

Original Article

Liguzinediol improved the heart function and inhibited myocardial cell apoptosis in rats with heart failure

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Aim: Liguzinediol is a novel derivative of ligustrazine isolated from the traditional Chinese medicine Chuanxiong (*Ligusticum wallichii* Franch), and produces significant positive inotropic effect in isolated rat hearts. In this study we investigated the effects of liguzinediol on a rat model of heart failure.

Methods: To induce heart failure, male SD rats were injected with doxorubicin (DOX, 2 mg/kg, ip) once a week for 4 weeks. Then the rats were administered with liguzinediol (5, 10, and 20 mg·kg⁻¹·d⁻¹, po) for 2 weeks. Hemodynamic examination was conducted to evaluate heart function. Myocardial cell apoptosis was examined morphologically. The expression of related genes and proteins were analyzed using immunohistochemical staining and Western blot assays, respectively.

Results: Oral administration of liguzinediol dose-dependently improved the heart function in DOX-treated rats. Electron microscopy revealed that liguzinediol (10 mg·kg⁻¹·d⁻¹) markedly attenuated DOX-induced injury of cardiomyocytes, and decreased the number of apoptotic bodies in cardiomyocytes. Furthermore, liguzinediol significantly decreased Bax protein level, and increased Bcl-2 protein level in cardiomyocytes of DOX-treated rats, led to an increase in the ratio of Bcl-2/Bax. Moreover, liguzinediol significantly decreased the expression of both cleaved caspase-3 and NF-κB in cardiomyocytes of DOX-treated rats. Administration of digitalis (0.0225 mg·kg⁻¹·d⁻¹) also markedly improved the heart function and the morphology of cardiomyocytes in DOX-treated rats.

Conclusion: Liguzinediol improves the heart function and inhibits myocardial cell apoptosis in the rat model of heart failure, which is associated with regulating Bcl-2, Bax, caspase-3, and NF-κB expression.

Keywords: heart failure; cardiomyocyte; liguzinediol; apoptosis; caspases; Bcl-2; NF-κB; doxorubicin; *Ligusticum wallichii*

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Introduction

Liguzinediol (Figure 1) is a para-dihydroxy derivative of ligustrazine [4-methyl-pyrazine (tetramethylpyrazine), TMP]^[1], which was isolated from the traditional Chinese medicine herb Chuanxiong (*Ligusticum wallichii* Franch) and used for the treatment of angina pectoris. Ligustrazine plays a role

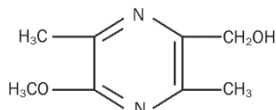


Figure 1. Structure of liguzinediol.

in expanding blood vessels, increasing both coronary and cerebral blood flow, preventing platelet aggregation, inhibiting thrombosis, and improving microcirculation^[2]. It also decreases hematological indices of myocardial ischemia in rats and protects against acute myocardial ischemia and myocardial ischemia-reperfusion injury^[3]. Through the study of TMP derivatives, we unexpectedly found that liguzinediol (which has been patented^[4]) has significant positive inotropic effects, which were stronger than those of TMP. Additionally, it does not cause arrhythmia, hypotension or other side effects. Early experiments have found that liguzinediol has unique biological properties that may prove effective in treating heart failure^[5].

Cardiovascular diseases, particularly heart failure (HF), are the most common causes of human death worldwide^[6]. In China's rapidly aging population, HF has become a serious public health problem with an estimated 4.2 million patients experiencing HF in 2010^[7]. The British Heart Foundation (BHF) estimates that around 750 000 people in the UK have HF

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and there are approximately 25 000 new cases each year. Prognosis from HF is poor and the 5-year survival rate for patients with HF is estimated to be only 58%^[8-10]. Myocardial cell apoptosis has become an increasingly important concept in the pathogenesis of heart failure. Cardiac myocyte apoptosis is an important factor in heart failure. Apoptosis is observed in cardiac myocytes in failing hearts, and has been implicated in the progression of cardiomyopathy^[10]. We hypothesized that liguzinediol may protect cardiomyocytes from apoptosis induced by doxorubicin (DOX) and subsequently improve heart function. To test this hypothesis, we performed experiments in a rat model of DOX-induced apoptosis and explored the mechanisms underlying the results of these experiments.

Materials and methods

Materials

Liguzinediol (purity >99%) was provided by Prof Wei LI (Nanjing University of Chinese Medicine). Doxorubicin hydrochloride was purchased from the Beijing Huafeng United Corporation. All antibodies used in the present study were obtained from Santa Cruz Technology (Santa Cruz, CA, USA). All other reagents and kits were from commercial suppliers and were of the standard biochemical quality.

Rat DOX-induced heart failure model

The animal experimental protocols were approved by the Nanjing University of Chinese Medicine Committee on Laboratory Animal Care, and all animals received humane care according to the National Institutes of Health (USA) guidelines. Sprague-Dawley rats were obtained from the Shanghai Laboratory Animal Center. All animals were housed under diurnal lighting conditions and allowed food and water *ad libitum*. The animal model was established based on the methods reported by Sun *et al*^[11], and a modified animal model of doxorubicin-induced cardiotoxicity was utilized for the study. Forty-eight male Sprague-Dawley rats weighing 250±20 g were randomly divided into a control group (normal saline, NS, *n*=8) and a DOX group (2 mg/kg). NS and DOX (2 mg/kg) were administered via intraperitoneal injections once per week to establish a chronic heart failure model. After 4 weeks, DOX-treated rats were divided into 5 groups according to their left ventricular systolic pressures (LVSP): these groups included a DOX group, a 5 mg/kg liguzinediol group, a 10 mg/kg group liguzinediol group, a 20 mg/kg liguzinediol group, and a 0.0225 mg/kg digitalis group. NS and liguzinediol were each administered gastrically once per day. Hemodynamic examination was conducted using a 4-channel Biological System. Rat hearts were analyzed via electron microscopy, Western blot analyses, and immunohistochemistry after 2 weeks.

Hemodynamic examination

Hemodynamic examinations were performed as previously described^[12]. A 0.7 cm neck incision was made to expose the right common carotid artery, and a catheter was inserted approximately 1.5 cm from the heart. Arterial blood pressure was monitored for 30 min, and the catheter was subsequently

inserted into the ventricular chamber to record intraventricular pressures for 30 min. Changes in hemodynamic parameters, including the heart rate (HR), left ventricular systolic pressure (LVSP), the maximal rate of rise in blood pressure of the ventricular chamber ($+dp/dt_{\max}$) and the maximal rate of decline in blood pressure of the ventricular chamber ($-dp/dt_{\max}$) were measured and recorded using a 4-channel Biological System (RM-6240, Chengdu Instrument Factory, Chengdu, China).

HE staining

Following anesthesia, the rat hearts were excised and immediately placed in 10% neutral-buffered formalin, wherein they were kept at room temperature for 24 h. The heart specimens were embedded in paraffin, cut into 5- μ m sections, stained with hematoxylin for 5 min, and stained with eosin for another 5 min, at room temperature. After three more 5 min washes in PBS, sections were quickly dehydrated in 95% alcohol, made transparent in dimethylbenzene, and sealed using neutral resin. Finally, the percentage of damaged cells was counted in 100 sections per animal for all 48 animals and averaged for further analysis.

Electron microscopic examination of ultrastructural alterations in rat hearts

An ultrastructural analysis of heart morphological changes was performed to search for evidence of apoptosis in the manner described by Peter *et al*^[13]. Hearts were immersed in 4% buffered paraformaldehyde at autopsy and grossly sectioned before undergoing further fixation. Hearts were separated into 1 cm×0.5 cm×0.5 cm sections, and each section was repeatedly osmicated in 1% osmium tetroxide. Following dehydration with ethanol, the samples were embedded in epoxy resin. Ultrathin sections were then mounted on nickel grids and stained with uranyl acetate and lead citrate. A Philip CM 120 electron microscope (FEI Inc, Eindhoven, Netherlands) was used for subsequent analyses.

Western blot analysis of proteins in left ventricular tissues

The frozen hearts were cut into small pieces and homogenized in 0.5 mL of RIPA buffer (150 mmol/L NaCl, 1% Nonidet P40, 0.5% deoxycholate, 0.1% SDS, 50 mmol/L Tris/HCl and 2 mmol/L PMSF, pH 7.4) before being transferred into small tubes and rotated at 4 °C overnight. Solubilized proteins were collected following centrifugation at 10000×*g* for 30 min. The supernatant was collected and stored at 80 °C. Whole cell proteins were used to test the expression of apoptotic genes, including Bax, Bcl-2, and caspase-3. The protein concentrations of each sample were quantified using an enhanced BCA (bicinchoninic acid) Protein Assay kit (Beyotime Biotechnology, Haimen, China). Protein lysates from each group of rats were separated using SDS/PAGE and electrotransferred onto a polyvinylidene fluoride (PVDF) membrane. Non-specific proteins were blocked with 5% non-fat dried skimmed milk powder prepared in TBS+0.1% Tween 20 for 2 h at room temperature. Immunoblotting was then performed using 2 μ g/mL rabbit anti-rat procaspase-3 polyclonal antibody (Santa

Cruz, USA), rabbit anti-human cleaved caspase-3 polyclonal antibody (Santa Cruz, USA), rabbit anti-human Bax polyclonal antibody (Santa Cruz, USA), and rabbit anti-human Bcl-2 polyclonal antibody (Santa Cruz, USA). Membrane blots were washed and incubated with either horseradish-peroxidase-conjugated anti-rabbit IgG antibodies or anti-mouse IgG antibodies. Immunoreactive proteins were subsequently visualized using ECL[®] plus, a Western blot detection system (R&D Systems).

Histological examination and immunohistochemical staining

Rat hearts were immediately fixed in formalin. Following dehydration with xylene, the samples were embedded in wax, and 5-mm sections were made. Prior to sectioning, samples from hearts were stained with hematoxylin and eosin. For immunohistochemical staining, sections were dewaxed and microwaved for 5 min at 500 W with antigen retrieval solution (10 mmol/L sodium citrate, pH 6). The sections were allowed to cool in 0.1 mol/L Tris-HCl, pH 8, prior to reduction with 10 mmol/L dithiothreitol (DTT) and alkylation with 25 mmol/L iodoacetamide: each treatment was applied for 30 min. Endogenous peroxidase activity was quenched for 30 min using 3% (*v/v*) hydrogen peroxide in methanol at room temperature. Tissue sections were blocked with 10% (*v/v*) donkey serum and 1% (*w/v*) bovine serum albumin in PBS (blocking solution) for 1 h prior to their incubation with protein A-purified mucin-specific antibodies (diluted 1:100 in the blocking solution for 1 h at room temperature). Sections were then incubated for 30 min with biotin labeled goat anti-rabbit IgG (Santa Cruz, Santa Cruz, USA), diluted 1:250 in the blocking solution, and then treated with streptavidin (ABC Kit Elite standard, VectaStain) for 30 min prior to detection with Diaminobenzidine (Sigma, St Louis, USA). All sections were counterstained with Harris's hematoxylin, and representative pictures were taken using an Axiovision microscope. The integral optical density (IOD) value of the immunohistochemical picture was analyzed via Imagepro-Plus software.

Statistical analysis

Data are expressed as the mean±SEM based on three to six independent experiments. The paired Student's *t*-test was used to evaluate statistical significance. A *P* value of less than

0.05 was considered statistically significant.

Results

Liguzinediol improves heart function in DOX-treated rats

Hemodynamic indices were recorded following 2 weeks of liguzinediol administration. As shown in Table 1, liguzinediol significantly improved LVSP, LV+dp/dt_{max} and LV-dp/dt_{max} and also caused an increase in HR, compared with the DOX group. These observations suggest that liguzinediol improved the heart function of rats with DOX-induced injury.

Liguzinediol improves morphological alterations of myocardial fibers in DOX-treated rats

In the control group, myocardial fibers were properly organized, and their structures were normal. There were no broken fibers or inflammatory cells. The nuclei of these myocardial cells were normal. In the DOX group, myocardial fibers appeared broken and thickened, and these fiber abnormalities were accompanied by inflammatory cell infiltration. However, liguzinediol administration limited the number of myocardial fiber fractures and decreased the extent of inflammatory cell infiltration, an effect that correlated positively with the dose administered. Moreover, digitalis also significantly reduced myocardial fiber damage, as these myocardial fibers had an almost normal appearance despite a small amount of lipofuscin deposition (Figure 2).

Liguzinediol attenuates ultrastructural alterations in cardiomyocytes

Ultrastructural modifications were observed in liguzinediol-treated rats. In the control group, the nuclei were big, round, or oval, and characterized by homogeneously distributed chromatin, and the mitochondria were characterized by tightly packed, intact, horizontally oriented cristae. However, after exposure to DOX, the nucleolemma disappeared, and nucleic condensation was observed. The mitochondrial cristae also disappeared, and mitochondrial vacuolization and swelling were observed. By contrast, after liguzinediol treatment, the majority of cardiomyocytes demonstrated ultrastructural profiles that appeared virtually unaltered, as they were characterized by normal appearing nuclei, mitochondria with only minimal swelling, and normal appearing lamellar cristae. The

Table 1. Effects of liguzinediol on hemodynamic parameters and cardiac function in Dox-treated rats *in vivo*. Data are expressed as mean±SEM. *n*=8 in each group. ^c*P*<0.01 vs control. ^e*P*<0.05, ^f*P*<0.01 vs DOX.

	Control	Dox	L 5 mg/kg	L 10 mg/kg	L 20 mg/kg	Dig 0.0225 mg/kg
SBP (mmHg)	99.84±15.92	73.07±17.55 ^c	77.8±7.10	95.04±13.01 ^e	90.37±13.28 ^e	82.42±18.75
DBP (mmHg)	58.11±19.22	51.85±17.97	56.09±8.87	75.36±13.04 ^f	73.74±11.16 ^e	62.18±20.38
HR (beat/min)	348.75±50.98	313.88±99.74 ^c	369.88±36.98	379.00±69.88	403.50±23.09 ^e	369.63±54.99
+LV dp/dt _{max} (mmHg/s)	7158.67±1787.06	3256.35±1594.88 ^c	5004.56±1874.28	5693.05±558.32 ^f	6502.72±1182.04 ^f	6270.55±937.01 ^f
-LV dp/dt _{max} (mmHg/s)	5731.81±1541.35	2956.25±1396.04 ^c	4212.46±797.81 ^b	4845.39±764.72 ^f	5548.26±1289.85 ^f	4984.65±1060.00 ^f
LVSP	126.71±14.79	80.54±11.51 ^c	99.00±8.91 ^c	110.47±16.25 ^f	122.80±7.92 ^f	117.44±14.66 ^f

SBP, systolic blood pressure; DBP, diastolic blood pressure; HR, heart rate; LVSP, left ventricular systolic pressure; ±LV dp/dt_{max}, the maximal rates of increase and decrease of left-ventricle pressure development.

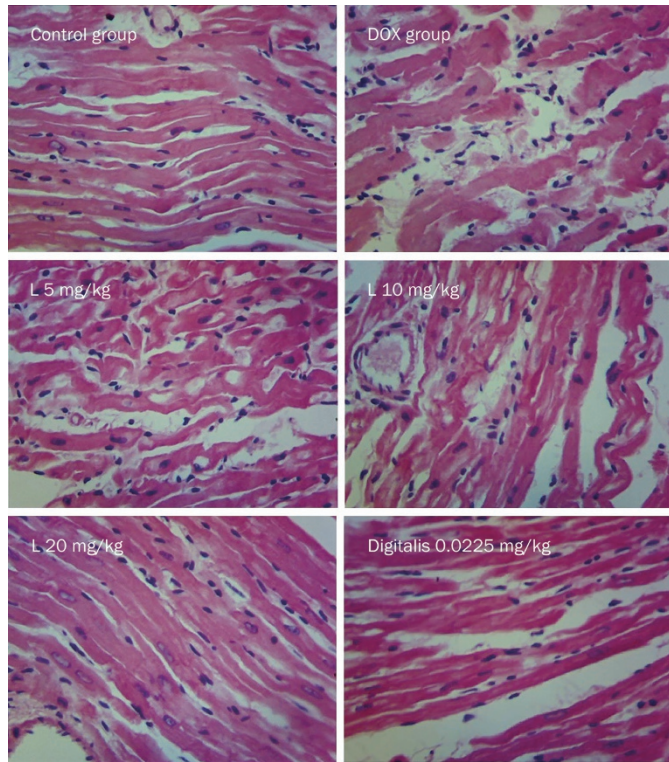


Figure 2. Liguzinediol improves DOX-induced morphologic alterations in cardiomyocytes examined by HE staining ($\times 400$).

incidence of apoptosis was decreased in the digitalis group (Figure 3).

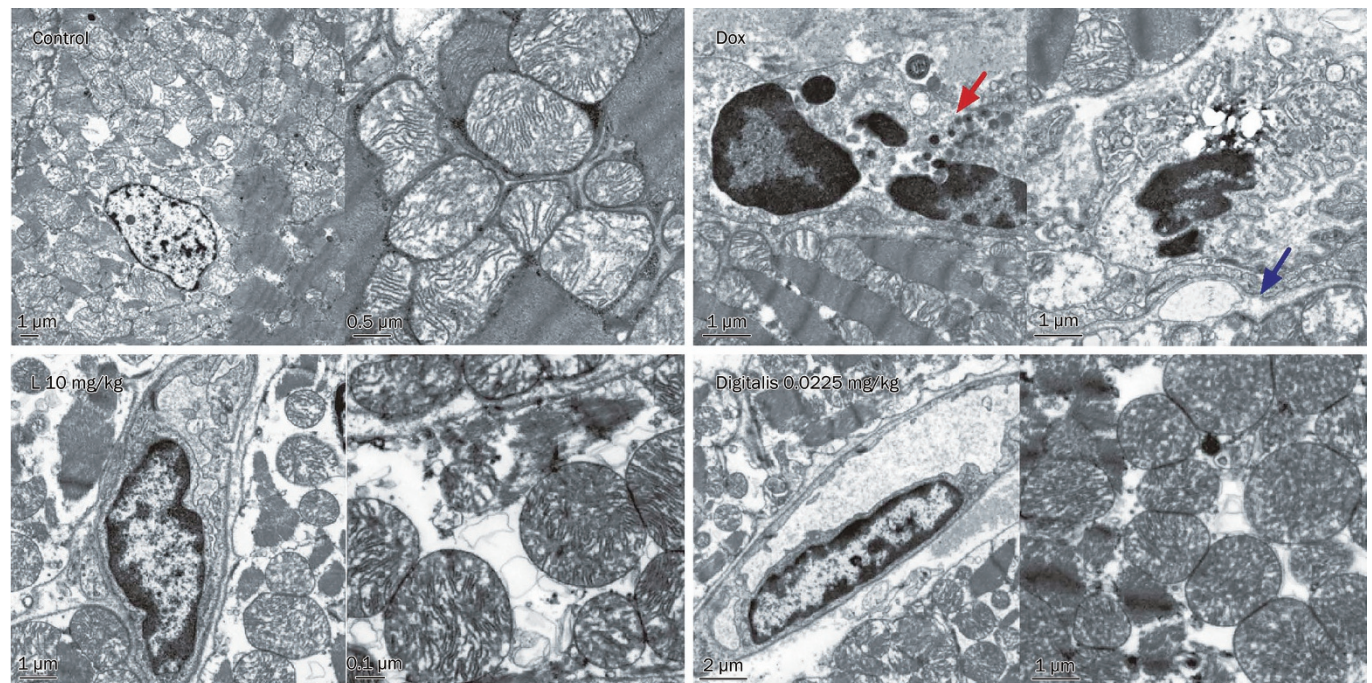


Figure 3. Liguzinediol suppresses DOX-induced morphologic alterations in cardiomyocytes examined by an electron microscope. Red arrows indicate apoptotic bodies, and blue arrows indicate mitochondrial ultrastructures.

Liguzinediol reduces the ratio of Bax/Bcl-2 in cardiomyocytes

As illustrated in Figure 4, a Western blot assay was utilized to detect protein expression levels of Bax and Bcl-2. The Bcl-2 protein content of the 10 mg/kg liguzinediol group (0.71 ± 0.06) was higher than that of the DOX group (0.54 ± 0.01), a difference with a statistical significance of $P < 0.01$ (Figure 4A). The Bax protein content of the 10 mg/kg liguzinediol group (1.07 ± 0.08) was significantly lower than that of the DOX group (1.48 ± 0.03 , $P < 0.01$) (Figure 4B). The ratio of Bax/Bcl-2 in the 10 mg/kg liguzinediol group (1.52 ± 0.06) was significantly lower than that of the DOX group (2.74 ± 0.08 , $P < 0.01$) (Figure 4C). These results suggest that liguzinediol decreases cardiomyocyte apoptosis through the up-regulation of Bcl-2 and the down-regulation of Bax. Bcl-2 and Bax immunostaining confirmed the above results (Figure 5).

Liguzinediol inhibits caspase-3 in cardiomyocytes

A Western blot assay was utilized to detect the protein levels of both pro-caspase-3 and cleaved-caspase-3. The pro-caspase-3 protein content of the 10 mg/kg liguzinediol group (0.94 ± 0.05) was higher than that of the DOX group (0.75 ± 0.04), a difference with a statistical significance of $P < 0.01$. The cleaved-caspase-3 protein content of the 10 mg/kg liguzinediol group (1.85 ± 0.09) was significantly lower than that of the DOX group (2.59 ± 0.29 , $P < 0.05$) (Figure 6). These results suggest that liguzinediol decreases cardiomyocyte apoptosis via the inhibition of caspase-3.

Liguzinediol reduces cardiomyocyte apoptosis via the inhibition of NF- κ B

Our results showed that the immunostaining of NF- κ B was

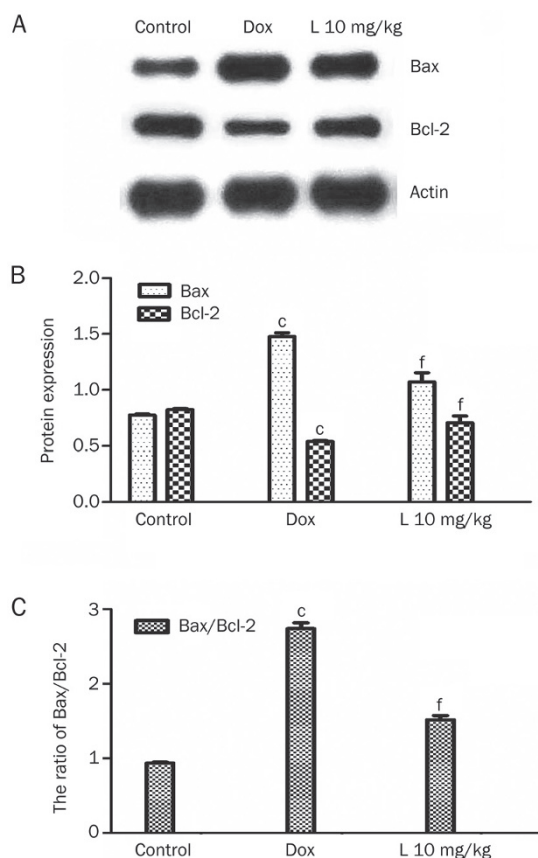


Figure 4. Liguzinediol decreases the ratio of Bax/Bcl-2 in cardiomyocytes. (A) Bax and Bcl-2 protein expression as determined by Western blot assays. (B) SDS/PAGE analysis shows changes in Bax and Bcl-2 protein expression. ^b $P < 0.05$, ^c $P < 0.01$ vs the control group. ^e $P < 0.05$, ^f $P < 0.01$ vs the DOX group ($n = 3$). (C) SDS/PAGE analysis shows the ratio of Bax to Bcl-2 protein expression. ^b $P < 0.05$, ^c $P < 0.01$ vs the control group. ^e $P < 0.05$, ^f $P < 0.01$ vs the DOX group ($n = 3$).

weak and was characterized by the appearance of a small amount of light brown staining but became stronger in the DOX group, as much larger amounts of positive dark brown immunostaining appeared. These data indicated that the expression level of activated NF- κ B was increased in DOX group. In the 10 mg/kg liguzinediol group, the staining of NF- κ B was weaker than in the DOX group, suggesting that liguzinediol attenuates the activation of NF- κ B (Figure 7).

Discussion

Hemodynamics are important indicators of cardiac function. Hemodynamic changes are key indicators of both the systolic and the diastolic function of the heart. Among these indicators are LVSP and $+dp/dt_{max}$ which reflect myocardial contractile function. Left ventricle end diastolic pressure (LVEDP) and $-dp/dt_{max}$ reflect myocardial relaxation^[14]. Our hemodynamic examinations revealed that liguzinediol and digitalis significantly increased LVSP, $+dp/dt_{max}$, SBP, DBP, and HR, but decreased $-dp/dt_{max}$, compared with the control group. The effects of liguzinediol at 10 and 20 mg/kg and digitalis

at 0.0225 mg/kg on LVSP, $+dp/dt_{max}$, and $-dp/dt_{max}$ were stronger than the effects exerted by liguzinediol at 5 mg/kg, indicating that liguzinediol has positive inotropic effects and mitigates the changes associated with chronic heart failure induced by Dox.

The pathological changes noted in myocardial tissue have a unique diagnostic significance for heart failure, as they are visible and objectively reflect the pathological damage inflicted on myocardial cells. Our present study showed that the arrangement of myocardial cells in Dox-treated rats was disordered, and the interstitial tissue became fibrotic. The myocardial fibers were fractured, and the myocardial vacuoles were degenerative. Inflammatory cells infiltrated areas around the myocardial cells. However, each of these pathological alterations was mitigated by liguzinediol, indicating that liguzinediol exerts protective effects on myocardial cells.

Myocardial cell ultrastructures were observed using an electron microscope. The results of these observations confirmed the morphological features associated with myocardial cell apoptosis. The myocardial cells of the Dox group demonstrated larger amounts of poorly concentrated heterochromatin, as well as the existence of apoptotic bodies. By contrast, we observed larger amounts of euchromatin in liguzinediol-treated rats, but there were no apoptotic bodies. There were fewer swollen mitochondria, and the lamellar cristae within the mitochondria appeared normal.

It has been reported that numerous signaling molecules, such as cytochrome *c*, Bcl-2, Bax, p53, and Fas, have been implicated in the apoptotic pathways of cardiomyocytes^[15, 16]. Bcl-2 family members include Bax, Bcl-2, and Bcl-xl. Bcl-2 was the first cell survival factor discovered in mammals, as it functions as an anti-apoptotic gene and is a key factor in regulating both physiological and pathological apoptosis. When the ratio of Bcl-2/Bax is increased, the dimer facilitates cell survival; however, when the ratio is decreased, the dimer facilitates apoptosis^[17, 18]. The present study showed no expression of the Bcl-2 protein, but did show significant expression of the Bax protein in the DOX group, as well as the existence of minor Bcl-2 proteins in light color and abundant Bax proteins in dark color, indicating a close association between the expression of Bcl-2 and Bax proteins and apoptosis. The expression of the Bax and Bcl-2 proteins in cardiac muscle cells treated with liguzinediol was affected much more significantly than the expression of these proteins in the DOX group, suggesting that liguzinediol inhibits the apoptotic process by up-regulating Bcl-2 expression and down-regulating Bax expression. By gradually increasing the ratio of Bcl-2/Bax, liguzinediol played a role in the regulation of cardiomyocyte apoptosis.

The caspase family is a key player in apoptosis. Our studies confirmed the involvement of caspase proteins in liguzinediol's regulation of cardiomyocyte apoptosis. It is generally known that caspase-3 plays a pivotal role in mammalian apoptotic pathways. Several apoptosis-stimulating factors trigger the activation of different proteases, which leads to the activation of the caspase-3 proenzyme and the subsequent activation of caspase-3. Activated caspase-3 subsequently triggers prote-

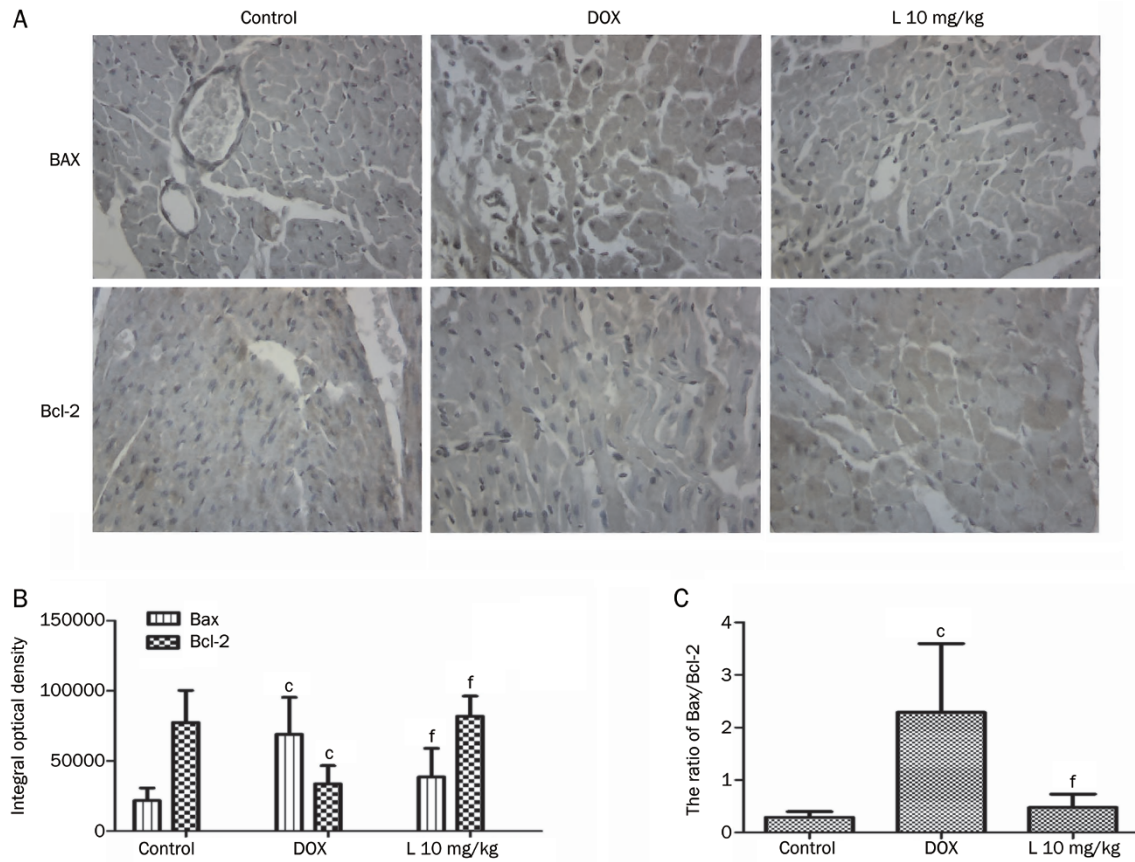


Figure 5. Bcl-2 and Bax immunoreactivity in cardiomyocytes. The upper two panels show the basal expression levels of Bcl-2 and Bax in the control group. The immunoreactivity of Bax in the DOX group was higher than in the 10 mg/kg L group. The immunoreactivity of Bcl-2 in the DOX group (red arrows) was lower than in the 10 mg/kg L group. ^c $P < 0.01$ vs the control group. ^e $P < 0.05$, ^f $P < 0.01$ vs the DOX group ($n = 8$).

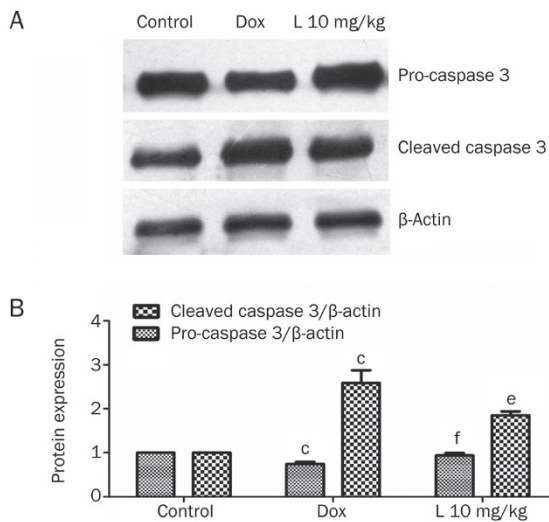


Figure 6. The expression of pro-caspase-3 and cleaved caspase-3 using Western blot assays. (A) Pro-caspase-3 and cleaved caspase-3 protein expression as determined by Western blot assays. (B) SDS/PAGE analysis demonstrates changes in cleaved caspase-3 and pro-caspase-3 protein expression levels. ^b $P < 0.05$, ^c $P < 0.01$ vs the control group. ^e $P < 0.05$, ^f $P < 0.01$ vs the DOX group ($n = 3$).

ases to cleave corresponding substrates^[19]. Our studies demonstrated a more significant increase in the level of activated caspase-3 in DOX-treated cardiomyocytes than in normal cardiomyocytes, findings that confirmed the relationship between caspase-3 and cardiomyocyte apoptosis. Given the decreased caspase-3 levels noted in liguzinediol-treated cardiomyocytes, it is assumed that liguzinediol inhibits apoptosis by blocking caspase activation cascades.

NF- κ B is reportedly involved in regulating DOX-induced apoptosis in various cancer cells and carcinomas, including breast-cancer cells, pancreatic carcinoma cells, leukemia, lymphoma, renal carcinoma and hepatocellular carcinoma^[20–22]. DOX-induced NF- κ B activation in tumor cells has anti-apoptotic effects. Inhibition of NF- κ B activation leaves cancer cells vulnerable to DOX-induced apoptosis^[20–22]. Suwei *et al*^[23] provided the first known evidence that NF- κ B activation promotes DOX-induced apoptosis in myocytes. The pro-apoptotic character of NF- κ B may be due to its direct activation of apoptotic genes, including Fas ligand, Fas, c-Myc, and p53^[24–26]. It has also been proposed that NF- κ B down-regulates the activities of some anti-apoptotic factors, such as Bcl-X_L^[27]. Additionally, the involvement of NF- κ B in regulating the cell cycle may also be a mechanism by which it exerts its proapop-



Figure 7. NF-κB immunoreactivity in cardiomyocytes. The left panel shows the basal expression level of NF-κB in the control group. The NF-κB expression level was increased in the Dox group and was higher than in the control group. Treatment with liguzinediol at a dose of 10 mg/kg decreased the level of NF-κB expression ($n=8$).

otic effects^[26]. In the present study, we demonstrated that doxorubicin-induced activation of NF-κB leads to myocardial apoptosis. However, 10 mg/kg of liguzinediol decreased NF-κB expression compared with the DOX group. Therefore, liguzinediol may attenuate DOX-induced activation of NF-κB.

The experimental results showed that the number of apoptotic myocardial cells was significantly increased in rats with a DOX-induced heart failure, but this could not be seen in control rats. Treatment with liguzinediol and digoxin significantly reduced the apoptotic myocardial cells compared with the model rats. This result indicated that myocardial cell apoptosis was tightly associated with the development of heart failure and that both liguzinediol and digoxin can inhibit myocardial cell apoptosis in rats. Myocardial cell apoptosis represents one of the most key mechanisms underlying heart failure. Decreased number of myocardial cells will exacerbate the process of fibrosis eventually leading to heart failure.

In summary, our data have demonstrated the efficacy of liguzinediol in reducing apoptosis in myocardial cells in rats with heart failure. Mechanistic studies showed that liguzinediol inhibits cardiomyocyte apoptosis by regulating the balance between Bax and Bcl-2, blocking caspase cascades, and inhibiting NF-κB activation.

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Author contribution

Wei LI and Hui-min BIAN designed the research. Yu LI, Qing ZHU, and Qiu-yi YIN performed the experiments. Ping SONG and Jia-wen JI analyzed the data, and Yu LI wrote the paper.

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