

# Invited review

# Recent progress in $\alpha_1$ -adrenergic receptor research

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#### Key words

#### Abstract

alpha1-adrenergic receptor; noncompetitive drug; protein-protein interaction; dimerization; cell surface expression

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 $\alpha_1$ -Adrenergic receptors (AR) play an important role in the regulation of physiological responses mediated by norepinephrine and epinephrine, particularly in the cardiovascular system. The three cloned  $\alpha_1$ -AR subtypes ( $\alpha_{1A}$ ,  $\alpha_{1B}$  and  $\alpha_{1D}$ ) are G protein-coupled receptors that signal through the G<sub>q/11</sub> signaling pathway, each showing distinct pharmacological properties and tissue distributions. However, due to the lack of highly subtype-selective drugs, the functional roles of individual subtypes are still not clear. Development of new subtype-specific drugs will greatly facilitate the identification of the functions of each subtype. Conopeptide  $\rho$ -TIA has been found to be a new  $\alpha_{1B}$ -AR selective antagonist with different modes of inhibition at  $\alpha_1$ -AR subtypes. In addition, recent studies using genetically engineered mice have shed some light on  $\alpha_1$ -AR functions *in vivo*, especially in the cardiovascular system and brain. Several proteins have been shown to interact directly with particular  $\alpha_1$ -AR, and may be important in regulating receptor function. Receptor heterodimerization has been shown to be important for cell surface expression, signaling and internalization. These new observations are likely to help elucidate the functional roles of individual  $\alpha_1$ -AR subtypes.

### Introduction

 $\alpha_1$ -Adrenergic receptors (AR) are members of the G protein-coupled receptor (GPCR) superfamily that mediate physiological responses to norepinephrine (NE) and epinephrine (EPI). Pharmacological analysis and molecular cloning have shown that this receptor family has three subtypes ( $\alpha_{1A}, \alpha_{1B}$ ,  $\alpha_{1D}$ ), which have different pharmacological properties and amino acid sequences<sup>[1]</sup>. Four C-terminal splice variants of the  $\alpha_{1A}$ -AR have been found<sup>[2,3]</sup>. Stimulation of all three subtypes results in activation of the G<sub>q/11</sub> signaling pathway, involving activation of phospholipase C, generation of the second messengers inositol (1,4,5) triphosphate and diacylglycerol, and mobilization of intracellular calcium. Because of their clinical importance, research on  $\alpha_1$ -AR has been very active for many years. Several recent reviews have summarized this research from different perspectives<sup>[4-9]</sup>. In this review, we mainly focus on recent developments in subtype-selective drugs, genetically engineered mouse models, interacting proteins, receptor dimerization, and factors controlling receptor cell surface expression.

#### $\alpha_1$ -AR subtype selective drugs

Although all three  $\alpha_1$ -AR subtypes activate the same  $G_{q/11}$ protein signaling pathway, their different tissue distributions suggest that they play distinct functional roles. For example, the  $\alpha_{1A}$ -AR subtype has been considered to be the dominant receptor subtype controlling benign prostatic hypertrophy, and is an important therapeutic target for treatment of this disease<sup>[10]</sup>. Therefore, identifying the specific functions of individual  $\alpha_1$ -AR subtypes is of considerable therapeutic interest. Unfortunately, this has proved difficult because of difficulties in identifying highly subtype-selective drugs. Despite extensive efforts to address this difficulty, only a few subtype-selective compounds have been characterized<sup>[11,12]</sup>. WB 4101<sup>[13]</sup>, (+)-niguldipine<sup>[14]</sup>, and 5-methylurapidil<sup>[15]</sup> have been used extensively as  $\alpha_{1A}$ -AR selective antagonists, and BMY7378<sup>[16]</sup> is widely used to characterize  $\alpha_{1D}$ -AR. However, there has been little progress in identifying  $\alpha_{1B}$ -AR selective antagonists. Chlorethyclonidine was originally characterized as an  $\alpha_{1B}$ -AR selective site-directed alkylating agent<sup>[17]</sup>; however, it has limited selectivity in alkylating the cloned

subtypes, and is no longer widely used. Recently, a conopeptide isolated from a sea snail, known as  $\rho$ -TIA, was identified as a non-competitive  $\alpha_{1B}$ -AR antagonist<sup>[18,19]</sup> that may serve as an allosteric modulator, but acts as a competitive inhibitor at the other two subtypes<sup>[20,21]</sup>. This suggests that  $\rho$ -TIA may interact with a novel antagonist binding site specific to the  $\alpha_{1B}$ -AR and serve as a template for development of highly selective  $\alpha_{1B}$ -AR drugs.

### Genetically engineered mouse models

Since attempts to elucidate the function of individual receptor subtypes has been limited by a lack of agonists, antagonists, and antibodies with adequate subtype selectivity, recent studies using genetically engineered mice have shed some light on the contributions of each subtype to physiological responses to NE and EPI. In general,  $\alpha_1$ -AR knockout mice do not show overt physical abnormalities (Table 1). Studies in knockout mice lacking a single  $\alpha_1$ -AR subtype have shown that all three subtypes seem to be involved in the regulation of blood pressure. Consistent with previous pharmacological characterization *in vitro*, studies in  $\alpha_{1D}$ -AR knockout mice have shown that the  $\alpha_{1D}$ -AR subtype plays a dominant role in aortic contraction<sup>[22]</sup>. Not only do genetically engineered mouse models help clear up some of the confusing cardiovascular effects mediated by individual subtypes, they also provide clues as to the functional roles of each subtype in the central nervous system, where these receptors are expressed in high concentrations, but their functions have been difficult to determine. The involvement of  $\alpha_{1B}$ -AR in the regulation of locomotion has been suggested by pharmacological manipulation<sup>[23]</sup>. Interestingly, knockout mice lacking  $\alpha_{1B}$ -AR also showed decreased locomotor hyperactivity in response to psychostimulants and opiates, suggesting that targeting the  $\alpha_{1B}$ -AR might be a useful therapeutic strategy in the treatment of drug abuse<sup>[24]</sup>. In addition to the altered phenotypes being examined in the knockout or transgenic models, the underlying molecular mechanisms have been investigated using olignucleotide microarrays. Alteration in the expression of NMDA receptors, GABA<sub>A</sub> receptors, and apoptotic and calcium regulatory genes shown in transgenic murine brains may provide a potential molecular basis for neurodegeneration induced by overexpressed constitutively active  $\alpha_{1B}$ -AR<sup>[25]</sup>. Despite the new insights provided by the genetically engineered studies, some discrepancies have been noticed from different studies, such as the contribution of  $\alpha_{1B}$ -AR in the aortic contractile response<sup>[26,27]</sup>. In addition, some of the altered phenotypes observed in the  $\alpha_{IB}$ -AR knockout model may result from compensatory effects of other receptor subtypes<sup>[28]</sup>. Further

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investigation using classic pharmacological approaches with highly subtype-selective drugs would be useful to facilitate future interpretations of those data.

## **Receptor interacting proteins**

Recent studies have revealed that GPCR can interact with various cellular proteins in addition to the cognate G proteins, thereby expanding the receptor signaling network and establishing the distinct functional roles of closely-related receptor subtypes within the same family<sup>[29,30]</sup>. Those interacting proteins include cytoplasmic and membrane proteins that may play regulatory roles in receptor pharmacology, trafficking and signaling<sup>[31]</sup>. Although all three  $\alpha_1$ -AR subtypes couple to G<sub>q/11</sub> signaling pathways, previous studies have shown that the three subtypes can activate distinct downstream signaling components in the G<sub>a/11</sub> signaling pathway or couple to different signaling pathways<sup>[1]</sup>. Because of their relatively long C-termini, which have the least sequence homology among the three subtypes, most attention has been focused on finding binding partners interacting with this region. In addition, the sequence diversity in the third intracellular loop (I3 loop) is also attractive due to its importance in coupling to  $G_{q/11}$ . In a similar manner, it has been shown that the three  $\beta$ -AR subtypes differentially associate with a variety of proteins other than G proteins<sup>[32]</sup>. However, only a handful of interacting proteins have been identified for  $\alpha_1$ -AR subtypes (Table 2). A few of these interactions have been shown to have functional consequences, but most of them require further evaluation. For example, gC1qR and the mu2 subunit of the AP2 clathrin adaptor complex are involved in  $\alpha_{1B}$ -AR trafficking or internalization. Although transglutaminase II (Gh) is the first non-G<sub>q/11</sub> binding partner found to specifically associate with the  $\alpha_{1B}$ - and  $\alpha_{1D}$ -AR<sup>[33,34]</sup>, the  $\alpha_1$ -AR signaling pathways seem to remain intact in Gh knockout mice<sup>[35]</sup>. Nevertheless, the search for novel binding partners should be considered as an alternative approach to study the molecular differences among the three  $\alpha_1$ -AR subtypes.

### **Receptor dimerization**

Unlike the conventional view that GPCR are monomers, a growing body of evidence indicates that GPCR are able to form dimers or oligomers that are required for their pharmacology, function and/or cell surface expression. This concept has gained great appreciation for the class III GPCR subfamily, including the GABA<sub>B</sub> receptors<sup>[36,37]</sup> and taste receptors<sup>[38]</sup>. However, the significance of class I GPCR dimerization has been under debate, due to difficulties in identify-

	No alteration	Altered phenotype Ref	erence
Knockout			
$\alpha_{1A}$	Cardiac output and renal function	Decreased basal blood pressure; reduced blood pressure response to $\alpha_1$ agonist (PE)	[55]
$\alpha_{1B}$	Basal blood pressure	Reduced blood pressure and aorta contractile responses to $\alpha_1$ agonists (NE, PE)	[26]
	General physical mobility (motor activity)	Impaired modulation of memory consolidation and fear-motivated exploratory activity	[56]
		Increased exploratory response to novelty Attenuated hypertrophic growth after vascular injury	[57] [58]
	Blood glucose, insulin and free fatty acid levels in the fed state	Elevated leptin concentration in the fed state; impaired glucose homeostasis and free fatty acid levels in the fasted state; increased parasympathetic activity	[59]
	Basal dopaminergic activity and basal locomotor behavior	Reduced locomotor responses induced by psychostimulants and opiates	[24]
$\alpha_{_{1D}}$	Cardiac function	Decreased basal blood pressure; decreased aorta contractile response to $\alpha_1$ agonists (NE, PE)	[22]
	Renal function Att Mechanical and chemical nociception Imp	Attenuated increase in blood pressure in salt-induced hypertension Impaired thermal nociception	[60] [61]
	Basal locomotor activity Hypertrophic growth after vascular injury	Better motor coordination; impaired working memory or attention	[62] [58]
$\alpha_{_{1A}}/\alpha_{_{1B}}$	Heart sizes for female mice; basal blood pressure	Smaller heart sizes for male mice; decreased heart rate	[63]
		Increased myocardial contraction; decreased responsiveness to $\beta$ -AR stimulation	[64]
Overexpression			
α <sub>1A</sub>	Basal blood pressure	Enhanced cardiac contractility	[65]
α <sub>1B</sub>	Basal blood pressure	Cardiac hypertrophy	[66]
		Granulovascular neurodegeneration; locomotor impairment and seizure	
	Basal cardiac parameters (heart rate, blood pressure)	Myocardial hypertrophy and hypertension Decreased inotropic response to PE	[68] [69]

**Table 1.** Characteristics of  $\alpha_1$ -AR knockout or overexpression models.

NE, norepinephrine; PE, phenylephrine.

ing unique functional responses or pharmacological properties. Our group has shown that the three  $\alpha_1$ -AR subtypes can form homodimers and subtype-specific heterodimers with other AR<sup>[39,40]</sup>, which has been confirmed by data from other groups<sup>[41,42]</sup>. Because truncation of either the amino or the carboxyl terminus of the receptor does not affect receptor dimerization<sup>[40]</sup>, the transmembrane domains or associated loops have been proposed to be involved in this interaction. Because the pharmacological analyses of the three cloned  $\alpha_1$ -AR subtypes in heterologous expression systems have not yet recapitulated all the receptor subtypes previously defined by pharmacological criteria in tissues, such as the  $\alpha_{1L}$ -AR<sup>[43]</sup>, the newly found receptor dimers have been hypothesized to perform atypical  $\alpha_1$ -AR pharmacology, which has been seen in the opioid receptor family<sup>[44]</sup>. Although the homo- or heterodimers formed by  $\alpha_{1A}$ -AR C-terminal splice variants have failed to show any novel pharmacology when studied with existing selective drugs<sup>[45]</sup>, it is still hard to conclude that the dimerization does not have effects on receptor pharmacology, because the available drugs are limited and the particular receptor dimers may yet be identified. On the other hand, the  $\alpha_1$ -AR sub-

Subtypes	Interacting proteins	Interacting domains	Roles	Reference
$\alpha_{lA}$	Regulator of G protein signaling 2 (RGS2)	I3 loop	Signaling	[70]
	Bone morphogenetic protein-1 (BMP-1)	C-terminus	Unknown	[71]
	nNOS	Unknown	Unknown	[72]
	Active Bcr-related protein			[73]
	Filamin C	C-terminus	Unknown	[73]
	Tissue transglutaminase (Gh)	I3 loop	Signaling	[33,34]
$\alpha_{1B}$	Spinophilin	I3 loop	Signaling	[74]
	gC1qR	C-terminus	Cellular localization	[75]
	AP2 clathrin adaptor complex, $\mu_2$ subunit	C-terminus	Internalization	[76]
	nNOS	Unknown	Unknown	[72]
	Filamin C	C-terminus	Unknown	[73]
	Tissue transglutaminase (Gh)	I3 loop	Signaling	[34]
$\alpha_{1D}$	gC1qR	C-terminus	Unknown	[77]
	nNOS	Unknown	Unknown	[72]
	Filamin C	C-terminus	Unknown	[73]

Table 2. Receptor interacting proteins other than  $G_{q/11}$  with potential functional roles.

type-specific dimerization has been found to be important for receptor trafficking and signaling (summarized in the next section).

### $\alpha_{1D}$ -AR cell surface expression

Theoretically, all three  $\alpha_1$ -AR subtypes should be present at the cell surface to be recognized by their highly hydrophilic natural ligands that are unlikely to cross cell membranes. However, when expressed in recombinant systems, the  $\alpha_{1D}$ -AR subtype has been noted to show almost exclusively intracellular expression<sup>[46,47]</sup>, which makes them difficult to characterize. We recently reported that cell surface expression of the  $\alpha_{1D}$ -AR could be specifically rescued by coexpression with the  $\alpha_{1B}$ -AR but not the  $\alpha_{1A}$ -AR<sup>[48]</sup>. The coexpressed receptors seem to form a new receptor entity, and then modulate signaling and internalization of each receptor subtype in the complex. Recently, the  $\beta_2$ -AR was also reported to be able to translocate  $\alpha_{1D}$ -AR<sup>[49]</sup>. Besides receptor dimerization, removal of the long amino-terminus of the  $\alpha_{1D}$ -AR has also been shown to facilitate translocation of intracellular receptors to the cell surface<sup>[50]</sup>. Subsequent studies using receptor N-terminal chimeras showed that this N-terminal domain might convey a retention signal to prevent receptor cell surface expression<sup>[51]</sup>. Moreover, the density of  $\alpha_{1D}$ -AR cell surface expression was shown to increase upon sequential truncation<sup>[52]</sup>.

### **Future directions**

In the past few years, our knowledge of the functional

roles of the  $\alpha_1$ -AR family has been dramatically expanded using many different approaches. These findings generate several interesting directions that may be worth pursuing.

1 Further development of highly subtype-selective drugs, especially non-competitive antagonists: most of the specific  $\alpha_1$ -AR drugs available are competitive antagonists with moderate subtype-selectivity, which also target other cell surface proteins. Since the three  $\alpha_1$ -AR subtypes have relatively high homologies among the transmembrane domains that are believed to form the ligand binding pocket, designing new subtype-selective drugs that compete for this site has not been easy. However, development of noncompetitive drugs may be a good strategy because those drugs normally recognize a different site with less homology. This strategy has been successfully applied in designing highly subtype-selective drugs for other GPCR<sup>[53]</sup>.

2 Investigate the physiological relevance of receptor oligomers: the success of this direction requires the advance of two other research fields, characterization of subtype-specific antibodies and development of new  $\alpha_1$ -AR drugs. Although receptor dimerization and protein–protein interactions have been identified in recombinant systems, and their importance in advancing our knowledge of the  $\alpha_1$ -AR family has been recognized, their physiological relevance *in vivo* cannot be confirmed and exploited without subtype-specific antibodies. On the other hand, new subtype-selective drugs may recognize the discrete pharmacology of receptor dimers, therefore expanding the existing cloned  $\alpha_1$ -AR family and providing new therapeutic targets.

3 Characterize subtype-specific interacting proteins: the

growing list of GPCR interacting proteins has elucidated the molecular mechanisms of the differences among subtypes, which could lead to the development of drugs specifically targeting to such interactions. Because previous evidence suggests that the three  $\alpha_1$ -AR subtypes might couple to different signaling pathways, it is likely that more interacting proteins would be identified through the approaches that have been successfully used, such as yeast two-hybrid screenings and pull-down assays with fusion proteins.

**4** Study the functional role of  $\alpha_1$ -AR in the central nervous system<sup>[5]</sup>. In fact, almost all typical and atypical antipsychotics are  $\alpha_1$ -AR antagonists, although they show little, if any, subtype selectivity<sup>[54]</sup>. In addition, tricyclic antidepressants are also  $\alpha_1$ -AR antagonists, and it is possible that this property may contribute to their therapeutic efficacy. We believe that studies focusing on those directions would further improve our understanding of the functional roles of each  $\alpha_1$ -AR subtype.

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