

NEWS

India's drug problem

Chemists show how waste-water contamination affects ecosystem.

Waste flowing out of a treatment plant near Hyderabad in India pollutes the region's waters with some of the highest levels of pharmaceuticals ever detected in the environment. In a paper being released online this week, researchers in Sweden report how this effluent has serious adverse effects on the development of tadpoles and zebrafish¹.

The findings raise concerns for the health of wildlife and ecosystems in the region, as well as underscoring little-studied potential effects on human health.

"The volume of drug production in that valley is overwhelming the system," says Stan Cox, a researcher at the Land Institute in Salina, Kansas. "Even though they have good [environmental] laws on the books, they're being swamped by the production."

For several years, the National Geophysical Research Institute in Hyderabad and the country's Central Pollution Control Board in Delhi have monitored heavy metal and other pollutants around the town of Patancheru, which is home to factories producing solvents

and other chemicals. But although Patancheru is also home to numerous drug companies, the government has not monitored for drugs being released into the environment.

In 2007, however, a team led by environmental scientist Joakim Larsson of the University of Gothenburg in Sweden published results from one waste-treatment facility, Patancheru Enviro Tech Ltd (PETL)². Around 90 companies in the

region that manufacture active pharmaceutical ingredients, or assemble final drug products, send their waste to PETL. With permission, Larsson's team sampled the waste exiting the plant; they found drugs including the

antibiotic ciprofloxacin, at concentrations of up to 31,000 micrograms per litre, and the antihistamine cetirizine, at up to 1,400 micrograms per litre. The team estimated that the amount of ciprofloxacin entering the river from the plant could amount to up to 45 kilograms a day — the equivalent of 45,000 daily doses, says Larsson.

In new work, he and co-workers exposed tadpoles and zebrafish embryos to diluted PETL effluent, equivalent to river water downstream

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MAHESH KUMAR/AP

of the plant. At the lowest concentration tested — equivalent to 1,500 cubic metres of effluent diluted in 750,000 cubic metres of river water, or a 0.2% concentration — the tadpoles experienced 40% reduced growth compared with controls. And at concentrations of 8–16%, zebrafish embryos lost colour and movement within two days of fertilization, among other developmental effects.

Larsson's team has also found drugs in

French scientists revolt against government reforms

University lecturers and researchers in France began a national strike on 2 February over a draft decree that would change their job descriptions and procedures for promotion.

The row has brought to a head simmering resentment among many researchers over ongoing broader reforms of research and higher education. It has been further fuelled by President Nicolas Sarkozy's criticisms of the country's researchers in a fiery speech last week.

The government's decree seems, at first glance, fairly innocuous. For the first time, evaluations of university researchers will include their contributions to teaching and university governance, and not be based solely on their research. Universities will also be given the power to change how much time staff spend on teaching and research.

So why has the decision provoked such a vocal and widespread outcry? One reason is that university researchers are used to being assessed nationally. The new policy, which is in line with the government's overall goal of giving universities greater autonomy, transfers that responsibility to the university president and board.

Scientists fear that cash-strapped universities might cut research time and force them to do more teaching, at a time when posts are being cut. In an open letter co-authored by Albert Fert, a 2007 Nobel laureate in physics from the University of Paris-Sud, top academics last week expressed worries that the changes would give university administrators too much control over scientists' work, and risk "clientship and localism".

Such concerns reflect the fact that French scientists generally trust the established



Strikes have swept across France.



Water tested near Hyderabad contains some of the highest environmental drug levels known.

nearby lakes that do not receive effluent from the PETL plant — which suggests that drugs may also be entering the environment by means other than waste-treatment flow. Past reports, including a 2004 review commissioned by the Indian Supreme Court, noted that the PETL plant could not handle all of the waste arriving

for treatment over the years. Local villagers speculated that drivers may have dumped their waste elsewhere.

The problem is gaining media attention. In January, *The Times of India* reported that the office of prime minister Manmohan Singh asked the local pollution board to start collecting data on pharmaceuticals in Patancheru's waters. And an Associated Press report last month triggered a spate of local news stories highlighting the issue.

Sri M. Narayana Reddy, president of the Hyderabad-based Bulk Drug Manufacturers Association (India), questions the validity of the research. In the past decade, Reddy says, drug manufacturers have worked to clean up their effluent, but a legacy of pollution from three decades of chemical manufacturing remains in the region's groundwater and surface water. He also notes that no manufacturer would want to lose such large quantities of a valuable drug such as ciprofloxacin. "At 20 dollars a kilogram, that's not economical," he says. "We suspect the analysis."

But within the Swedish market, Larsson's team obtained a restricted list of which companies produce or buy active pharmaceutical ingredients from India. By matching the list to records from India, they discovered that, out of 242 Swedish products studied, the active ingredient was made in India in 123 cases. Publishing online on 29 January, Larsson and Jerker



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Fick of Umeå University conclude that 31% of Swedish products are produced at least in part in Patancheru³. They propose that developed countries importing drugs should make sure that the supply chain is open, so that consumers know whether their medicines are made in an environmentally sustainable way.

The Swedish Medical Products Agency in Uppsala will lead discussions this year on how to address the country's de facto export of drug waste. The meetings will include input from the Stockholm-based Swedish Association of the Pharmaceutical Industry (LIF) as part of a special commission to review environmental impacts from manufacturing emissions nationally and internationally. "We cannot move forward on this alone," says Ethel Forsberg, director general of the Swedish Chemicals Agency, which is also party to the discussions.

She notes that polluted waters in the area are used for agriculture and also possibly for household use. The local drug manufacturers "produce medicine of very good quality," she says, "but they really cause severe damage to these people living in India around a facility like this."

Naomi Lubick

1. Carlsson, G., Örn, S. & Larsson, D. G. J. *Environ. Toxicol. Chem.* doi:10.1897/08-5241 (2009).
2. Larsson, D. G. J., de Pedro, C. & Paxewe, N. J. *Hazard. Mater.* **148**, 751-755 (2007).
3. Larsson, D. G. J. & Fick, J. *Reg. Toxicol. Pharmacol.* doi:10.1016/j.yrtph.2009.01.008 (2009).

peer-review processes of the national research and higher-educational bodies, and are wary of evaluations and decisions made locally at their institutions.

In an attempt to allay these concerns, Valérie Pécresse, the minister of research and higher education, released a modified decree on 30 January that sets limits on teaching hours, and assured researchers that there would be national safeguards put in place for university promotion decisions.

Profound disarray

The spat is the first major test of the government's law on university autonomy, which was accepted with a general consensus in August 2007. Only now are the first effects of its implementation being felt. The first 20 of France's 85 universities became autonomous on 1 January 2009. They have been freed from central administrative control and are now allowed to manage their own budgets, staff and buildings, and to hire and set salaries as they see fit.

The promise of university autonomy lured Axel Kahn, a renowned geneticist at INSERM, the national biomedical research agency, to

accept the presidency of the University of Paris-Descartes. Kahn, a long-standing proponent of reform, says that a major cause of researcher resentment is simply that so many reforms are being made simultaneously, prompting "profound disarray" and revolt among some scientists.

But there is also a deeply entrenched resistance among many researchers to the changing roles of key research bodies.

The large French research agencies such as the National Centre for Scientific Research (CNRS) have their own scientists and labs, and conduct most of the country's research. But Sarkozy wants to transform them into research councils, with their operational activities eventually merging with or transferring to the universities.

Many researchers fear that the government is acting too hastily, and that the university system is not ready to take on the additional research activities. "I don't believe we can change any country's research system so quickly [as the French government wants]," says one CNRS official, who requested anonymity for fear of

reprisals. That's particularly true in France, he says, where most universities have been neglected for decades, and have focused on teaching large numbers of students, with most of the research being done by the agencies.

Philippe Froguel, a French scientist who heads the genomic medicine department at Imperial College London, says that he is fully in favour of plans to "responsibly transform"

French universities. But, he says, apart from rare major research universities such as Kahn's, most French universities are far from ready for full autonomy. They have little experience in managing human resources

and research programmes compared with the national research agencies, he says.

Kahn says that for him the right balance would be for universities to become the major operators at the local level, with research agencies maintaining their vital roles at the national and international level. "The government's vision needs to be refined a bit," he says.

Declan Butler

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