

lifetimes. In the longer run, the experience gained with MOST on the nature of stellar pulsations, as well as on optimal techniques for space-based photometry, will be of crucial importance to coming asteroseismic missions — such as the French-based COROT mission and, one may hope, the far more ambitious Eddington mission originally selected for (but currently not included in) the programme of the European Space Agency. ■  
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Cancer

# Understanding the target

Michael R. Stratton and P. Andrew Futreal

The complicated responses of lung-cancer patients to a particular drug — gefitinib — are now less puzzling. Mutations in the target gene help to explain why the treatment works in some cases but not in others.

All cancers arise from mutations in key genes involved in cell proliferation, differentiation and death. Over the past 25 years, some 300 such mutated genes have been discovered<sup>1</sup>, and the hope is that they, or the proteins they encode, will prove good targets in developing new anti-cancer therapies. One of the big successes has been the inhibition of certain mutated protein kinases by a drug called imatinib (marketed as Gleevec)<sup>2</sup>. Protein kinases are enzymes that regulate the activity of their substrates by adding phosphate groups to them, and there are more than 500 encoded in the human genome<sup>3</sup>. Imatinib inhibits several protein kinases, and has proved remarkably effective in treating certain, comparatively uncommon, cancers in which these genes are mutated and activated<sup>2</sup>. These discoveries have transformed cancer research, and an intensive search is on for inhibitors of other protein kinases mutated in human cancer.

It now seems that inhibition of a mutated and activated protein kinase may also be an effective way to treat a common cancer. Writing respectively in *Science* and *The New England Journal of Medicine*, Paez *et al.*<sup>4</sup> and Lynch *et al.*<sup>5</sup> report mutations in the epidermal growth factor receptor gene (*EGFR*) in a subset of lung cancers that make the disease more responsive to treatment. The *EGFR* protein is a kinase that spans the cell membrane. When bound to its ligand, epidermal growth factor, it is activated and triggers cell proliferation through a signalling cascade. The *EGFR* mutations found in lung cancers cause exaggerated and extended activation of the kinase in response to epidermal growth factor<sup>5</sup>. It is therefore highly likely

that these mutations are involved in causing the lung cancers in which they are found.

Clinical trials of the *EGFR* inhibitor gefitinib (marketed as Iressa) in lung cancer were originally based on the rationale that many such cancers have high levels of *EGFR* protein, which might be a factor in cancer development. In early trials of gefitinib alone, a few cancers responded and on this basis it was licensed. Subsequently, however, in two large randomized trials in which the drug was used in combination with others, no effect was seen<sup>6</sup>.

In these trials there was little correlation between the responses of individual cancers to gefitinib and levels of *EGFR* protein in the lung cancer. But with the results of Paez *et al.*<sup>4</sup> and Lynch *et al.*<sup>5</sup>, it now seems that most lung cancers that respond to gefitinib have an activating *EGFR* mutation. In cancers that do not respond to gefitinib, the frequency of such mutations is much lower; in fact, the mutated *EGFR* found in lung cancers is more sensitive to inhibition by gefitinib than normal *EGFR*. The new studies provide evidence that the responses to gefitinib in early clinical trials were not flukes; that the drug probably works through *EGFR*, its presumed target (not a foregone conclusion because many protein-kinase inhibitors act against several targets); and that its therapeutic effect depends on the presence of activating mutations in the target protein.

Trials of inhibitors conducted exclusively on lung cancers with *EGFR* mutations should now clarify the overall benefits of gefitinib and similar drugs. Many responses are partial, and the proportion of cancers with *EGFR* mutations that do not respond is unknown. Moreover, the precedent of imatinib suggests

that cancers with different *EGFR* mutations may respond differently to inhibitors<sup>7</sup>. Finally, in cancers that initially respond and subsequently recur, the *EGFR* gene will be the first place to look for additional mutations that have conferred drug resistance.

How will these observations be translated into clinical practice? *EGFR* mutations are more common in women who have never smoked. Overall, however, fewer than 10% of lung adenocarcinomas in patients in the United States have an *EGFR* mutation (although the incidence may be higher than 30% in Japan). So, in the United States at least, it is probably not medically or economically reasonable to give gefitinib to all patients with lung adenocarcinoma. Instead, it will be necessary to identify the cancers with *EGFR* mutations and treat those patients. Some therapies directed against specific molecular targets are already administered according to the status of the target in the cancer (for example, tamoxifen in oestrogen-receptor-positive breast cancer, and trastuzumab in breast cancers with amplification of the *ERBB2* gene). But the newly revealed sensitivity to inhibitors conferred by *EGFR* mutations in lung cancer may finally usher in the era of personalized treatments based on the DNA sequence of the cancer cell.

For patients whose lung cancers have *EGFR* mutations, the results reported by Paez *et al.*<sup>4</sup> and Lynch *et al.*<sup>5</sup> will come as good news. For health providers, the prospect of reducing the cost burden of a new drug by limiting treatment to those who are likely to respond may be tempered by the large numbers of diagnostic tests required to identify susceptible cancers. For drug developers, the message is that cancer is a very diverse genetic disease. There are probably several more mutated protein kinases that are tractable drug targets. Like *EGFR*, many may be involved in only a minor fraction of any cancer type.

Is this kind of target commercially attractive? The thinking behind the development of *EGFR* inhibitors as cancer treatments was that they might be appropriate for a substantial proportion of cases of a common disease. The new studies certainly add weight to the evidence that gefitinib works in lung cancer. The irony is that if the results had been known in advance, they might have dampened enthusiasm for its development. ■

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