

## Full-length article

**Anticancer activity of sodium caffeate and its mechanism<sup>1</sup>**Feng XU<sup>2,3,4</sup>, Sheng-hua ZHANG<sup>3</sup>, Rong-guang SHAO<sup>3</sup>, Yong-su ZHEN<sup>3</sup><sup>2</sup>Department of Pharmacology, Zhujiang Hospital, Southern Medical University, Guangzhou 510280; <sup>3</sup>Department of Oncology, Institute of Medicinal Biotechnology, Chinese Academy of Medical Sciences and Peking Union Medical College, Beijing 100050, China**Key words**

caffeic acid; anticancer activity; cell division; cell apoptosis; cell cycle; phytogetic antineoplastic agent; flow cytometry; Western blotting

<sup>1</sup>Project supported by the National Key Basic Research Development Program of China (No. 2002CB513108).<sup>4</sup>Correspondence to Dr Feng XU.  
Phn 86-20-6164-3555.  
Fax 86-20-6164-3020.  
E-mail andrewfxu@sina.com.cnReceived 2005-03-16  
Accepted 2005-06-24

doi: 10.1111/j.1745-7254.2005.00196.x

**Abstract**

**Aim:** To study the anticancer activity of sodium caffeate (SC). **Methods:** A nucleoside transport assay was used to analyze the inhibitory effects of SC on nucleoside rescue. The MTT assay was used to measure cell proliferation. Flow cytometry was used to measure the apoptosis of BEC-7402 induced by SC and the cell cycle distribution change. Western blotting analysis was employed to investigate Bcl-2, caspase and Bax expression. Intracellular Ca<sup>2+</sup> and mitochondrial membrane potential were determined by flow cytometry. *In vivo* anti-tumor activity was measured using a tumor transplantation model in mice. **Results:** SC inhibited the nucleoside transport of BEL-7402 cells with an IC<sub>50</sub> of 1.02 mg/mL. SC inhibited tumor cell proliferation with an IC<sub>50</sub> between 100 µg/mL and 200 µg/mL. SC induced BEL-7402 cell apoptosis in a time- and dose-dependent manner, which was induced by arresting cells in S phase. The *in vivo* study showed that tumor growth was inhibited in a dose-dependent manner. Activated caspase-3 and Bax expression were up-regulated after treatment with SC, while Bcl-2 expression was down-regulated. Intracellular Ca<sup>2+</sup> was increased while mitochondrial membrane potential was decreased by SC. **Conclusion:** SC is a new anticancer agent with promising potential.

**Introduction**

There have been an increasing number of anticancer phytochemicals identified in our daily diet. Some of the most promising and extensively investigated are those present in the cruciferous family of vegetables, alliums and tea. Phytochemicals should be considered as an inexpensive and readily applicable, acceptable and accessible approach to cancer control and management for general populations. This is particularly important considering the sluggish progress made in cancer treatment. It is still an urgent task to seek new anticancer drugs from natural resources in oncology pharmacology.

Cinnamic acid is one of the phytochemicals with potential chemopreventive effects in preventing carcinogenesis<sup>[1,2]</sup>. Cinnamamide, a natural compound containing the cinnamic acid structure, is a new antitumor agent that acts on matrix metalloproteinase, which has been demonstrated by previous work in our laboratory<sup>[3]</sup>. Caffeic acid (3,4-dihydroxy-

cinnamic acid) is a polyphenol that is found in coffee, fruits, vegetables, grains and many others plants<sup>[4-7]</sup>. It is also particularly abundant in propolis beehives with 20%–25% content and has various pharmacological activities, such as antioxidant and antiviral effects<sup>[8]</sup>. The anticancer effect of caffeic acid, however, has not been reported up to now. Because caffeic acid is prone to air oxidation and is only slightly soluble in water, its stable sodium salt (sodium caffeate, SC) was prepared in our laboratory and used in the present study. Here we report the antitumor effect of SC both *in vitro* and *in vivo*.

**Materials and methods**

**Reagents** RPMI-1640 medium was purchased from Gibco BRL (Gaithersburg, Maryland, USA). Fetal calf serum (FCS) was purchased from Hyclone (Logan, Utah, USA). MTT, nonidet P-40 (NP-40), phenylmethylsulfonyl fluoride (PMSF), aprotinin, ponceau S, Triton X-100, propidium

iodide, Fluo-3, rhodamine 123, RNase A, proteinase K, Hoechst 33342 and other reagents were purchased from Sigma (StLouis, Missouri, USA). [ $^3\text{H}$ ]TdR was purchased from Chinese Atomic Energy Institutes (Beijing, China). Annexin V-FITC/PI apoptosis detection kit was purchased from BioVision company (Hannover, Germany). Mouse anti-Bcl-2 monoclonal antibody, mouse anti-caspase-3 monoclonal antibody and rabbit anti-bax polyclonal antibody were products of Calbiochem (San Diego, California, USA). Horseradish peroxidase-conjugated secondary anti-mouse antibody and anti-rabbit antibody were products of Santa Cruz Biotechnology, Inc (Santa Cruz, California, USA). Enhanced luminol reagent and oxidizing reagent were products of NEN Life Science Products (Boston, Massachusetts, USA). Dr Dan-qing SONG in Department of Chemistry, Institute of Medicinal Biotechnology (Beijing, China) synthesized the SC.

**Cells and carcinoma** Human oral cavity epidermis squamocellular carcinoma cell line (KB), human hepatocarcinoma cell line (BEL-7402) and human acute promyelocytic cell line (HL-60) were purchased from the Shanghai Institute of Cell Biology, Chinese Academy of Sciences (Shanghai, China), and were grown routinely in RPMI-1640 supplemented with 10% heat-inactivated FCS. The medium was supplemented with 100 U/mL penicillin, 100  $\mu\text{g}/\text{mL}$  streptomycin and 2 mmol/L glutamine, and the cells were incubated in a humidified atmosphere, with 5%  $\text{CO}_2$  in air at 37 °C.

Mouse-transplanted hepatocarcinoma H22 and mouse colorectal cancer C26 cell lines were maintained by serial transplantation into mice in our laboratory. Kunming species mice were supplied by the Experimental Animal Center, Chinese Academy of Medical Sciences (Beijing, China).

**Nucleoside transport assay**<sup>[9]</sup> Briefly, cells in the logarithmic growth phase were harvested. The cell suspension was prepared with RPMI-1640 medium at  $5 \times 10^6$  in 0.9 mL in each test tube. Different concentrations of SC in 0.1 mL RPMI-1640 were added and the tube was kept in a water bath at 37 °C for 5 min. Phosphate-buffered solution (PBS) was used as a control. RPMI-1640 0.1 mL (containing  $3.7 \times 10^4$  Bq of [ $^3\text{H}$ ]TdR in medium free of serum) was added for 30 s and 5 mL ice-cold normal saline was added to terminate the reaction. The reaction was filtrated through a GF/B glass fiber filter (Whatman International, Maidstone, UK) under vacuum. The filters were washed with 0.2 mL of 1 mol/L NaOH and 0.5 mL ethanol, dried under vacuum and placed in scintillation vials containing 2 mL of dimethylbenzene with 0.4% PPO/0.01% POPOP. The cpm (counts per minute) were measured using an LS-9800 scintillometer (Beckman Instruments, Fullerton, California, USA).

**MTT assay** Briefly, cells in the logarithmic growth phase were harvested and seeded in 96-well plates (Costar, Cambridge, Massachusetts, USA) overnight. The test compound was added and cells were further incubated for 72 h. The viability of cells was determined using the MTT assay according to the method described by Carmichael *et al*<sup>[10]</sup>.

**Long-term clonogenicity** Cell survival was tested using a clonogenic assay, as described by Valduga *et al*<sup>[11]</sup>. Briefly, cells in the logarithmic growth phase were harvested and 250 cells/mL of a single-cell suspension was prepared with medium. The cell suspension 200  $\mu\text{L}$  was seeded in 96-well plates (50 cells/well) overnight, and the test compound was added. After 1 week of incubation at 37 °C in air with 5%  $\text{CO}_2$ , colonies were counted.

**Flow cytometry** After appropriate treatment, cells were harvested by centrifugation and washed with PBS. The cells were fixed with ice-cold 75% ethanol for 18 h at 4 °C. The cell apoptosis was measured according to the protocol of Annexin V-FITC/PI apoptosis detection kit. Cell cycles change was measured by treatment of the fixed cell suspensions which were washed with PBS and stained with 80  $\mu\text{L}$  of 50  $\mu\text{g}/\text{mL}$  propidium iodide and 50  $\mu\text{g}/\text{mL}$  RNase A for 30 min in the dark. Samples were run through an EPICS XL flow cytometer (Coulter, Miami, Florida, USA). Results are presented as the number of cells versus the amount of DNA as indicated by the intensity of fluorescence<sup>[12]</sup>. The results on flow cytometry represented the average of 3 individual experiments.

**Western blotting assay** The cells were lysed in lysis buffer at 4 °C with sonication. The lysates were centrifuged at 15 000 $\times g$  for 15 min and the concentration of protein in each lysate was determined using Coomassie Brilliant Blue G-250. Loading buffer was added to each lysate, which was subsequently boiled for 3 min and then electrophoresed by sodium dodecyl sulfate-polyacrylamide gel electrophoresis. Proteins were transferred to nitrocellulose and incubated with anti-Bcl-2, anti-caspase-3 or anti-Bax antibodies and then with peroxidase-conjugated secondary antibodies. Detection was carried out using an enhanced chemiluminescence agent<sup>[13,14]</sup>. The results on Western blot analysis represented the average of 3 individual experiments.

**Intracellular  $\text{Ca}^{2+}$  and mitochondrial membrane potential ( $\Delta\psi$ )** Following appropriate treatment, cells were collected by centrifugation and incubated at 37 °C with Fluo-3 for 40 min and then with rhodamine 123 for 20 min. Cells were then washed 3 times with cold PBS, and the intracellular  $\text{Ca}^{2+}$  concentration and  $\Delta\psi$  were measured by flow cytometry<sup>[15-17]</sup>.

**Tumor transplantation and drug administration** H22 as-

cites were diluted to  $7.5 \times 10^5$ /mL suspension and 0.2 mL of the cell suspension was inoculated subcutaneously into the right axilla of each mouse of the Kunming species (weighing  $20 \pm 2$  g). A C26 tumor-cell suspension was prepared by gently suspending tumor tissue in normal saline (1 g of tumor tissue with 3 mL of normal saline) in a cold water bath and inoculated as above. After 24 h of tumor cell inoculation, SC was administered intraperitoneally for 10 d. Normal saline was used as a control. On the d 11 the mice were killed, and body weight and tumor tissue were weighed.

**Statistical analysis** The data are the mean values of at least 3 experiments and are expressed as mean $\pm$ SD. The Student's *t*-test was used to compare data.  $P < 0.05$  was considered to be statistically significant.

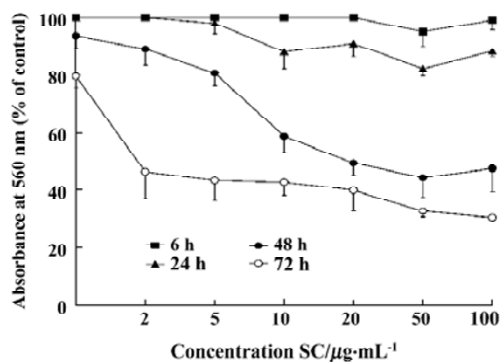
## Results

**Inhibition of nucleoside transport by SC** SC inhibited nucleoside transport in the hepatocarcinoma BEL-7402 cell line with an  $IC_{50}$  of 1.02 mg/mL. However, the inhibiting effect on nucleoside transport was not very strong.

**Inhibition of proliferation and induction of apoptosis by SC** SC inhibited tumor-cell proliferation with an  $IC_{50}$  of between 100  $\mu$ g/mL and 200  $\mu$ g/mL (Table 1). Inhibition of BEL-7402 cells proliferation by SC was dose-dependent and time-dependent (Figure 1).

**Table 1.** Inhibition of proliferation by sodium caffeate treatment for 72 h in different cell lines.  $n=3$ . Mean $\pm$ SD.

Cell line	$IC_{50}$ / $\mu$ g $\cdot$ mL $^{-1}$
HL-60	135 $\pm$ 19
KB	157 $\pm$ 22
BEL-7402	192 $\pm$ 28



**Figure 1.** Inhibition of proliferation by SC in BEL-7402 cells.  $n=3$ . Mean $\pm$ SD.

Flow cytometry showed that SC induced BEL-7402 cell apoptosis in a time- and dose-dependent manner (Table 2). After 24 h of treatment with SC, the cell cycle changed. The percentages of cells in S phase increased markedly while percentages of cells in G<sub>2</sub>/M phase decreased, which suggested the apoptosis was induced by arresting the cells in S phase (Table 3).

**Table 2.** SC-induced apoptosis (%) in BEL-7402 cells.  $n=3$ . Mean $\pm$ SD.

SC / $\mu$ g $\cdot$ mL $^{-1}$	24 h	48 h	72 h
0	2.3 $\pm$ 1.2	2.4 $\pm$ 1.1	7.8 $\pm$ 5.2
25	13.2 $\pm$ 4.5	15.0 $\pm$ 2.8	42.7 $\pm$ 15.5
100	27.4 $\pm$ 3.9	44.4 $\pm$ 10.1	55.9 $\pm$ 16.3
400	41.1 $\pm$ 10.1	62.4 $\pm$ 12.5	77.7 $\pm$ 18.5

**Table 3.** Effect of sodium caffeate on cell cycle of BEL-7402 cells.  $n=3$ . Mean $\pm$ SD.

SC / $\mu$ g $\cdot$ mL $^{-1}$	G <sub>1</sub>	S	G <sub>2</sub> /M
0	55.0 $\pm$ 7.2	22.3 $\pm$ 2.3	22.7 $\pm$ 2.3
10	64.4 $\pm$ 10.0	26.7 $\pm$ 5.6	8.9 $\pm$ 2.2
25	65.1 $\pm$ 11.1	28.8 $\pm$ 6.9	6.1 $\pm$ 1.7
100	65.7 $\pm$ 8.9	34.3 $\pm$ 7.5	0.0 $\pm$ 0.0
400	66.5 $\pm$ 7.1	33.5 $\pm$ 5.6	0.0 $\pm$ 0.0

**Inhibition of clonogenicity by SC** SC inhibited cell clonogenicity with an  $IC_{50}$  between 0.5  $\mu$ g/mL and 3  $\mu$ g/mL (Table 4). SC was capable of inhibiting the different cell lines to different extents.

**Table 4.** Clonogenicity inhibition by sodium caffeate.  $n=3$ . Mean $\pm$ SD.

Cell line	$IC_{50}$ / $\mu$ g $\cdot$ mL $^{-1}$
KB	0.45 $\pm$ 0.04
BEL-7402	2.89 $\pm$ 0.07

**Effect of SC on transplanted tumor growth** H22 and C26 were inoculated subcutaneously into mice. After SC administration for 10 d, tumor growth was inhibited in a dose-dependent manner. No significant difference in body weight was found between the groups, suggesting that SC does not show toxicity *in vivo* (Table 5 and 6).

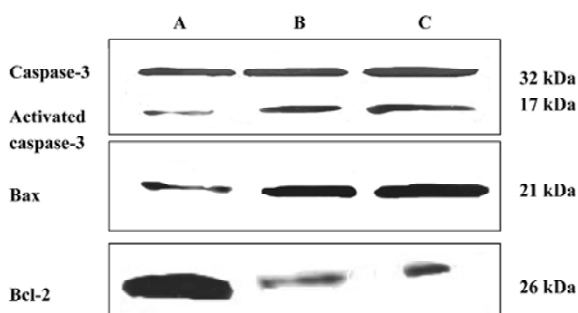
**Table 5.** Anti-tumor activity of sodium caffeate treatment for 10 d on Kunming mice with transplanted H22 cells. <sup>c</sup>*P*<0.01 vs control. *n*=10. Mean±SD. No mouse died during the experimental period.

Group	Dose /g· kg <sup>-1</sup>	Body weight change/g	Tumor weight/g	Inhibition/%
Control	0.00	+4.9	4.13±0.19	0
SC	0.15	+4.3	3.00±0.69	27.4 <sup>c</sup>
SC	0.50	+5.1	2.90±0.58	29.9 <sup>c</sup>
SC	1.00	+4.0	2.40±0.64	41.9 <sup>c</sup>
SC	2.00	+5.5	1.19±0.59	71.2 <sup>c</sup>

**Table 6.** Anti-tumor activity of sodium caffeate treatment for 10 d on Kunming mice with on transplanted C26 cells. <sup>c</sup>*P*<0.01 vs control. *n*=10. Mean±SD. No mouse died during the experimental period.

Group	Dose /g· kg <sup>-1</sup>	Body weight change/g	Tumor weight/g	Inhibition/%
Control		+2.5	2.66±0.54	
SC	0.5	+3.8	1.85±0.65	30.5 <sup>c</sup>
SC	1.0	+5.8	1.22±0.36	54.1 <sup>c</sup>
SC	2.0	+5.6	1.13±0.42	57.5 <sup>c</sup>

**Effect of SC on expression of apoptosis-associated proteins** The bands were scanned with light density. Activated caspase-3 and Bax expression were up-regulated after SC treatment, while Bcl-2 expression was down-regulated (Figure 2).



**Figure 2.** Caspase-3, Bax and Bcl-2 expression in BEL-7402 cells treated with sodium caffeate (SC). (A) Control; (B) 10 µg/mL SC; and (C) 25 µg/mL SC.

**Effect of SC on intracellular Ca<sup>2+</sup> and mitochondrial membrane potential** After treatment with 10 µg/mL SC for 24 h, intracellular Ca<sup>2+</sup> was increased 1.78-fold compared to the control. Δψ was decreased by 22.7% compared to the

control. The results showed that SC increased intracellular Ca<sup>2+</sup> levels and decreased Δψ.

## Discussion

Most anti-metabolites in tumor chemotherapy inhibit nucleoside *de novo* synthesis but can not block nucleoside rescue in cancer cells. It is therefore important to control nucleoside rescue by inhibiting nucleoside transport. Previous work found that dipyrindamole enhanced the anticancer effect of acivicin by inhibiting nucleoside transport<sup>[9]</sup>. The present study demonstrated that SC was a new member of the nucleoside transport inhibitor family.

Caffeic acid is an active phytophenol that has been found to inhibit rat glutathione-S-transferase isoenzymes both *in vitro* and *in vivo*<sup>[18]</sup>. A large number of population-based studies have found that consumption of wholegrains, vegetables and fruits abundant in caffeic acid reduces the risk of cancer<sup>[19-21]</sup>. The aqueous extract of *Salvia miltiorrhiza*, a traditional Chinese herb containing caffeic acid was found to strongly inhibit the proliferation of human hepatoma HepG<sub>2</sub> cells. It was also observed that its crude extract caused apoptotic cell death<sup>[22]</sup>. Salvianolic acid A, a caffeic acid trimer, showed synergistic effects in combination with other antitumor agents. Further, salvianolic acid A could increase the antitumor effects of 5-fluorouracil without increasing its toxicity in an animal study<sup>[2]</sup>. However, no report has been published on the anticancer effects of caffeic acid either *in vitro* or *in vivo*. We are the first to report that the sodium salt of caffeic acid inhibits proliferation of cancer cells, with IC<sub>50</sub> between 100 µg/mL and 200 µg/mL. Further, we showed that it induced the apoptotic cell death and changed cell-cycle distribution by arresting cells in S phase. The *in vivo* study showed that SC inhibited the tumor growth of transplanted H22 and C26 cells in mice with an inhibition rate of 42%–54% when treated with 1 g/kg SC for 10 d.

Preliminary studies on the anticancer mechanism of SC demonstrated that after treatment with SC, Bcl-2 expression was down-regulated and mitochondrial membrane permeability was changed. The mitochondrial permeability transition pore was opened and the mitochondrial membrane potential was broken up. The mitochondrion was swelled and in α state of hyperosmosis before apoptosis was induced. Meanwhile cytochrome c was released, caspase-3 was activated in the presence of Apaf-1 and caspase-9, and apoptosis was induced<sup>[23-27]</sup>.

## References

- 1 Liu L, Hudgins WR, Shack S, Yin MQ, Samid D. Cinnamic acid:

- a natural product with potential use in cancer intervention. *Int J Cancer* 1995; 62: 245–50.
- 2 Jiang RW, Lau KM, Hon PM, Mak TC, Woo KS, Fung KP. Chemistry and biological activities of caffeic acid derivatives from *Salvia miltiorrhiza*. *Curr Med Chem* 2005; 12: 237–46.
  - 3 Jiang XF, Zhen YS. Cinnamamide, an antitumor agent with low cytotoxicity acting on matrix metalloproteinase. *Anticancer Drugs* 2000; 11: 49–54.
  - 4 Radtke J, Linseisen J, Wolfram G. Phenolic acid intake of adults in a Bavarian subgroup of the national food consumption survey. *Ernahrungswiss* 1998; 37: 190–7.
  - 5 Eberhardt MV, Lee CY, Liu RH. Antioxidant activity of fresh apples. *Nature* 2000; 405: 903–4.
  - 6 Mattila P, Kumpulainen J. Determination of free and total phenolic acids in plant-derived foods by HPLC with diode-array detection. *J Agric Food Chem* 2002; 50: 3660–7.
  - 7 Bryngelsson S, Dimberg LH, Kamal-Eldin A. Effects of commercial processing on levels of antioxidants in oats (*Avena sativa* L). *J Agric Food Chem* 2002; 50: 1890–6.
  - 8 Greenaway W, Scaysbrook T, Whatley FR. The analysis of bud exudate of *Populus x euramericana* and of propolis by gas chromatography-mass spectrometry. *Proc R Scot Lond* 1987; B232: 249–72.
  - 9 Zhen YS, Liu MS, Weber G. Effects of acivicin and dipyridamole on hepatoma 3924A cells. *Cancer Res* 1983; 43: 1616–9.
  - 10 Carmichael J, Degraff WG, Gazdar AF, Minna JD, Mitchell JB. Evaluation of a tetrazolium-based semiautomated colorimetric assay: assessment of chemosensitivity testing. *Cancer Res* 1987; 47: 936–42.
  - 11 Valduga G, Reddi E, Garbisa S, Jori G. Photosensitization of cells with different metastatic potentials by liposome-delivered Zn-(II)-pathalocyanine. *Int J Cancer* 1998; 75: 412–7.
  - 12 Chiao C, Carothers AM, Grunbergers D, Solomon G, Preston GA, Barrett JC. Apoptosis and altered redox state induced by caffeic acid phenethyl ester (CAPE) in transformed rat fibroblast cells. *Cancer Res* 1995; 55: 3576–83.
  - 13 Hu ZB, Minden MD, McCulloch EA. Post-transcriptional regulation of bcl-2 in acute myeloblastic leukemia: significance for response to chemotherapy. *Leukemia* 1996; 10: 410–6.
  - 14 Xu F, Zhen YS. (-)-Epigallocatechin-3-gallate enhances anti-tumor effects of cytosine arabinoside on HL-60 cells. *Acta Pharmacol Sin* 2003; 24: 163–8.
  - 15 Kluck RM, McDougall CA, Harmon BV, Halliday JW. Calcium chelators induce apoptosis: evidence that raised intracellular ionized calcium is not essential for apoptosis. *Biochim Biophys Acta* 1994; 1223: 247–54.
  - 16 Tatton WG, Olanow CW. Apoptosis in neurodegenerative diseases: the role of mitochondria. *Biochim Biophys Acta* 1999; 1410: 195–213.
  - 17 Ichas F, Mazat JP. From calcium signaling to cell death: two conformations for the mitochondrial permeability transition pore. Switching from low to high conductance state. *Biochim Biophys Acta* 1998; 1366: 33–50.
  - 18 Ploemen JH, van Ommen B, de Haan A, Schefferlie JG, van Bladeren PJ. *In vitro* and *in vivo* reversible and irreversible inhibition of rat glutathione-S-transferase isoenzymes by caffeic acid and its 2-S-glutathionyl conjugate. *Food Chem Toxicol* 1993; 31: 475–82.
  - 19 Shahrzad S, Bitsch I. Determination of some pharmacologically active phenolic acids in juices by high-performance liquid chromatography. *J Chromatogr A* 1996; 741: 223–31.
  - 20 Slavin J, Jacobs D, Marquart L. Whole-grain consumption and chronic disease: protective mechanisms. *Nutr Cancer* 1997; 27: 14–21.
  - 21 Surh YJ. Transcription factors in the cellular signaling network as prime targets of chemopreventive phytochemicals. *Cancer Treat Res* 2004; 36: 275–86.
  - 22 Liu J, Shen HM, Ong CN. *Salvia miltiorrhiza* inhibits cell growth and induces apoptosis in human hepatoma HepG<sub>2</sub> cells. *Cancer Lett* 2000; 153: 85–93.
  - 23 Yang J, Liu X, Bhalla K, Kim CN, Ibrado AM, Cai J, *et al*. Prevention of apoptosis by Bcl-2: release of cytochrome c from mitochondria blocked. *Science* 1997; 275: 1129–32.
  - 24 Adams JM, Cory S. The Bcl-2 protein family: arbiters of cell survival. *Science* 1998; 281: 1322–6.
  - 25 Thornberry NA, Lazebnik Y. Caspase: enemies within. *Science* 1998; 281: 1312–6.
  - 26 Green DR, Reed JC. Mitochondria and apoptosis. *Science* 1998; 281: 1309–12.
  - 27 Wallace DC. Mitochondrial disease in man and mouse. *Science* 1999; 283: 1482–8.