## **Educational Corner**

## **Excitotoxicity**

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The term excitotoxicity describes the supra-physiological stimulation of excitable cells by excitatory amino acids. The N-methyl-D-aspartate receptor (NMDA-R) is a heteromeric molecule belonging to the class of ionotropic glutamate receptors and it is probably the most important for neuron death. Upon agonist stimulation, this ligand-gated channel opens to Ca2+ and Na+ when a potential-controlled Mg2+ block is removed. Other classes of ionotropic glutamate receptors (i.e., kainate or quisqualate) open primarily to Na<sup>+</sup> and facilitate NMDA-R activation. In acute neurologic diseases, such as stroke and head trauma, excitotoxicity may be related to excessive glutamate release and/or lack of clearance from synaptic clefts, resulting in excessive stimulation of ionotropic glutamate receptors. Due to the prolonged opening of NMDA-Rs, intracellular Ca2+ overload triggers downstream processes resulting in cell death. These include mitochondrial damage and the activation of phospholipases, proteases and the  $Ca^{2+}$  - calmodulin-dependent, nitric oxide synthase (NOS), which generates NO.

## **Further Reading**

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