

the caloric density of their carcass, and show greater food-induced thermogenesis, greater noradrenaline induced thermogenesis and increased concentration of L- α -glycerophosphate oxidase in the liver. These results do not seem to be consistent with the concept that defective thermogenesis is responsible for the development of obesity. The results seem to indicate, rather, that increased intake induces obesity and that the simultaneous proportional or enhanced increase in thermogenesis is incapable of correcting the energy balance sufficiently to prevent the obesity.

This is not to say that the hypothesis proposed is unreasonable; variation in the heat increment of feeding may play a part in individual susceptibility to obesity. But we think that it should be made clear that the evidence presented and cited does not give any support to the hypothesis.

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¹ Stirling, J. L., and Stock, M. J., *Nature*, **220**, 801 (1968).

² Miller, D. S., and Payne, P. R., *J. Nutrit.*, **78**, 255 (1962).

MR STOCK writes: The main criticism was levied against our support for the suggestion that defective thermogenesis may be responsible for the development of obesity. It was not, however, the intention of our article to pronounce in detail on this hypothesis but rather to explain the origins of thermogenesis in the normal (non-obese) animal. The supporting evidence for the hypothesis has been given elsewhere (refs. 2, 3 and 5 in our paper) and relies to a considerable degree on the work with human subjects—work which Morrison and Millar omitted in their consideration of the theory. In defence of the hypothesis, however, I would point out that the confirmed ability of overfed lean subjects to control body weight by thermogenesis together with the evidence for defective thermogenic mechanisms in the obese provides ample grounds for suspecting a thermogenic defect in obesity. Indeed, the concept probably has better experimental verification than the more popular practice of blaming gluttony—a sin which, by common observation, appears to be practised by thin and fat alike.

Concerning our experiments, we would agree that the low protein group of rats were "relatively obese" but would point out that this was relative to a group of semi-starved controls. Similarly, in the experiments of Miller and Payne the same low protein group showed a relative obesity which was caused by a greater loss of energy in the control group. Thus what Morrison and Millar call "obese" rats are in fact normal rats that have more carcass energy than emaciated control rats.

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Attenuation of Rhinovirus Type 15 for Humans

HERE we describe results which indicate that third passage in human embryonic lung fibroblasts (WI-26) resulted in attenuation of rhinovirus type 15, and suggest that such attenuated strains might offer an approach to control of rhinovirus common colds.

Preparation and safety-testing of inocula, inoculation methods, virus isolation and identification procedures,

neutralization tests and clinical evaluations were performed with reported methods^{1,2}. Two stocks of rhinovirus type 15 (strain NIH 1734) were prepared for volunteer inoculations and written informed consent was obtained from inmates of the Texas Department of Correction. One stock was obtained from harvests of second passage in WI-26 cells, and one from harvests of third passage in WI-26 cells. Titres of virus were 4.5 and 5.0 log₁₀ 50 per cent tissue culture infectious doses (*TCID*₅₀) per ml., respectively.

Table 1. RESPONSE OF VOLUNTEERS TO NASAL INOCULATION WITH VARYING DOSES OF RHINOVIRUS TYPE 15 (1734 WI₃)

Dose (<i>TCID</i> ₅₀ *)	No. of volunteers	No. infected	No. ill
32,000	1	1	0
1,000	3	3	0
10	3	3	0
1	3	1	0
0.01	4	0	0

50 per cent human infectious dose (*HID*₅₀) = 1.0 *TCID*₅₀ (95 per cent confidence interval 0.1, 9.6).

* 50 per cent tissue culture infectious dose.

Titration of inoculum 1734 WI₃ in volunteers who did not possess detectable serum neutralizing antibody to rhinovirus type 15 is shown in Table 1. The 50 per cent human infectious dose (*HID*₅₀) was estimated by the Karber method to be 1.0 *TCID*₅₀. By contrast, previous studies with inoculum 1734 WI₂ indicated an *HID*₅₀ of 0.032 *TCID*₅₀ (refs. 3 and 4). Thus there was a thirty-fold decrease in infectivity for man associated with third passage of rhinovirus type 15 in WI-26 cells.

Table 2. COMPARISON OF VOLUNTEER RESPONSES TO TWO RHINOVIRUS INOCULA: 1734 WI₂ AND 1734 WI₃

Inoculum	No. of men with indicated response	No. of virus isolates per man (mean)	Serum neutralizing antibody titres* (reciprocal log ₂ mean)
1734 WI ₂	17	6.9†	3.9‡
1734 WI ₃	8	3.1†	4.1‡

* All volunteers free of detectable antibody before inoculation.

† Thirteen afebrile upper respiratory illnesses (URI) and two febrile URI (*T* ≥ 37.7°C).

‡ *t* test.

Comparative responses of volunteers using these two inocula are shown in Table 2. Fifteen of seventeen volunteers infected with inoculum 1734 WI₂ developed illness, and two were febrile. By contrast, inoculum 1734 WI₃ has failed to produce any observable signs or symptoms in eight infected volunteers. Virus doses ranged from 0.1 to 32,000 *TCID*₅₀ for the WI₃ inoculum and were comparable with those of the WI₂ pool. Although all the inoculations reported in Table 2 were not performed simultaneously, continued ability of the WI₂ pool to produce illness when inoculated in low doses has been demonstrated during the same time period. Furthermore, the frequency of virus shedding among volunteers inoculated with 1734 WI₃ was less than among volunteers given 1734 WI₂. By contrast to these differences, in seven of eight volunteers inoculated with 1734 WI₃ and sixteen of seventeen inoculated with 1734 WI₂ serum neutralizing antibody titres increased four-fold, and mean responses were nearly identical for the two groups. The illness produced by 1734 WI₂ was similar to that observed in previous studies of sixty-four volunteers who received intranasal inoculation with second passage harvests of WI-26 cell cultures of rhinovirus types 13, 15 and 17 (refs. 2, 5 and 6). In those studies, 80 per cent of the volunteers developed typical common colds, 10 per cent had febrile colds, and 10 per cent had inapparent infections. This corresponds to findings with naturally occurring rhinovirus infections⁷, and indicates that little or no attenuation of rhinoviruses occurs from two passages in WI-26 cells.

The present studies have demonstrated attenuation of a rhinovirus strain after three passages in human embryonic lung fibroblast tissue cultures. Attenuation was indicated by a thirty-fold decrease in infectivity to man,