79.7%) with renal response and 31/42 (73.8%) without renal response.

Median OS, age, gender, myeloma subtype, hemoglobin, serum albumin, β_2 -microglobulin, baseline creatinine, baseline iFLC, absolute daily albumin excretion, ISS stage and treatment at presentation were not different between responders and

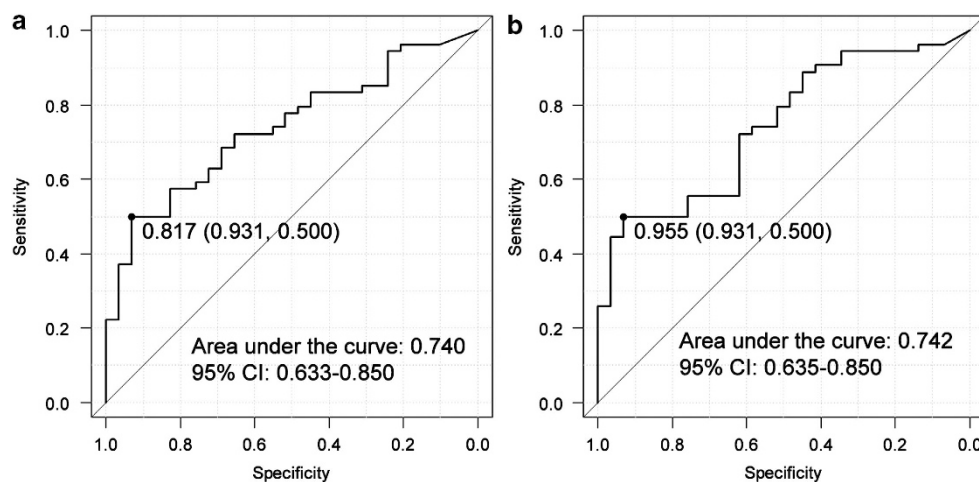


Figure 1. ROC analysis of % of iFLC reduction for obtaining any renal response in patients with RI. (a) ROC analysis of FLC reduction at day 12 from the baseline. The highest sensitivity point of % of iFLC reduction at day 12 was identified as 81.7% with sensitivity 0.931, specificity 0.500 and AUC 0.740 with 95% CI of 0.633–0.850. (b) ROC analysis of FLC reduction at day 21 from the baseline. The highest sensitivity point of % of iFLC reduction at day 12 was identified as 95.5% with sensitivity 0.931, specificity 0.500 and AUC 0.742 with 95% CI of 0.635–0.850.

Table 1. Comparison of clinical and laboratory variables in patients with renal responder and non-responder

Clinical characteristics and laboratory variables	Number of patients (N = 116)		P-value
	Responder (N = 74)	Non-responder (N = 42)	
Overall survival (months; median (range))	42.2 (1.2–172.8)	33.5 (1.1–161.9)	0.16
Age (years; median (range))	71 (44–90)	74 (42–89)	0.1
Male/female	42/32	25/17	0.85
Light chain only (%)	25 (33.7)	14 (33.3)	1
Hemoglobin (g/dl; median (range))	8.7 (5.0–16.6)	9.3 (6.6–13.2)	0.35
Serum albumin (g/dl; median (range))	3.3 (1.4–4.5)	3.2 (1.4–4)	0.88
Baseline creatinine (mg/dl; median (range))	1.9 (0.9–15)	2.2 (0.9–11.5)	0.45
eGFR (ml/min per 1.73 m ² ; median (range))	25.5 (2.1–49.5)	20.8 (4.15–48.7)	0.47
β2-Microglobulin (mg/l; median (range))	8.6 (2.8–37.6)	9.1 (3.6–100)	0.34
Baseline iFLC (mg/dl; median (range)) ^a	2400 (26.4–56 000)	1515 (23.0–54 700)	0.91
Median %U-Alb ^b (range)	7.5 (0–70)	30 (0.6–75)	0.007
Daily U-Alb excretion ^c (mg per day; median (range))	189.5 (0–2567.5)	177.6 (0–3026)	0.96
Stage			
Durie–Salmon stage 3 (%)	64 (86.4)	28 (66.7)	0.02
ISS 3 (%)	46 (62.1)	32 (76.2)	0.3
Treatment			
Bor+Dex (%)	57 (77.0)	29 (69.0)	0.38
Thal or Len+Dex (%)	53 (71.6)	30 (73.2)	1
Myeloma response ≥ VGPR (%)	37 (50.0)	15 (35.7)	0.08

Abbreviations: Bor, bortezomib; Dex, dexamethasone; eGFR, estimated glomerular filtration rate; iFLC, involved free light chain; ISS, International Staging System; Len, lenalidomide; Thal, thalidomide; U-Alb, urinary albumin; VGPR, very good partial response. ^aBaseline iFLC data available, N = 90/116; responder, N = 59/74; non-responder, N = 31/42. ^bN = 111; responders, N = 73; non-responders, N = 38. ^cN = 77; responder, N = 50, non-responder, N = 27.

non-responders. However, comparison between the responder with non-responder groups indicated lower median percentage of urinary albumin (7.5% vs 30.0%, $P = 0.007$), and higher prevalence of Durie–Salmon stage 3 (86.4% vs 66.7%, $P = 0.02$) in the former than the latter. Myeloma response \geq VGPR was marginally associated with any renal response (50.0% vs 35.7%, $P = 0.08$).

Although baseline iFLC levels were not significantly different among patients with or without renal response, it has been reported that iFLC reduction on days 12 and 21 after treatment is an important determinant for recovery of renal function in dialysis-dependent MM patients.^{13,20} We next examined the association between subsequent renal response and degree of iFLC reduction on days 12 and 21. ROCs were constructed to determine the best cutoff percentage of iFLC reduction for renal recovery. From the curve, the highest sensitivity point of % of iFLC reduction on day 12 was identified as 81.7% with sensitivity of 0.931, specificity of 0.500 and AUC of 0.740 (Figure 1a). Similarly, 95.5% reduction was identified with sensitivity of 0.931, specificity of 0.500 and AUC of 0.742 on day 21 (Figure 1b). Therefore, reduction of iFLC $> 80\%$ on day 12 and $> 95\%$ on day 21 were set for further analysis. When iFLC reduction $> 80\%$ on day 12 and $> 95\%$ on day 21 was compared between patients with and without renal recovery, the percentages of responders and non-responders were 35.1% vs 6.0% ($P = 0.005$) and 35.1% vs 3.6% ($P < 0.001$), respectively.

Patients with RI and renal response showed significantly lower percentage of urinary albumin compared with those without renal response (Table 1, $P = 0.007$). The best cutoff value of 24.0% urinary albumin excretion was identified by ROC analysis, which had specificity of 65.8%, sensitivity of 74.0% and AUC of 0.666 with 95% CI of 0.545–0.786 (Figure 2). Therefore, we set 25% of urinary albumin as the cutoff value for further analysis. Among the 111 patients with renal response, both any renal response and major renal response (\geq PRenal), median iFLC, eGFR and iFLC reduction on days 12 and 21 were associated with less urinary albumin excretion $\leq 25\%$. However, median OS was not different

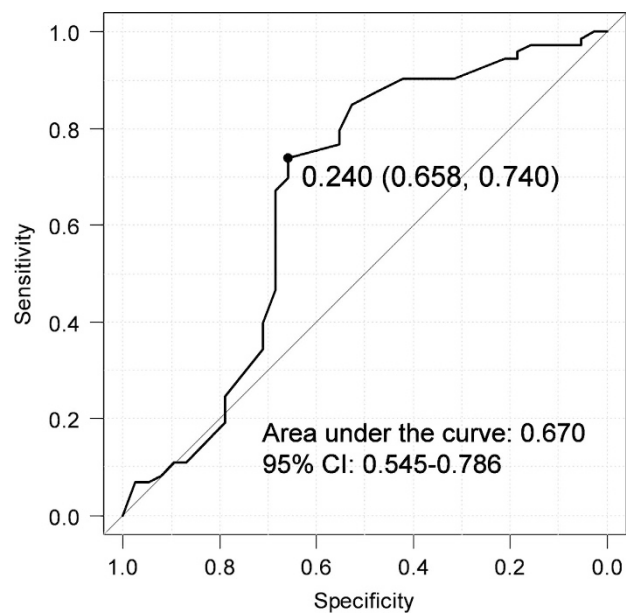


Figure 2. ROC analysis of % of urinary albumin excretion for obtaining any renal response in patients with RI. The urinary albumin excretion of 24.0% was identified by ROC analysis with specificity 0.658, sensitivity 0.740 and AUC 0.666 with 95% CI of 0.545–0.

between patients with urinary albumin $\leq 25\%$ and those with urinary albumin $> 25\%$ (Table 2).

Univariate and multivariate analyses were performed to examine the factors that affect renal response (Tables 3 and 4). Durie–Salmon stage 1 or 2 ($P = 0.02$), myeloma response \geq VGPR ($P = 0.03$), reduction of iFLC $\geq 80\%$ on day 12 ($P = 0.005$) and $\geq 95\%$ on day 21 ($P < 0.001$), and baseline urinary albumin $\leq 25\%$

Table 2. Association of %U-Alb excretion^a with renal response, iFLC reduction, baseline iFC, baseline eGFR and overall survival

Factors	%U-Alb \leq 25% (N = 67)	%U-Alb > 25% (N = 44)	P-value
Any renal response	54 (80.6%)	19 (43.2%)	< 0.01
Major renal response (\geq PRenal)	44 (65.7%)	16 (36.4%)	< 0.01
No major renal response	23 (34.3%)	28 (63.6%)	< 0.01
Median baseline iFLC ^b (mg/dl; (range))	583 (23–48 500)	3230 (34–56 000)	< 0.01
Median baseline eGFR (ml/min per 1.73 m ² ; (range))	33.7 (3.2–49.5)	20.8 (2.1–49.5)	< 0.01
iFLC reduction > 80% on day 12 ^c	26/52 (50%)	6/30 (20%)	0.03
iFLC reduction > 95% on day 21 ^c	23/52 (44.2%)	7/30 (23.3%)	0.05
Median OS (months)	43.9	42.2	0.91

Abbreviations: eGFR, estimated glomerular filtration rate; iFLC, involved free light chain; OS, overall survival; U-ALB, urinary albumin. ^a%U-Alb data were available, N = 111. ^bBaseline iFLC available, N = 88. ^ciFLC data available on days 12 and 21, N = 82.

Table 3. Univariate and multivariate analysis of variables that affect on any renal response in patients with renal impairment (eGFR < 50 ml/min per 1.73 m²)

Variables	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
Age \leq 70 years	2.10	0.89–5.13	0.08	1.06	0.25–4.52	0.94
Hemoglobin > 8.5 g/dl	1.47	0.55–3.90	0.5	—	—	—
β 2-Microglobulin < 5.5 ml/l	1.34	0.49–3.79	0.65	—	—	—
Non Bence–Jones type	1.40	0.52–3.75	0.5	—	—	—
Serum albumin > 3.6 g/dl	1.47	0.49–4.82	0.62	—	—	—
Durie–Salmon stage 1 or 2	3.16	1.15–9.04	0.02	0.72	1.43–3.62	0.69
ISS 1 or 2	1.55	0.57–4.36	0.37	—	—	—
Bortezomib-based regimen	1.50	0.58–3.80	0.38	—	—	—
Non-bortezomib-based regimen	1.01	0.39–2.51	1	—	—	—
Baseline FLC < 1000 mg/l ^a	1.11	0.41–2.98	0.82	—	—	—
Myeloma response \geq VGPR	3.29	1.15–10.5	0.03	2.08	0.49–8.83	0.32
iFLC reduction > 80% at day 12 ^b	4.55	1.42–17.5	0.005	—	—	—
iFLC reduction > 95% at day 21 ^b	8.16	2.13–47.0	< 0.001	16.5	1.72–158	0.015
U-Alb (%) \leq 25% ^c	5.37	2.16–14.0	< 0.001	6.91	1.70–28.1	0.007

Abbreviations: eGFR, estimated glomerular filtration rate; iFLC, involved free light chain; ISS, International Staging System, VGPR, very good partial response; U-ALB, urinary albumin. ^aN = 90. ^bN = 88. ^cN = 108.

Table 4. Univariate and multivariate analysis of variables that affect on any renal response in patients with severe RI (eGFR < 30 ml/min per 1.73 m²)

Variables	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
Age \leq 70 years	2	0.68–6.18	0.22	—	—	—
Hemoglobin > 8.5 g/dl	1.61	0.48–5.55	0.42	—	—	—
β 2-Microglobulin < 5.5 ml/l	1.69	0.33–11.4	0.72	—	—	—
Non Bence–Jones type	1.06	0.31–3.69	1	—	—	—
Serum albumin > 3.6 g/dl	3.54	0.79–22.5	0.07	0.92	0.07–11.3	0.95
Durie–Salmon stage 1 or 2	2.16	0.49–10.1	0.32	—	—	—
ISS 1 or 2	2.71	0.58–17.5	0.2	—	—	—
Bortezomib-based regimen	1.93	0.60–6.27	0.28	—	—	—
Non bortezomib-based regimen	0.67	0.20–2.12	0.6	—	—	—
Baseline FLC < 1000 mg/l ^a	2.37	0.44–13.9	0.27	—	—	—
Myeloma response \geq VGPR	3.13	0.84–13.5	0.09	2.32	0.33–16.2	0.4
iFLC reduction > 80% at day 12 ^b	4.94	1.19–25.4	0.02	—	—	—
iFLC reduction > 95% at day 21 ^b	7.01	1.55–45.4	0.007	29.5	1.92–451	0.02
U-Alb (%) \leq 25% ^c	3.91	1.19–13.6	0.014	9.68	0.90–104	0.06

Abbreviations: eGFR, estimated glomerular filtration rate; iFLC, involved free light chain; ISS, International Staging System; RI, renal impairment; U-ALB, urinary albumin; VGPR, very good partial response. ^aN = 54. ^bN = 51. ^cN = 68.

($P < 0.001$) were associated with any degree of renal response. However, on multivariate analysis, iFLC reduction \geq 95% on day 21 ($P = 0.015$) and urinary albumin \leq 25% at baseline ($P = 0.007$) remained significant for prediction of any renal response (Table 3).

If the analysis was limited to patients with severe RI (≤ 30 ml/min per 1.73 m²), similar results were obtained on both univariate and multivariate analyses, although urinary albumin \leq 25% at baseline became marginally significant (Tables 4, $P = 0.06$).

DISCUSSION

The underlying mechanisms of pathologic renal injury in MM are diverse^{21,22} and can be separated into those resulting from monoclonal Ig and other factors independent of monoclonal Ig accumulation, such as dehydration, hypercalcemia, infection, use of contrast media or nephrotoxic drugs, etc.¹ Monoclonal Ig-mediated renal injury can be further divided into tubulointerstitial and glomerular injury according to the lesion of RI.^{1,23} Tubulointerstitial injury is usually seen in cast nephropathy and glomerular injury is seen in amyloidosis.⁹ Monoclonal Ig deposition disease, which includes light-chain deposition disease, shows a mixed pattern.

Bortezomib with high-dose dexamethasone is considered the standard treatment for MM patients with RI.^{17,23} However, the reversibility of kidney injury in patients with MM depends both on the effectiveness of chemotherapy and the underlying renal pathology.¹⁰ Unfortunately, only kidney biopsy can distinguish the variety of these renal pathologies in RI in MM, but it is difficult to perform in all patients with RI.

The presence of toxic monoclonal FLC has an important role in the pathogenesis of myeloma kidney disease. A decrease in serum iFLC is thought to be critical for recovery from kidney injury in cast nephropathy.^{12,24,25} Hutchison *et al.*¹³ reported a close relationship between any renal recovery and reduction of serum FLC in biopsy-proven severe cast nephropathy using high cutoff hemodialysis. They emphasized that the degree of FLC reduction is important, and that the speed at which reduction occurs is also important. Although FLC reduction from the circulation is closely linked to renal function, it does not always result in reversal of renal function in patients other than those with cast nephropathy. In this study, we included all of the consecutive MM patients with RI except those with a clear history of renal failure unrelated to myeloma. Consistent with the analysis of Hutchison *et al.*,²⁰ renal response was associated with early reduction of iFLC on days 12 and 21 by univariate analysis, but on multivariate analysis more than 95% of iFLC reduction on day 21 was significantly associated with renal response. Our patients included a variety of renal diseases that may not respond to FLC reduction, while Hutchison *et al.* included only cases of biopsy-proven cast nephropathy.

Urine analysis is a simple but essential test for patients with renal disease irrespective of its cause, but urine dipstick detects only albumin and is unreliable for detecting myeloma paraprotein. Renal lesions of amyloidosis and monoclonal Ig deposition disease are usually seen in the glomeruli, whereas tubulointerstitial lesions are seen in cast nephropathy.¹ Recently, Leung *et al.*²⁶ reported the association of renal pathology and urine albumin excretion. They found that the % of urinary albumin excretion was highest in patients with amyloid light-chain amyloidosis (70%), followed by light-chain deposition disease (55%), acute tubular necrosis (25%) and lowest in cast nephropathy (7%). Our results validate their observations in the clinical setting. Consistent with their observations, median percentage of urine albumin in patients with and without renal response were 7.5% and 30%, respectively ($P=0.007$) in our study. Urinary secretion of Bence–Jones protein was not measured in our study because of difficulty in its quantification. As various proteins were often excreted in urine, multiple peaks that prevent measurement of urinary Bence–Jones protein were frequently observed in a subset of patients with RI by urine protein electrophoresis. Dimopoulos *et al.*⁷ reported that high levels of urinary Bence–Jones protein (>2 g per day) were not related to renal response in patients treated with novel agents.

Univariate and multivariate analyses also showed the significance of urinary albumin excretion $\geq 25\%$ as a negative predictive factor for renal recovery. Percentages of serum FLC reduction $\geq 80\%$ on day 12 and $\geq 95\%$ on day 21 were also significant in univariate analysis, but only the latter remained significant in

multivariate analysis. The present study validates the recent observation reported by Leung *et al.*²⁶ who found that urinary albumin excretion $\geq 25\%$ is a negative predictor for biopsy-proven cast nephropathy with sensitivity of 0.98, specificity of 0.94 and negative predictive value of 0.99.

Early reduction of serum iFLC is associated with renal recovery in MM patients with RI. When RI is severe, serum levels of iFLC will remain high even with effective chemotherapy because of reduced renal clearance that may in turn further aggravate renal function. Plasma exchange and high cutoff dialysis have been examined with mixed efficacy.^{12,27,28} However, with use of urinary albumin excretion pattern, we could further stratify the MM patients with RI who would benefit from aggressive FLC reduction strategy. We speculate that the group of RI patients with low albumin excretion will especially benefit from early institution of aggressive chemotherapy combined with direct removal of FLC by targeting the FLC levels.

Although the positive prognostic value of urine albumin $< 25\%$ on renal response appeared robust, it is important to recognize that this was a retrospective study and patients were treated heterogeneously. In addition, we did not stratify the patients except for eGFR. Renal pathology data were not available for most of the patients. We recently encountered one patient with vascular limited renal amyloidosis²⁹ who did not show increased percentage of albuminuria despite heavy systemic accumulation of amyloid at autopsy. Although glomerular deposition of amyloid is most common in renal amyloidosis, with an occurrence rate of $> 80\%$ of cases, vascular or interstitial dominant amyloid deposition may also occur with varied urinary albumin excretion pattern.³⁰ It is possible that more than one type of renal lesion can exist in the same patient,³¹ which would result in a more complex outcome of renal function.

In conclusion, we retrospectively analyzed the factors that affect the renal recovery of patients with myeloma and RI. Only percentage of urinary albumin $\leq 25\%$ and reduction of iFLC $> 95\%$ on day 21 showed positive predictive value for subsequent renal recovery. Although promising as a screening test for renal response, our data should be examined further in larger cohorts of patients in a prospective manner and in patients with biopsy-proven renal pathology.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

ACKNOWLEDGEMENTS

We thank the patients, nurses, technicians and physicians who contributed on this study. We are especially grateful to those who took care of the patients at our department during the period of this study. We also thank Dr Yuya Matsue, Department of Cardiology Kameda Medical Center, for his critical review of this manuscript.

AUTHOR CONTRIBUTIONS

HS and KM designed and performed the research. HS collected the data and KM and HS wrote the manuscript. All authors provided care for the patients and approved the manuscript.

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